



VARICOSE VEIN QUESTIONNAIRE

This form must be completed in full prior to your consultation.

PATIENT NAME: _____ DOB: _____ DATE: _____

- | | YES | NO |
|--|--------------------------|--------------------------|
| 1. Do you experience any of the following symptoms? (Circle your answers) | | |
| ▪ Aching/ pain in your legs? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Heaviness in your legs? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Tiredness/ fatigue? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Itching/ burning? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Swollen ankles/legs? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Leg Cramps? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Restless legs? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Throbbing? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Other? _____ | | |
| 2. Have your veins gotten worse in recent months? | <input type="checkbox"/> | <input type="checkbox"/> |
| If yes, explain: _____ | | |
| 3. Do you take any medication for pain (i.e. Advil, Aleve, etc..)? | <input type="checkbox"/> | <input type="checkbox"/> |
| If yes, explain: _____ | | |
| 4. Do you elevate your legs to relieve discomfort? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Do you wear support stockings/compression socks? | <input type="checkbox"/> | <input type="checkbox"/> |
| If YES: | | |
| ▪ Were they prescribed by a doctor? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ What strength? (15-20mmHg, 20-30mmHg, etc.) _____ | | |
| ▪ Do they provide relief? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ How long have you been wearing them consistently? _____ | | |
| 6. Do you have problems with walking due to vein pain? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. At work do you stand most of your day? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ At home? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Do you have problems with doing the following tasks? | | |
| ▪ Doing the dishes? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Dressing? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Bathing? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Daily meal prep? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Have you ever had any tests or procedures done on your veins? | <input type="checkbox"/> | <input type="checkbox"/> |
| If yes, when, what type of test/procedure and what location on the leg? | | |
| _____ | | |
| 10. Have you been diagnosed with saphenous vein reflux? | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Do you experience repeated incidence of: | | |
| ▪ Surface vein inflammation/swelling? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Bleeding from your vein? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Non-healing wounds on your legs? | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Stasis dermatitis (darkening of the skin in the legs)? | <input type="checkbox"/> | <input type="checkbox"/> |