

Start at the smallest church in america:

Location of Smallest church Map link:

<https://www.google.com/maps/place/Smallest+Church+In+America/@31.6380836,-81.3969078,17z/data=!3m1!4b1!4m5!3m4!1s0x88fb23a3347aefad:0x3c3976d78a76a6c6!8m2!3d31.6380836!4d-81.3947191>

Mapmyrun CGG 100 Mile Course: <https://www.mapmyrun.com/routes/view/2403566524>

Address: Townsend, GA 31331

Date: 03/05/2021

Start time: 9:00 am

Directions:

Mile: 0 to 8

From the smallest church, head south on hwy 17.

Mile: 8 - 23

Mile 8 will have you in Eulonia. In Eulonia you will catch route 99 easterly.

When you get to route hwy 99 take a left.

Follow hwy 99 until McIntosh rd. Take a left onto McIntosh rd.

Mile 23 - 24

Follow McIntosh until you get to 2nd St E. Take a left on 2nd.

March 24 - 25

2nd St E ends shortly at Fort King George dr. Go right on Ft King George dr.

Follow Ft King George dr to cgg 100 check point 1 which is just before hwy 17.

Get your book stamped.

Mile 25 - 42

Leaving cgg 100 checkpoint 1, take a left on hwy 17, cross river and heading south.

Traffic can be very heavy on hwy 17 through Brunswick. Please run smart, taking advantage of sidewalks for running.

Mile 42

After the 42 mile mark you will come to State RTe 25 Con (Gloucester st). Take a right onto Gloucester. Traffic on Gloucester and Glynn hwy/hwy 17 is very heavy! Please run with caution. You will then take a left onto Lanier blvd.

Follow Lanier to Ash ave. Take a left on Ash and run into Howard Coffin Park where mandatory checkpoint 2 is at.

Mile 42 - 44

Leaving checkpoint 2, take a left on Lanier and follow it down to 4th ave. Take a left onto 4 ave.

Mile 44 - 52

From 4th ave, take a right on to Glynn ave/hwy 17 and run the Sidney Lanier Bridge.

Continue running hwy 17/Jekyll Island Causeway.

Shortly after running under I95, hwy 17 will take an abrupt left. The traffic on this stretch of road can be very busy also.

Once you follow hwy 17's abrupt left, the traffic will begin to diminish.

Mile 53 - 65

Stay on hwy 17/Ocean hwy.

Just before mile 65 you will take left onto Morris rd/Vanzant rd.

You will then take a left onto the Georgia Coast Rail Trail.

Mile 65 - 66

Continue on Georgia Coast Rail Trail until you reach Chaney rd.

Take a left onto Cheney road.

Mile 67 - 70

From Chaney rd, take a right onto hwy 17/Ocean hwy, running south.

Follow hwy 17 into Woodbine.

After crossing the Satilla River, take the first left onto E 1st St.

This will take you into the Satilla River Waterfront Park and Boat Ramp...and, cgg 100 mandatory checkpoint 3.

Mile 70 - 74

From checkpoint 3, you will take the boardwalk along the Satilla River which will reconnect you with the Georgia coast Rail Trail. Follow the trail south.

Continue on GCR Trail until reaching Liza Rudolph rd. Take a left onto Liza Rudolph.

From Liza Rudolph, take a right onto hwy 17/Ocean hwy.

Mile 74 - 79

Run south on hwy 17/Ocean hwy.

Take a left onto Kinlaw rd

Mile 79 - 82

Follow Kinlaw to Old Still road. Take a right onto Old Still road.

Follow Old Still road to Laurel Island hwy/MLK blvd

Take a left onto Laurel Island hwy/MLK blvd

There is still considerable road construction on Laurel Island hwy/MLK blvd. Please be careful!

Mile 82 - 88

Follow Laurel Island hwy/MLK blvd/Colerain rd to King's Bay rd. Take a right onto King's Bay rd.

Mile 88 - 89

Follow King's Bay rd to E King Ave. Take a left onto E King av.

Mile 89 - 91

Follow E King Ave to St. Mary's road. Take a left onto St. Mary's road.

Mile 91 - 94

Follow St. Mary's road to Charlie Smith Sr hwy. Turn right onto Charlie Smith Sr hwy

Mile 94 -

Follow Charlie Smith Sr hwy to Douglas dr. Turn left onto Douglas dr.

Mile 95 - 97

Follow Douglas dr until Sloan St. Turn right onto Sloan st.

Mile 97

From Sloan St, turn right onto Point Peter rd

Mile 97 - 98

Follow Point Peter rd to Osborne rd, turn left onto Osborne rd.

Mile 98 - 100

Follow Osborne rd to St. Mary's St W. Turn left onto St. Mary's.

Follow St. Mary's into St. Mary;'s Howard Gilman Memorial park.

Congratulations! You have completed the CGG 100 Mile Ultra!