

# AMHI Stakeholder



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# Principal Investigators

Ronald Kessler, PhD



Dr. Kessler's research deals broadly with the social determinants of mental health and illness as studied from an epidemiological perspective. He is the author of over 700 publications and the recipient of many awards for his research, including the Senior Scientist and MERIT awards from the National Institute of Mental Health. He has been rated as the most widely cited researcher in the world in the field of psychiatry for each of the past fifteen years and is a member of the National Academy of Sciences, the National Academy of Medicine, and the American Association of Arts and Sciences.

Dr. Kessler is the Principal Investigator of the US National Comorbidity Survey, the first nationally representative survey of the prevalence and correlates of mental disorders in the U.S., and a Co-Director of the World Health Organization's World Mental Health Survey Initiative, a series of comparative community epidemiological surveys of the prevalence and correlates of mental disorders and treatment for these disorders in 30 countries around the world. In addition to his epidemiological studies, Kessler is involved in evaluating a number of innovative programs for the prevention and treatment of mental illness in high-risk segments of the population. He is also the Principal Investigator of the Harvard Medical School sites for STARRS-LS, a research program funded by the Department of Defense to study risk and protective factors for suicide among Army personnel, and the AURORA study, a prospective study of the temporal unfolding of adverse neuropsychiatric reactions to traumatic life events among patients presenting to emergency departments in the wake of such events.

Dr. Kessler earned his PhD in sociology from New York University in 1975 and completed a postdoctoral fellowship in psychiatric epidemiology at the University of Wisconsin before joining the faculty at the University of Michigan in 1979. He was a Professor of Sociology and a Program Director at Michigan's Institute for Social Research at the time he took his current position at Harvard Medical School in 1994.

## Robert Bossarte, MA, PhD



Robert Bossarte, MA, PhD, is Director of Injury Control Research Center and Associate Professor of Epidemiology at West Virginia University. Dr. Bossarte received his PhD in Sociology from the University of Notre Dame and postdoctoral training in Epidemiology as an Office in CDC's Epidemic Intelligence Service. Dr. Bossarte's research focuses on the development of large data systems in support of research and surveillance, identification of predictors of suicide risk, injury epidemiology and the intersections between community- and individual-level factors. Dr. Bossarte's current research is supported by the Centers for Disease Control and Prevention, Department of Defense and

Department of Veterans Affairs.

## Andrew A. Nierenberg, MD



Andrew A. Nierenberg, MD, graduated from the Albert Einstein College of Medicine of Yeshiva University, Bronx, NY. After completing his residency in psychiatry at New York University/Bellevue Hospital, he studied clinical epidemiology at Yale University as a Robert Wood Johnson Clinical Scholar. Dr. Nierenberg then joined the faculty at Harvard Medical School, first at McLean Hospital in Belmont, Massachusetts and then at Massachusetts General Hospital (MGH), where he holds his current positions. He is also Honorary Professor in the School of Medicine, Faculty of Health at Deakin University,

Geelong Australia.

Dr. Nierenberg has published over 475 papers and has been listed in The Best Doctors in America for the treatment of mood and anxiety disorders in every edition since 1994. In 2000, he was awarded the Gerald L. Klerman Young Investigator Award and in 2014 the Gerald L. Klerman Senior Investigator Award by the Depression Bipolar Support Alliance. In 2013, Dr. Nierenberg was awarded the prestigious Brain and Behavior Research Foundation Colvin Prize for outstanding achievement in mood disorders research. In 2014, he was awarded the Mentorship Award for Exceptional Mentorship in the Research Arena at MGH. In 2014, 2015, 2016, and 2017, he was listed among the World's Most Influential Scientific Minds by Clarivate Analytics in recognition of ranking among the top 1% of researchers for most cited papers in psychiatry worldwide with over 25,000 citations and an h-factor of 78.

Dr. Nierenberg's primary interest is innovative treatments for bipolar disorder. He lectures extensively, both nationally and internationally, teaches, supervises, maintains an active clinical practice, consults to industry, and conducts clinical trials funded by federal, foundation, industry, and philanthropic sources. Dr. Nierenberg is the deputy editor of *Depression and Anxiety* and editor of *Psychiatric Annals*. He is a member of the editorial boards of over 15 journals including the *Journal of Clinical Psychiatry*, *Journal of Clinical Psychopharmacology*, *Journal of Affective Disorders*, *Australian New Zealand Journal of Psychiatry*, and *Bipolar Disorders* and serves as a peer reviewer for over 35 psychiatric journals.

## Consultants

Randy P. Auerbach, PhD, ABPP



Randy P. Auerbach, PhD, ABPP is an Associate Professor in the Department of Psychiatry at Columbia University and Division of Clinical Developmental Neuroscience, Sackler Institute. Additionally, he serves as Co-Director of the Center for the Prevention and Treatment of Depression at Columbia University and Co-Director for the WHO, World Mental Health International College Student Initiative. Dr. Auerbach's research is committed to improving our understanding of depression and suicide. His research is multidisciplinary and utilizes a multimodal approach for assessment (e.g., laboratory-based experiments, electrophysiology, neuroimaging) to determine why depressive symptoms unfold, how self-injurious and suicidal behaviors develop, and what changes in the brain during treatment. As a whole, the research aims to better understand the putative mechanisms that may improve early identification of and treatment for depression and suicidal behaviors.

## Pim Cuijpers, PhD



Pim Cuijpers, PhD, is Professor of Clinical Psychology at the Vrije Universiteit Amsterdam (The Netherlands), and Head of the Department of Clinical, Neuro and Developmental Psychology. Pim Cuijpers is specialised in conducting randomised controlled trials and meta-analyses on prevention and psychological treatments of common mental disorders. Much of his work is aimed at prevention of mental disorders, psychological treatments of depression and anxiety disorders, and Internet-delivered treatments. Pim Cuijpers has published about 850 peer-reviewed papers, chapters, reports and professional publications, including more than 650 papers in international peer-reviewed scientific journals (150 as first author). He is on the Thomson-Reuter Web of Science lists of the 'highly cited researchers' since the first edition of this list in 2014 (<http://highlycited.com/>). According to Expertscape, an organisation that ranks researchers by their expertise in biomedical topics, professor Cuijpers is the world's number one top expert on depression (<http://expertscape.com/ex/depression>).

## David Ebert, PhD



Dr. Ebert's research focuses on the development and evaluation of evidence-based Internet- and mobile-based health interventions, designed and tailored for various settings and areas of life (work, university), with a particular focus on the prevention and early intervention for mental disorders.

Further research areas include health economic evaluations of psychological interventions, identifying protective factors for mental health, and the development and testing of multivariate prediction models for psychosocial health development.

Dr. Ebert received his doctorate in Psychology in 2013 at the Philipps-University Marburg (with special honors, summa cum laude).

Dr. Ebert served as scientific staffer at the Department for Clinical Psychology and Psychotherapy at the Philipps-University Marburg, operative project head of "Gesundheitstraining.Online" at Leuphana University Lüneburg (18 scientific co-workers, 2011-2014) and subsequently continued his work at Harvard Medical School's Department for Health Care Policy in Boston.

### Laura Germine, PhD



Laura Germine, PhD, is Assistant Professor of Psychiatry at Harvard Medical School and Director of the Laboratory for Brain and Cognitive Health Technology at McLean Hospital. She is also Technical Director of the McLean Institute for Technology in Psychiatry. She earned a B.A. in Molecular and Cell Biology from UC Berkeley in 2004, a Ph.D. in Experimental Psychopathology from Harvard University in 2012, and completed a postdoctoral fellowship in Psychiatric Gene.

### Steven D. Hollon, PhD



Steven D. Hollon, PhD, is the Gertrude Conaway Vanderbilt Professor of Psychology at Vanderbilt University. His research focuses on the nature and treatment of depression, with a particular emphasis on the enduring effects of psychosocial treatments. He is a past president of the Association for Behavioral and Cognitive Therapies and the former editor of *Cognitive Therapy and Research*. He is the recipient of awards for Distinguished Scientific and Distinguished Professional Contributions to Clinical Psychology from the Society of Clinical Psychology of the American Psychological Association. He has over 300 publications and mentored over 20 doctoral and post-doctoral advisees.

## Joshua Austin, MA, MSc

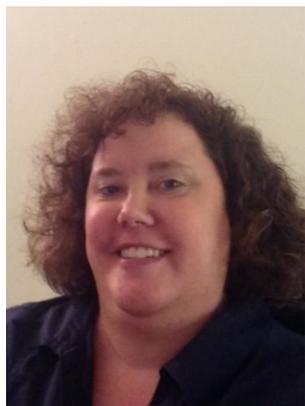


Joshua Austin is the Director of Provider Strategic Initiatives at The Health Plan, a West Virginia-based, not-for-profit health insurer. In this role, he grows relationships with strategic provider groups to advance value-based health care.

Joshua previously served as a Program Manager at the West Virginia University School of Public Health. In various positions at the School, he coordinated the Centers for Medicare & Medicaid Services's State Innovation Model grant for the State of West Virginia and assisted the West Virginia Health Care Authority in developing a state health plan. He also worked with providers, insurers and a charitable foundation to establish and sustain the West Virginia Partnership for Health Innovation, an organization committed to moving the state toward value-based health care. Lastly, he aided West Virginia's Medicaid agency in creating a five-year strategic plan.

Joshua is a multiple graduate of West Virginia University (MA/BA in Political Science and BS in Journalism) and a graduate of the University of Glasgow in Scotland (MSc in International Politics), which he attended as a Rotary Ambassadorial Scholar.

## Samantha Mann, Licensed Psychologist, LPC



Samantha Mann is a Licensed Psychologist and Licensed Professional Counselor working for Ranielle Medical Center in Lewisburg, Rainelle, and Summers County School Based program. She provides both psychotherapy services and psychological testing. Samantha has over 25 years of experience in Behavioral Health working in many settings including inpatient, private practice, management, trainer/consultant for WV Medicaid programs, and college teaching.

## Alex Luedtke, PhD



Alex Luedtke, PhD, is an Assistant Professor in the department of statistics at the University of Washington. He received an ScB in Applied Mathematics from Brown University and a PhD in Biostatistics from UC Berkeley. He has an affiliate appointment in the Vaccine and Infectious Disease Division at the Fred Hutchinson Cancer Research Center.

## Vikram Patel, MD



Vikram Patel, MD, is The Pershing Square Professor of Global Health and Wellcome Trust Principal Research Fellow at the Harvard Medical School. His work has focused on the burden of mental disorders, their association with social disadvantage, and the use of community resources for their prevention and treatment.

He holds Honorary Professorships at the Harvard TH Chan School of Public Health, the Public Health Foundation of India, and the London School of Hygiene & Tropical Medicine (where he co-founded the Centre for Global Mental Health in 2008), and is a co-founder of Sangath, an Indian NGO which won the MacArthur Foundation's International Prize for Creative and Effective Institutions in 2008 and the WHO Public Health Champion of India award in 2016. He is a co-founder of the Movement for Global Mental Health. He is a Fellow of the UK's Academy of Medical Sciences and has served on several WHO expert and Government of India committees, including the WHO High Level Independent Commission for Non-Communicable Diseases and Mental Health.

He has been awarded the Chalmers Medal (Royal Society of Tropical Medicine and Hygiene, UK), the Sarnat Medal (US National Academy of Medicine), an Honorary Doctorate from Georgetown University, the Pardes Humanitarian Prize (the Brain & Behaviour Research Foundation), an Honorary OBE from the UK Government and the John Dirk Canada Gairdner Award in Global Health in 2019. He was listed in TIME Magazine's 100 most influential persons of the year in 2015.

# Scientific Advisory Committee

## Phyllis Foxworth



Phyllis Foxworth is the Advocacy Vice President at the Depression and Bipolar Support Alliance, the leading peer-directed organization for people living with mood disorders. After being diagnosed with a mental health condition in early adulthood, Ms. Foxworth continues to live in wellness and facilitates a weekly DBSA Family & Friends Support Group.

Ms. Foxworth directs the organization's national advocacy strategy with a focus on strengthening mental health parity laws and compliance, broadening adoption of peer support services and development of the peer specialist workforce, and ensuring that patient-desired treatment outcomes are adopted and integrated throughout the entire health care eco-system.

In addition, she guides DBSA's state-wide grassroots organizations that mobilize individuals with the lived-experience to have a voice in policies that increase access to care and change the conversation around mental health from one of hopelessness to one of hope and inspiration.

Ms. Foxworth is a contributor to the first medical text book on The Diagnosis and Management of Agitation providing a chapter titled: Patient Rights, Patient, and Family Perspectives on Agitation and is a co-principle investigator on two PCORI projects.

Ms. Foxworth has served as a patient representative panelist at several FDA public meetings and directed DBSA in hosting the first externally-led patient focused drug development meeting that has focused on mental health.

Pamela Greenberg, MPP



Pamela Greenberg is President and CEO of the Association for Behavioral Health and Wellness (ABHW). She joined the association in 1998 and since that time has become a nationally recognized leader on managed behavioral health care policy. In her role, she works on a variety of public policy issues that are important to health plans and will increase quality and access to behavioral health care. One of Pamela's greatest accomplishments is the leadership role she played in developing, advocating for, and getting the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 signed into law.

ABHW is the leading association working to raise awareness, reduce stigma, and advance federal policy to improve mental health and addiction care. ABHW represents major national and regional health plans who care for more than 200 million people.

Pamela has worked on both behavioral health and managed care issues for almost three decades. She began her career lobbying for both a large managed care company and substance use disorder treatment providers at a small boutique health care consulting firm in Washington, DC. Subsequently, she went to America's Health Insurance Plans' (AHIP) Federal Affairs Department to lobby on issues such as health reform, Patients' Bill of Rights, and Medicare reform. Pamela left AHIP to run the Association for Behavioral Health and Wellness.

Pamela currently serves on InovaTel Telepsychiatry's Strategic Advisory Board and has spent many years on the boards of both the national and local chapter of the Lupus Foundation of America.

Ms. Greenberg has a Bachelor of Arts degree from Mount Holyoke College and a Master's in Public Policy from Georgetown University.

## Sally Hodder, MD



Sally Hodder, MD, is Professor of Medicine at West Virginia University School of Medicine. She also serves as Associate Vice President for Clinical and Translational Research and Director of the West Virginia Clinical and Translational Science Institute.

Dr. Hodder is a seasoned infectious diseases physician with extensive experience in the area of clinical trials, serving as Principal Investigator (PI) for several important NIH-funded U awards (2UM1AI069419; U54GM104942-02) and protocol chair for a large (>2000 participant) NIH-supported trial in the area of HIV prevention.

From 2003-2005, she served as Vice President of Virology Medical Affairs, Bristol-Myers-Squibb, a position in which she was responsible for 118 Phase IIIb/IV trials worldwide. In 2005, Dr. Hodder was recruited to Rutgers University, Newark, New Jersey, to build an HIV program where HIV prevalence was nearly 3% among the African American community, but where (at that time) there was not an active NIH Division of AIDS adult trial site. Rutgers University successfully competed and were awarded as a site in the AIDS Clinical Trials Group (ACTG) as well as the HIV Prevention Trials Network (both NIH-supported trial networks). As Protocol Chair for the HIV Prevention Trials Network 064 trial (a multi-site study of HIV incidence and risk behaviors among 2,099 US women), Dr. Hodder worked effectively with investigator teams to successfully create and execute this study. In 2014, she was recruited to direct the West Virginia Clinical and Translational Science Institute (WVCTSI) and serve as PI for the current NIH funded Institutional Development Award (IDeA), Clinical and Translational Research (CTR), which was successfully renewed in 2017.

## Kari Beth Law, MD



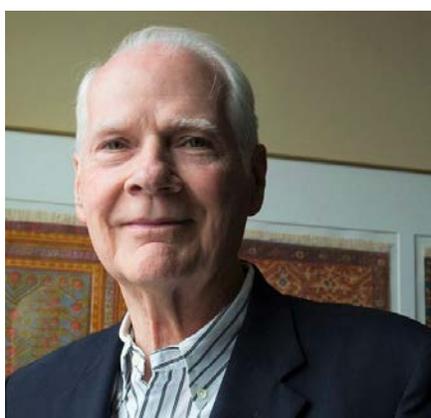
Kari Law, MD, serves as the Director of Telepsychiatry and Assistant Professor with the WVU School of Medicine within the Department of Behavioral Medicine and Psychiatry. She graduated with her medical degree from the WVU School of Medicine in 2005. Dr. Law completed fellowships in general psychiatry, forensic psychiatry, and child/adolescent psychiatry at the University of South Carolina.

## William D. Lewis, MD, FAACP



William D. Lewis, MD, FAAP, is the Clinic Director of Harpers Ferry Family Medicine, a WVU Medicine clinic, and Assistant Professor with the WVU School of Medicine. He graduated from West Virginia University in 1999 and specializes in family medicine.

### Ron Manderscheid, PhD

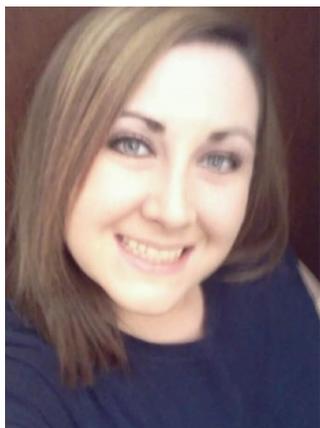


Ron Manderscheid, PhD, serves as the Executive Director of the National Association of County Behavioral Health and Developmental Disability Directors. The Association represents county and local authorities in Washington, D.C., and provides a national program of technical assistance and support. Concurrently, he is Executive Director of the National Association for Rural Mental Health, Adjunct Professor at the Department of Mental Health, Bloomberg School of Public Health, Johns Hopkins University, and Adjunct Professor, School of Social Work, University of Southern California. Dr. Manderscheid serves on the boards of the Cosmos Club, the Employee Assistance Research Foundation, the Danya Institute, the Council on Quality and Leadership, the NASMHPD Research Institute, and the National Register of Health Service Psychologists. He also serves as the Co-Chair of the Coalition for Whole Health. Previously, he served as the Director of Mental Health and Substance Use Programs at the Global Health Sector of SRA International and in several federal leadership roles at the U.S. Department of Health and Human Services. Throughout his career, he has emphasized and promoted peer and family concerns.

### Jennifer McVey

Ms. McVey is an adjunct instructor, financial counselor, and peer support coach for depression and other mood disorders.

## Emily Moore



Emily Paige Moore, a native of Buckhannon, WV, has been a Peer Coach with the Depression and Bipolar Support Alliance for the last two years. Emily attended Fairmont State University where she studied Business Management with focuses on Organizational Behavior and Human Resource Management. Moore is a current organizer and peer-supporter at DBSA-WV's "Brown Bag By The Bridge". The newly organized event is designed for those with all variations of mood disorders to bring his or her own lunch and converse with other peers.

## Thomas Parry, PhD



Thomas Parry, PhD, is President and co-founder of the Integrated Benefits Institute, an independent, not-for-profit, national organization incorporated in 1995. The Institute provides research, absence benchmarking, measurement/modeling tools, and educational programs to improve health, lost-time, productivity management and business performance. IBI is supported by more than 1,000 organizations employing 20 million people in the U.S. Employer organizations represent more than 90% of IBI's membership.

Dr. Parry co-founded IBI and has served as IBI's President and Chief Executive Officer. During his tenure at IBI, he has directed IBI's activities and was involved in IBI's research, measurement/ modeling and benchmarking programs. He has guided many studies at IBI — including research analyzing the impact of medical care on disability outcomes and two studies on how Chief Financial Officers view the importance and impact of health: the first, examining CFOs' view of health and healthcare in their companies; the second, assessing how CFOs would link workforce health to business-relevant outcomes. He also was the chief architect of IBI's disability/absence benchmarking and health and productivity measurement programs. Dr. Parry continues to speak on integrated benefits and health and productivity issues at conferences and symposia both in the United States and abroad. He also served for five years as research advisor to the Roadway Express Inc. Medical Board.

Before co-founding the Integrated Benefits Institute, Dr. Parry served 11 years as Research Director at the California Workers' Compensation Institute. His research at CWCI encompassed a wide variety of topics in workers' compensation. While at CWCI, Dr. Parry was engaged in some of the earliest research and analysis on 24-hour coverage and integrated benefit issues.

Dr. Parry received his Bachelor's, Master's and Ph.D. degrees from the University of California, Berkeley.

### Larry A. Rhodes, MD



Larry A. Rhodes, MD, is a pediatric cardiologist. He serves as Director of Rural Programs within the WVU Health Sciences Center and Professor of Pediatrics in the WVU School of Medicine.

He is a fellow of the American Academy of Pediatrics and the American College of Cardiology. A graduate of Alderson Broaddus College, he received his medical degree from West Virginia University School of Medicine and completed his residency at WVU Hospital.

After fellowships at Boston Children's Hospital in pediatric cardiology and clinical electrophysiology and lecturing in pediatrics at Harvard University, he returned to WVU School of Medicine. In 1995 he joined the faculty of the University of Pennsylvania as an attending pediatric cardiologist at Children's Hospital of Philadelphia before returning permanently to West Virginia in 2005.

In addition to teaching at the WVU School of Medicine, Dr. Rhodes maintains a clinical practice in Morgantown and also provides outreach pediatric cardiology care in several rural communities including Lewisburg, Glenville, Summerville, Beckley, Gary and Pineville.

### H. David Sanders



Dave has enjoyed a 26 year career in the behavioral healthcare field. He has worked in a variety of roles during that time including serving in state government, working for non-profits, and consulting with community advocates and policy makers. His experience includes leading workshops on a variety of topics, participating on nonprofit boards, grant writing, and serving as a public policy analyst. His current role is the Recovery Supports Advisor for the Department of Health & Human Resources Bureau for Behavioral Health which is the state agency responsible for West Virginia's public mental health and substance use disorder treatment system. He is also co-coordinator for the WV Leadership Academy which is a nationally recognized leadership and advocacy program. Dave is also a person in long term recovery from Depression and a Substance Use Disorder.

## Diana Thompson



Diana Thompson is the former Executive Director of the Depression and Bipolar Support Alliance (DBSA) of West Virginia and current board member for DBSA Upshur County. DBSA is the leading peer-directed organization in America focused on depression and bipolar disorder. With nearly 650 peer support groups and 250 chapters nationally, including an active chapter in WV, DBSA reaches millions of people each year, offering support, referrals, and understandable information about the nature of and treatments for these disorders. DBSA is also widely recognized for its Peer Specialist training services and promotion of shared decision-making. Diana Thompson has worked with the DBSA since 2006. Her daughter was diagnosed with BP after she graduated from college in 1999. Since then, her husband was diagnosed with BPII at the age of 60. She has two additional daughters with depression. Given her lived experience caring for family members with mood disorders, Diana is fully committed to providing support to families like her own.

## Bruce L. Rollman, MD, MPH



Dr. Rollman's research focuses on developing novel interventions to treat mood and anxiety disorders in primary care and cardiac settings. Highly pertinent to this Project, he is principal investigator for the NIMH-funded Online Treatment for Mood and Anxiety Disorders Trial which evaluated the impact of using a collaborative care approach to provide the Beating the Blues computerized cognitive behavioral therapy program and an Internet support group to 704 depressed and anxious patients (Rollman BL, et al. JAMA Psych. 2018;75:56 and [ottrial.pitt.edu](http://ottrial.pitt.edu)).

Dr. Rollman has published over 100 scientific papers, has 4 U.S. patents, and is presently a co-investigator on seven Federally-funded studies. In addition to directing the Center for Behavioral Health and Smart Technology ([www.healthtech.pitt.edu](http://www.healthtech.pitt.edu)), he is the immediate past-president of the American Psychosomatic Society. As a result of these and other projects and through nearly 25 years of primary care practice, Dr. Rollman has become highly experienced with state-of-the-art techniques for treating mood and anxiety disorders in non-psychiatric settings and has established an international network of collaborators to inform his work.

## Christina (Shy) Schreiber, LPC



Christina is a licensed professional counselor and licensed social worker with a MA in counseling and a BA in psychology. She attended Marshall University and Wesley College (Delaware). She has approximately 20 years of experience as a public and private social worker, as well as a community counselor and clinical therapist. Christina is currently employed as a school counselor where she works with children ages 4 to 12. Since she first became involved in the field of mental health and social work, it has been her goal to help children, adolescents and their families, where she feels like she is most needed.

## Other Members

Joshua Austin, MA, MSc

Robert Bossarte, MA, PhD

Pim Cuijpers, PhD

Ronald Kessler, PhD

Andrew A. Nierenberg, MD

# Implementation Monitoring Committee

## Bea Herbeck Belnap



Bea Herbeck Belnap is a Senior Researcher with a background in Medical Psychology. She has worked in the Department of Internal Medicine at the University of Pittsburgh School of Medicine (Pittsburgh, PA, USA) and since 2015 in the Department of Psychosomatic Medicine and Psychotherapy at the University of Göttingen Medical Center (Göttingen, Germany). After serving as a member of Dr. Bruce Rollman's (Pittsburgh) Robert Wood Johnson Foundation-funded Clinical Model Technical Assistance Team to implement collaborative care for depression in various US locations, she worked with him as a study psychologist and project coordinator on his 3 NIMH-funded Anxiety collaborative care intervention trials, and for his 2 NHLBI-funded trials to treat post-CABG depression and depression in HF (both utilizing collaborative care). Since 2012 Dr. Herbeck Belnap has also been working in the mhealth area, including on a clinical trial utilizing a computerized CBT program and an online health community group for primary care patients, and co-organizing an international workshop conference on mobile-enhanced care for cardiac patients in Göttingen in 2018. Furthermore, she is collaborating with Dr. Christoph Herrmann-Lingen (University of Göttingen Medical Center, Germany) on a federally-funded multi-site clinical trial to test the efficacy of collaborative care for patients with both cardiovascular and psychosomatic risk factors. She has published numerous scientific papers in the field.

## Other Members

Robert Bossarte, MA, PhD

Ronald Kessler, PhD

William D. Lewis, MD, FAACP

Samantha Mann

Jennifer McVey

Emily Moore

H. David Sanders

Christina (Shy) Schreiber

Diana Thompson

# Data Safety Monitoring Board

Wilfred Pigeon, PhD (Chair)



Dr. Pigeon is an Associate Professor of Psychiatry at the University of Rochester Medical Center, where he directs the Sleep & Neurophysiology Research Lab. He is also the Executive Director for the VISN 2 Center of Excellence for Suicide Prevention at the Canandaigua VA Medical Center. He completed a pre-doctoral internship and a subsequent post-doctoral fellowship in Behavioral Medicine & Behavioral Sleep Medicine at Dartmouth Medical School and an Individual National Research Service Award at the University of Rochester. Dr. Pigeon's primary clinical and research focus is on the mechanisms, consequences and treatment of sleep disturbance especially as they co-occur with common medical and mental health conditions. This work is conducted with emphases on: (1) Identifying suicide risk and informing suicide prevention; (2) Adapting evidence-based interventions for primary care and mental health integration; (3) Combining sleep and other treatments to enhance overall care; and (4) Collaborating with dissemination and implementation scientists to bring this work to bear on population health. He has adapted and tested behavioral sleep interventions in a variety of patient populations including those with chronic pain, depression, interpersonal violence, and combat-related PTSD, and he trains students and clinicians in these approaches. Dr. Pigeon has received funding from National Institutes of Health, the Department of Defense, the VA, private foundations, and industry sources.

Michael Thase, MD



Dr. Thase is a Professor of Psychiatry at the University of Pennsylvania. Dr. Thase's research focuses on the assessment and treatment of mood disorders, including studies of the differential therapeutics of both depression and bipolar affective disorder. A 1979 graduate of the Ohio State University College of Medicine, Dr. Thase is a Distinguished Fellow of the American Psychiatric Association, a Founding Fellow of the Academy of Cognitive Therapy, a member of the Board of Directors of the American Society of Clinical Psychopharmacology, and Vice Chairman of the Scientific Advisory Board of the National Depression and Bipolar Support Alliance. Dr. Thase has been elected to the membership of the American College of Psychiatrists and the American College of Neuropsychopharmacology. Dr.

These has authored or co-authored more than 500 scientific articles and book chapters, as well as 15 books.

### Jeff Huffman, MD



Dr. Huffman is the Director of the Cardiac Psychiatry Research Program in the Massachusetts General Hospital (MGH) Division of Psychiatry and Medicine. As the director of the program, he serves as principal investigator for 8 studies spanning psychology, health behavior, and cardiovascular disease, including studies funded by the American Heart Association and the United States Centers for Disease Control and Prevention. In his work at the interface of psychiatry and cardiology, Dr. Huffman has given Grand Rounds at sites nationwide, presented research at national meetings, and published over 110 articles in peer-reviewed journals. He also serves as the Medical Director of the Inpatient Psychiatry Service at MGH. This medical psychiatry unit specializes in the psychiatric care of patients with medical illness, those with treatment-resistant disorders, and those requiring high-risk ECT. The unit serves as a major training site for the MGH/McLean Psychiatry Residency Program and Harvard Medical School, and provides care to over 800 patients each year.

### Robert Ursano, MD



Dr. Ursano is a Professor of Psychiatry and Neuroscience at the Uniformed Services University, Bethesda, Maryland. He is founding Director of the Center for the Study of Traumatic Stress and served as the Chairman of the Department of Psychiatry at USU for 25 years (1992-2017). Dr. Ursano has served as a member of the National Academies of Science, Institute of Medicine, Committee on Psychological Responses to Terrorism, Committee on PTSD and Compensation, the Committee on Nuclear Preparedness, and the National Institute of Mental Health Task Force on Mental Health Surveillance after Terrorist Attack. In addition, he is a member of scientific advisory boards to the Secretary of Health and Human Services and the Centers for Disease Control. In 2012, Dr. Ursano was awarded the William C. Menninger Memorial Award for distinguished contributions to the Science of Mental Health by the American College of Physicians.

## John Campo, MD



Dr. Campo is the Assistant Dean of Behavioral Medicine and Wellness, Chief Behavioral Wellness Officer, and a Professor of Psychiatry in the West Virginia University School of Medicine at the Rockefeller Neuroscience Institute. He is also an endowed chair within the Rockefeller Neuroscience Institute where he is establishing a program in mental health services and policy research. Dr. Campo is board certified in pediatrics, psychiatry, and child and adolescent psychiatry. His research focuses on mental health services, including the delivery of mental health services in general medical settings, suicide prevention, and the relationship between physical and emotional health.

## Other Members

Robert Bossarte, MA, PhD

Ronald Kessler, PhD

Andrew A. Nierenberg, MD