

**MOUNTAINEER REGIONAL SERVICE COMMITTEE  
OF NARCOTICS ANONYMOUS**  
PO Box 2381  
Morgantown, WV-2381  
Email: mountaineer.region.web@gmail.com  
Helpline: 304-344-4442  
800-766-4442

**MRSCNA Minutes  
January 10-11, 2015**

**OFFICERS:**

Chair: Erica P.  
Vice-Chair: Kay M.  
Secretary: Beverly R.  
Treasurer: Hossai O.  
Treasurer II: Candie B.  
RSD/RD: Kristina C.  
RSD/RD Alt: Brandon C.

**SUBCOMMITTEE CHAIRS:**

Convention: Sharon F.  
Literature: Vacant  
PR: Cooper B.  
H&I: Joe B.  
P&A: Kay M.  
Finance: Candie B.  
Phone Line: Barbara W.  
Web Servant: Shayne M.

**REGIONAL COMMITTEE MEMBERS:**

NCASCNA: Trevor N.  
Alt: Vacant  
AFASCNA: Butch D.  
Alt: Destini W.  
NANA: Shayne M.  
Alt: Vacant  
METRO ASR: Joe B.  
Alt ASR:  
MANA: Cooper B.  
Alt: vacant  
GTO: Nick L.  
Alt: Tom M.  
FANA: Scott T.  
Alt: Ryan S.  
UPANA: Matt K.  
Alt: Chris Y.  
JAFASCNA: Diane T.  
Alt: vacant  
GMANA: Barbara W.  
Alt.: Pam T.  
SCURA: Eric L.  
Alt: Vacant

Those in attendance to the MRSCNA meeting for 10/03-10/04/2014

Wes R. – Member  
Shayne M. - Web servant, RCM NANA  
Allen L. – Convention vice chair  
Ryan S. – RCM Alt., FANA  
Joe B. – ASR, Metro, H&I Vice-Chair  
Kay M. – Vice Chair  
Cooper B. – MANA RCM, PR Chair  
Rob O. – Member  
Butch D. – RCM, AFASCNA  
Brandon C. – RD Alt.  
Kristina C. – RD  
Eric L. – RCM SCURNA  
Tom M. – GTO RCM alt.  
Trevor N. – RCM NCASCNA  
Barbara W. – GMANA  
RCM/Phoneline Chair

Pam T. – GMANA RCM alt.  
Beverly R. – Secretary  
Erica P. – Regional chair  
Destini W. – AFASCNA RCM Alt.  
Hossai O. – Treasurer  
Nick L. – RCM GTO  
Adam J. – Member  
Scott T. – FANA RCM  
David H. – Member  
Emily B. – Member  
Chris Y. – NC RCM – Alt  
Michael B. – Registration chair  
Andy W. – Member  
Candie B. – Treasurer II

### **MRSCNA MINUTES**

01/10/2015

- Erica T. opened with prayer.
- Joe B. read Traditions
- Chris Y. read Concepts

**Open sharing session:** Kay M. apologized for the confusion over the meeting place. Barbara W. asked about where the mail goes and gave it to the chair. Scotty T. discussed taking things back to areas, committee business, especially money motions. Specifically, he suggested the NAWS donation should go back to the areas. This was discussed. Scott discussed changing which RSC the convention money motions are made. Scott will take this back to his ASC. Shayne M. had a problem with his report being left out of the original minutes that went out from the 10/2014 RSC. Secretary apologized for the error and it was rectified in 11/2014. Scott T. requested 10 printed copies of the minutes for his area.

**Secretary's Report:** Beverly R. read the minutes. Approved.

**Treasurer's Report:** Hossai O. gave report. See attached sheet and treasurer's report under Finance Subcommittee.

**OLD BUSINESS – None**

**AREA REPORTS/RCM/ASR:** Nine (9) areas represented.

**AFASCNA:** Butch D. gave report.

Greetings from Appyland,

The Appalachian Foothills Area Service Committee of Narcotics Anonymous is alive and well in the Mid Ohio Valley

Our area currently has 7 active home groups with 14 meetings a week. The Right to Live Group, as well as the Wednesday night Men's meeting seems to be struggling with attendance.

The Phoenix Recovery Group recently held our Annual Chili Cook off, which was a huge success and well attended. With close to 13 chilis entered. Huge shout out to Ryan S. from Beckley area for sharing his experience, strength, and hope. The Phoenix Group was also featured in an article in the NA Way magazine.

There is always something happening in the Foothills area from bowling activities, skating parties, to annual holiday dinners.

It saddens the Phoenix Recovery Group to have to announce that our home group rental space at the Williamstown Senior Center was recently broken into. The Vizio flat screen TV, DVD player, and gaming console were taken. Thankfully our landlord will not be holding us responsible for this occurrence.

All of our subcommittees will be meeting again this following weekend for our Area Service at First Baptist Church in Parkersburg. All of our budgets were presented for the upcoming 2015 year. H&I participation has been struggling but continues to carry the message to the still sick and suffering addict on the Behavioral Health Unit at Camden Clark Memorial Hospital every other Wednesday.

Upcoming celebrations, Thursday Feb 12<sup>th</sup> Kristina C. will be celebrating 10years, Thursday Feb 19<sup>th</sup> Mike T. will be celebrating 1 year, and Ronnda S. will be celebrating 3 years on Feb 28<sup>th</sup>. All will be at the Phoenix Recovery Group in Williamstown, WV.

Our donation to region is \$150.

We currently have no other needs at this time.

In Loving Service

Butch D., RCM

**GMANA:** Barbara W. gave report.

Greetings from the Greater Morgantown Area of Narcotics Anonymous (GMANA). We currently have eight meetings and seven groups. Attendance at our meetings ranges from 5 – 6 to 30 +. We have had several anniversaries during the last for months. In September we celebrated members with 3 years, 2 members had 4 years, one member had 5 years one member had 18 years and one with 25 years. In October we celebrated members with one year. In November we celebrated a member having 2 years and in December one member had 13 years.

We have many different styles of format being practiced in GMANA. One group finished reading the Living Clean Text and is beginning to read the Intro Guide to NA. One group is having a step/traditions meeting on Tuesdays and

reading from the Sponsorship text on Fridays. One group has a speaker on the first Saturday of the month. Our newest meeting on Friday at noon has various formats including reading the Just for Today, basket topic, pass the "football" and a speaker meeting the last Friday of the month. Some groups are giving away Basic Texts to newcomers who cannot afford them. We have two groups spearheading a spaghetti dinner/fund raiser for our area. More is being revealed on this activity.

Our area is joining our old area North Central in participating in and coordinating with activities so as not to overlap activities. We had an H&I workshop with 16 addicts in attendance. We have two H&I meetings both at Chestnut Ridge Hospital, both are Dual Diagnosis Units: adult and youth. We are looking for willingness for both of these meetings. Discussion was held of a flyer day. We now have a post office box for our area. We will be going over our newly adopted policy during area service meeting to have participants be familiar with policy. We have allotted approximately 30 minutes for the next three months for this. We have a \$40.00 donation to the region

In loving Service:  
Pam T and Barbara W.

**SCURA:** Eric L. gave report.

Hello again from SCURA. We continue to carry the message to the still-suffering addict in the coal fields despite many difficulties. We still have meetings in Gilbert, Madison, Man, and Oceana. We survive thanks to the support of dedicated members. We need help in all areas. We've lost contact with Premier but will continue to reach out. Hopefully more will be revealed on that later. We had our first area service meeting in a long time on 01/07/2015, attended by 7 addicts. We were well received and those in attendance showed a lot of willingness but we are in need of direction. Our next area service is scheduled for 02/04/2015. Thank you for believing in us.

Grateful to serve,  
Eric L. RCM

**NANA:** Shayne M. gave report.

Greeting from NANA land. We continue to make do with a very experienced but short staff. All projects report all is well. All groups report they are in the winter blahs. We seem to pick up attendance when the sun starts to shine. Addicts tend to hibernate it seems.

Looking forward to the regional inventory and upcoming year in NA recovery.  
All for now  
Shayne M. NANA RCM.

**UPANA:** Chris Y. gave report.

Hello from the UPANA Area. Our area is beginning to grow, with the willingness of members to step up into the service realm. We carry an H&I mtg the

1st and 3rd Thursdays of each month into the VA Center in Clarksburg. We are also participating in H&I in other areas for which we are grateful. Our next activity will be in Sutton, WV at the Senior Center. This will be our 3rd annual Speaker Jam and we hope to see members from all across the state participate in this activity. There is a flyer available on the MRSCNA website. We have 4 home groups with 9 weekly meetings. We continue to grow in numbers and experience throughout our area. We have recently printed off flyers to be distributed to the home groups to be distributed wherever they travel to help carry the message. We have a \$100.00 donation for the region.

With gratitude in service,  
Chris Y. RCM Alt.

**GTOASCNA:** Nick L. gave report.

Greetings Family from the Greater than Ourselves Area! We are continuing to grow and carry the message. As of now, we have a total of 25 meetings in our area which include the states of West Virginia, Ohio, and Kentucky. Recently, our area has created a standing policy subcommittee. Their purpose is to review our areas policy and to come up with suggestions for changes that will go back to the home groups to be voted on. The only meeting change to our area's schedule is The Not High Noon group that meets on Tuesdays at noon. They've changed locations to the 21<sup>st</sup> Street Baptist Temple.

Our areas H&I subcommittee has recently added a new meeting to the list and it is located at St. Mary's Hospital in the Psych Unit. This brings our H&I commitments to a total of 7 meetings located at: River Park Hospital (short term adult unit, short term adolescent unit, and long term adolescent unit), Pinecrest Treatment facility, St. Mary's Hospital, and Pressley Ridge adolescent facility (male and female units).

Our PR subcommittee is still finding ways to provide information to the public about Narcotics Anonymous. We have good relationships with our established contacts and we're looking into reaching outside of Cabell County to get literature to towns that are geographically isolated. We have an empty position for the Schedule Day Coordinator, so no plans have been made to distribute schedules to nearby facilities.

Our Activities subcommittee is preparing for our Valentine's Day event entitled "In Loving Service." The event will take place on February 7<sup>th</sup> at the Fairfield East Community Center (2711 8th Avenue in Huntington, WV). There will be food, a phone line and H&I workshop, a raffle, and a speaker from Lexington, KY. We would love to see everyone there!

Finally, our area has sent a motion for the Regional subcommittee that we will bring up at the appropriate time.

In Loving Service,  
The Greater Than Ourselves Area

**NCASCNA:** Trevor N. gave report.

Greetings from the North Central Area,

There have not been a lot of changes in the North Central Area since the last regional meeting. We still have 9 active home groups whose meetings are going well and are doing an excellent job of carrying the message to the addict who still suffers.

**Activities**

On January 24, the North Central Area will be hosting its annual Spaghetti Dinner/NA item auction to help raise funds for H&I. However, this year there will be a twist. We are also having a “throw a pie for H&I” event at this activity. You can win the opportunity to throw a pie in the face of your favorite or not so favorite member. Volunteers continuing to be accepted.

**Hospitals and Institutions**

The North Central Area still has 3 H&I commitments. For the most part all meetings are going well. We currently support the Bob Mays treatment facility, Fairmont General Hospital, and Pruntytown Correctional Center. Fairmont General reports needing more willingness, so the same members aren't going in all the time. However, the meetings are being taken in every week and are going well. Meetings are going well at Pruntytown with good attendance from the inmates. The only problem that we sometimes run into is members show up for the meeting and there is no personnel there, so the meeting has had to be occasionally cancelled. Currently, the panel leader has started calling the person in charge to make sure someone will be there. Also, we need more men to apply to go into the facility. Everything is going well with Bob Mays. Meetings are great and a lot of participation from patients.

**Public Relations**

Our PR work continues business as usual. We are trying to plan a phone line workshop for some time in February. More will be revealed.

**Other Info.**

A home group has brought a motion to area that will place a cap on our set asides and bolster the amount of money given to h and I, if passed. As well as restricting how much we send to region.

In grateful service,

Trevor N. - RCM

**FANA:** Scott T. and Ryan S. gave report.

Things are going well in FANA. We have no new meetings, and at this time we have no meetings shut down. We have had some need for participation in our Hinton and Tazewell meetings. They are being supported by only a few members at this time and attendance is minimal. We had our holiday function since we last met at RSC, it was well attended and we would like to thank all that participated. Also there was a PR workshop given that day. Something new in our area is that MANA and FANA have decided to have joint area services, the intent of this is to provide better resource sharing, information sharing, and added experience to the

two areas. We have also added the MANA meetings to our area schedule and sad to report at this time we have stopped all meetings at Southern Regional Jail.

Grateful to serve,  
Scott T.

**MVASCNA:** Joe B. gave report.

Greetings from the Metro Area and we would like to thank all who attended our annual New Year's Eve Celebration. We would like to also mention that we were able to raise funds in order to serve our primary purpose and thanks as well to Nate for carrying the message of hope. We continue to have daily meetings with 12 home groups and 20 meetings weekly. Our attendance is steady and newer members are still getting more involved with service.

H & I subcommittee presentations are continuing to carry a message of hope to those not able to get to outside meetings. We are continuing to meet regularly weekly at Highland Detox and Thomas Memorial Hospital Behavioral Health Unit. We are also meeting bi-weekly with presentations at South Central Regional Jails on both men and women's units and at the Charleston Work Release as well.

P & I subcommittee has been asked to do a presentation that may help us to have an opportunity for our H & I efforts to move forward into another facility at the Tiger Morton Juvenile Center in Dunbar, WV. It has been awhile since we have had the opportunity to serve at that site and we hope that it will be on our agenda very soon, more will be revealed.

To close I would like to have the opportunity to share that we have 2 new meetings and 1 new home group that will be on the meeting schedule by the time we meet again. There is a new group and meeting that was started in S. Charleston at the old rock lake site on Friday nights at 6:30 pm. We also have a new meeting that I believe may already be on the schedule that is on Sunday morning at 10 am and is at a site that already has meetings through the week at 4<sup>th</sup> and Florida.

In Loving Service,  
Joe B. ASR

**MANA:** Cooper B. gave report.

We celebrated some anniversaries this quarter: A 12 year, a 30 year, and a 33 year. We are blessed to have members with so much experience living life without drugs. Our attendance is about the same. We hope to carpool to some events at other areas this winter and are looking forward to our 4 day campout this summer. We met with FANA at their last few ASC meetings. We have decided to combine services and experience where applicable, and we are printing a joint meeting schedule. More will be revealed. The Mountain Area has a donation of \$200.

Grateful to serve, Cooper

**JAFASCNA:** No report submitted.

## **AREA MOTIONS/PROPOSALS:**

### **MOTION #1**

**MAKER:** GTO

**MOTION:** Make all NA literature accessible and cost effective for dealing with members with all accessible needs.

**INTENT:** In order to meet the needs of all addicts.

**RATIONALE:** To carry the message w/o prejudice.

**RESULT:** Sent to P&A for clarification.

### **MOTION #2**

**MAKER:** SCURA

**MOTION:** \$300 for literature for SCURA – seconded by Shayne M.

**INTENT:** Carry the message

**RATIONALE:**

**RESULT:** Carried by consensus

### **MOTION #03**

**MAKER:** NANA – Seconded by Eric. L.

**MOTION:** That the MRSCNA create a web email address to be added to the web site for the sole purpose of meeting information and changes.

**INTENT:** To better serve the member groups

**RATIONALE:**

**RESULT:** Carried by consensus

## **SUBCOMMITTEE REPORTS:**

### **Combined PR/Phone line/H&I/ Web Servant Subcommittee report:**

The first item of business was a discussion of whether the minutes should include a report from each individual sub-subcommittee (H&I, Phone line, PR and Web Servant) or whether a summary of business under the PR umbrella heading is sufficient. The committee voted to have individual reports from each sub-subcommittee.

#### **PR:**

First we had a report on the event at Bridgevalley College. Two members attended all 4 days at both campuses with the PR display. They reported that overall things went well, but that they saw much better attendance at the South Charleston campus than at the Montgomery campus so next time we will probably concentrate on South Charleston. Next we had a discussion about radio and TV psa's. A member contacted NAWS and obtained some guidelines for radio psa's along with some scripts. He also handed out the DVD's with the TV psa's. We allocated 3 to MANA and FANA, one to Appalachian Foothills, and one to GMO, NC, and UPANA. Follow-up after initial contact is highly recommended. We were



informed that our billboard is not up at this time but hopefully will be soon. The National Association of Social Workers (NASW) is coming up in April. We are requesting \$500 for registration and \$300 for literature. Also we need to replace our table cover as it is getting worn out and will request \$260 for that. I received contact info for mailings from most areas. We are requesting \$100 to cover the cost of those mailings. I also received input from Metro on their mailings to professionals. I will to put ours together and bring them to the March meeting for review. We finished up with a discussion about the PR workshop at Holiday Dinner in Bluefield. We will also have a workshop at the convention.

Your servant, Cooper

**Web servant:**

Nothing to report on the web site front, just keeping up with meeting changes, etc.

My quarterly reminder to keep your group info updated with the NAWS data base so those hi-tech addicts can find you using the NAWS app.

Now to our new policy on the Not affiliated meeting. Here is what we have come up with and it seems to answer all the little problems we have ran into lately. We would like to have it approved and implemented ASAP. If we find anything to wrong we can always fine tune it as we go.

Shayne M the web guy

**H&I:**

We have been waiting on the Basic Text from ECCNA to arrive via our RD and they have been placed within our trust. We will be diligent in service to deliver these to the Jails and Prisons within our region and are very grateful for all the support we receive from the RSC and all areas. We would like to also announce that we were blessed with the monies to add to what we have sent to these facilities in the past. We will be adding literature that in addition may help those that are in service within the walls to inmates can get a better understanding of what we do in our meetings within our fellowship. We will add to the texts the I P "Introduction to NA meetings and Resources within Our Communities" and we will also provide a letter of introduction as well as a recent copy of our Regional wide meeting schedule. Thanks again for your continued support and we are grateful to serve.

In Loving Service,  
Joe B. H&I Chairperson

**Phone line:** No subcommittee chair. Barbara W. was appointed as subcommittee chair.

**Convention Subcommittee:**

Allen opened with a prayer  
Started with subcommittee reports.

Registration Vice-Chair resigned the position needs filled. Was filled by Destiny.

During the merchandise report the committee decided to do away with professional photography, an addict will take an electronic copy and a list of

email addresses will be at the registration table so we can email the photo to interested people.

Refreshment Chair and Refreshment Vice Chair were not present. The committee discussed the coffee complaints from last convention. We had numerous complaints that there was not enough coffee available all of the weekend. The committee suggests that the chair and vice chair of refreshments recruit people to assist them with coffee arrangements to prevent this from occurring at future conventions.

During Audio Report we discussed the speaker meeting transmission to the assembly hall. One problem is we cannot get access to Cedar Lakes audio system. The committee is going to continue troubleshooting the situation o find solutions.

### **Old Business**

Speakers

Alt this convention will speak in Fall- Kristina S

Chris B-(Fairmont, WV)- Saturday

Phil T (Zanesville, OH) - Friday

Jason H (Pittsburgh, PA)-Sunday

Fall Convention 2015 "The Journey Continues"

PR Workshop-2:45pm Saturday

RD Workshop-Welcoming All Members- 1pm Saturday

Meditation Meeting-Need to figure out a time for this in the chapel

Spring 2015 Convention Workshops-

Keep it Simple

Step 1

Step 2

Step 3

Step 4-5

Step 6-7

Step 8-9

Step 10

Step 11

Step 12

Concepts

Tradition 3-4

Tradition 5-6

Many Of Us Have Said

Living the Principles

Desperation to Passion  
Keep Coming Back  
Gift of Hope  
Defects to Assets  
Conscience Contact  
Why We Stay  
What Can I Do?  
Getting Out of the Way  
Spiritual Not Religious  
A Spiritual Path  
No Matter What  
The Lifelong Practice of Surrender  
Vision of Hope  
Sponsorship  
Keys to Freedom

Discussion to increase prices of merchandise.

Tie-Dye Hoodie-\$35  
Regular Hoodie- \$30  
Zipper Jacket- \$30  
Regular/Pocket T- \$12  
Tie-Dye Shirt (including Camo)- \$17  
Tie-Dye Ladies Tank- \$14  
Ladies/Men's Regular Tank-\$12  
Mugs-\$6  
Speaker CD- \$2  
Leftover Merch stay the same

Merchandise is going to order bracelets to use in registration.

Merchandise Motion- \$6100

Merchandise Hours- Staying the Same

Discussion about convention being a badge event starting Fall 2015. Talked about implementing bracelets as badges in order to enter merchandise, main Saturday speaker, and dance. Passed. We will begin announcing it at the Spring 2015 convention.

We voted on artwork. Its' a symbol with "keep it simple" around it.

Voted to increase registration \$25 for the weekend or \$10 per day. Consensus decided not to increase the price of registration.

The chair needs money motions from Registration, Refreshments, and Audio. Discussion for a written list of volunteers for the convention. Going to make flip-poster for people to sign up for coffee and putting up chairs.

**RD/RDA Report:** Kristina C. and Brandon C. gave report.

Hello Family:

Not too much has been going on since the last RSC, but here are a few updates:

- RDs and ADs from the Autonomy Zonal Forum had our second conference call since the previous Zonal meeting in order to finish drafting the Zone's new Mission and Vision statements. The conference calls were surprisingly smooth and it feels as if some more cohesion is occurring between the participating regions.
  - AZF Mission Statement  
The Autonomy Zone brings all elements of Narcotics Anonymous (NA) from its participating regions together to further the common welfare of NA by providing events which:
    - Create an opportunity for regions to come together to exchange experience, strength, and hope; collectively expressing itself on matters affecting Narcotics Anonymous as a whole.
    - Train, mentor, and/or inform participants about the fellowship of Narcotics Anonymous.

The AZF is ultimately responsible to the groups it serves, inspired by the joy of selfless service, and the knowledge that our efforts make a difference.

- AZF Vision Statement  
All of the efforts of Narcotics Anonymous are motivated by the primary purpose of the groups we serve. Upon this commonality we, the Autonomy Zonal Forum stand vigilant.

Our vision is that one day:

- Every addict has the chance to experience the NA message and find the opportunity for a new way of life.
- Every member, inspired by the gift of recovery, experiences spiritual growth and fulfillment through service.
- The regions within the AZF work together in a spirit of unity and cooperation to support the groups, areas, and regions in carrying our message of recovery.
- The AZF is committed in the continuing effort to establish Narcotics Anonymous as a universally recognized, respected, and viable program of recovery.

Our foundation is based on honesty, trust, and goodwill regarding all our service efforts, relying on the guidance of our loving Higher Power.

- Next Zonal Forum will be held in Washington D.C., in the Chesapeake & Potomac Region on Saturday, January 31<sup>st</sup>. If you have any input for the Mission and Vision Statements or any issues you would like us to take to Zonal, please let us know before this time.

- MARLCNA will be held February 6<sup>th</sup>-8<sup>th</sup> and we plan to attend. We have made our reservations and sent in the registration form. All expenses have been submitted to the Treasurer.
- NAWS Updates:
  - The Newest IP, IP #29 "An Introduction to NA Meetings" is now available for order.
  - Other new products: New pocket-sized JFT, JFT Daily Meditations Calendar, Laser engraved stainless-steel medallions, NA Step-Working Guides now available on Amazon and iTunes. There are also "deeply discounted" merch items from WCNA 35 available online.
  - If interested, please participate in the review and input for the draft of the Introduction and Tradition One of the Traditions Book. Deadline for this input is January 31<sup>st</sup>. Still need input on Traditions 7-12 and the deadline for that initial input is March 31, 2015. All material may be found at [www.na.org/traditions](http://www.na.org/traditions)
  - The Board met in October and here are some highlights:
    - Reviewed the draft for the Introduction and Tradition One of the Traditions Book.
    - Reviewed the Service Pamphlet "Social Media and Our Guiding Principles" for possible updates that would be available for review later in the cycle.
    - Proposed the IDTs for this cycle and refined those IDTs before release to the Fellowship to utilize for workshop material.
    - Discussed WCNA 36, and more information will be available soon (please see [www.na.org/wcna](http://www.na.org/wcna) for the most up to date information).
    - The Board also spent time discussing the size of the board as related to the sustainability, efficiency, and financial responsibility of the board. Currently we have 18 Board members. After research and discussion, it was decided that the board cannot be as functional as it needs to be with any less than 12 members, and can fulfill its obligations with 15 members. There will be more discussion and something in the 2016 CAR regarding this discussion as it is refined.
    - They also cancelled one board meeting this year as an experiment. The idea is to meet only 3 times in non-CAR years, and 4 during CAR years.
    - There have been rumors of an impending literature price increase and these are just rumors. Literature prices were adjusted in January 2014 so it will be a "significant" amount of time before that topic will even be looked at again.
  - New IDTs are available online:
    - Welcoming New Members
    - The Traditions Mini-Workshops
    - Group Support
    - Planning Basics

- Please go to [www.na.org/idt](http://www.na.org/idt) if you are interested in work-shopping these topics.
- Upcoming Webinars:
  - PR sometime in January (email [PR@na.org](mailto:PR@na.org))
  - H&I in February (email [Handl@na.org](mailto:Handl@na.org))
  - Inmate Step Writing (email [Handl@na.org](mailto:Handl@na.org))
  - \*Please send your name, contact information including email address, trusted servant position, region, and items you would like to be discussed to the email addresses listed above so that you may participate in these webinars.
- WCNA 36 Update: Registration and hotel information will be available soon. Please continue to visit [www.na.org/wcna](http://www.na.org/wcna) for the most updated information as it may change rapidly in the coming months. It has been a struggle to plan in Rio as it is expensive and they are now on their third convention planning business there and have found that large scale planning in Brazil is done very different than we are used to in the US and other countries we have worked with. It is suggested that you start your planning process for securing a visa if you are planning to attend this convention. The usual fee for this is \$160. Please use the hotels that will be listed on the website once they are available. Rio is not a commutable distance from where the actual convention is being held, so staying outside of the area will not be the best thing to do.
- Just a reminder that the RD and AD are requesting a meeting space/time at the next convention (in addition to the Regional Forum) in order to do a service learning workshop, topic TBD.

In Loving Service,  
 Kristina C.-RD  
 Brandon C.-AD

**P&A Subcommittee:** Kay M. chaired.

Old Business:

The schedule for MRSCNA meetings was reviewed. We will meet on March 7 at 12:00 for a brief PR subcommittee meeting followed by the Inventory at 12:30 which will be chaired by the RD and AD. (Thanks to Kristina and Brandon for stepping up.) This meeting will be in Vocational #1. This room is reserved for March 7<sup>th</sup> and 8<sup>th</sup> in the event that we need both days. On April 11-12 the RSC will meet in Craft A for its regular quarterly meeting.

New Business:

The committee is investigating the accessibility of NA literature for blind members in response to a motion brought to the RSC from GTO.

A motion was submitted from this committee to the RSC requesting a change in the wording of Section III, B, 1 of Regional Policy. This would change the word "shall" to "may" to better match policy to current procedures.

We discussed the Guidelines submitted by the Web Servant to better provide accurate information about nonaffiliated meetings/groups on the meeting schedule and web page. The P&A chair will modify the submitted guidelines to reflect discussion and send to the ASR/RCMs for input from the Areas.

**Finance Subcommittee:** Hossai O. chaired.

**Nonprofit Status**

501.c.3 in good standing

**Tax Exempt Status**

Current with WV State Tax Department and WV Secretary of State's Office

**Banking**

No changes

**Insurance**

In place for 1 year

**Storage**

(Storage agreements related to properties) not applicable

**Accounting and Legal**

No current actions in place

**Money motions**

1. PR - Social work convention - \$800

    Mailing - \$100

    Display - \$260

2. Convention - Merchandise - \$6,100

Refreshments \$700

Registration \$200

Audio \$100

3. Area needs - SCRNA - for literature

**Literature Subcommittee:** Inactive

**NEW BUSINESS**

Ryan S. nominated Candie B. for Treasurer II and she expressed willingness. Chair appointed Candie pro tem until elections – approved.

**MOTION #01-15-01**

**MAKER:** Convention

**MOTION:** Money motion to fund spring convention for \$7100 which includes \$6100 for merchandise, \$700 for refreshments, \$100 for audio, \$200 for registration.

**INTENT:** To fund our spring convention.

**RATIONALE:**

**RESULT:** Carried by consensus

**MOTION #01-15-02**

**MAKER:** PR

**MOTION:** PR requests \$1060 - \$500 to register at the NASW conference, \$300 for literature and \$260 for a new table cover.

**INTENT:** To attend the NASW conference and be prepared to do so.

**RATIONALE:**

**RESULT:** Carried by consensus.

**MOTION #01-15-03**

**MAKER:** P&A

**MOTION:** To change the word "shall" to "may" in section III, B, meeting format, line 1.

**INTENT:** To bring policy in line with practice.

**RATIONALE:**

**RESULT:** For: 7 Against: 1 Abstain: 1 - Carried.

**MOTION #01-15-04**

**MAKER:** PR

**MOTION:** PR requests \$100 for professional mailings.

**INTENT:** To do a mailing to professionals.

**RATIONALE:**

**RESULT:** Carried by consensus.

**MOTION #01-15-05**

**MAKER:** H&I

**MOTION:** Asking \$300 for the purpose of sending 84 Basic Texts and literature to jails and prisons within our region.

**INTENT:** To carry the message to those unable to attend outside meetings.

**RATIONALE:**

**RESULT:** Carried by consensus.

**NAWS DONATION:** \$2500.00

**ANNOUNCEMENTS:** Regional inventory at Cedar Lakes 03/07/2015 and possibly 03/08/2015

**NEXT REGIONAL SERVICE:** 04/11/2015 – 04/12/2015

**Open forum.**

Closed with prayer.

Gratefully submitted,

Beverly R. Secretary

**FIRST QUARTER AGENDA**

*It is strongly suggested that all RCMs and Subcommittee Chairpersons attend all of the subcommittee meetings during RSC.*



**ORDER OF THE DAY**

**4/11/2015 – 4/12/2015**

Opening at Noon

Reading of the Twelve Traditions of NA

Reading of the Twelve Concepts for NA Service

Open Sharing Session

Secretary's Report (Reading of the Minutes from preceding RSC)

Treasurer I Report

Old Business

Area Reports

New Area Motions

Sub-committees

Convention Sub-Committee

PR Subcommittee

    Phone line

    H&I

    PR

***\*Will break from 5-6:30 p.m. for dinner and then resume subcommittees if needed.***

6:30 pm

Representative Report:

1. Regional Delegate (RD).
2. Regional Delegate Alternate (RD-Alt.)

***The committees and/or RD report may continue into Sunday if needed.***

Reopen at 9 a.m. Sunday, 4/12/2015

Sub-committees

    P&A

    Finance

New Business

NAWS Donation

Set Agenda for Next RSC Meeting

Open Forum

Announcements

Closing Prayer

Treasurers Report  
10/1/14-1/1/15

10/01	OneBox	79.95
10/06	Secretary expenses	200.00
10/06	Registration	200.00
10/06	Dubber	585.00
10/07	RD expenses	164.62
10/07	CD sleeves	17.99
10/08	RD expenses	216.28
10/08	Treasurer expenses	141.00
10/08	Frontier	98.83
10/09	The Mailroom – schedules	405.00
10/14	Merchandise – bracelets	360.00
10/15	Paypal	4.95
10/21	Service charge	4.00
10/23	Refreshments	500.00
10/24	NAWS donation	1500.00
10/27	Insurance	3021.50
10/30	Glenn’s	5343.90
10/31	OneBox	79.95
10/31	The Mailroom	289.90
11/03	Champion Industries	734.76
11/07	Frontier	90.78
11/07	basic texts – convention	120.00
11/07	CDs – convention	49.00
11/07	RD expenses	360.22
11/17	Paypal	4.95
11/21	Service charge	4.00
12/01	OneBox	79.95
12/01	Frontier	95.00
12/01	Cedar Lakes	2496.59
<b>DEPOSITS</b>		
11/06	Donations	247.00
11/06	Convention	15370.00

11/06	Meeting schedules	192.00
	Starting balance	19,408.65
	Expenses	17,248.12
	Deposits	15,809.00
	Prudent reserve	1000.00
	Working balance	16,969.53
Estimated expenses until next RSC	Phone line	500.00

**Here are the guidelines that Shayne proposed for the non-affiliated meetings:**

Not affiliated with any Area meeting/group guidelines.

A. Meeting/group wishing to be placed on the MRSCNA meeting schedule and web page must contact the MRSCNA web servant in writing using the region post office box (available at [www.mrscna.org](http://www.mrscna.org)) or by email to the web servant (available from any MRSCNA officer or Area GSR/ASR).

1. The first contact must state the reason for requesting not affiliated status and not joining a MRSCNA Service Area. Preferably they will use the new meeting form (available at [www.mrscna.org](http://www.mrscna.org)) barring that.

2. They must list the contact information for the meeting leader, address, phone, email, etc.

3. They must list the name of the meeting/group

4. They must list physical address of the meeting including name of the building.

5. They must list the days and times of the meetings, length and what meeting format they use.

B. Not affiliated meetings/groups will be placed on the MRSCNA meeting schedule and web page for a period of three months.

1. Meetings/groups wishing to remain on the MRSCNA meeting schedule and web page must contact the MRSCNA web servant preferable by email stating they wish to remain on the MRSCNA meeting schedule and web page no more than 10 days prior to the regular scheduled RSC. (date available at [www.mrscna.org](http://www.mrscna.org))

2. Meetings/groups having any changes to their meeting times, places, days, etc. must notify the web servant in a timely fashion.

3. Meeting that close their doors must inform the web servant immediately so they may be removed from the schedule.

D. Web servant duties

1. On first contact from a meeting/group wishing to have Not Affiliated status the web servant will provide the meeting leader with a copy of these guidelines the new meeting form, update meeting form and the web servant's contact information.

2. The web servant will maintain a list of all Not Affiliated meetings/groups pertinent information and will provide a copy to the regional secretary as backup.

3. The web servant will contact the nearest area service committee with the new Not Affiliated meeting/group information so that they may reach out to them and invite them into their committee.

4. The web servant will report the status of all Not Affiliated meetings/groups in their quarterly RSC report.

5. Any Not Affiliated meetings/groups not reporting quarterly will be removed from the MRSCNA meeting schedule and web page immediately.

6. Any meeting removed from the schedule and wishing to be reinstated must start the process from the beginning.

7. These guidelines will be posted to the MRSCNA web page with the rest of the regions polices and guidelines.

**Here is the revision proposed to the guidelines that Shayne M. proposed for non-affiliated meetings:**

Guidelines for Meetings/Groups Not Affiliated with any Area

1. In order to have an unaffiliated meeting /group listed on the MRSCNA meeting schedule and web page, download and complete the New Meeting Form provided at [www.mrscna.org](http://www.mrscna.org). Return this form to the MRSCNA Web Servant by snail mail to:

Web Servant - MRSCNA  
PO Box 2381  
Morgantown, WV 26502

or by e-mail to [mountaineer.region.web@gmail.com](mailto:mountaineer.region.web@gmail.com)

2. Not affiliated meetings/groups will be placed on the MRSCNA meeting schedule and web page for a period of three months.

3. Meetings/groups wishing to remain on the MRSCNA meeting schedule and web page will contact the Web Servant no less than 10 days prior to the regular scheduled RSC stating they wish to remain on the MRSCNA meeting schedule and web page. The scheduled RSC meetings are quarterly in January, April, July and October. The exact dates are listed on the web page ([www.mrscna.org](http://www.mrscna.org)) each quarter.

4. Meetings/groups having any changes to their meeting times, places, days, etc. will notify the Web Servant.

5. If a meeting closes, the Web Servant will be contacted to remove the meeting from the schedule.

Web Servant Duties:

1. On first contact from a meeting/group wishing to have Not Affiliated status the web servant will provide the meeting leader with a copy of these guidelines the new meeting form, update meeting form and the web servant's contact information.

2. The web servant will maintain a list of all Not Affiliated meetings/groups pertinent information and will provide a copy to the regional secretary as backup.

3. The web servant will contact the nearest area service committee with the new Not Affiliated meeting/group information so that they may reach out to them and invite them into their committee.

4. The web servant will report the status of all Not Affiliated meetings/groups in their quarterly RSC report.

5. Any Not Affiliated meetings/groups not reporting quarterly will be removed from the MRSCNA meeting schedule and web page immediately.
6. Any meeting removed from the schedule and wishing to be reinstated must start the process from the beginning.
7. These guidelines will be posted to the MRSCNA web page with the rest of the regions policies and guidelines.