

Mentoring Mothers Consultative Service

MENTORING*EDUCATION*ADVICE* SUPPORT*RESOURCES

- *“Everything has changed. I just don’t feel like myself anymore.”*
- *“No one prepares you for what it’s like once the baby comes out.”*
- *“The other moms are managing so much better than I am.”*
- *“I didn’t think I would feel so exhausted, stressed, and lonely.”*
- *“Some days, I don’t even want to be around my baby.”*

Mentoring Mothers addresses these concerns

NEW LOCATION as of AUGUST, 2019!

2nd & 4th Monday of every month: 12:00-1:00 p.m. (except holidays)

Mills-Peninsula Medical Center, **Main Floor, Conference Room C**
1501 Trousdale Dr., Burlingame, CA, 94010

A drop-in, professionally facilitated consultative service for
first time and experienced mothers.

No charge or reservations. Babies are welcome.

Facilitators:

Helen Marlo, Ph.D.

Tiffany Girouard, M.A., M.S.C.P.

For more information contact:

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