

WPR Coed Volleyball Rules & Regulations Revised 09-01-19

FEES

1. The fall volleyball registration deadline is Friday, August 30th. Team fee is \$300 per session.
2. If you know your team will be playing in BOTH the fall and winter sessions we are allowing the sponsor to pay a ONE TIME ONLY rate of \$575 payable to WPR by Friday, August 30th.
3. These fees must be in the Wahpeton Parks and Recreation office (304 5th St So) by August 30.

ROSTERS

1. All rosters and signatures are due the first night of play.
2. The roster minimum is 7 players for 6-person leagues. There is no maximum.
3. To play on a volleyball team you MUST be on the roster. To be on a volleyball roster you must sign the roster. There is no “subbing of players on a team”. ALL PLAYERS MUST SIGN THE ROSTER PRIOR TO PARTICIPATING IN LEAGUE PLAY. If your team plays with someone not listed on your roster, those games will be forfeited.
4. All players must be at least 15 (with parent/guardian consent), and no more than two players under the age of 17 are allowed per team.
5. Any roster changes must be made by the team managers. You may call 64202811 or email your roster changes to laree@wahpetonparks.com. ALL PLAYERS MUST BE ON THE ROSTER PRIOR TO PARTICIPATING IN LEAGUE PLAY. There is no final date for roster additions.
6. All players are eligible to play in league play or tournaments as soon as they are added to their team roster and sign it.
7. COLLEGE/HIGH SCHOOL PLAYERS: College and high school players who are currently rostered on a school volleyball team will be allowed to play in WPR leagues when their season is complete. Teams with more than two CURRENT season college players must play in the A division if that is offered.
8. We will not be mailing out schedules. They will be emailed to the captains and posted on our website.
9. All leagues will follow the USA Volleyball Rulebook with the exceptions stated WPR Rule.

CONTROL OF CARE OF EQUIPMENT

1. Equipment is very expensive and valuable. Mistreatment of equipment could mean being expelled from a game. These are three areas we will be asking for your help in refraining from while playing volleyball:
 - a. Kicking volleyballs.
 - b. Hanging on the volleyball nets or adjusting the height of the net.
 - c. Slam dunking balls on basketball rims. A player breaking or bending a rim or backboard will be charged for repair or replacement. Officials have the authority to sanction those players involved in any of the above actions.
2. GAME BALLS 1. Game balls will be provided at each location.

TIE BREAKING PROCEDURE

1. The number of games won by each team will determine team records. Tie Breaking Method a. Games won b. Head-to-head competition (two way tie) c. Common opponents (greater than two way tie) d. Coin Flip

PLAYERS/FORFEITS

1. Each team must have at least 3 players on the court, of which at least 1 of each sex must be on the floor. 30 MINUTE MATCHES: Forfeit time for the first game of the match is game time. Forfeit time for the second game is 10 minutes after game time and for the third game is 20 minutes after game time. SATELLITE TIME (CELL PHONE) WILL BE THE OFFICIAL TIME.
2. Time Limit - Each match is 30 minutes long. If the match is not complete when the thirty minute limit expires, the following will govern play:

- a. If time expires in the second game the game is immediately over. You do not have to win by two (2) at this point. Then a third game will start and will be played to 5 points, no matter the time limit.
 - b. If time expires in the third game, the game is immediately over. If tied, next point wins.
 - c. We will let the teams know where we are at with time when it is getting close to the time limit. We will use the time on a phone so everyone is on the same page.
3. Guys and gals 17 years of age and younger may participate but the roster is limited to no more than two players from this age group.
4. Even though league rules allow teams to play with less than 6 players this is not recommended. If you know that your team will not have enough players on a given night please call the Wahpeton Parks & Recreation Office at 642-2811 before 3:00pm. on the night your team participates in league play. You must also call the manager of the opposing team.

UNSPORTSLIKE CONDUCT - Don't trash your officials!

1. No player shall at any time lay a hand upon, shove, strike, abuse physically or verbally, or threaten an official, player, teammate or spectator. Officials are required to suspend the player immediately from further play and report such players to the Parks and Recreation District Representative. Such player shall remain suspended until the Parks and Recreation District Representative has considered the case.
 - Minimum Penalty: Suspension from two league matches, and probation for one year.
 - Maximum Penalty: Suspension from all recreational activities for two years and probation for the following year, plus annual reviews by the Parks and Recreation District Rep.
 - UNSPORTSLIKE CONDUCT is NOT part of this GAME!

PREMATCH/MATCH STRUCTURE

1. Prior to the first game of a match the official will have the managers toss a coin or choose a number for the choice of service or side. Service and side will alternate in the second and third games of the match.
2. All three games will be played to 15, with a cap of 17. All games will be played in rally point format and teams will always play three games, regardless of the outcome of the first two games. If there is a forfeit in the first or second game and the third game can be started within the 15 minute start time.
3. **TEAMS ARE NOT GUARANTEED WARM-UP TIME!** If we are running behind schedule, teams will be expected to play immediately following the previous match. You may have to warm up on the sidelines.
- 4 **HONOR CALLS – WHAT ARE THEY?** Wahpeton Parks & Recreation Volleyball leagues are officiated by one official. Honor calls are a way of helping the official on calls that they may have not seen or that the official was screened.
 1. **HONOR CALLS –** When an official makes a call or misses a call, (i.e. The ball was out, a player touches the ball, a player was in the net) a team or player may assist the official by helping that official correct that call. The **ONLY** team that may help an official correct a call is the team that would be adversely affected by the changed call. **EXAMPLE:** the official calls the ball “out” and Team A is awarded the ball for service. Team A may “help” the official by letting the official know that the ball was in or good. Team B would then receive the point &/serve.

MANAGER'S RESPONSIBILITIES/GENERAL INFO

1. Collect all fees and signatures and turn them in with the roster by the deadline date.
2. Roster changes or additions need to be approved and reported to WPR by team manager.

3. Provide copies of league schedules to all team members or direct them to website.
4. Inform teammates of all rules and guidelines.
5. Uniforms or like-colored shirts are not required.
6. Participate in a pre-match conference and coin toss prior to each match.
7. Any contact with the official during a match is to be made by the team manager. This includes requests for time outs and rule clarifications.
8. Participants must accept officials' decisions with sportslike conduct and without dispute. In case of doubt, clarification may be requested by the team manager. A JUDGMENT CALL MAY NEVER BE QUESTIONED!
9. Managers are responsible for all player behavior on his/her team and must ensure that the official and the opposing team are always treated with respect.
10. OFFICIAL ABSENCE: If you do not have an official 3-5 minutes prior to your start time, notify one of the other officials. You are responsible to start the match on time even without an official. Meet with the manager of the other team to determine side/serve and who will keep score.
11. FORFEITS: You MUST call WPR and the manager of the other team.

USA VOLLEYBALL RULES/WPR LEAGUE RULES

1. All matches will consist of three games: All three games will be played to 15, win by two, with cap at 17.
2. Teams will be allotted two 30 second time-outs per game.
3. Team managers will toss a coin (choose a number between 1 and 10) for the right to serve or receive the service OR the side of court. Service and side will alternate in the second game of the match. Teams are NOT guaranteed warm-up time.
4. Satellite time (cell phone) will be the official time.
5. Teams must start a game with a minimum of three players with at least one of each sex on the court. If a team starts with less than six players, they may add late arriving players on the first dead ball. These players may enter at any position except the serving position as long as the other teammates shift positions on the court. Teams will not be allowed to completely rearrange the positions of the players.
6. If less than six players, teams need to let the official know their rotation. The official needs to know how many front row players they will be using (if three or less players, then rotation doesn't apply).
7. Forfeits: 30 minute matches First game: Game time Second game: 10 minutes from game time Third game: 20 minutes from game time
8. **Rule 5.1 CAPTAIN** 5.1.2 When the ball is out of play, only the game captain is authorized to speak to referees: 5.1.2.1. to ask for an explanation on the application or interpretation of the rules, and also to submit the requests or questions of his/her teammates.
9. **Rule 7.1 THE TOSS** Before the match, the official carries out a coin toss to decide first service and side of court in the first set. 7.1.1 The toss is taken in presence of the two team captains. 7.1.2 The winner of the toss chooses: EITHER 7.1.2.1 the right to serve or receive the serve 7.1.2.2 OR the side of the court. The loser takes the remaining choice.
10. **Rule 7.4 POSITIONS** At the moment the ball is contacted by the server, each team must be positioned within its own court in the rotational order (except the server). 7.4.3.1 Each front-row player must have at least a part of a foot closer to the center line than both feet of the corresponding back-row player. 6 7.4.3.2 Each right (left)-side player must have at least a part of a foot closer to the right (left)-sideline than both feet of the center player in the corresponding row. The server is exempt from the application of this rule. USAV 7.4.3 The position of the players is judged according to the position of the foot last in contact with the floor at the time the ball is contacted for service.
11. **Rule 7.6 ROTATION** When the receiving team has gained the right to serve, its players must rotate one position clockwise.
12. **SUBSTITUTIONS** (This is a WPR Rule) • Substitutions MAY be made in any position on the floor but the substitution pattern must remain the same for an entire game. It can be changed at the beginning of a new game. • If at any time, the substitution pattern is broken (e.g., missed rotation), the players on

the court at that time will have to play out the remainder of the game. • Exceptions would be made for injuries or expelled players.

13. Rule 8. STATES OF PLAY**

8.2 BALL OUT OF PLAY The ball is out of play at the moment of the fault which is whistled by one of the referees; in absence of a fault, at the moment of whistle.

8.3 The ball is “in” when it touches the floor of playing court, including the boundary lines. USAV

8.4.2: A ball, other than a served ball, shall remain in play if it contacts the ceiling above the playing area. The ball is out of play if it makes contact with the ceiling above the opponent’s playing area or above the team’s playing area and crosses the plane of the net into the opponent’s court.

A. A ball making contact with overhanging baskets near the net may be played if the ball remains on their side. If the ball makes contact on the opponents side, it is a dead ball.

B. A ball making contact with overhanging baskets at the end of the courts may be played if the team still has hits allowable.

14. Rule 9.1.2 SIMULTANEOUS CONTACT

Two or three players may touch the ball at the same moment. 9.1.2.1 When two or more teammates touch the ball simultaneously, it is counted as one contact. If teammates collide, no fault is committed. Any player may play the ball next if the simultaneous contact is not the third team contact. 9.1.2.2 If two opponents simultaneously contact the ball and it remains in play, the team receiving the ball is entitled to another three hits. If such a ball goes “out”, it is the fault of the team on the opposite side. 9.1.2.3 If simultaneous hits by two opponents above the net lead to extended contact with the ball, play continues.

15. Rule 9.2 CHARACTERISTICS OF THE HIT

(NEW IN FALL 2014) 9.2.1 The ball may touch any part of the body. (WPR Commentary: Volleyball is a REBOUND sport. The ball can rebound from any part of the body, including the legs and feet, but KICKING IS NOT ALLOWED. Any motion or attempt to kick the ball is a loss of rally/point and the penalty for kicking it during a dead ball is the sanction.) Kicking the ball is NEVER allowed after the play is called dead. Anyone who intentionally kicks a ball after the play is called dead will be sanctioned for unsportsmanlike conduct and a point and service will be awarded to the opposing team. 9.2.2 The ball must be hit, not caught or thrown. It can rebound in any direction. 9.2.3 The ball may touch various parts of the body provided that the contacts take place simultaneously. EXCEPTIONS: 9.2.3.1 During blocking, consecutive contacts may occur by one or more blockers, provided the contacts occur during one action. 9.2.3.2 During the first hit of a team (not blocking), the ball may contact various parts of the body consecutively, provided that the contacts occur during one action. 9.2.3.3 Commentary: The first hit of the team includes reception: (a) of the serve; (b) of an attack hit by the opponent (this may be hard or soft); (c) of a ball blocked by one’s own team and (d) of a ball blocked by the opponents. During the team’s first hit, successive contacts with various parts of the player’s body are permitted in a single action of playing the ball. These include contacts involving “finger action” on the ball and contact with the foot. The ball, however, may not be caught and/or thrown.

16. Rule 9.3 FAULTS IN PLAYING THE BALL

9.3.1 Four hits 9.3.3 Catch: A player does not hit the ball, and the ball is caught and thrown. 9.3.4 Double contact: A player contacts the ball twice in succession or the ball contacts various parts of the body successively.

17. Rule 10.2 BALL TOUCHING THE NET

The ball may touch the net while crossing (this includes serving).

18. Rule 11.1 REACHING BEYOND THE NET

11.1.1 In blocking, a blocker may touch the ball beyond the net, provided that he/she does not interfere with the opponents’ play before or during the latter’s attack hit. 11.1.2 A player making an attack-hit is permitted to pass hand(s) beyond the net after the attack-hit, provided the ball is contacted within his /her own playing space.

19. Rule 11.2 PENETRATION UNDER THE NET

11.2.1 It is permitted to penetrate into the opponents’ space under the net, provided that this does not interfere with the opponents’ play. 11.2.2 Penetration into the opponent’s court, beyond the center line to: 11.2.2.1 Touch the opponent’s court a

foot or feet is permitted, provided some part of the penetrating foot/feet remains either in contact with or directly above the center line. 11.2.2.2 To touch the opponent's court with any part of the body above the feet is permitted provided that it doesn't interfere with the opponent's play. 11.2.3 A player may enter the opponent's court after the ball goes out of play.

20. Rule 11.3.1 CONTACT WITH THE NET by a player is not a fault, unless it is made during the action of playing the ball, or interferes with play. 11.3.2 Once a player has hit the ball, he/she may touch a post, ropes, or any other object outside the antennae, including the net, provided that it does not interfere with play. 11.3.3 When the ball is driven into the net and causes it to touch an opponent, no fault is committed.

21. Rule 11.4 PLAYERS' FAULTS AT THE NET 11.4.1 A player touches the ball or an opponent in the opponent's space before or during the opponent's attack-hit 11.4.2 A player interferes with the opponent's play while penetrating into the opponent's space under the net. 11.4.3 A player's foot (feet) penetrates completely into the opponent's court. 11.4.4 Touches the net while in the action of playing the ball (hair does not count)

22. Rule 12.3 AUTHORIZATION OF SERVICE The first referee authorizes the service after having checked that the two teams are ready to play and that the server is in possession of the ball.

23. Rule 12.4 EXECUTION OF SERVICE 12.4.1 The ball shall be hit with one hand or any part of the arm after being tossed or released from the hand(s). 12.4.2 Only one toss or release of the ball is allowed. Dribbling or moving the ball in the hands is permitted. 12.4.3 At the moment of the service hit or take-off for a jump service, the server must not touch the court (the end line included) or the ground outside the service zone. 12.4.4 The server must hit the ball within 8 seconds after the first referee whistles for service. 12.4.5 A service executed before the referee's whistle is cancelled and repeated.

24. Rule 12.6 FAULTS MADE DURING THE SERVICE 12.6.1 The following faults lead to a change of service, even if the opponent has a position fault. The server: 12.6.1.1 violates the service order 12.6.1.2 does not execute the service properly 12.6.1.2 if the service toss touches any obstruction before the service contact 12.6.2 Faults after the service hit After the ball has been correctly hit, the service becomes a fault (unless a player is out of position) if a ball: 12.6.2.1 touches a player of the serving team or fails to cross the vertical plane of the net completely through the crossing space 12.6.2.2 goes "out" 12.6.2.3 passes over a screen.

25. Rule 12.7 FAULTS MADE AFTER THE SERVICE AND POSITIONAL FAULTS 12.7.1 If the server makes a fault at the moment of the service hit (improper execution, wrong rotational order, etc.) and the opponent is out of position, it is the serving fault which is sanctioned. 12.7.2 Instead, if the execution of the service has been correct, but the service subsequently becomes faulty (goes out, goes over a screen, etc.), the positional fault has taken place first and is sanctioned. 9

26. Rule 13.1 ATTACK HIT-DEFINITION 13.1.1 All actions directing the ball toward the opponent except a serve or a block, are attack-hits. 13.1.2 During an attack-hit, tipping (directing the ball by contact with fingers only) is permitted only if the ball is cleanly hit, and not caught or thrown. 13.1.3 An attack-hit is completed the moment the ball completely crosses the vertical plane of the net or is touched by an opponent.

27. Rule 13.2 RESTRICTIONS OF THE ATTACK HIT (WPR Rule) Only female front-row player may carry out a spike at any height, provided the ball contact has been made within the team's playing space (except on a serve). 13.2.2 All back-row player may complete an attack hit (spike) at any height from behind the front zone: 13.2.2.1 At take-off the foot (feet) must neither have touched or crossed over the attack line or its imaginary extension. 13.2.2.2 After the attack-hit, the player may land within the front zone. 13.2.3 A back-row player may also complete an attack hit from the front zone, if at the moment of the contact part of the ball is lower than the top of the net. 13.2.4 No player is permitted to complete an attack hit on the opponents' service, when the ball is in the front zone and entirely higher than the top of the net.

28. Rule 13.3 FAULTS OF THE ATTACK HIT (WPR Rule) Any front row male player spiking the ball. 13.3.1. A player initiates an attack-hit on the ball completely within the playing space of the opposing team 13.3.2 A player hits the ball "out" 13.3.3 A back-row player completes an attack-hit from the front zone, when, at the moment of the attack-hit, the ball is entirely above the top of the net. 13.3.4

A player completes an attack-hit on the opponent's serve when the ball is in the front zone and entirely higher than the top of the net. 13.3.6 (USA) If an attack-hit fault is completed simultaneously with a blocking fault by the opponents, a double fault is committed.

29. Rule 14.1 BLOCKING 14.1.1 Blocking is the action of players close to the net to intercept the ball coming from the opponents by reaching higher than the top of the net regardless of the height of ball contact. Only front-row players are permitted to complete a block, but at the moment of contact with the ball, part of the body must be higher than the top of the net. 14.1.2 Block attempt-a block attempt is the action of blocking without touching the ball. 14.1.3 Completed block- A block is completed whenever the ball is touched by a blocker. 14.1.4 Collective block- A collective block is executed by two or three players close to each other and is completed when one of them touches the ball.

30. Rule 14.2 BLOCK CONTACT Consecutive (quick and continuous) contacts may occur by one or more blockers provided that the contacts are made during one action. USA 14.2 A block is an interception of a ball coming from the opponents. Accordingly, it is a double contact fault if a player has successive contacts while using a blocking action when directing a ball toward the opponent during the execution of the second or third team hit. 10

31. Rule 14.3 BLOCK WITHIN THE OPPONENT'S SPACE In blocking, the player may place his/her hands and arms beyond the net, provided this action does not interfere with the opponents' play. Thus, it is not permitted to touch the ball beyond the net until an opponent has executed an attack hit. USA 14.3 Blocking of the ball across the net above the opponent's team area shall be permitted, provided: a. the block is made after the opponents have hit the ball in such a manner that the ball would, in the first referee's judgment, clearly cross the net if not touched by a player and no member of the attacking team is in a position to make a play on the ball. b. the ball is falling near the net and no member of the attacking team could, in the first referee's judgment, make a play on the ball

32. Rule 14.4 BLOCK AND TEAM HITS 14.4.1 A block contact is not counted as a team hit. Consequently, after a block contact, a team is entitled to three hits to return the ball. 14.4.2 The first hit after the block may be executed by any player, including the player who contacted the ball to complete the block.

33. Rule 14.6 BLOCKING FAULTS 14.6.1 A blocker touches the ball in the opponent's space before or simultaneously with the opponent's attack-hit. 14.6.2 A back-row player completes the block or participates in a completed block. 14.6.3 Blocking the opponents' service. 14.6.4 The ball is sent "out" off the block. 14.6.5 A blocker contacts the ball in the opponent's space from outside the antenna.

34. Rule 17.1 INJURY 17.1.1 Should a serious accident occur while the ball is in play, a referee must stop the game immediately. The rally is replayed. 17.1.2 If a substitution of an injured player cannot be made, legally or exceptionally, the player is given a three-minute recovery time, but not more than once for the same player in the match. If the player does not recover, the team is declared incomplete.

35. SPECIAL COED RULES The serving order and positions on the court at service shall be male and female alternated or viceversa. 1.2 When the ball is played more than once by a team, a female player shall make at least one of the contacts. Contact of the ball during blocking shall not constitute playing the ball. There is no requirement for a male player to contact the ball, regardless of the number of hits by a team. 1.2.2 **If a team contacts the ball more than one time during offensive action, one of the contacts must be made by a female player, but there is no restriction preventing all three team hits from being made by female players.** Contact of the ball during a blocking action does not count as one of the three team hits. Therefore, after a block, a male player may play the ball back over the net as such a contact would be considered the first team hit. **WPR COED RULES:** 1. Men may only spike behind the 10' line. **4. If the ball is hit more than once, a female MUST make one of the hits.** 5. Teams must play true coed whenever possible (three females, three males). 6. Must have three players to start a game. (1 guy, 2 gals or 2 guys, 1 gal).

36. HONOR CALLS (WPR Rule) These will be accepted as long as they are against the team making the call (i.e. line calls) .

37. Rule 20.1 SPORTSMANLIKE CONDUCT 20.1.1 Participants must know the "Official Volleyball Rules" and abide by them. 20.1.2 Participants must accept referees' decisions with sportsmanlike conduct, without disputing them. In case of doubt, clarification may be requested only through the game

captain. 20.1.3 Participants must refrain from actions or attitudes aimed at influencing the decisions of the referees or covering up faults committed by their team.

38. Rule 21.2 FAIR PLAY 21.2.1 Participants must behave respectfully and courteously in the spirit of FAIR PLAY, not only toward the referees, but also toward other officials, the opponents, teammates and spectators. 21.2.2 Communication between team members during the match is permitted.

39. Rule 21.1 MINOR MISCONDUCT Minor misconduct offenses are not subject to sanctions. It is the first referee's duty to prevent the teams from approaching the sanctioning level by issuing a verbal or hand signal warning to a team member or to the team through the game captain. 11

40. Rule 21.2 MISCONDUCT LEADING TO SANCTIONS Incorrect conduct by a team member toward officials, opponents, teammates or spectators is classified in three categories according to the seriousness of the offense. 21.2.1 Rude Conduct: acting contrary to good manners or moral principles or any action expressing contempt. 21.2.2 Offensive conduct: defamatory or insulting words or gestures. 21.2.3 Aggression: physical attack or aggressive or threatening behavior.

41. Rule 21.3 SANCTION SCALE 21.3.1 Penalty: For rude conduct, the team is penalized with a point and service to the opponent. 21.3.2 Expulsion: 22.3.2.1 A team member who is sanctioned by expulsion shall not play for the rest of the set and must remain seated in the penalty area with no other consequences. 22.3.2.2 The first offensive conduct by a team member is sanctioned by expulsion with no other consequences. 22.3.2.3 The second rude conduct in the same match by the same team member is sanctioned by expulsion with no other consequences. 21.3.3 Disqualification 21.3.3.1 A team member who is sanctioned by disqualification must leave the competition for the rest of the match. (WPR Rule: The participant will have 3 minutes to leave the gym). 21.3.3.2 The first aggression is sanctioned by disqualification with no other consequences. 21.3.3.3 The second offensive conduct in the same match by the same team member is sanctioned by disqualification with no other consequences. 21.3.3.4 The third rude conduct in the same match by the same team member is sanctioned by disqualification with no other consequences.

42. Rule 21.4 APPLICATION OF MISCONDUCT SANCTIONS 21.4.1 All misconduct sanctions are individual sanctions, remain in force for the entire match and are recorded on the scoresheet. 21.4.2 The repetition of misconduct by the same team member in the same match is sanctioned progressively. USA 22.4 A warning does not need to precede a penalty for rude conduct. 21.4.3 Expulsion or disqualification due to offensive conduct or aggression does not require a previous sanction.

43. Rule 21.5 MISCONDUCT BEFORE AND BETWEEN SETS Any misconduct occurring before or between sets is sanctioned according to Rule 22.3 and sanctions apply in the following set. BPRD Rule: Any misconduct occurring after the match may be sanctioned the following week.

44. Rule 21.6 SANCTION CARDS Warning verbal or hand signal only Penalty yellow card Expulsion red card Disqualification yellow + red card jointly.

45. CHILDREN: 1. If an official must stop play due to a child's action, the official may sanction the team whose player is responsible for the child. If the official has to stop play again because of a child on the same team, the official may request that a player leave the court to monitor the child. This could result in a forfeit if that team does not have enough players to continue. 2. Children **MUST BE SEATED IN THE GYM.** They are not to be running around on the sideline, stage or anywhere in the school.

46. GENERAL RULES: No smoking or alcohol beverages are allowed at the school facilities.