

AcroFit Aerial Fitness - October 2020 Covid 19 Schedule

Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday																																																											
Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3																																																									
Studio Opens @ 3:15pm			Studio Opens @ 4:15pm			Studio Opens @ 3:15pm			Studio Opens @ 3:45pm			Studio Opens @ 4:45pm			Studio Opens @ 9:45am			Studio Opens @ 11:45am																																																											
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Class Legend

AcroFIT
 Adult (18yrs +)
 Weekly Drop - In Classes

AcroFIT Jr. Semester Classes
 (Beg/Inter)
 September 2020 - June 2021

Auditions are required for Dynamic Classes. Please contact the studio to set up an audition time.

Dynamic
 Beginner Contortion
 September 2020 - June 2021

Dynamic
 Intermediate/Advance
 September 2020 - June 2021