

mha Mental Health Association of Orange County

Presents

26th Annual

Meeting of the Minds

Mental Health Conference

“Creating a Community of Wellness”

Thursday, May 7, 2020

8:00 a.m. – 5:00 p.m.

Anaheim Marriott Hotel

700 W. Convention Way

Anaheim, CA 92802

Objectives:

- Bring together the full spectrum of the mental health community of Orange County
- Raise awareness, enhance skills, increase cultural sensitivity and reduce stigma
- Share information, strengthen existing relationships, network and develop new alliances
- Improve patient care and quality of life for those impacted by mental illness

Who Should Attend: Mental health professionals, medical professionals, RNs, community agency staff, consumers and families, educators, religious leaders, volunteers, drug and alcohol counselors, residential care facility staff, community advocates, private practitioners, law enforcement, emergency medical personnel, public health providers, elected officials, and all!

Features:

Showcase of community resources
Networking luncheon
Keynote Presentation
36 workshops to update your knowledge and skills
Five Continuing Education Hours:
Ph.D., Psy.D., LMFT, LCSW, RN, CAAE

FREE PARKING

Mental Health Association of Orange County

1971 E. 4th Street, Suite 130A

Santa Ana, CA 92705

(714) 547-7559

www.mhaoc.org

Map of Marriott Here

Schedule of Events

7:00 am	Exhibitor Registration
8:00 am	General Registration Begins Continuing Education Sign-In Resource Fair and Consumer Art Show Opens
9:00 am – 10:15 am	Workshops 1-8
10:30 am – 11:45 am	Workshops 9-16
Noon – 1:30 pm	Networking Luncheon with Keynote Presentation
1:30 pm – 2:15 pm	Visit Resource Fair and Consumer Art Show
2:15 pm – 3:30 pm	Workshops 17 – 24
3:45 pm – 5:00 pm	Workshops 25 – 32
5:00 pm – 5:30 pm	Continuing Education Sign-Out

Luncheon Keynote Presentation by Dr. Jennifer DeFeo



Dr. Jennifer DeFeo, a native New Yorker, is a California licensed psychologist, a Distinguished Professor of Psychology, and is a Chief Warrant Officer for the California Army National Guard. In this position, Dr. DeFeo currently oversees the counseling department at Sunburst Youth Academy, a quasi-military program, that serves 16 to 18 year old at-risk high school students to equip them with the values, life skills, education and self-discipline to succeed as productive citizens.

Dr. DeFeo has an inspiring story of overcoming obstacles and is a testament that people should never be defined by a diagnosis. When in high school, Dr. DeFeo's guidance counselor told her she wasn't college material and after doing a career "test" it was suggested she attend a trade school and pursue a career as a bus driver. Not willing to let someone else write her narrative, she set off to college and has the academic success to prove the guidance counselor wrong! While she was only just recently diagnosed with ADHD, Dr. DeFeo has two Bachelor's Degrees, graduated with her Master's Degree in Clinical Psychology (Marriage and Family Therapy) from Antioch University, Santa Barbara in 2002 and received a Doctorate of Philosophy in Clinical Psychology, with a Health Track, from the California School of Professional Psychology (Alliant) in 2008. She is currently pursuing a dual Master's of Divinity and Theology at the Franciscan School of Theology.

Dr. DeFeo has specialized in working with the severely mentally-ill populations in both inpatient and outpatient care, as well as in the New York State psychiatric hospital system, and multiple forensic settings. Dr. DeFeo's specialty additionally extends to religious spirituality, life transitions, and those struggling with depression and anxiety, Obsessive Compulsive Disorder (OCD) and ADHD. Dr. DeFeo has spoken at over hundreds of conferences both nationally and internationally in cities such as New York, Rome, Buenos Aires, and most recently traveled across the country, conducting seminars which focused on educating physicians, nurses, physical therapists, etc. about psychopharmacology and other mental-health subjects, thus helping to bridge the gap between general medicine and psychology.

Dr. DeFeo also has a private practice in Aliso Viejo, California.

Workshops 1 – 9
9:00 am – 10:15 am

Workshop 1: Salon A/B

De-escalation Best Practices for Law Enforcement

Compassionate policing of those with mental illness is possible. This training will cover how to balance compassion with officer safety and how to respond appropriately in a variety of situations involving a person in crisis. Conflict resolution, active listening and de-escalation techniques will be discussed. Presenters will explain the fight/flight stress response in humans and how to overcome it.

Presenters: Chief Charlie Celano (Ret.), and Commander Josef Levy (Ret.), Embassy Consulting Services

Workshop 2: Salon C/D

Treating Hoarding Disorder

This presentation will provide an overview of Hoarding Disorder and discuss best practices for working with clients exhibiting hoarding behavior. New research on Cognitive Behavioral Therapy and sorting techniques for treating hoarding behaviors and mental health needs will be presented.

Presenter: Rosemary Nielsen, LCSW, Orange County Task Force on Hoarding

Workshop 3: Ballroom E

Managing Mental Health Challenges in the College Setting

Presenter will discuss the five most common mental health challenges in the college setting and the most effective strategies for treatment. She will explain the common traits of Millennials and Generation Z. Presenter will also discuss a mobile application that can be useful in supporting clients between session work.

Presenter: Debbie Hutchinson, Psy.D., LMFT, Irvine Valley College Counseling Center

Workshop 4: Ballroom F

Personality Assessments: Enrichments to Therapeutic Work

This workshop will define “personality,” explain the construct of personality, and discuss how understanding personality can be linked to supporting diagnosis. Presenter will provide an overview of comprehensive personality assessment, including objective and projective assessments, and explain objective diagnostic measures vs. projective personality measures.

Presenter: Darcey Johnston, Psy.D., Norooz Clinic

Workshop 5: Salon G/H

LGBTQ: What Providers Need to Know

This workshop will provide an overview of common sexual orientations in the LGBTQ community, as well as LGBTQ terminologies. He will explain the difference between sex, sexual orientation, gender identity, and gender expression. The coming out process will be discussed, including strategies to create affirmative spaces for LGBTQ individuals. An overview of health disparities found within the LGBTQ community will also be provided.

Presenter: Hieu Nguyen, LCSW, Be Well OC

Workshop 6: Salon J/K

Be Well OC

This presentation will explain the vision and history of the Be Well OC movement and the Collective Impact Model in system governance. The six outcome pillars identified as key elements of the movement will be discussed, as well as progress made and barriers faced during the first phase of the program’s implementation.

Presenters: Clayton Chau, M.D., Ph.D., and Marshall Moncrief, LMFT, Be Well OC and Jeffrey Nagel, Ph.D., Behavioral Health Director, OC Healthcare Agency

Workshop 7: Orange County Ballroom 1/2

Recovery Lives: Consumer Panel

Panelists who have lived experience will discuss struggles associated with mental illness. They will share about their recovery journey, and offer information about the steps and tools they have found most helpful for progress. There will be a time for questions and answers.

Presenters: Panel of Consumer Members from Wellness Center Central

Workshop 8: Orange County Ballroom 3/4

Navigating the Help That’s Out There

211 Orange County runs a comprehensive information and referral system and provides a resource database of health and human services support, accessible 24 hours a day, 7 days a week, online and through their multi-lingual hotline. This presentation will provide an overview of available resources, including CalFresh and 211RIDE, and will explain how they can help connect people with critical assistance.

Presenters: Amanda Cesneros and Nancy Gonzalez, 211 Orange County

Workshops 10 – 18

10:30 am – 11:45 am

Workshop 9: Salon A/B

Suicide By Cop: Protocols and Training

This workshop will discuss “Suicide by Cop” incidents, will provide an overview of protocols for law enforcement officer response, and will explain what can be done in the field to optimize response and outcome of “Suicide by Cop” incidents.

Presenters: Andy Gulcher, California State Investigator and Lt. Darrell Belthius, Los Angeles Police Department (Ret.)

Workshop 10: Salon C/D

U.S. Military and Veteran Culture: Equipping Service Providers

Presenter will explain three significant military/veteran cultural values and five barriers that impact veterans’ reception to supportive services. The workshop will explore the commonly observed clinical diagnoses and mental health challenges when serving the veteran community, and how to incorporate key phrases to enhance the development of rapport when working to link veterans with supportive services. The criteria for military-related PTSD and Traumatic Brain Injury will also be covered.

Presenter: Miatta R. Snetter, Psy.D., US Vets Inc.

Workshop 11: Ballroom E

Eating Disorders: Understanding the Most Life-Threatening Mental Health Diagnosis

Attendees will learn about the diagnostic criteria for Anorexia, Bulimia and Binge Eating Disorder. Underlying causes for eating disorders will be discussed, best practices for treating eating disorders (including when a higher level of care than outpatient therapy/counseling), and how to develop treatment goals when working with eating disorder patients.

Presenter: Juli Agajanian, LMFT, CEDS-S, Center for Discovery

Workshop 12: Ballroom F

The Use of Transcranial Magnetic Stimulation (TMS) for Treating Depression

Transcranial Magnetic Stimulation is a form of neuromodulation that uses high powered magnetic pulses to stimulate regions of the brain known to be underactive in depression. This presentation will explain how TMS works in the brain, what a typical course of treatment is like, the efficacy rates that are observed, and the pros and cons of treatment. Where this modality fits into the treatment algorithm will be addressed. Lastly, other disease states that can be treated with TMS will be discussed, as well as future applications.

Presenter: Todd Hutton, M.D., Medical Director, Southern California TMS Center

Workshop 13: Salon G/H

What Clinicians Need to Know about Alzheimer’s and Other Dementias

This workshop will provide facts and stats about the aging population and Alzheimer’s Disease. An umbrella overview of Dementia will be presented as well as possible early dementia or mild cognitive impairment. Types and prevalence of subtypes of dementias will be discussed and will tips for working with aging clients and family members will be provided, including communication skills and strategies.

Presenter: Nikki Barrett, LCSW, Alzheimer’s OC

Workshop 14: Salon J/K

The Orange County Mental Health Board: Listening Session

This listening session will allow providers, consumers and other stakeholders to speak to the Mental Health Board on issues related to mental health. Attendees will be invited to make suggestions and comments and to communicate criticisms.

Presenters: Members of the Mental Health Board

Workshop 15: Orange County Ballroom 1/2

Overdose Prevention, Recognition and Response Training

This workshop will provide an overview of the Solace Foundation’s background and work. It will provide overdose statistics and information on the current Fentanyl crisis. Presenter will explain what puts people at risk of an overdose, how to respond to an overdose, the use of Narcan (Naloxone), and aftercare following an overdose. Information on AB 635 – The Overdose Treatment Act will also be presented.

Presenter: Aimee Dunkle, Solace Foundation

Workshop 16: Orange County Ballroom 3/4

Planning for the Future: Psychiatric Advanced Directives for Consumers and Families

This presentation will explain why more consumers, when they are doing well, are developing Psychiatric Advanced Directives (PAD) to be able to make treatment decisions in case they are hospitalized in the future and will discuss appointing a Healthcare Agent. This is not a legal workshop but will offer practical advice when considering developing a PAD.

Presenter: Melody Marler, Mental Health Advocate

Workshops 19 – 27

2:15 pm – 3:30 pm

Workshop 17: Salon A/B

Recognizing and Responding to People with Dementia

Presenter will provide basic fundamentals of Dementia (prevalence in the community and normal age-related changes versus signs of cognitive impairment). She will provide communication techniques for first responders to employ with people who have suspected cognitive impairment. Examples of common encounters with LEO and people with dementia in the community (videos) followed by discussion of encounters (e.g., traffic stop, distressed person in the home, wandering).

Presenter: Melissa Klaeb, DPT, Alzheimer's OC

Workshop 18: Salon C/D

Videogame, Social Media and Technology Dependence 2020: Assessment, Treatment and Prevention

This presentation will discuss how the overuse of technology can result in a form of behavioral addiction with serious consequences, including co-occurring mental illnesses. It will also describe a model of dependency and addiction that informs treatment methods. Drawing on almost 20 years of experience treating these disorders, presenter will share his treatment method with case studies and discuss proposed prevention methods.

Presenter: Kenneth Woog, Psy.D.

Workshop 19: Ballroom E

Born and Raised in a Cult and Transitioning to a New Reality

Presenter will discuss her lived experience in a cult and will explain the various methods of control and manipulation used by cult leaders. She will explain the therapeutic needs of cult survivors as they adjust to life outside of the cult.

Presenter: Debby Shriver, speaker and author of *Whispering in the Daylight*

Workshop 20: Ballroom F

Working with Clients Experiencing Psychotic Episodes

Presenters will discuss the definition of psychosis and what behaviors are associated with psychosis. Participants will learn ways to speak to someone experiencing psychosis and what medications are commonly used to treat patients experiencing psychosis.

Presenters: Rimal Bera, M.D., Andrew Kami, Ph.D., Michelle De La Garza, Psy.D., The John Henry Foundation

Workshop 21: Salon G/H

Anger Management in the Real World

Presenter will cover some theories addressing the causes of anger found in and out of the therapeutic setting and will offer effective treatment and survivability approaches to clients' and others' anger. Issues of psychological and physiological responses to anger will be addressed. The therapist's reactions to the angry client will be reviewed in the context of the therapeutic setting. Issues of therapist safety, respect, and trust will also be covered.

Presenter: MarcAndre' Bock, Ph.D.

Workshop 22: Salon J/K

Using People Power to Transform the Culture of Mental Health

During this workshop attendees will learn about a proposed public health model that engages all members of our community in behavioral health care and why engaging all stakeholders is critical to getting individuals to services and maintaining recovery.

Presenters: Matt Holzmann and Steve Pitman, NAMI-OC

Workshop 23: Orange County Ballroom 1/2

Resilience and Recovery: PTSD/Grief/Trauma

A panel of consumers will discuss their lived experience with grief, trauma and PTSD and how their symptoms have manifested themselves. They will share their stories of triumph over pain, their resilience as survivors and how they are giving back, sharing their hopefulness and positivity with others.

Presenters: Panel of Consumer Members from Telecare

Workshop 24: Orange County Ballroom 3/4

Enhanced Recovery via Participation in the Mountain Respite Camp

This presentation will consist of a panel of Mountain Respite Camp staff and volunteer/campers, describing the Mountain Respite Camp history, activities, and personal anecdotal benefits of participation. Additionally, a brief video will be shown of camper/volunteers describing their experiences at camp and the direct beneficial results of camp participation on their mental health recovery. There will be ample opportunity for audience members to ask questions of panel members.

Presenters: Shannon Peterson, Madeline Leon, Andrew Fahmy, Anna Marie Wood, Sonia Inns, Lucrecia Tellez

Workshops 28 – 36

3:45 pm – 5:00 pm

Workshop 25: Salon A/B

Street Drug Trends

Attendees will learn the signs and symptomology of drug use (illicit and pharmaceutical), the most common methods of ingestion, and recent drug trends in Orange County.

Presenters: Sgt. Trevor Cullen and Officer Tyler Raabe, Orange Police Department

Workshop 26: Salon C/D

Beyond the Stigma of Mental Illness

This workshop will discuss definitions of mental illness stigma (societal and self-stigma) and the impact of stigma, including discrimination, and how clients can cope with stigma. Presenter will discuss research that describes how self-disclosing one's mental illness can help to eliminate stigma in our community, as well as how the media's portrayal of people living successfully with a mental health diagnosis can impact stigma elimination.

Presenter: Patricia Hikida, LMFT, JD

Workshop 27: Ballroom E

Treating Trauma and Grief Through the Lens of Attachment with EMDR Therapy

This presentation will address the affect grief and trauma can have on individuals, and the difference between grief and mourning. She will explain the mediators that complicate resolution of grief, trauma and mourning and how EMDR is used in treatment. She will provide an overview of models of grief, the AIP model of EMDR, "R" Process (Rando), continuing Bonds (Klaus).

Presenter: Deborah Silveria, Ph.D.

Workshop 28: Ballroom F

Domestic Violence: Breaking the Cycle

1 in 3 women and 1 in 4 men in the United States have experienced some form of physical violence by an intimate partner. The rates are even higher for verbal and emotional violence. This presentation will provide a general overview of domestic violence including the cycle of violence and forms of abuse. Presenters will also discuss how supportive services including shelter, therapy, education, case management, and legal advocacy can help break the cycle.

Presenter: Human Options

Workshop 29: Salon G/H

From Pain to Peace: When We Finally Stop Running from the Wound

Have you ever felt down, sad and depressed when you think about things that happened in your past? Have you ever felt anxious, worried and afraid about things that could possibly happen in the future? Do you bounce back and forth between feeling depressed and anxious, when all you want to do is make healthy decisions in the present moment? This workshop will discuss how to find personal freedom when you stop running from your wounds.

Presenter: Alan Heide, LMFT, Lido Wellness Center

Workshop 30: Salon J/K

Ending Homelessness: Orange County's Progress

A panel of homeless providers in Orange County will explain best practice solutions to ending homelessness, including the Housing First model and how target populations of veterans and homeless families are being prioritized. Ongoing projects, collaborations and initiatives to move individuals experiencing homelessness into permanent housing will be discussed.

Presenters: Helen Cameron, Jamboree, Natalie A. Bui, MSW, LCSW, Veterans Administration, Paul Duncan, Continuum of Care Manager, County of Orange, Madelyn Hirneice, CEO, Families Forward

Workshop 31: Orange County Ballroom 1/2

Mental Health and Mindfulness

Anxiety is the most common mental illness in the U.S., affecting an estimated 40 million adults. Identifying the various symptoms/triggers of both anxiety and stress allows individuals to be better equipped at managing the onset of symptoms. Mindfulness has proven to show results to help individuals cope with life's day to day challenges. The workshop will cover and demonstrate mindfulness exercises and techniques that can be implemented any time.

Presenter: Shivani Hiralal, NAMI-OC

Workshop 32: Orange County Ballroom 3/4

How to Keep Your Brain Healthy and Lower Risk of Cognitive Decline

This presentation will focus on preventing cognitive decline by explaining the risks and threats to brain and cognitive health. Attendees will learn about the 6 pillars of brain health and how they contribute to overall brain and heart health, and what they can do to protect their brain and lower their risk of cognitive decline.

Presenter: Araksi Kirakosyan, MPH, CHES, Alzheimer's OC

Meeting of the Minds, May 7, 2020

Exhibitor/Sponsor Registration

(Print or type)

Exhibitor/Underwriter Name: _____

Address: _____ City: _____ State: ____ Zipcode: _____

Telephone: _____ Email: _____

Names of Attendees: _____

All Exhibitor/Sponsor Registrations include:

Exhibit space at Showcase of Community Resources (6 ft. table, 2 chairs), organization name placard, recognition in program, and listed on recognition board at the event. Admission for number of persons specified below, including all workshops, catered networking luncheon, keynote presentation, validated parking, and CEU processing fees.

Please check appropriate box for your level of support:

- \$10,000 Titanium Sponsor:** Featured as chief sponsor in event program and in all media for the event. Program acknowledgement on front cover and full-page inside. Noted on MHA web site through 2020. Preferred booth location in high-traffic corridor. Admission and preferred luncheon seating for 20. One room at the hotel the night before the conference.
- \$5,000 Platinum Sponsor:** Featured as chief sponsor in event program and in all media for the event. Program acknowledgement on front cover and full page inside. Noted on MHA web site through 2020. Admission for 12
- \$2,500 Gold Sponsor:** Featured as supporting sponsor in event program and in all media for the event. Program acknowledgement on front cover and half-page inside. Noted on MHA web site through 2020. Admission for 8
- \$1,000 Silver Sponsor:** Featured as supporting sponsor in event program and in all media for the event. Program acknowledgement on quarter page inside. Noted on MHA web site through 2020. Admission for 5
- \$500 Bronze Sponsor:** Featured as supporting sponsor in event program and in all media for the event. Program acknowledgement on business card size ad. Noted on MHA website through 2020. Admission for 3
- \$375 Friend:** Includes supporting sponsor recognition in program plus admission for 2
- \$275 Non-profit Agency:** Includes category recognition in program plus admission for 2

Number of persons who will attend the luncheon: _____ Number of Vegetarian meals: ____ (circle names above)

EXHIBITOR REGISTRATION DEADLINE: Friday, April 24, 2020

Program Acknowledgements:

Digital artwork must be submitted to MHA as a **JPEG or PNG** file by **April 24, 2020. No PDFs please.** Email to Presnall@mhaoc.org

Additional/Optional Program Acknowledgement Space, to publicize your agency services or business and to support this conference:

_____ **\$500 Full page (8"x10½")** _____ **\$250 Half page (4"x10½")** _____ **\$125 Quarter page (4"x5¼")** _____ **\$50 Business Card (3"x2½")**

\$ _____ Total amount enclosed, payable to MHA. Please do not send cash.

Credit Card Authorization: _____ Visa _____ Mastercard _____ American Express

Credit Card # _____ Expiration Date _____

Print Name on Card _____ Authorized Signature _____

- Mail form and check to MHA, 1971 E. 4th Street, Suite 130A, Santa Ana, CA 92705
- Email form with credit authorization to presnall@mhaoc.org
- Fax form (secure E-fax) with credit authorization to 714-640-5767

mha Meeting of the Minds
May 7, 2020
Individual Registration (*Please type or print clearly*)

Name: _____ Title: _____

Address: _____

Phone: _____ Email: _____

The Small Print: Conference cancellations must be in writing and faxed or post-marked by April 15 to be eligible for a refund less a \$20 non-refundable processing fee. Cancellations after May 1st and no-shows, are not eligible for any refund or credit; and your tuition will be considered a tax-deductible donation to MHA. (IRS TAX ID # 95-2036972). Workshop admission is on space-available basis, so arrive early.

Registration deadline is April 27, 2020 No walk-ins will be accepted

Select One: The Sooner You Register, the More You Save!

- Individual Registration: \$145 (through March 29) \$170 (March 30 – April 27)**
Includes: admission to all workshops, showcase of community resources, catered networking luncheon, keynote presentation, validated parking
- Senior Registration (Age 64+): \$110 (through March 29) \$125 (March 30 – April 27)**
Includes everything under individual registration
- Student Registration: \$90 (through March 29) \$110 (March 30 – April 27)**
Includes everything under individual registration
- Agency Sponsored Mental Health Consumer Attendance: \$60 (through March 29) \$85 (March 30 – April 27)**
If you are an agency and you are paying for a client to attend, you must pay this registration fee. No exceptions.
- Mental Health Consumer Registration: \$25 (through April 27)**
By signing below, I am certifying that I am low income and requesting a discounted registration fee.

Signed: _____

Continuing Education Units: \$25 Please indicate type of credit you are requesting: _____

Five hours of continuing education for the following:

Ph.D., Psy.D., LMFT, LCSW, RN, CAADE for five contact hours. OC Health Care Agency is an approved provider of continuing education credits by the California Board of Behavioral Sciences for Ph.D., Psy.D., MFT, LCSW and by the California Board of Registered Nursing for RNs. MHA is an approved provider of CAADE continuing education units.

*Attendees must **sign-in and sign-out** at CE table to meet criteria for certification.*

OPTIONS:

- Complimentary Luncheon:** YES! I will attend the luncheon at no additional charge.
- I am requesting a vegetarian meal**
- Business Card: \$50 per card** (Submission Deadline: **April 24, 2020**)
Features publication of your business card in conference program that can be helpful in acquainting the Orange County Mental Health community with your practice of specialty. If possible, please submit by email as a **JPEG or PNG** file.
For larger advertisements in the program, see exhibitor/underwriter registration on next page.

Total amount enclosed payable to MHA \$ _____ *Please do not send cash*

Credit Card Authorization: _____ Visa _____ Mastercard _____ American Express

Credit Card #: _____ Expiration Date: _____

Print Name on Card: _____ Signature: _____

Credit Card Registration: *email* this registration form with credit card information to: presnall@mhaoc.org

Secure e-fax the registration form with credit authorization to: (714) 640-5767

register online: www.mhaoc.org/events

Registration by Mail: *mail* registration form with payment to: MHA, 1971 E. 4th Street, Suite 130A, Santa Ana, CA 92705

Call 714-547-7559 with any questions

MHA thanks our 2019 Meeting of the Minds Conference sponsors for their generosity and participation

Showcase of Community Resources

(partial listing of 2019 sponsors and exhibitors)

Platinum Sponsors

Brand New Day
Kaiser Permanente

Gold Sponsors

Pathways Community Services
TEVA Pharmaceuticals

Silver Sponsors

CalOptima
College Hospital
Jamboree
Nhan Hoa Health Center
Orange County Task Force on Hoarding
St. Joseph Hospital
Sunovion

Bronze Sponsors

Beacon Health Options
BMD Rescare/Lucy Brimbuela
Hoarder Homes
Independence at Home
NAMI Orange County
Ocean View Psychiatric Hospital
OPTIONS Outpatient Program
Sea Crest Home Health & Hospice
Southern California TMS Center
Vitas Healthcare

Friends

AAA Hoarding & BioHazard Removal
College Community Services Adult Programs
College Community Services/Independent Living Skills
College Community Services/Wellness Center Central
H.O.P.E. Center

Exhibitors

Alzheimer's Orange County
Behavioral Health Boards: MHB/ADAB
Cambodian Family
Child Abuse Prevention Center
Children's Bureau
Council on Aging – Orange County
Depression & Bipolar Support Alliance – OC
Depression & Bipolar Support Alliance – South OC
Didi Hirsch Mental Health Services
DoTerra Essential Oils/Julie Taylor
Family Assistance Ministries
Helping the Behaviorally Challenging Child
Jewish Federation & Family Services
Mental Health Association of Orange County
Mind & Memory Program at Mission Hospital
Mountain Respite Camp

Multi-Ethnic Collaborative of Community Agencies (MECCA)
NAPAFASA
National Association of Social Workers – CA Chapter
Norooz Clinic Foundation
OCHCA Behavioral Health
Orange County Psychiatric Society
Orange Police Department
Overeaters Anonymous
Patients' Rights Advocacy Services
Recovery Education Institute
Recovery International
Scan Health Plan
Self Connect therapy tool, by Empowered Culture
The John Henry Foundation
Western Youth Services
WISE PLACE

ARTIST / WRITERS ART SHOW APPLICATION

mha Meeting of the Minds, May 7, 2020 at Anaheim Marriott Hotel

Open to Mental Health Consumers in Orange County – Registration deadline is April 27, 2020

PLEASE COMPLETE SECTION 1 through 2 or 3 and 4 and 5 (Please type or print clearly)

1. CONTACT INFORMATION

Name (Artist)	Organization	Telephone	Email
Address (Street) (City) (Zip)			

2. I AM ATTENDING

SEND: (1) Completed Artist/Writers Art Show application, (2) Completed MOM individual registration form checking "Mental Health Consumer Registration," (3) One page writing entry for writing display (if appropriate) & (4) \$25.00 consumer registration fee for admittance to conference and luncheon

I AM REQUESTING AN ARTIST/WRITERS SCHOLARSHIP. SEND: (1) Completed Artist/Writers Art Show Application with box to the left checked, (2) Completed MOM individual registration checking Consumer Registration (3) One page writing entry (if appropriate) & (4) \$15.00 (\$10 discount).

My conference fee is paid being by _____

3. I AM UNABLE TO ATTEND AND WISH TO HAVE A REPRESENTATIVE BRING MY ART

SEND: Artist/Writers Art Show application with representative's information on the application
Representative will send completed individual registration and appropriate fee for conference and luncheon

Name (Representative)	Organization	Telephone	Email
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4. LIST ARTWORK / WRITING FOR EXHIBIT: Frames & canvas need to be wired to hang One entry per category – Limited space – Applications accepted in order received.

Category I ART: (not limited to) Paintings & Drawings (all media) - Prints (Woodcut, Lithograph etc.)
Mixed Media - Graphic Designs-Photography - Prints of Your Original Work

ART: ONE FRAMED or CANVAS ENTRY ONLY OR SINGLE 20" x 32" DISPLAY BOARD (provided for unframed work)

Title	(required) Media	Media Surface	(required) height X width	Framed
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Category II HANGING ARTISANS CRAFTS: (not limited to) origami, hanging wood or glass art, jewelry, knitting, needle work, sewing, canvas shoes

HANGING ARTISANS CRAFTS: My Craft will be FRAMED or in a SHADOW BOX (wired and ready to hang)

I need 20" x 32" foamboard provided (Crafts will be attached to foamboard with clips, pins or velcro)

Title	Process and Materials Used	(required) height X width X depth
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Category III WRITING: (not limited to) poetry, inspirational thoughts, life story, remembrances, song verse

WRITING – UNLIMITED NUMBER of WORDS on ONE 8½" by 11" SHEET OF PAPER (SUGESTED 14 FONT)

Title(s) (if appropriate)

My artwork may be used in mha flyers yes no

5. MAIL TO: (PLEASE DO NOT SEND CASH)

Art Show Coordinator MHA
1971 E. 4th Street, Suite 130A
Santa Ana, CA 92705

**CUT ON DASH
LINE & KEEP
BOTTOM
PORTION FOR
YOUR RECORDS**

You are responsible for your art work. If you are concerned about theft or damage make arrangements for you and/or someone to stay with your art work when it is on display. Marriott and the organizers or persons associated with "Meeting of the Minds" are not responsible for any theft or damage to your work.

- o Anaheim Marriott Hotel 700 W. Convention Way, Anaheim (off Harbor between Chapman & Katella) (714) 750-8000
- o You or your representative must set up your art work. 7 a.m. to 8 a.m. **May 7, 2020**
- o Artwork that is offered for sale must have the price set by you. You and/or your representative are responsible for all sales and must be prepared to handle all monies/receipts for any transaction

If you have questions or need help, contact Judy Adams by email at judyannadams@live.com

mha

Mental Health Association of Orange County
1971 E. 4th Street, Suite 130A
Santa Ana, CA 92705

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Permit No. 6043
Santa Ana, CA

26th Annual



Thursday, May 7, 2020

Anaheim Marriott Hotel
Anaheim, CA

Registration Information Enclosed

5 Continuing Education Hours

Meeting of the Minds Committee 2020

Margaret Riley, Committee Chair

MHA Board of Directors

Judy Ann Adams

Community Volunteer

Mindy Andrews

John Henry Foundation

Lucy Brimbuela

BMD Rescare

David Calloway

Telecare

Helen Cameron

Jamboree

Ryan Dedmon

Criminal Justice Training Center

Carla DiCandida

Ocean View Psychiatric Hospital

Dennis Ewing, R.N.

Royale Mission Viejo

Andrew Fahmey

MECCA

Sohail Eftekhazadeh

Wellness Center Central

Raul Fernandez

MHA

Matt Holzmam

Mental Health Board

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KC Pickering, Psy.D.

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Telecare

Pam Reed Presnall

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