

Yoga with Corrie*

<http://www.corrievorlauferyoga.com/>



upstairs at North Vancouver Aikikai

121 East 1st Street, North Vancouver, BC V7L 1B2

Corrie Vorlauffer cell: 604 761-0074

Email: corrievorlaufer@telus.net prior to all registrations

Tuesday September 29th, 2020 to Sunday November 1st, 2020

<u>Weekly Class Schedule</u> <u>All classes are 2 hours</u> <u>All levels are 1 & 2</u>		<p>6 students per class maximum</p> <p>No drop in's</p> <p>Please bring your own mat</p> <p>No make-up classes unless space and only with teacher consent</p> <p>5 weeks registration for one 2 hour class per week</p> <p>\$142.86 + GST \$7.14 = \$ 150</p> <p>Online payment can be made via any major credit card type or PayPal at</p> <p>http://www.nvaikikai.org/</p> <p>We accept cheques made to "North Vancouver Aikikai" only!</p>
TUESDAY	\$	
1:00 to 3:00 pm	150	
6:00 to 8:00 pm	150	
THURSDAY		
10:00 to 12 noon	150	
1:00 to 3:00 pm	150	
6:00 to 8:00 pm	150	
SATURDAY		
9:00 TO 11:00 am	150	
SUNDAY		
8:00 to 10:00 am	150	
Private classes and workshops by arrangement.		

***Iyengar-Certified Teachers / Certification Mark**

The certification mark (worldwide patent), granted to Certified Iyengar Yoga teachers by B.K.S. Iyengar, indicates authentic Iyengar Yoga teachers who are bound by the ethical guidelines of the Iyengar method of Hatha yoga, and do not mix in other styles of yoga when they teach their classes.

It indicates an instructor's authenticity and authorization to teach Iyengar Yoga.