

Wonderful Knits

The Beach

Pattern by Symone Jennings

One of my fondest childhood memories of growing up in the Caribbean was the tradition of weekly beach visits. On Sundays, my family and I would pack up our vehicle with all the necessary items and make our way to Maracas Beach in Trinidad.

Now an adult, my visits back home to the beach still manage to fill me with anticipation. As you drive through the mountain range on your way to the beach, you can catch glimpses of the ocean from a high vantage point. And as you get closer and closer to your destination, that point where you can start to smell the salt and hear the roar of the spray when it hits the sand, your body bubbles with excitement and your heart starts to race.

The Beach cowl evokes that memory all too clearly for me. Perfect for all seasons, it's my take on a portable version of the beach I can take with me wherever I go. The pattern adds a distinctive swirl to the colours of the yarn and mimics the continuous dance of the waves as they form and crash onto the sand.

Materials

Yarn

Vivid Wool (100% Merino; 100g/400m). Avokado (1 skein used)

Needles

- US 4(3.5mm) 24" Circular needles, or size to obtain gauge

Notions

- Yarn Needle
- 1 Stitch Marker

Gauge

- 32 sts and 40 rows = 4" in Chevron Stockinette pattern, blocked. (Gauge for this project is approximate)

Finished Measurements

- 9.5" x 13" or until your desired length

Pattern Notes

*Lateral Braids:

Skipping the first st on the LH needle, take the RH needle and k tbl of the 2nd st on the LH needle. Do not drop the st

Now k the first st (the one you skipped)

Drop both stitches off the LH needle

Purlwise, slip the st from your RH needle and move it back to your LH needle.

Repeat the sequence.

****When working the lateral braid sections of the pattern, leave the last st of the lateral braid on the right hand needle and then K your last 2 sts to complete the round.***

Abbreviations

st: stitch

LH: left hand

RH: right hand

k tbl: knit 1 through back loop

k: knit

CO: cast on

BOR: beginning of round

Pm: place marker

K2tog: knit 2 stitches together

KFB: knit front and back

Stitch Pattern

Chevron Stockinette Stitch Pattern (18 sts)

Round 1: Knit

Round 2: Knit

Round 3: *K2tog (x3), KFB (x6), K2tog (x3); repeat from * to end of round

Round 4: Knit

Pattern Instructions

Bottom Border

CO 216 sts using the German Twisted Cast On.
Join in the round. (*Ensure that your stitches aren't twisted*)
Place BOR stitch marker to mark the start of the round.

*K 18, pm; repeat from * until you come to BOR marker
K2 , * start work lateral braid instructions until 2 sts left* , K2
K in the round
K2 , * start work lateral braid instructions* until 2 sts left* , K2

Body

Begin working the chevron stockinette stitch pattern.
Repeat rows 1 - 4 of the stitch pattern until your cowl measures 13" or until desired length.

Be sure to end on row 4 of the chevron stockinette stitch pattern.

Top Border

K2 , * start work lateral braid instructions until 2 sts left* , K2
K in the round
K2 , * start work lateral braid instructions until 2 sts left* , K2

Finishing

Using a stretchy bind off, cast off all of your stitches.
Weave in ends, wash and block.

Rock it with your favourite t-shirt, blouse or just your natural self-confidence!

