

GRANITE ARCH CLIMBING CENTER

GYM RULES & RECOMMENDATIONS

GENERAL:

- **Everyone participating in any activity conducted on-site at Granite Arch Climbing Center is required to sign a “Release of Liability, Waiver and Assumption of Risk” and check in at front counter.** If you are under 18 years of age, your parent or legal guardian must also sign.
- **Direct adult supervision is required for children under 14 years of age at all times** whether climbing or not.
- Profanity is not appreciated, particularly in the presence of children, and excessive use may result in loss of future access and use of Granite Arch.
- **Climbing under the influence of drugs or alcohol is strictly prohibited.**
- Food and drinks (except water in enclosed plastic or metal bottles) are not allowed in climbing landing areas and Adventure Village.
- No running, playing games or swinging on ropes unless instructed to by a Granite Arch staff as part of a group activity or team building event.
- Shoes must be worn while climbing, bouldering, participating in team building activities or obstacle courses or while playing in Adventure Village.
- Conducting classes or instruction for a fee is not permitted by anyone other than Granite Arch employees or instructors who are authorized to do so.

CLIMBING, BELAYING & BOULDERING:

- All belayers must pass a belay check and be certified to belay by Granite Arch staff prior to belaying.
- It is recommended that belayers weighing less than their climber should be anchored to the floor.
- Belay with approved belay devices only. **Use of mechanically assisted brake devices must be used in strict accordance with the manufacturer’s instructions and recommendations for use.**
- Belayers and climbers must use a commercially manufactured harness designed for climbing in strict accordance with the manufacturer’s instructions and recommendations for use.
- Lead climbers and lead belayers must pass a lead climbing test prior to lead climbing or belaying lead climbers.
- Lead climbers are required to provide their own lead rope acceptable to Granite Arch staff. Notwithstanding Granite Arch approval of a lead rope, **it is the lead climber’s responsibility to determine the worthiness and suitability of the rope they are climbing on.**
- Granite Arch reserves the right to revoke a climber’s belay certification or lead certification, if in GA’s sole opinion the climber or belayer is climbing or belaying in a manner that is endangering themselves or others.
- All climbers must tie in with a figure 8 knot with a follow through and a backup knot unless an alternative tie-in is approved by Granite Arch management.
- It is recommended that all climbers wear helmets while climbing at Granite Arch.
- When bouldering, do not climb above or below other climbers or spectators. Spotters are recommended.
- No climbing onto the top of boulder area walls (also referred to as “topping out”).
- When bouldering or traversing on the top rope walls you must keep your feet below the stenciled “climber” on the walls. If you are unclear on the height restriction or what the stencil mark looks like, please see a staff member.

USE OF CHALK:

- Please minimize the release of chalk into to air or spilling onto the floor and belay areas.
- **We highly recommend the use of a chalk ball or sock kept in a chalk bag.** Loose chalk is strongly discouraged.
- Granite Arch does not rent chalk bags to children under 14 years of age.

The staff at Granite Arch Climbing Center reserves the right to restrict or deny access to anyone who in the staffs opinion violates any of these rules or climbs in a reckless manner which endangers themselves or others.