



## HYBA Basketball Rules Summary (Revised 2019)

1. HYBA Follows the Nation Federation of State High School Association (NFHS) Basketball Rules, with the following HYBA specific rules exceptions:
2. Playing Time....There will be (4) 10 minute quarters or (2) twenty minute halves in each game with a running clock that only stops on time outs and last minute of each half.
3. Time outs shall be 2 per game and do not carry over in the overtime period if overtime is required.
4. Overtime shall consist of a one minute period with a stop clock. Each team shall get one time out for the first overtime period and no time outs in an subsequent overtime periods.  
There will be not sudden death periods.
5. Ball sizes shall be: All girl's games shall be played with the 28.5" circumference ball. Boys games 6<sup>th</sup> grade or below shall use the 28.5". All boy's grades above 6<sup>th</sup> grade shall use the 29.5" ball.
6. Fouls: Once a player is charged with their 5<sup>th</sup> foul they are disqualified and must return to the bench the remainder of the game.
7. Free throws: No one and one shooting fouls. Upon the tenth team foul two shots will be awarded. Shooting fouls are awarded two shots.
8. Technical fouls will follow the NFHS rule of two shots and the ball awarded to the shooting team at mid court. The clock shall run during technical fouls unless it occurs in the last minute of the first or second half. Then the clock will follow the playing time rule above.
9. Defenses: All defenses are allowed except there will be no back court pressing in the first, second and third grade leagues. Any team leading by 15 or more points must not play back court defense. Teams will be given will be given two verbal warnings and after that will be assessed a technical foul for each violation.
10. Player and team equipment: All players must be in compliance with NFHS appropriate equipment. No exceptions. HYBA will provide a game jersey to be worn during the game.
11. Playing time and players allowed: Each player (registered individually) must play a minimum or the equivalent of two quarters or  $\frac{1}{2}$  half the game unless prevented from doing so by injury. When teams enter the program the amount of playing time will be determined by their coach. A team is allowed to pick up other HYBA registered players of the same age group to fill out their lineups in order to play a game. A team is allowed to start with 4 players. The game can be played 4 on 4. This is a minimum of players allowed. FORFEIT TIME: If a team does not have 4 players after 10 minutes from their regular start time then the game will be a forfeit. Teams may use the gym time to practice until 10 minutes before the next start.
12. First and Second grade leagues will not keep score. First and Second grade leagues will play on lower baskets per the description of the Commissioner. First, Second and Third grades shall not play zone defense.
13. ZERO TOLERANCE: There is a zero tolerance on fighting, use of abusive language directed toward any player, officials and or coaches before, during or after the game. Any unsportsmanlike conduct will not be tolerated!! Any player, coach, parent or fan violating this policy, at the sole discretion of HYBA , shall be suspended and or barred from the HYBA basketball program without warning and without refund!!
14. A team coach, at least 25 years old, must be present at every game. Games can NOT be played without a adult coach present.