**BREAKFAST**
Wed-Sun 8am-3pm Mon-Tue closed

**APPETIZERS**
- **Waffle Bites** Bite size waffles tossed in cinnamon sugar & served with strawberry compote & cream cheese whipped cream. $4.99
- **Pancake Waffle Taco** sausage, candy'd bacon, cheese, eggs, and maple heat sauce $3.75

**OMELETS**
- **Superchef** Diced candy’d bacon, spinach, roasted red peppers, caramelized onions. house made sausage and cheese. $11.99
- **Extreme Veggie** Omelet with spinach, roasted red peppers, caramelized onions, stuffed with sauteed zucchini, squash, & blended cheese. $8.99
- **Protein** Chicken apple sausage, candy’d turkey bacon, egg whites, cheese $12.99
- **Smoked Salmon & Cheese Omelet** Filled with a roasted red pepper sauce and hash browns. $11.99

**FRENCH TOAST**
- **Banana Pudding Granola Encrusted French Toast** cream Arglaise and caramel on plate. Granola encrusted french toast with whipped topping & sliced banana in between french toast. $10.00
- **Stuffed Granola** Classic granola encrusted french toast with cream cheese whip, fresh strawberries, blueberries, and bananas. $10.99

**WAFFLES**
- **Wings & Waffles** Waffles topped w/5 maple heat sauce tossed wings. $12.99
- **Cinnamon Toast Crunch** Cinnamon Toast Crunch encrusted waffles, cream cheese whip, caramel, strawberry garnish. $10.99
- **Bourbon** Makers Mark® infused caramel & candy’d pecans, with a strawberry garnish. $10.99
- **Juggernaut** Red waffle sandwich w/ fried chicken, candy’d bacon, over medium eggs, american & pepperjack cheese topped w/ honey drizzle & a side of maple heat syrup $12.99

**PANCAKES**
- **Sub Zero** Blueberry pancakes w/lemon marscapone sauce between layers. $11.99
- **Reese's Cup** Reese’s cup peanut butter whipped cream between layers. $10.99
- **Scorpion Super Scriddle** Candy’d bacon, house made sausage in a supercake topped with a folded egg. $12.99

**SPECIALTY**
- **Eggs Benedict** 2 over-easy eggs on top of house made sausage, on a deep-fried cheese grit cake topped with mornay, & a side of mixed greens with honey mustard $10.99
- **Breakfast Platter** A platter for the big appetite: 3 eggs, hash browns, a croissant, & your choice of candy’d bacon or sausage. $9.99
- **Tofu Scramble** Pan seared tofu, w/sauteed roasted red peppers, caramelized onions, spinach. Finished w/ sweet chili glaze. $12.99
- **Candy’d Bacon, Egg, & Cheese Sandwich** Candy’d bacon, egg, & cheese, topped w/ refreshing mixed greens on a croissant, w/honey mustard. $9.50
- **Avocado Toast** Whole wheat bread, marinated tomatoes, lemon pepper, candy’d bacon (optional), arugula, radish, honey, and stone ground mustard topped with an over-easy egg. $10.99
- **Chefs Steak & Eggs** Sous vide steak, cooked to perfection. Served with your style of eggs, hash, with a housemade steak sauce and chimichurri. MKT PRICE
- **Shrimp & Grits** Four cheese grits with fried lemon pepper shrimp. Finished and topped with chimichurri and sweet red pepper relish. $14.99

**BREAKFAST SANDWICHES**
Bacon, sausage, veggie sandwich $9.50,
Chicken apple sausage sandwich 10.50

**KIDS BREAKFAST**
Choice of 1 pancake, french toast, or waffle, & choice of egg & bacon, or sausage. $8.00

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LUNCH

**APPETIZERS**
- Southern Egg Rolls  Mac & cheese, house made greens, fried chicken, sweet potato sauce.  $9.99

**BURGERS**
- Spiderman  8 oz beef patty, candy’d bacon, caramelized onions, guacamole, pepper relish.  $13.99
- Superman  8 oz beef patty topped with a hot crab spread & pulled pork with a sweet & sour sauce.  $11.99
- Flash  Truffle Fried Chicken, braised pineapples, red onion, pepperjack, micro cilantro, smoked mustard BBQ sauce.  $10.99

**VEGAN**
- Keystone City Burger  Truffle fried cauliflower, braised pineapples, red onion, micro cilantro, smoked mustard BBQ sauce.  $14.00

**SALADS**
- Hulk  Arugula, greens, strawberries, quinoa, 5-minute egg, roasted carrots, red onion, candy’d pecans, feta cheese, balsamic vinegarette.  $11.99
- Green Lantern  Greens, 5-minute egg, marinated tomatoes, red onions, candy’d bacon, feta cheese, avocado, honey mustard, BBQ ranch dressing.  $11.99

**SUPERDILLAS**  COMBO: 1/2 QUESADILLA + 1/2 SALAD $12.50
- Wolverine  Garlic sauteed shrimp, blended cheese & spinach, clawing through alfredo sauce.  HALF $7.99 FULL $10.99
- Aquaman  Smoked salmon, hot crab spread, blended cheese, spinach & shrimp swimming through mango chutney.  HALF $8.99 FULL $11.99

**PIZZA**  Pizzas are 12 inch, vegan & GF options available for each.
- Bacon Jam Pizza  caramelized onions, bacon jam, mornay sauce, spinach, Havarti cheese.  $12.99
- Wild Mushroom Pizza  Assortment of wild mushrooms, roasted garlic, herbs, mornay sauce, mascarpone cheese, ricotta cheese.  $11.99
- Veggie Cauliflower Crust Pizza  Personal-sized pizza, tomato sauce, mushrooms, spinach, caramelized onions, roasted red peppers.  $12.99

**OTHER**
- Wings  bone in wings tossed in housemade maple heat sauce  5-$5.99  10-$10.99  
- Chicken Tenders  3-5 truffle oil marinated tenders deep fried in seasoned flour, served with fries $10.99

**KIDS LUNCH**
- Popcorn Chicken  6-8 pieces of popcorn chicken, fried, and served with ranch, honey mustard, or bbq sauce.  $6.99 (Add fries or fruit for $1)
- Cheeseburger $8.00
- Grilled Cheese $5.99

**DRINKS**
- Hot Tea
- Coffee (2 refills)
- Milk (Choc or Reg)
- Apple Juice
- Orange Juice
- Pepsi Products
- Unsweetened Tea
- Ask about our 20+ flavors of tea & lemonade - $4.50 each, no refills.

**SIDES**
- Fries $2.00
- Hash Browns $2.25
- Fruit Cup $2.50
- Single Plain Pancake $3.00
- Eggs $2.75
- House made sausage $2.75
- Croissant $2.50
- Chicken apple sausage $3.75
- Candy’d bacon $2.75
- Candy’d turkey bacon $3.75

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