

Yoga with Corrie*

<http://www.corrievorlauferyoga.com/>



upstairs at North Vancouver Aikikai

121 East 1st Street, North Vancouver, BC V7L 1B2

Corrie Vorlauffer cell: 604 761-0074

Email: corrievorlauffer@telus.net prior to all registrations

Tuesday June 30th, 2020 to Sunday July 26th, 2020

| Weekly Class Schedule | | 6 students per class maximum No drop in's Please bring your own mat No make-up classes unless space and only with teacher consent 4 weeks registration for one 2 hour class per week \$114.29 + GST \$5.71 = \$ 120 Online payment can be made via any major credit card type or PayPal at http://www.nvaikikai.org/ We accept cheques made to "North Vancouver Aikikai" only! |
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| All classes are 2 hours | | |
| All levels are 1 & 2 | | |
| TUESDAY | \$ | |
| 1:00 to 3:00 pm | 120 | |
| 6:00 to 8:00 pm | 120 | |
| THURSDAY | | |
| 10:00 to 12 noon | 120 | |
| 1:00 to 3:00 pm | 120 | |
| 6:00 to 8:00 pm | 120 | |
| SATURDAY | | |
| 9:00 TO 11:00 am | 120 | |
| SUNDAY | | |
| 8:00 to 10:00 am | 120 | |
| Private classes and workshops by arrangement. | | |

*Iyengar-Certified Teachers / Certification Mark

The certification mark (worldwide patent), granted to Certified Iyengar Yoga teachers by B.K.S. Iyengar, indicates authentic Iyengar Yoga teachers who are bound by the ethical guidelines of the Iyengar method of Hatha yoga, and do not mix in other styles of yoga when they teach their classes.

It indicates an instructor's authenticity and authorization to teach Iyengar Yoga.