



Canterbury Olympic Ice Rink Rules (Private Figure Practice Sessions)

Rules are in place to support coaches, skaters & patrons to improve on-ice safety and to maintain a pleasant, productive and harmonious atmosphere.

- Please **respect** your fellow skaters, coaches, patrons and rink staff at all times. Respect is earned by displaying appropriate behaviour at all times.
- **There will be absolutely no tolerance of any rink patron who deliberately intimidates or harasses, either physically or verbally, any other skater, coach, rink patron or rink staff member - either on or off the ice.**

ON ICE SAFETY:

- **Without exception**, skaters are **required to wear the specified armband or safety vest when their program music is being played**. (if armbands or vests are not at the barrier, please ask a staff member). Skaters wearing the armband/vest have **right-of-way** on the ice during program run-throughs and **other skaters and coaches are required to move out of the way**.
- Please be aware of on-ice safety and other skaters generally, particularly smaller, less experienced skaters who may be slower to react when faced with a tight situation. If you are an experienced skater, **you must make every effort to avoid a collision** with another skater (or coach). Skaters must exercise due caution to avoid accidents and stay alert at all times whilst on the ice.
- All coaches must provide suitable instructions to skaters with regard to on-ice safety and are required to uphold rink policy during practice sessions.
- All skaters have equal rights to the use of the music player and use music sheets if the session warrants such use.
- Family members or other persons who have entered the rink as supporters must not undertake any activities that may be interpreted as coaching and **must not approach the barrier while a session is in progress for extended periods of time.** (Coaches are to support this during Figure Practice sessions by discouraging parents to approach the barrier)
- Coaches and skaters are not permitted to sit on, or climb over the barrier.
- All skaters and coaches must clear the ice at the designated end of the practice session.

- Coaches/skaters must not start a new music program if the session is due to finish so as not to delay the commencement of the ice resurface
- Prior to an ice resurface, the last coach or skater to leave the ice must close the barrier gates behind them.
- No items are permitted on the rink barrier at any time during the session (this includes drink bottles, items of clothing, skate guards, tissues etc)

As many coaches and skaters use the ice at various times, the following guidelines are applicable to maintain rink safety and etiquette requirements:

- All levels: Skaters may practice singles/dance/pair elements, and synchronized skills (including in couples, pairs or tandem - not more than one arm's length apart). Group lessons may also be conducted during the final 30 minutes of each session. Singles, dance, pair and synchronized skaters may use figure practice session ice at the same time but all must be aware of and apply courteous and safe practices whilst on the ice. Rink management reserves the right to limit the number and type of skaters using the ice at the same time if there are concerns regarding safety or behaviour. In general, synchronized skaters may practice 'linked' movements limited to two skaters in a hold at the same time, in line with the rules governing each figure skating practise session.
- "No hold" step sequences may be practised by dance, pair or synchronized couples.
- Lifts may be practised by:
 - Dance couples
 - Pairs (dependent upon total numbers on the ice)
- Linked movements and lifts by synchronized skaters requiring more than two skaters at a time are not to be practised in regular figure sessions but may be practised in synchronized sessions.
- The use of harness equipment is not permitted in Skate School at any time.

Any issues arising during a figure session should be reported to the Shift Supervisor on duty or to the Rink Manager.