

Fresh seafood has become a new food distribution choice. Monthly, free new seafood recipe cards with healthy tip suggestions will be available for outdoor shoppers and home deliveries. Every Monday and Wednesday, approximately 600 hot meals are prepared, delivered and/or Pick-up and Go. Every other Tuesday, BCSK prepares and cooks a meal with seafood as the entrée dish. A small group of BCSK volunteers will help prepare the seafood for cooking.