

**MOUNTAINEER REGIONAL SERVICE COMMITTEE  
OF NARCOTICS ANONYMOUS**  
PO Box 2381  
Morgantown, WV-2381  
Email: mountaineer.region.web@gmail.com  
Helpline: 304-344-4442  
800-766-4442

**MRSCNA Minutes  
July 13 & 14, 2019**

**OFFICERS:**

Chair: Cooper B.  
Vice-Chair: Frank P.  
Secretary: Erica P.  
Treasurer: Candie B.  
Treasurer II: Vacant  
RSD/RD: Ryan S.  
RSD/RD Alt: Eric L.

**SUBCOMMITTEE CHAIRS:**

Convention: Beverly R.  
Literature: Inactive  
PR: Emily H.  
H&I: Eric M.  
P&A: Frank P.  
Finance: Candie B.  
Phone Line: Chance Y.  
Web Servant: Kay M.  
Web Maintenance: Shayne M.

**REGIONAL COMMITTEE MEMBERS:**

NCASCNA: Buzz W.  
Alt:  
AFASCNA: Chance Y.  
Alt: Celeste C.  
NANA: Donna C.  
Alt: Jess F.  
METRO ASR: Sarah C.  
Alt ASR:  
MANA: Kay M.  
Alt:  
GTO: Cassie C.  
Alt:  
FANA: Lynze W.  
Alt: Kelsey C.  
UPANA: Arianna C.  
Alt:  
JAFASCNA: Shane M.  
Alt:  
GMANA: Russell W.  
Alt: Ryan F.  
SCURA: Anthony K.  
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1. Shayne M. – JAFASC RCM/Web
  2. Ryan S. – RD
  3. Kay M. – MANA RCM
  4. Cooper B. – PR vice chair
  5. Eric L. – RCM SCURNA
  6. Nick L. – RSC Chair
  7. Kristyn G. – Treasurer
  8. Donna C.- NANA RCM
  9. Adam G. – H&I Chair/Audio Chair
  10. Pam T. -- Member
  11. Jake S. – Audio Vice Chair
  12. Beverly R. -- RSC Secretary
  13. Kelsey C. – FANA RCM Alt.
  14. Arianna C. – UPANA RCM
  15. Candie B. -- Treasurer II
  16. Buzz W. -- NC RCM
  32. Trenton D.—Member
  33. Chris G. – Member

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17. Russell W. -- GMANA RCM
  18. Frank P. -- Registration Chair
  19. Eric M. -- Member
  20. Sarah C. – Metro ASR
  21. Erica P. -- Member
  22. Greg Y. – Member
  23. Lynze W. – FANA RCM
  24. Cassie C. – GTO RCM
  25. Jacob S. – Vice Audio
  26. Emily H. – PR chair
  27. Chance Y.—Phone line Chair/AFA RCM
  28. Jerrod R. - Audio vice chair
  29. Celeste C. – AFA RCM Alt.
  30. Butch B -- Member
  31. John A. -- East Coast Convention
  34. Ryan F. –GMANA RCM Alt
  35. Anthony K. – SCURA

**MRSCNA Minutes**  
**July 13 & 14, 2019**

- Opened with Prayer
- Twelve Traditions read (Eric L.)
- Twelve Concepts read (Donna C.)
- 11 RCM's/ASR's attended

**Introductions**

**Secretary's Report:**

Minutes were read from the April RSC and were approved by the body.

**Old Business:**

Note: Discussion about the lack of service resumes submitted. The body decided to suspend policy to move forward with elections.

Elections:

- Chair: Cooper B.
- Vice Chair: Frank P.
- Secretary: Erica P.
- Treasurer I: Candie B.
- Treasurer II: Vacant
- RDA: Eric L.
- PR Subcommittee Chair: Emily H.
- Convention Subcommittee Chair: Beverly R.

**Treasurer Report:**

4th Quarterly Report 7/19

Income		
Donations		
GMANA	200.00	
METRO	33.00	
NCWVASC	474.00	
GTOASCNA	50.00	
Lewisburg Group	700.00	
NANAANA	180.00	
		Total 1,637.00
Reimbursements		
GMANA	37.50	
METRO	44.00	
Registration	217.21	
		Total 298.71
Convention	24,744.70	
Total		26,680.41

Expenses		
Administrative	368.50	
Convention	10,204.66	
Regional Delegate (RD)	0.00	
Public Relations (PR)	3,877.72	
NAWS donation	0.00	
Total		-14,450.88
Total Quarterly Income		26,680.41
Total Quarterly Expense		-14,450.88
	Total	12,229.53 Surplus

First Quarter	11153.78 Deficit
Second Quarter	7462.21 Surplus
Third Quarter	5950.48 Deficit
Fourth Quarter	12,229.53 Surplus

2019 Fiscal Year 2,587.48 Surplus

Annual Report 7/19

Income		
Donations	7,086.07	
Reimbursements	852.10	
Convention	46,040.19	
Total		53,978.36
Expenses		
Administrative	3,282.19	
Convention	23,226.36	
Regional Delegate (RD)	878.00	
Public Relations (PR)	12,571.24	
NAWS donation	11,433.09	
Total		-51390.88
Total Annual Income		53,978.36
Total Annual Expense		-51,390.88
	Total	2,587.48 Surplus

2019 Fiscal Year 2,587.48 Surplus

### **Area Reports:**

#### **NANA:**

Currently we have meetings in Hurricane, Cross Lanes, Nitro and Scott Depot  
 We have 5 meetings a week by 5 homegroups.  
 Our area is offering H&I workshops to homegroups in our area.

Freedom To Live is no longer a part of the NANA area.

July 21st - We are having our picnic at Hurricane Wave Pool, in the big shelter. Be there at 9:30-10:00 to help set up. We eat at 12:00, speaker at 1:00. We provide Hot Dogs and Burgers, those attending are asked to bring side dishes.

Our area recently held elections and they are as follows:

Chair - Mike C.

Vice Chair - Tristen W.

Treasurer - Eric B.

RCM - Donna C.

RCM Alt. - Jess F.

Secretary - Adrienne W.

We would like to thank Rose G. for 13 years of service and Greg Y for 6 years of service.

We have a \$180.00 donation to region.

Grateful to serve, Donna C.

#### **NCWVASCNA:**

Things are well in the North Central Area.

We have 8 total home groups and 15 meetings held per week. Meeting attendance is increasing. But willingness to serve at the area level is lacking.

We are still supporting H&I in 3 different facilities but Pruntytown meetings have changed to once a month instead of twice a month.

The Never Alone, Never Again home group is having the Annual Bill W. Memorial cookout at Sunrise Chapel in Fairmont on Sunday 7/14/19 at 530p (food) and speaker at 7p (Richard S.)

Area picnic is at Valley Falls State Park on August 17th from 12p-3p, food at 1230p, speaker at 2p (Randall)

We have a donation of \$474.00

Thank you for allowing me to serve. Buzz W.

#### **GTO:**

Greetings from the GTO area RCM. All is well in GTO. Area service committee is meeting monthly. Election of new officers occurred in June, with newly elected members taking positions in July. There are currently no changes to our regular meeting schedule.

H&I has limited support but is maintaining 5 meetings at 3 facilities weekly. The next H&I workshop will be on July 20th at the Cabell County Library 11-2pm.

PR had 1 flyer day since last region

Activities just completed a successful campout on Memorial Day weekend. The next event will be Halloween Extravaganza. The Activities subcommittee submitted a policy document for review and approval to the area body.

GTO has a \$50 donation currently.

Grateful to serve. Cassie C

**METRO:**

The MVASCNA (Metro Valley Area Service Committee of NA) is doing well with 9 home groups and 16 meetings per week. We have 15 open, and 1 closed, meetings that vary in formats — literature study, step study and discussion.

The H&I Subcommittee currently has 5 commitments — Highland hospital every Tuesday at 10:30 AM and another panel every Saturday at 6:00 PM. The Charleston Work Release H&I presentation has now meets on alternating Wednesdays at 6:00 we also take a panel to Recovery Point at 8:00 PM and Riverside at 6:00 PM on alternating Thursdays.

Our PI Subcommittee continues to host quarterly flyer days to distribute contact information to the Metro area. In addition to flyer days, our current PI efforts include printing and posting bus signs with the phone line number and sending mailers to the court system and mental health providers.

The Activities Subcommittee is busy planning a speaker jam in September. More information to come on that.

Our Literature Subcommittee continues to purchase and distribute Basic Texts, at no cost, to addicts and home groups.

Grateful to serve, Sarah C., GSR

**UPANA:**

No Report Submitted

**FANA:**

Hey family,

Freedom Area is still doing well. Our H&I commitment is on hold at the moment due to a scheduling problem at the facility. Our literature racks are still doing fine.

Our literature fundraiser was a hit we were able to get five books basic text to each home group and donate one to each rehab facility and one to a local library.

The Gratefully Dedicated Group just hosted their first speaker jam!! They had speakers from all over the state and lots of love and fellowship! The Here and Now Group also just joined forces with some other groups to put on the annual float off!!

To round things off we have a new meeting in our area The Primary Purpose Group meets every Wednesday at 6:30 at the Mullens Opportunity Center 300 Front St. Mullens WV.

We do not have a donation at this time and will mail one in after our next area service.

In Loving service. Lynze W

**GMANA:**

No Report Submitted

**MANA:**

The Mountain Area's meetings continue on the same schedule. We have a meeting on Sunday, Monday, Tuesday and Thursday. We have given out several

key tags for various amounts of clean time. The Lewisburg Group average attendance is 5 – 25. The Just for Today Group attendance ranges from 3 – 8. MANA is participating in an NA community PR committee made up of the groups in our geographic area. With that group, we celebrated the national PR week in June with a banner in the Lewisburg green space and by putting up the Regional display in that same green space – in the rain and more rain. We also, with that PR committee, are looking at the possibility of putting up a billboard and we are managing the literature racks that are in DHHR, the Health Department the Greenbrier Valley Medical Center ER and Day Report Center. It's never too early to save the date for the 28th annual Fellowship in the Forest Campout which has been scheduled for July 31 – August 4.

We have a donation of \$700.

Grateful to serve, Kay M., RCM

### **AFASCNA:**

Greetings from the AFASCNA Family.

Our area is growing and doing very well. Recently added a new meeting on Thursdays at 8:30 held at The Gathering located at 1005 14th Street in Parkersburg, WV. We now have 18 Meetings per week and 9 Homegroups. Meeting attendance has been decent but could always benefit from more members showing up. Our area has a lot of newcomers due to multiple treatment facilities and is lacking substantial clean time. Trying to work on making service more attractive and to get more members involved. Our area has no immediate needs or wants from Region at this time.

In Loving Service, Chance Y RCM

### **SCURNA:**

No Report Submitted

### **JAFASC:**

It seems only fitting that this falls convention is named `from the ashes we rise`, well we have risen if not from the ashes at least from a long nap. We have taken the first steps to getting back up and running at full speed. Our primary goal to start was to bring a group of not affiliated and isolated groups together under one area and bring them fully into the Great World Wide Fellowship of Narcotics Anonymous.

We know that it will take time to reach all of our goals, but we are all ready looking at projects that we can undertake to serve all the groups and communities in our area. We are making a list for H&I, PI, and Phone to start and of course we want to celebrate with a party and fundraiser. One home group has already placed NA literature in a local library. Local schools are high on our list. One of the first things on our agenda is to look at changing our name to something that more represents our groups. More will be revealed.

We have no needs of the region at this time other than any suggestion you may have for us. What we may lack in experience we are making up with the love we have for the fellowship of Narcotics Anonymous.

We will be having an impromptu ASC at the Freedom to live picnic on July 20th and invite anyone who wishes to set in. All help is welcome.

Thanks for letting me serve.

Shayne M temp for now RCM JANFANA

### **Open Sharing:**

Presentation on East Coast Convention of NA.

### **New Area Motions and Proposals:**

None

### **Subcommittee Reports:**

#### **PR UMBRELLA:**

**Website IP:** 206.189.206.223

#### **H&I:**

No Report Submitted

#### **Phone-line:**

The phonenumber received 286 calls during the 2nd quarter of 2019 – 261 were directed to an NA member, 9 to PR, 11 to Convention, and 5 to other business. The average call duration was 3:10. The phonenumber is doing very well. We only had 5 calls go through to voicemail in which I returned those calls myself. If your Area is interested in having a Phonenumber workshop please get with me this weekend before Regional Service is over.

I organized and completed a Regional Phone Line list. The list is broken down to show every NA member and their specific Areas so everyone on the phonenumber can have those in front of them when they receive calls.

All RCMS please continue to check with your Area to make sure volunteers' information that we have is correct. Please contact Chance Y or Cassie C to update any members' info in your area that is incorrect.

I will be looking into a few other different phonenumber companies to possibly switch to if it would indeed save us money.

In Loving Service,  
Chance Y

#### **Web Maintenance:**

Nothing to report on the web site other than the activities page is humming as it does this time of year. We know how addicts love to party.

Would like to report that World Services has contacted us/me to let us/me know that they are fazing out the maintenance portal that we/me use to update the NAWS data base. They are really pushing the BLMT. No date set as to when the portal will go dead. They do have a second option for us/me to use till we have our new web site is in place. I have asked them for more instruction on how we/me can use it, no reply yet.

I continue to work with the web servant in any way I can so the transfer to the new web site and BLMT system is as painless as possible.

Thanks for letting me serve  
Shayne m. the web guy

**Web Page:**

No Report Submitted

**Public Relations:**

Emily H was elected PR Chair and Sarah C was elected PR Vice Chair.

Cooper presented on the YouTube PSA progress and we agreed to continue this form of PR for the next quarter at the rate of \$300 per month. Our PSA is live and now receiving views.

We decided to discontinue the Morgantown billboard do to poor visibility and high cost. The rental expired July 21. We sent a money proposal for up to \$1750 for the next quarter for billboard efforts at the discretion of the Chair and Vice Chair.

Kay M agreed to locate the new PR policy and send it. We are sending it with this report and ask that it be attached to the minutes as an addendum for review at the next Regional service meeting. (Attachment A)

We discussed unaffiliated meetings and reached the consensus that the closest area will check and report on their status. We distributed NAWs meeting info that links unaffiliated meetings to our region and asked the local areas to report on them.

We distributed meeting schedules to Areas. The cost for extra schedules is 11 cents per schedule. Please contact the Chair, Emily H, if you are not an RCM/ASR and would like to order schedules.

The NASW conference was well attended by professionals and we distributed a lot of literature.

In loving service,  
Emily H

**CONVENTION:**

Convention subcommittee July 2019

Beverly R. open with moment of silence and serenity prayer. The Twelve Traditions and Concepts and Convention Statement of Purpose were read.

The convention chair was not present.

Vice chair, Beverly R. gave report. Last convention went fairly smooth with no big problems. We did go through the indigent funds really fast. It seems some members may be telling folks that they don't have to have any money. We

need to try to enforce the one time only policy with the indigent funds. Suggestions are welcome.

Statement of Purpose & Policy of the Mountaineer Regional Service Convention Subcommittee Revised 02/23/19 (Attachment D)

**Merchandise Report:**

Hey Family,

Merchandise is well. We had a good convention over all. Working with the T-shirt Factory for ordering and pick-up went smoothly once again. Here are the numbers we spent 5,448.16 on merchandise after the 87.89 credit and brought in 9,350.00. That leaves us bringing in 3901.84. We definitely had some problems ringing in peoples stuff through the pay anywhere app this time compared to past conventions. The fall conventions numbers for starting beginning and sold matched almost perfectly and our spring conventions were all over the place. Here are those numbers also. I honestly thought we started with 160 mugs and also thought that I had ordered more since we ran out last convention, however the invoice says 144 so I apologize I can't be sure. (Attachment B)

In Loving Service  
Lynze W.

	tye dye tee	ls tye dye	solid tee	solid long sleeve	tye dye hoodie	solid hoodie	zipper	tye dye tank	solid tank	t-shirt hoodie	mugs
start	59	32	113	32	19	27	13	44	55	18	144
sold	71	31	115	31	19	23	11	40	52	22	155
left		1	1	1			1				1

start 538  
 sold 506  
 left 7  
 merch design 1 mug 1 shirt 1  
23  
 We have 23 unaccounted for items

**Registration report:**

Hello Everyone

It has been a pleasure serving as Registration Chair this past year. This spring was a magnificent convention for me personally with the convention going on I would like to personally thank my vice chair Kay M. We registered around 600 addicts there was a lot more there. During this convention there were no issues. However, we need to look into what we can do about fellowship homes treatment centers that do not know that we are separate from Cedar Lakes maybe this can be something PR can look into or maybe the convention committee hopefully we can discuss this before the next convention. It was cool

that the Vice chair and I had a very good work flow that kept the lines going. The cost for this convention \$ 235.89 from Amazon for badge holders and lanyards \$ 40.00 for stickers \$6.90 for printing of 750 badges. Total cost \$ 282.79 out of the \$500.00 dollars given to me I am giving back \$ 217.21 to MRSCNA at this time I cannot locate the receipts hopefully they are in one of the boxes the printer is cash only. The Saturday night schedule for registration needs to be looked at because it conflicts with the clean time countdown.

In Loving Service  
Frank P.

No other convention subcommittee chairs were present.

Registration- Suggestions were made to try and cut down on people buying merchandise without registering first because policy stated that in order to buy merchandise you must be registered. Suggestions were that we put volunteers at the front doors of merchandise to check for everyone's badges before entering. If they have not registered yet these volunteers will explain to them that they need to register before they are able to purchase merchandise.

The body decided we would try this way out at Fall 2019 Convention to see how it goes.

Suggestions were also made to possibly start including a separate card inside registration badges for members to write down phone numbers of other members along with a pen handed to them when they register also.

The body thought this was a great idea and to try this out starting at the Spring 2020 convention with registration doing some research and bringing it back to the next RSC.

Audio- They were given \$200 for the Spring 2019 convention and had \$80 to return to the treasurer.

Suggestions were brought up about possibly putting speaker recordings on to Micro USB drives instead of CDs. Audio is going to research some possibilities and bring it back to the next RSC.

Refreshments- No chair or vice was present.

Merchandise- Suggestions were made to only allow so many members in at a time to buy merchandise to cut down on shrinkage.

The body decided we would let around 20-25 people in at a time and try this out at the Fall 2019 convention.

Fall 2019 Convention From the Ashes We Rise

The body voted on artwork.

Topics for the meetings were decided.



















































