

Highlights

- Sandy Ashendorf, EVP of Content Distribution at EPIX joined us on September 6 to talk about Women in Film. She shared these statistics with us about the number of women working in the film industry:
 Women Producers - 20.7%
 Women Screenwriters - 13.2%
 Women Directors - 4.1%
 Women Composers - 1.7%
 Women Nominated for Best Director - 4
 Women Who Won Best Director - 1 (in 88 total nominations)
- To see more about Sandy's talk, visit the blog [here](#).

Upcoming Events

Did you know we film our events? If you aren't able to attend, you can watch them afterwards [here](#)

- **Who:** Meg Whitman, Chief Executive Officer of Hewlett Packard Enterprise
When: November 1st, 2:30 pm to 3:30 pm
Where: Mt. Elbert
 Sign up [here!](#)
- **Who:** Dr. Christine Mann Darden, former researcher and executive at NASA's Langley Research Center
When: November 8th, 12 pm to 1 pm
Where: Mt. Elbert
 Sign up [here!](#)

In The Blog This Month

- "Learning to Lean," by Rachael Kline, discusses how women are faced with the decision to invest heavily in their career, to the detriment of their families, or invest in their families and deal with negative consequences in our careers. In fact, the modern workplace was designed on that model. Despite this, there are things that can be done to make it easier to balance a full life. Read more about that [here](#).

Pro Tip

- "You've got to tell your money what to do or it will leave." – Dave Ramsey

Just So You Know

- Did you know you can view our past events and newsletters on our website? Check out our past events [here](#) and the previous newsletters [here](#).
- Click on the below icon to follow us at LinkedIn



Dish Women's Network

Women and Finance, Part 2

For part one, see our September newsletter [here](#).

Rewriting Your Money Script

For many of us, our ideas and attitudes about money develop at an early age. Parents, teachers and friends share long espoused phrases, like "Money is the root of all evil." We're taught that people are not merely rich, they are "filthy rich." Society teaches us that understanding concepts, like investing, retirement or taxes, is hard or boring. Worse yet, we may get the message that men are better at finance or it is something that may only be interesting to men.

Having the Money Conversation

So, how do we move past these ideas and attitudes? We have to start talking about money and talking about money can be scary for many people. Talking about finances is, typically, considered impolite in Western culture. People will discuss almost any other topic, whether that's marriage, sex, religion or politics, but not money. We can take small steps towards starting that dialogue. We can talk with our spouse or significant other and share fears, goals and plan together with our partner. We can talk with friends in a more casual way. We can ask how much their couch, car, stroller, etc. cost. We can ask what they are doing about investing. Once you start that conversation, you may find that your friends are grateful to have someone else to talk to about their finances. If that still sounds intimidating, you can hire a financial planner to help you understand your finances and set goals. If you do choose to go with a financial planner, you'll want to interview several, ask friends for recommendations and make sure that they are a Certified Financial Planner (CFP).

Finance Ed.

The cliché says that, "Knowledge is power," but what if we rephrased that? What if knowledge was confidence? What if knowledge was freedom? When we're talking about financial knowledge, this is absolutely the case. When that knowledge leads us towards having our finances in order, our world opens up. We can release the anxiety we have about preparing for the future, we can fund various opportunities for ourselves and our children, we can take bigger career risks and we can live our very best lives on our terms, whether that's travel, family, education or donating to charities.

To get you started on your financial education, we've listed several books, podcasts, television shows and blogs where you can start learning more about personal finance. Find a voice that speaks to you, whether it is someone that proposes a debt elimination program or someone who pushes career advancement and side hustles. You may find that you do better with a female perspective, someone who can speak to the impact of finances on family life, career changes, taking care of elderly parents and so on. The majority of the resources listed here feature women specializing in finance. Enjoy!

• Books

- Worth It: Your Life, Your Money, Your Terms, by Amanda Steinberg
- You Are A Bada** At Making Money, by Jen Sincero
- Rich B****, by Nicole Lapin
- Financially Fearless, by Alexa Von Tobel
- The Total Money Makeover, by Dave Ramsey

• TV Shows

- The Suze Orman Show, CNBC
- Money 911 (with David Bach), NBC Today Show
- Clark Howard Show, HLN
- Mad Money (with Jim Cramer), CNBC
- Til Debt Do Us Part (with Gail Vaz-Oxlade), MSNBC

• Podcasts

- So Money with Farnoosh Torabi, by Farnoosh Torabi
- Her Money with Jean Chatzky, by Jean Chatzky
- Millennial Money, by Shannah Compton Game
- Paychecks & Balances, by Rich J. & Marcus G.
- NerdWallet's MoneyFix Podcast, by NerdWallet

• Blogs

- The Broke and Beautiful Life, by Stefanie O'Connell
- Dear Debt, by Melanie Lockert
- Wealthy Single Mommy, by Emma Johnson
- The Financial Diet, by Chelsea Fagan
- Afford Anything, by Paula Pant
- And Then We Saved, by Anna Newell
- Young Finances, by LaTisha Styles

