



Family Recovery Workshops

Providing education, guidance, and direction Empowering families, friends, and loved ones

These family-focused recovery workshops are being offered for any family members, friends, or concerned loved ones struggling with someone's addiction or behavioral issues. This is a great opportunity for anyone who may be looking for tools, skills, and strategies to help them in their efforts to help a loved one.

We offer a place to learn new and effective ways to approach a child or a loved one who may be struggling with addiction or behavioral issues. With so many questions often left unanswered about how to play a role in a loved one's recovery or how to approach an active addict, we felt that it was necessary to offer a wide variety of topics.

Some topics of discussion

- ❖ The signs and symptoms of use
- ❖ Addiction and recovery
- ❖ The recovery process
- ❖ Acceptance and denial
- ❖ The continuum of care
- ❖ The fractured family system
- ❖ Healthier communication
- ❖ Building and applying healthy boundaries
- ❖ What's been done, and why it hasn't helped
- ❖ Options available for families in need of more help

Thursday evenings
7:00 – 8:00 pm



75 Lindall St.
Danvers, MA 01923

Visit our website for meeting dates, times, and other

www.baystaterecovery.com

