

SATI SUNDAY SCHEDULE

JANUARY – DECEMBER 2020

Sati Sunday is an opportunity to practice sitting meditation and participate in a discussion with relevant Buddhist topics. These sittings, held the 2nd and 4th Sundays of the month from 9-10:15 am, will be offered by Katherine Barr, community dharma elder. Suitable for all levels and beginners welcome. The dates for 2020 are:

January 12 & 26

February 9

February 23 CANCELED DUE TO MATTHEW BRENSILVER WORKSHOP

March 8 & 22

April 12 & 26

May 10 & 24

June 14 & 28

July 12 & 26

August 9 & 23

September 13 & 27

October 11 & 25

November 8 & 22

December 13 & 27

Feel free to contact Katherine with any questions. katgb@frontier.net, 970.769.3417