What's Happening?

Dime Bingo – Monday, November 4 & Monday, November 18; 9:00 – 11:30 a.m. Join in this small group of bingo players for some small stakes bingo. Stay for lunch, sign up by November 1 and November 15.

Beck Funeral Home Presentation “Writing your own Obituary” – Monday, November 4; 1 p.m. Join us to learn why you should and how to write your own obituary. Plan to have lunch first - sign up in the copilot or contact the office by Thursday, October 31st. Can’t stay for lunch, that’s okay, either way sign up in the binder if you plan to attend. See article.

Family Feud – Tuesday, November 5; 10 a.m. Join us to play this classic game. It's a favorite with our members.

Chair Beach Volleyball – Tuesdays, 11 a.m. By popular demand, we will now play Chair Beach Volleyball every Tuesday at 11 a.m. in the Front Lobby. Has quickly become a center favorite! Keep your behind on the chair and just hit the ball. Easy – peasy!

AARP 4 Hour Refresher Course – Wednesday, November 6; 9 a.m. – 2 p.m. See Nancy to sign up. Non AARP Members $20, AARP Members $15. Space is limited.

Northeastern EMS Health Check – Wednesday, November 6; 9 a.m. From 9 a.m. - noon, Northeastern EMS will be in the center to conduct general wellness checks. They will be in the center to answer questions and conduct minor health checks, including blood pressure checks and sugar monitoring.

Veteran's Day Program – Thursday, November 7; 10 a.m. Join us to show our appreciation to our Veterans. Our speaker will be Dr. Judith Higgins, a veteran and mom of an active service member. Please sign up for lunch by November 5. Veterans please RSVP by October 31st.

*DAY CHANGE - November Council Meeting with Entertainment by Leo Reaver - Tuesday, November 12; 10 a.m. We encourage ALL members to participate in this meeting to learn about what is happening for the month and to give your input on programs and issues at the center. Preregister for lunch by Thursday, November 7th.

Factory Whistle Blower, Don Ryan presents his story of the Christmas Whistle Concert in York – Wednesday, November 13; 10 a.m. Sign up for lunch after by November 8th.

Joyful Hearts Choir – Thursday, November 14; 10 a.m. The choir will start the holiday season here at Windy Hill. Sign up for lunch by November 12.

Bingo Bonanza – Friday, November 15; 9:15 – 11:15 a.m. In order to play the last ‘big bonanza’ game you must be signed up to eat lunch on this day. Please register for hot lunch by November 13; please register for Bag Lunch by November 1st.

Scrapbooking with Bev – Monday, November 18; 10 a.m. Bring your pictures and enthusiasm and Bev will help you turn your memories into beautiful works of art. Supplies are provided.

Watercolor Class – Tuesday, November 19; 12:30 – 2:30 p.m. $10 All abilities invited. Sign up in the lobby, payment due at sign up. Check with Nancy to see what materials you’ll need to bring with you.
Next Book Club to be held on Tuesday, November 19, 2019 at 11:00 a.m.

Educated: A Memoir by Tara Westover

An unforgettable memoir about a young girl who, kept out of school, leaves her survivalist family and goes on to earn a PhD from Cambridge University. Tara Westover was seventeen the first time she set foot in a classroom.

DONATIONS

WISH LIST

Sandwich Size Ziploc Bags*
Postage Stamps**
Canned Soda *(Pepsi, Diet Pepsi, Coke*,
     Diet Coke*, Mug Root beer, Orange Crush*)
Bottled Water**
Dessert Plates
Antibacterial Clorox Wipes
Antibacterial Liquid Hand Sanitizer NOT SOAP
Condiments (ketchup, mustard)
Salad Dressings (ranch, italian, blue cheese, etc)
Plastic Spoons and Forks
Paper Towels*
Styrofoam Soup Bowls
Chocolate Snacks for Vending Machine
Toilet Paper****
Bleach

* Greater Need

THANK YOU TO THESE ORGANIZATIONS AND INDIVIDUALS WHO MADE MONETARY DONATIONS IN THE MONTH OF SEPTEMBER

VFW Post 5265 Spring Grove
Elvin Lauchman
Genevieve Reed
Judy & Thomas Markle
Marion Miller
Richard Hartsough
John Herrell
Richard & Emily Stewart

APPEALS

Steward
Stephen & Jeanie Grogg

Friend
Edward Hengst

Also, thank you to our anonymous donors.
We appreciate your continued support of Windy Hill.

THANK YOU

PRAYER LIST

Mary Coulson
Harry Baer
Gloria Geesey
Larry Grothey
Pat Franklin
Larry Wolf
Philip Carlise
Alice Bortner
Fred Burns

Dolores Senft
James Senft
Dale Brillhart
Bonna Krout
Edith Brenneman
Grace Harrold
Wayne Holt
Pauline Diehl
Delores Brillhart
“The Miracle of Christmas” at Sight & Sound Theatre

Join us for this year’s Christmas Show, The Miracle of Christmas, at the Sight & Sound Theatre with Lunch at the Hershey Farms Restaurant on December 3, 2019. The cost for the show, lunch and a bag lunch is $95 per person. The bus will pick up from Windy Hill’s parking lot at 11 am and return around 7 pm. Included in the price is a bag lunch for the bus. Register with Nancy at the front desk, payment is required when registering.

NEW Windy Hill Logo wear in time for Christmas Gift Giving

There is available a selection of logo embroidered apparel for you to show off your Windy Hill Spirit. Just in time for the holidays there are tees, polos, sweatshirts, hats, sweaters and tote bags all embroidered with the Windy Hill logo in a variety of colors. Ask the front desk for a flyer or bring your questions to the Café on November 6th or 20th at 10 a.m. and we can connect you to the online store. All orders must include payment. Deadline for Christmas delivery is November 22nd.

Quilts for Kids Needs Your Help

The Quilts for Kids Group would welcome any donations of NEW cotton fabric and NEW cotton batting. This group provides quilts for hospitalized children in regional hospitals. Please be as generous with them as they are giving up their time and talent to make a sick child feel better. Donations can be brought to the main office. Cash donations will be accepted.

December Apple Dumpling Sale

Volunteers are needed for set up on Tuesday, December 3 at/after 11:30 a.m. and for production on Wednesday, December 4 and Thursday, December 5. See sign-up sheet in Receptionist area. The Apple Dumplings will be available for sale on Friday, December 6th beginning at 8:30 a.m. Volunteers will have preference, then first come - first serve. This is a big fundraiser for the Center, show your support and enjoy the tradition. No prior experience needed!

Secret Santa/Cookie Exchange

We will be having a Secret Santa gift exchange again for anyone who would like to participate. If you are interested in participating, please sign the sign-up sheet in the Lobby. Deadline to sign up is Wednesday, November 20th. After everyone is signed up, we will assign everyone a name. Gifts should cost no more than $5 each. We will exchange gifts on Thursday, December 12 at 10 a.m. In addition on December 12th we will also host a Cookie Exchange. Please sign up on the sheet to indicate that you will be bring cookies. Bring a minimum of 4 dozen cookies and we'll share and everyone will go home with a selection of cookies. Bring your recipe and Tracy will type them up and distribute them the following week.

LiHeap Application Available

Applications for the Low-Income Home Energy Assistance Program (LIHEAP) will be available after November 1. This program helps low-income families pay their heating bills. It is a grant, which does not need to be paid back. Crisis grants are also available if you are in jeopardy of losing your heat due to broken heating equipment or leaking lines, lack of fuel, and termination of utility services or danger of being without fuel. Individuals may apply online or by picking up an application at the front desk.

Veterans Day Program

Join us as we honor our Veteran members on Thursday, November 7, at 10 a.m. Along with the Spring Grove High School Key Club and Choral Group, our guest speaker will be Dr. Judith Higgins. Dr. Higgins spent 13.5 years in the Air National Guard, working in Maine, California, Texas and Maryland. She ended her career as a Technical Sgt. at the Maryland Air National Guard, working with the C-130's. Dr. Higgins family has now achieved three generations of military service as her father in law, Bernard Higgins, her husband, Kevin Higgins, and her middle son, Sean Higgins have served. Dr. Higgins plans to speak on “Honor and Respect.” Please sign up for lunch by Tuesday, November 5. Please feel free to invite guests.
ANNIVERSARIES

Kenneth & Barbara Kephart  
11/11/67

Timothy & Jane Reinaman  
11/11/67

Jerry & Mary Jane Overby  
11/12/96

James & Linda Pentz  
11/17/95

Barry & Risa Anderson  
11/18/04

Ronald & Sandra James  
11/19/66

Andrew & Marian Luther  
11/21/81

Daniel & Helen Ustinovich  
11/29

Our Celebration for Birthdays and Anniversaries in November will be held on Tuesday, Nov. 26th at 10:00 a.m. with entertainment by The Wayne & Gene Show. Sign up for lunch by November 22nd.

birthday cupcakes are provided by Country Meadows

If we missed your birthday or anniversary, please contact our office at 225-0733 so we can put you on our list!
### November 2019

**Congregate Meal Menu**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td><strong>November 1</strong></td>
<td><strong>November 2</strong></td>
<td><strong>November 3</strong></td>
<td><strong>November 4</strong></td>
<td><strong>November 5</strong></td>
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<tr>
<td>Warm Turkey Reuben</td>
<td>2½ ounces Turkey, 2 ounces Sauerkraut,</td>
<td>½ ounce Cheese</td>
<td>1 cup Creamy Vegetable Chowder</td>
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<tr>
<td>1 cup Creamy Vegetable Chowder</td>
<td>Whole Grain Sandwich Roll</td>
<td>½ cup Warm Apple-Cranberry Crisp</td>
<td>Whole Grain Sandwich Roll</td>
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<tr>
<td>Mixed Fruit</td>
<td>Condiments</td>
<td>Chocolate Ice Cream</td>
<td>Wheat Bread</td>
<td>½ cup Mixed Fruit Salad</td>
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<td><strong>November 6</strong></td>
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<td><strong>November 8</strong></td>
<td><strong>November 9</strong></td>
<td><strong>November 10</strong></td>
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<tr>
<td>3 ounces Pot Roast</td>
<td>Swedish Meatballs (4)</td>
<td>½ cup Mixed Fruit Salad</td>
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<td>with 1 ounce Gravy</td>
<td>over 1/2 cup Egg Noodles</td>
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<tr>
<td>1/2 cup Whipped Potatoes</td>
<td>1/2 cup Peas</td>
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<tr>
<td>Topped with Mozzarella Cheese</td>
<td>Wheat Bread</td>
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<tr>
<td>with Crackers</td>
<td>1/2 cup Mixed Fruit Salad</td>
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<tr>
<td>1/2 cup Stewed Tomatoes</td>
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<tr>
<td>with Tomato and Dressing</td>
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<tr>
<td>Whole Grain Sandwich Roll</td>
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<tr>
<td>1/2 cup Mandarin Oranges</td>
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<tr>
<td>Fruit Juice</td>
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<td><strong>November 11</strong></td>
<td><strong>November 12</strong></td>
<td><strong>November 13</strong></td>
<td><strong>November 14</strong></td>
<td><strong>November 15</strong></td>
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<tr>
<td>1 cup Chili Con Carne</td>
<td>Baked Chicken with Gravy</td>
<td>Warm Ham and Cheese Sandwich</td>
<td>Lasagna with Meat Sauce</td>
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<tr>
<td>1 cup Tossed Salad</td>
<td>1/2 cup Whipped Potatoes</td>
<td>2½ ounces Ham and ½ ounce Cheese</td>
<td>Topped with Mozzarella Cheese</td>
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<tr>
<td>with Tomato and Dressing</td>
<td>1/2 cup Carrots</td>
<td>1 cup Creamy Tomato Bisque</td>
<td>1 cup Tossed Salad Cucumber/ Dressing</td>
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<tr>
<td>1 cup Baked Potato with Margarine</td>
<td>Wheat Bread</td>
<td>with Crackers</td>
<td>Breadstick</td>
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<tr>
<td>Cornbread</td>
<td>1/2 cup Applesauce</td>
<td>with Tomato and Dressing</td>
<td>1/2 cup Diced Peaches</td>
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<td>with Crackers</td>
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<td>with Tomato and Dressing</td>
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<td>with Crackers</td>
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<td><strong>November 16</strong></td>
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<td></td>
<td>3 ounces Warm Roast Beef Sandwich</td>
<td>1/2 cup Pumpkin Alfredo Chicken</td>
<td>Happy Thanksgiving</td>
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<td>with Cheese and au jus</td>
<td>over 3/4 cup Bow Tie Noodles</td>
<td>4 ounces Roasted Turkey with Gravy</td>
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<td>with Crackers</td>
<td>1 cup Tossed Salad</td>
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<td></td>
<td>with Tomato and Dressing</td>
<td>1/2 cup Whipped Potatoes</td>
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<td>Italian Bread</td>
<td>2 ounces Homemade Stuffing</td>
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<td></td>
<td>1/2 cup Sliced Carrots</td>
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<td></td>
<td>Cranberry Sauce</td>
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<td></td>
<td>Slice of Pumpkin Pie</td>
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<td><strong>November 21</strong></td>
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*** All meals are subject to change ***

*** Served daily: 8 ounces Milk and 1 tablespoon Margarine ***
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<th>MON</th>
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<tr>
<td><strong>Mondays &amp; Wednesdays</strong>&lt;br/&gt;Open Gym Basketball at Windy Hill Gym&lt;br/&gt;<strong>Tuesdays &amp; Thursdays</strong>&lt;br/&gt;Bowling at Colony Park&lt;br/&gt;<strong>Wednesdays @ 9</strong>&lt;br/&gt;Needlework &amp; Card Club</td>
<td><strong>DAILY:</strong>&lt;br/&gt;Fitness Studio (8:30-2:30)&lt;br/&gt;Billiards (8:30-2:30)&lt;br/&gt;Activity Lounge &amp; Wi-Fi (8:30-2:30)&lt;br/&gt;<strong>Craft Room</strong> (8:30-2:30)&lt;br/&gt;Lunch (Noon—reserve)</td>
<td><strong>6</strong>&lt;br/&gt;AARP 4 HR 9-2&lt;br/&gt;9...Breakfast in the Café&lt;br/&gt;9...Northeastern EMS Well Checks&lt;br/&gt;9:30...Parkinson’s Exercise&lt;br/&gt;10...Lucky Bingo/Logowear Help&lt;br/&gt;10...Walking Club&lt;br/&gt;11...Chair Exercise</td>
<td><strong>7</strong>&lt;br/&gt;10...Holiday Carols&lt;br/&gt;10...Veterans Day Program&lt;br/&gt;11...Walking Club in Yoga Rm&lt;br/&gt;12:30...Yoga 101&lt;br/&gt;1...Pinochle Game&lt;br/&gt;1:30...Yoga 102</td>
<td><strong>11</strong>&lt;br/&gt;9-11...Matter of Balance&lt;br/&gt;9:15...Quarter Bingo&lt;br/&gt;9:30...Beginner Tap Dance&lt;br/&gt;10...TAP Dance Class&lt;br/&gt;10...Walking Club&lt;br/&gt;11...Chair Exercise</td>
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<td><strong>4</strong>&lt;br/&gt;9...Dime Bingo&lt;br/&gt;11...Chair Exercise&lt;br/&gt;11...T’ai Chi Chih&lt;br/&gt;12:30...Yoga 101&lt;br/&gt;1...Back Funeral Home Presentation</td>
<td><strong>5</strong>&lt;br/&gt;9...iPad Class&lt;br/&gt;9...Silver Sneakers Classic&lt;br/&gt;9...Seth Grove’s Office&lt;br/&gt;10...Family Feud&lt;br/&gt;10...Shuffleboard&lt;br/&gt;11...Line Dancing&lt;br/&gt;11...Beach Chair Volleyball&lt;br/&gt;1...Ballroom Dancing&lt;br/&gt;1...Pickleball&lt;br/&gt;4...Board Meeting</td>
<td><strong>6</strong>&lt;br/&gt;9...Breakfast in the Café&lt;br/&gt;9...Northeastern EMS Well Checks&lt;br/&gt;9:30...Parkinson’s Exercise&lt;br/&gt;10...Lucky Bingo/Logowear Help&lt;br/&gt;10...Walking Club&lt;br/&gt;11...Chair Exercise</td>
<td><strong>7</strong>&lt;br/&gt;10...Holiday Carols&lt;br/&gt;10...Veterans Day Program&lt;br/&gt;11...Walking Club in Yoga Rm&lt;br/&gt;12:30...Yoga 101&lt;br/&gt;1...Pinochle Game&lt;br/&gt;1:30...Yoga 102</td>
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<td><strong>18</strong>&lt;br/&gt;9...Dime Bingo&lt;br/&gt;10...Scrappping w/Bev&lt;br/&gt;11...Chair Exercise&lt;br/&gt;11...T’ai Chi Chih&lt;br/&gt;12:30...Yoga 101&lt;br/&gt;5...Quilts for Kids</td>
<td><strong>19</strong>&lt;br/&gt;9...Silver Sneakers Classic&lt;br/&gt;10...Shuffleboard&lt;br/&gt;10...Now You Have It&lt;br/&gt;11...Book Club&lt;br/&gt;11...Line Dancing Cx this week&lt;br/&gt;11...Beach Chair Volleyball&lt;br/&gt;12:30...Watercolor Class&lt;br/&gt;1...Ballroom Dancing&lt;br/&gt;1...Pickleball</td>
<td><strong>20</strong>&lt;br/&gt;9:30...Parkinson’s Exercise&lt;br/&gt;10...Stamping w/Grace&lt;br/&gt;10...Lucky Bingo/Logowear Help&lt;br/&gt;10...Walking Club&lt;br/&gt;11...Chair Exercise&lt;br/&gt;1:30...Memory Cafe</td>
<td><strong>21</strong>&lt;br/&gt;Thanksgiving Dinner&lt;br/&gt;9:15...Prayer Group&lt;br/&gt;10...Pinochle&lt;br/&gt;10...Entertainment w/John Pepsin&lt;br/&gt;11...Walking Club&lt;br/&gt;12:30...Yoga 101&lt;br/&gt;1...Pinochle Game&lt;br/&gt;1:30...Yoga 102</td>
<td><strong>22</strong>&lt;br/&gt;8:45...Blood Pressure&lt;br/&gt;9-11...Matter of Balance&lt;br/&gt;9:15...Quarter Bingo&lt;br/&gt;9:30...Beginner Tap Dance&lt;br/&gt;10...TAP Dance Class&lt;br/&gt;10...Walking Club&lt;br/&gt;11...Chair Exercise</td>
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<td><strong>25</strong>&lt;br/&gt;10...UPMC Presents Diabetes Prevention&lt;br/&gt;11...Chair Exercise&lt;br/&gt;11...T’ai Chi Chih&lt;br/&gt;12:30...Yoga 101</td>
<td><strong>26</strong>&lt;br/&gt;DATE CHANGE ***&lt;br/&gt;9...Silver Sneakers Classic&lt;br/&gt;10...Birthday/Anniversary Party w/Wayne &amp; Gene&lt;br/&gt;10...Shuffleboard&lt;br/&gt;11...Line Dancing&lt;br/&gt;11...Beach Chair Volleyball&lt;br/&gt;1...Ballroom Dancing&lt;br/&gt;1...Pickleball</td>
<td><strong>27</strong>&lt;br/&gt;9...Holiday Carols&lt;br/&gt;9...Breakfast in the Café&lt;br/&gt;9:30...Parkinson’s Exercise&lt;br/&gt;10...Dessert Auction&lt;br/&gt;10...Walking Club&lt;br/&gt;11...Chair Exercise</td>
<td><strong>28</strong>&lt;br/&gt;Happy Thanksgiving&lt;br/&gt;Center Closed</td>
<td><strong>29</strong>&lt;br/&gt;Happy Thanksgiving&lt;br/&gt;Center Closed</td>
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**Chair Massages**

Randy Walton will be available on Thursday, November 14th from 9 a.m. to noon to provide 15 minute chair massages. Have arthritis, swollen fingers? Randy does hand massages too, just ask! Cost is $10 and pre-registration and payment are required. Sign-up sheet in the reception area.

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**Pinochle Thursdays at Windy Hill**

We have been playing “Auction Pinochle” games on Thursday at 1 p.m. This is for new and experienced players. For anyone interested in learning instruction will be given. The goal is to get enough people playing (at least 8) that we could invite other centers to compete with us. Spearheading this effort is Dale Seaks, he is happy to answer any questions you may have. Suggest having people sign up so others don’t show up and there not be enough players.

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**CoPilot Issues**

We continue to have issues with members not checking into and out of the Copilot correctly. It is very important that members are signed in properly and that all of the activities you participate in are checked. This information is used for grant writing and program planning. Additionally, the lunch information is uploaded to the York Co. Area Agency on Aging for funding. We have provided a check-in and check-out list on the wall adjacent to each Copilot. Also, it is every member’s responsibility to sign themselves up for lunch while using the Copilot. The staff is more than happy to assist you to ensure that you are doing it correctly. Additionally, please remember to bring your Copilot cards to check in. A $2 charge will be incurred to check in without your card.

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**Medicare Open Enrollment**

The Medicare Open Enrollment period is October 15th – December 7th. This is an opportunity for older adults to review their current plans, compare and switch their current Medicare Advantage Plan or Part D Prescription Drug plans with new, upcoming plans for 2019. On Thursday, November 21 there will be an event at Spring Grove Area High School from 10 a.m. to 1 p.m. There are also various events scheduled throughout the county. Please see the list in the reception area. Individuals must schedule an appointment by calling 717-771-9042. Please be aware that there may be individual insurance companies holding events at various locations throughout the county. Their intent is to sell you a policy with their company. We recommend that you attend one of the events that are coordinated by the Apprise service with the PA Department of Aging.

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**Write your own Obituary Workshop**

Learn how to write your own obituary on Monday, November 4, at 1 p.m. Chris Beck, Beck Funeral Home and Cremation Services, will share tips including what to include and what to avoid. Obituaries can be more than just a listing of facts, but can convey the personality of the person. Writing a draft or only just a beginning will be a gift to your family. They will have all of the information, facts, and spellings at a time when it can be difficult to remember. Please remember to sign up in the activity sign-up binder in the reception area. Also, please consider having lunch before the workshop and register by October 31.

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**Please Note!**

We would ask you to please plan on getting to any activity at least 15 minutes prior to the start time listed on the calendar. This is so as to avoid the disturbance by folks walking in the door as the activity is starting. This is rude to our speakers and also to the organizers of games and activities.

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**NOTICE**

Please do not bring miscellaneous items to share on any lunchroom tables. If you have something to share with other members please ask a staff member and remember it must be unopened, new, clean packaging.

Do not hang flyers on Lobby bulletin boards without consulting with Nancy at the front desk.

Out of consideration for our more smell sensitive members, please limit the use of strong fragrances.

---

**Disclaimer:**

This newsletter was created by a human, expect mistakes.
Parkinson’s Exercise Activity

This exercise class is exclusively for Parkinson's patients and their caregivers. The instructors use proven exercise and stretching techniques to help patients improve strength, balance and stamina. These exercises have been proven and the instructors certified to help Parkinson's patients. Each class is $10 and caregivers are welcome and encouraged to attend for free. The instructors have extensive experience with this disease and can adjust and individualize for the individual patient’s needs. Please encourage and spread the word for this worthwhile class.

If your insurance changes to or from Silver & Fit to or from Silver Sneakers, please let Nancy know to update our records.

Meals on Wheels News

We always need drivers. As our HDM consumers continue to increase, we need reliable drivers, even if you are only available for 1 or 2 days a month. If you are able to help, please see Jenna for more information.

Windy Hill Lunch Program

Lunch is served Monday through Friday at 12:00 Noon. The cost for the lunch for seniors 60 and older is by donation (recommended donation is $2.00). Those 59 and younger pay $3.75. Windy Hill receives funding through the York County Area Agency on Aging solely based on the members who join us for lunch each day. Please consider signing up for lunch so that we can be compensated by the Agency on Aging and, thus, support the daily operation of Windy Hill on the Campus. Please be advised that lunch reservations must be made on the Copilot by 9:30 a.m. the day before you desire to eat lunch. Please remember to cancel your lunch as soon as you realize that you are unable to attend. This will allow us to offer that lunch to someone who may not have ordered in advance. Take out containers are available for a $1 donation.
Next Book Club to be held on
Tuesday, November 19, 2019 at 11:00 a.m.

_Educated: A Memoir_ by Tara Westover
An unforgettable memoir about a young girl who, kept out of school, leaves her survivalist family and goes on to earn a PhD from Cambridge University. Tara Westover was seventeen the first time she set foot in a classroom.

Reminder – We have iPads for use in the building. Ask Nancy to check one out at the front desk.

Windy Hill at Guthrie Library
Windy Hill will be providing programming and other services for seniors in Guthrie Memorial Library at 3 Library Place, Hanover. Programs will be provided each Wednesday from 10 a.m. until 1 p.m. A lunch will be provided at a minimal cost. Transportation is also available through RabbitTransit, but co-pay per trip will be charged. Please note that these activities will be held at the library location in Hanover.

*Check with the Guthrie Library for a weekly schedule with specific activities.

**UPCOMING ACTIVITIES:**

- December 2 - Decorate the Center
- December 9 - Council Meeting w/Tall in the Saddle
- December 19 - Christmas Meal
- December 24 & 25 - Center Closed
- December 26 - Birthday/Anniversary Party with DJ Pebbles
What's Happening? - Continued from page 1

Now You Have It, Now You Don’t... - Tuesday, November 19; 9:45 a.m. Please bring a NEW wrapped gift (min. value of $5) that you would like to receive. You must bring a gift in order to play the game. Note the earlier starting time to give staff time to organize the game. No gifts will be provided by the center. Please note because of the holiday schedule, we are only playing one time in November and December.

Stamping w/Grace – Wednesday, November 20; 10 a.m. This class will be taken over by Susan Howes for November. Sue plans to continue Grace’s love for cardmaking with Christmas Card making at this class.

Prayer Group/Bible Study – Thursday, November 21; 9:15 a.m. Pastor Allison Bowlan of St. Paul’s Lutheran Church in Spring Group will lead the group this morning.

Thanksgiving Meal w/Entertainment by John Pepsin – Thursday, November 21; 10 a.m. Entertainment will begin at 10 a.m., the meal at noon. Join us as we give thanks for each other. We expect a large crowd on this day, please sign up for lunch by November 10th. There will be door prizes.

Blood Pressure Check – Friday, November 22; 8:45 a.m. Screenings take place in the lunchroom. Please check “Blood Pressure” on the CoPilot when you sign in.

UPMC Hanover Hospital presents “Diabetes Prevention” - Monday, November 25; 10 a.m. Sign up for lunch by November 21th.

November Birthday and Anniversary Party with Entertainment by The Wayne & Gene Show - TUESDAY, November 26; 10 a.m. Note the day change to Tuesday. Please sign up for lunch by November 22nd.

Dessert Auction Fundraiser – Wednesday, November 27; 10 a.m. Bring something sweet, buy something sweet, just show up to watch the haggling – it’s all a good time. Leo Reever is our talented auctioneer. Please don’t bring desserts earlier than November 26th. Sign up if you plan to donate a sweet.

Center Closed – Happy Thanksgiving – Thursday & Friday, November 28 & 29

Quilts for Kids – Tuesday, November 12 & Monday, November 18 at 5 p.m.; Thursday, November 14 at 10 a.m. Join the Quilts for Kids group to help make quilts to give to ill or needy children. You don’t need to know how to sew. They can always use assistance cutting fabric, etc.

Lucky Bingo (no caller) – Tom Uffelman will play Lucky Bingo on Wednesdays; November 6 & November 20 at 10 a.m. in the Café.

Ballroom Dancing – Tuesdays; 1:00 pm in the Auditorium $2 per person.

Playing Cards Club – Wednesdays; 9 a.m. Anyone who is interested, just show up and the card games will be chosen based on the consensus of the attendees.

Pinochle Games – Thursdays; 1 p.m. See article inside.