

COMPLIMENTARY CEU EVENT

Compassion Fatigue

The Cost of Caring

“ The expectation that we can be immersed in suffering and loss daily and not be touched by it is as unrealistic as expecting to be able to walk through water without getting wet. ”
Remen, 1996

DATE:

TIME:

LOCATION:

1 HOUR OF CONTINUING EDUCATION CREDIT OFFERED

Working with individuals who have undergone traumatic events can have an immediate and/or cumulative impact on the responder. The resulting impact affects professional and personal performance and relationships at all levels.

This complimentary one hour continuing education credit seminar will help you recognize your individual response pattern as well as the reactive behaviors of others. You can then use our self-inventory to assess your level of compassion fatigue and then take steps to create immunity.

Joy Fragola –Director Professional Outreach, MS Psychology – over 15 years experience working with grieving families, coroner offices, funeral homes, and hospital staff. Extensive experience creating leadership and training workshops for national companies and coaching individuals for performance improvement plans.

- Define Compassion Fatigue
- Who is affected?
- Risk Factors
- Description of Effects
- Symptoms
- Personal Awareness
- Creating Immunity



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