<table>
<thead>
<tr>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>
| 8...Walking Club*  
11...Silver & Fit - Shadow Boxing - ZOOM  
11-12...Drive Thru Lunch  
12:30...Chair Exercise - Facebook Live & ZOOM | 9...Silver Sneakers Classic - ZOOM  
10...Pickleball*  
11...T’ai Chi Chih - ZOOM  
11-12...Drive Thru Lunch | 11...Silver & Fit - Shadow Boxing - ZOOM  
10...Pickleball*  
11-12...Drive Thru Lunch  
12:30...Chair Exercise | 9...Silver Sneakers Classic - ZOOM  
10...Pickleball*  
11-12...Drive Thru Lunch  
12:30...Yoga - ZOOM | 8...Walking Club*  
10...Tap Dance Class - ZOOM  
11...Silver & Fit - Shadow Boxing - ZOOM |
| 8   | 9   | 10  | 11  | 12  |
| 8...Walking Club*  
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12:30...Yoga - ZOOM | 8...Walking Club*  
10...Tap Dance Class - ZOOM  
11...Silver & Fit - Shadow Boxing - ZOOM  
12...Council Meeting - Zoom/Conference Call |
| 15  | 16  | 17  | 18  | 19  |
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| 22  | 23  | 24  | 25  | 26  |
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| 29  | 30  |     |     |     |
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11...Silver & Fit - Shadow Boxing - ZOOM|

*Outside activities must proceed with governmental guidance & proper social distancing including masks where needed. Also weather permitting.

*Activities may change if conditions warrant.

*More information on all events, including how to's on Zoom meetings can be found on Facebook or call the office.