

St. Stanislaus Cathedral

www.saintstanislauspncc.org

Email: Events@SaintStanislausPNCC.org

The First Parish of the Polish National Catholic Church

529 East Locust St. Scranton, PA 18505 – Rectory 570-343-6017

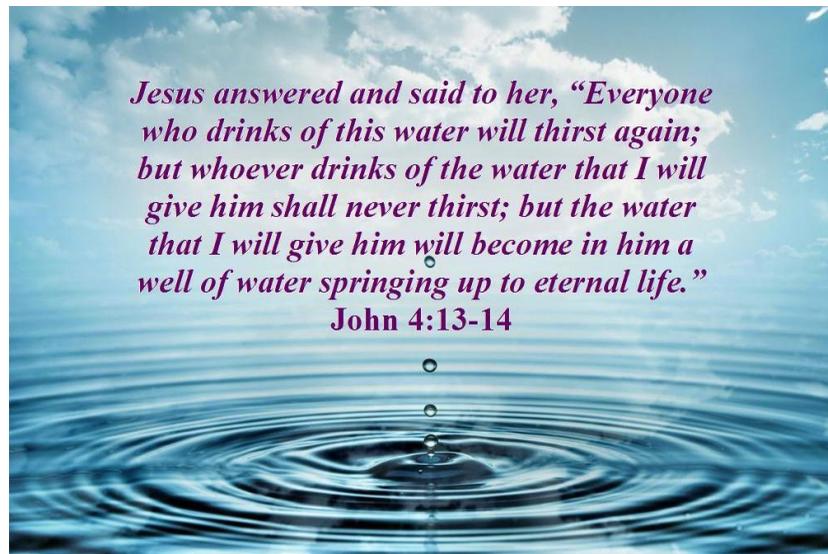
The Right Reverend Bernard J. Nowicki, DD, pastor – bishop@saintstanislauspncc.org

The Reverend Janusz A. Lucarz, assistant pastor – frjanusz@saintstanislauspncc.org

Mrs. Beth Howden – Organist / Director of Music

Third Sunday in Lent

March 15, 2020



Jesus answered and said to her, "Everyone who drinks of this water will thirst again; but whoever drinks of the water that I will give him shall never thirst; but the water that I will give him will become in him a well of water springing up to eternal life."

John 4:13-14

Masses: 8:00 am – Traditional Holy Mass

9:30 am – Contemporary Holy Mass

11:15 am – Traditional Holy Mass, Cathedral Chapel, Our Savior, Tripp Park

Parish Office: 570-961-9231 – **Youth Center:** 570-961-8364

Fred Aebli: Parishchair@saintstanislauspncc.org

Announcements: Bulletin@saintstanislauspncc.org

Bills/Payments: Treasurer@saintstanislauspncc.org

Parish Information: Office@saintstanislauspncc.org

TODAY

10:45 am – SOCL Classes

11:00 am – Adult Forum

11:00 am - St. Stanislaus Handbell rehearsal

WEDNESDAY, March 18th

5:15 pm – 4th ANS sponsored Lenten Soup and Salad evening followed by a review of small sections of the Matthew Kelly Book, "Resisting Happiness"

Participants need not have been at previous sessions to benefit from these discussions.

7:00 pm – Stations of the Cross, Cathedral, **YMS of R readers**

7:45 pm – Tenebrae Singers rehearsal

THURSDAY, March 19th

6:30 pm – Cathedral Chorale rehearsal

St. Stanislaus Youth Basketball practice

6:30 - 7:00 pm - PreK - 2nd grade

7:00 - 7:45 pm - 3rd - 8th grade

7:45 - 8:30 pm - 9th - 11th grade

FRIDAY, March 20th

12 noon – Stations of the Cross, chapel, lower Cathedral

St. Stanislaus Youth Basketball games →

SATURDAY, March 21st

9:15 – 10:00 am – Private Confession, chapel, lower Cathedral, adults & children

9:30 am – Confirmation class

10:30 am – First Communion class

NEXT SUNDAY, March 22nd – Fourth Sunday of Lent

Holy Mass: **8:00 am** Traditional **9:30 am** Contemporary **11:15 am** Cathedral Chapel, Tripp Park

SCHEDULE of READERS for STATIONS of the CROSS – YMS of R **March 18th**; UYA **March 25th**; Parish Committee **April 1st**.

TENEBRAE SINGERS – Men singers one and all, please join us for rehearsals for the Good Friday Tenebrae on Wednesday evenings, following Stations of the Cross. We welcome newcomers! Speak to Beth or Jack Ostroski if you are interested and/or have questions. Please also sign the sign-up sheet in the lower auditorium.

Lectors:

3/15 – 8:00 – J. Andrzejewski

9:30 – E. Hughes & J. Snyder

11:15 – L. McConlogue

3/22 – 8:00 – K. Michalina

9:30 – J. Scheuneman & B. Seliga

11:15 – E. Golembeski

Friday Game times

6:30-7:00 pm – Prek & Kind

7:00-7:45 pm – 1st & 2nd grade

7:45-8:30 pm – 3rd, 4th & 5th grade

8:30-9:15 pm – 6th, 7th, & 8th grade

9:15-10:00 pm – 9th, 10th & 11th grade

The FOUR LENTEN DISCIPLINES – Praying, Fasting, Almsgiving and Daily Bible Readings

PROCLAIM LIBERTY
Christ Sets Us Free

<i>Sunday</i>	Anointed to bring good news	Isaiah 61:1-3
<i>Monday</i>	Free in Christ	Galatians 5:1-6
<i>Tuesday</i>	A year of jubilee	Leviticus 25:8-12
<i>Wednesday</i>	The law of liberty	James 1:22-25
<i>Thursday</i>	Free indeed	John 8:31-32
<i>Friday</i>	Proclaim the Gospel	Romans 10:14-17
<i>Saturday</i>	Live as free people	1 Peter 2:13-17

A PRAYER in THIS TIME of the CORONAVIRUS (*adapted from the monthly publication, America*) - O Jesus Christ, my Savior and healer, you traveled through towns and villages “curing every disease and illness.” At your command, the sick were made well. Come to our aid now, in the midst of the global spread of the coronavirus, that we may experience your healing love.

Heal those who are sick with the virus. May they regain their strength and health through quality medical care. Heal us from our fear, which prevents nations from working together and neighbors from helping one another.

Jesus Christ, healer of all, stay by our side in this time of uncertainty and sorrow. Be with those who have died from the virus. May they be at rest with you in your eternal peace.

Be with the families of those who are sick or have died. As they worry and grieve, defend them from illness and despair. May they know your peace.

Be with the doctors, nurses, researchers and all medical professionals who seek to heal and help, who put themselves at risk in the process. May they know your protection and peace.

Be with the leaders of all nations. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions. May they know your peace, as they work together to achieve it on earth.

Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, Jesus Christ, stay with us as we endure and mourn, persist and prepare. In place of our anxiety, give us your peace.

Jesus Christ, heal us.

The Coronavirus Prayer in Its Essence (*also, in Tweet-able form*)

Jesus Christ, you traveled through towns and villages “curing every disease and illness.” At your command, the sick were made well. Come to our aid now, that we may experience your healing love.

HEALTH PRECAUTIONS AT THE CATHEDRAL – At this time, the ‘better-safe-than-sorry’ approach to our common life in our Parish is the approach to take for the immediate future. Therefore, at the passing of the Peace during Mass, we will eliminate handshaking, kissing and hugging as signs of God’s peace being with you. Instead, a wave, a peace sign (‘V’), a smile can be substituted for the other gestures to ensure the health safety of all and to remove from some the stigma of their not desiring to participate in the Peace at this time while others would.

Greeting the clergy with a handshake at the doors after Mass will no longer take place. A smile and the brief greetings offered as usual will be sufficient.

Coughing and sneezing into your elbow and arm instead of uncovered into the air around you will be appreciated by everyone and reduce the risk of infection.

As always, parishioners who are ill on a Sunday morning or exhibiting flu-like symptoms should remain at home from Mass until they are recovered from their illness.

The clergy will continue to wash their hands before Mass as they always do. Additionally, they will use an alcohol-based hand sanitizer before and after distributing communion.

The CDC explains the following: Coronavirus symptoms include a fever, cough and shortness of breath. Symptoms could appear two to 14 days after exposure. The virus spreads through droplets when an infected person coughs or sneezes. People can also become infected by touching something with the virus on it then touching their mouth, nose or possibly eyes.

Let’s observe these precautions as long as necessary.

HOW LONG to WASH YOUR HANDS – Years ago when I worked within a hospital setting, the nurses taught us to exercise the infection control universal precautions technique of washing our hands well for the length of time it took us to sing “Happy Birthday” twice (approximately 40 seconds). A Catholic Christian might adopt the same technique to achieve the same infection control end – and, add a spiritual uplift and witness to boot – by washing his hands for the length of time it takes to think or say the Our Father, Hail Mary and the Glory be! Glory, indeed.

“POSTPONED” ANS LENTEN SOUP SALE – The ANS Soup for Lent Sale is temporarily postponed!!!

“CANCELLED” - THE ANS UPPER ROOM LENTEN PROGRAM – Fellow parishioners & Society Members of the ANS; Unfortunately due to health concerns, sadly, we will be canceling The Meal in the Upper Room scheduled for Sunday, March 22nd. *With prayers for keeping all healthy & safe, Kathy Michalina*

“CANCELLED” - BREAKFAST BUFFET with the EASTER BUNNY – Due to the concerns for the health of our Parish Community, Branch 1 YMS of R has decided to cancel the Breakfast with the Easter Bunny on March 29.

LENTEN SERVICES AND EVENTS

A rich array of spiritual opportunities is listed below for all our parishioners to avail themselves of during this season of Great Lent:

Fridays – 12 noon – Stations of the Cross, chapel, lower Cathedral

Wednesdays –

5:15 pm – ANS sponsored Lenten Soup and Salad followed by a review of small sections of the Matthew Kelly Book, “Resisting Happiness”

7:00 pm – Stations of the Cross, Cathedral

Various societies and parish ministries will read the meditations each week.

(Cathedral Chapel, Tripp Park attendees may worship at the hour given above on either day)

Saturdays – 9:15 – 10:00 am – Private Confession, chapel, lower Cathedral, adults & children

Holy Tuesday – **April 7th** – 4:00 pm – Chrism Mass, Cathedral

Holy Thursday – **April 9th** – 7:00 pm – Mass of the Institution of the Eucharist

Good Friday – **April 10th** – 12:00 to 3:00 pm – Holy Hour, Stations, Mass of the Pre-sanctified, opening of the Tomb of Jesus

Good Friday – **April 10th** – 7:00 pm – Tenebrae, chanted, gentlemen of the Cathedral

Holy Saturday – **April 11th** – 4:00 pm – Vigil of the Risen One

THANK YOU – On behalf of our entire family, I would like to express our sincerest appreciation to everyone who honored Sylvia, my beloved wife and our mother, by paying your respects at her viewing and funeral. Thanks also to those who sent flowers, mass cards, donations, food and honored her with your presence and in your prayers. A special thank you to Fr. Janusz and Fr. Sr. Chromey, who visited Sylvia during her last moments, and especially Prime Bishop Anthony, Gary Richards and Beth Howden, who celebrated a very memorable mass and provided music that we will cherish and always remember. We will be forever grateful. May God Bless All of You!

Paul Kowalski, children & grandchildren

HOMEMADE BREAD SALE – Thank you to everyone who has signed our Homemade Bread List, at this time we have reached our quota. A wait list was established and we will try our best to fulfill most of the orders. At this time we will not know what our total outcome will be beyond our expected quota. **All bread orders can be picked up after 2:30-3:30 pm on Saturday, March 28th, 2020 (in the youth center) or following the 8:00 & 9:30 am mass on March 29th, 2020 (downstairs in the**

church hall). If there is any extra bread, it will be available for sale on Sunday, March 29th, 2020 for \$11.00 each. We truly appreciate your support!! Thank you, The Cathedral UYA.

VALENTINE DANCE 2020 – I would like to take this opportunity to especially “Thank” the dedicated ladies of the ANS Catering, the men of the YMS of R, and the Cathedral UYA for helping make this year’s valentine dance a success. Many long hours of preparation took place that week from preparing the delicious homemade food, along with helping set up the hall with the many decorations which allowed us to transform our youth center from a gymnasium to a dinner/dance atmosphere. Everyone who attended had great comments and look forward to next year’s event. Thank you again for your cooperation, dedication, and hard work in making this dance such a great fundraiser towards the youth center operational expenses, it makes my job so much easier as coordinator having all of your support. Our profit from this year’s dance was \$5,800.00, which was donated to the youth center. *Jake Stankowski, Valentine Dance Coordinator*

EASTER FLOWER DONATIONS – Please consider donating \$25.00 for Easter Flowers to adorn our Altars. Donations may be made in memory or in honor of loved ones. Donations should be sent to our Parish Office by April 5th. Any questions please contact Connie Tellep 570-222-4409 or jtellep@nep.net.

FOOD PANTRY – Please bring **soap/body wash** on Sunday, **March 22nd** for our One Hot Meal Food Pantry. Thank you for your continued support of this important project.

HAPPY BIRTHDAY – **Mar 18** - Jean Pucher, **Mar 19** - Gretchen Middleton; **Mar 20** - Katie Tempaugh, Susan Nitch; **Mar 21** - John Kotula; **Mar 23** - Deanna McConnell

FRIENDS IN THE HOSPITAL – **March 13th** – *Mt. View: Rosalie Aebli

FRIENDS RECOVERING AT HOME – Paul Cimino, Jean Cwynar, Joann Edwards, Michael Golembeski, Ceil Gorgol, Josephine Kwiatkowski, Frances Loss, Helen Lukasiewicz, Bob Matylewicz, Chet Nezelkewicz, Jean Sherman. Please pray for them.

THIS WEEK'S LITURGIES

Monday, March 16

8:30 am – Mass of the day

Tuesday, March 17

8:30 am – Mass of the day

Wednesday, March 18

8:30 am – Mass of the day

Thursday, March 19

8:30 am – Healing Mass

Friday, March 20

8:30 am – Mass of the day

Saturday, March 21

8:30 am – sp. Mary & Stanley

Repecki by family

No matter
what you face in
life, don't let go
of GOD's hand
Amen