

# Bicycle Safety Tips

For children and parents



**ELSMERE POLICE DEPARTMENT**

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## ADULTS









### When Riding:

-  Model safe behaviors when walking and biking with your child
-  Operate bicycles safely and always obey the rules of the road
-  Wear safety equipment and ensure children's equipment is properly fitted
-  Spend time riding with younger riders to teach them how to watch for and avoid dangerous traffic situations
-  Plan and practice the safest route with children before allowing them to ride to school alone

### When Driving:

-  Be aware of pedestrians and bicyclists in and around schools
-  Comply with school drop-off and pick-up procedures
-  Be cautious when approaching a stopped or stopping school bus
-  Proceed with caution if you are near a bus when yellow lights begin flashing and stop if you are 100' or more away
-  Stop when overhead red lights are flashing on a school bus regardless of the direction

## STUDENTS

-  Follow the "Rules of the Road"
-  Ride your bike on the right side of the street in the same direction as traffic
-  Obey all traffic signals, signs and lane markings
-  Wear a helmet anytime you are riding on wheels
-  Only ride on a seat, never pegs or handlebars
-  Keep your hands on the handlebars
-  Signal your moves and check over your shoulder before turning or changing lanes
-  Never wear head phones - It's the law

**RIDE PEDAL WALK**

*City of Elsmere Safe Routes to School*



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