October

1472 Roth’s Church Road, Suite 103
Spring Grove, PA 17362
(717) 225-0733
www.WindyHillonthecampus.org
Email: Info@windyhillonthecampus.org

Find us on Facebook

MEALS

Windy Hill has a congregate meal program for adults Age 60 and older. Please sign up by 9:30 am the day before to join us for lunch catered by the Nutrition Group. Meal donations are appreciated.

TRANSPORTATION

Free door-to-door transportation is available for ages 65+ through Rabbit Transit to bring you to Windy Hill. Call the center for more details.

What's Happening?

Apple Dumplings – Tuesday, October 1 & Wednesday, October 2. See article inside.

Chair Beach Volleyball – Tuesdays, 11 a.m. By popular demand, we will now play Chair Beach Volleyball every Tuesday at 11 a.m. in the Front Lobby. Has quickly become a center favorite! Keep your behind on the chair and just hit the ball. Easy – peasy!

Northeastern EMS Health Check – Wednesday, October 2; 9 a.m. From 9 a.m. - noon, Northeastern EMS will be in the center to conduct general wellness checks. They will be in the center to answer questions and conduct minor health checks, including blood pressure checks and sugar monitoring.

Word Link – Thursday, October 3; 10 a.m. Exercise your brain and have fun at the same time! Join us for this popular word game.

Mind Matters: “Memory As We Age” – Monday, October 7; 10 a.m. Mind Matters is a video program sponsored by WITF.

Dime Bingo – Tuesday, October 8 & Monday, October 21; 9:00 – 11:30 a.m. Join in this small group of bingo players for some small stakes bingo. Stay for lunch, sign up by October 6 and October 26.

UMPC Flu Clinic – Tuesday, October 8; 9-11 a.m. Sign up in the Lobby, FREE! When you sign up please bring your insurance card.

Now You Have It, Now You Don’t... - Thursday, October 10 & Tuesday, October 22; 9:45 a.m. Please bring a NEW wrapped gift (min. value of $5) that you would like to receive. You must bring a gift in order to play the game. Note the earlier starting time to give staff time to organize the game. No gifts will be provided by the center.

Center Closed – Columbus Day – Monday, October 14

*DAY CHANGE - October Council Meeting with Entertainment by DJ Mark Bowersox - Tuesday, October 15; 10 a.m. We encourage ALL members to participate in this meeting to learn about what is happening for the month and to give your input on programs and issues at the center. Preregister for lunch by Thursday, October 10th.

Fall Lantern Craft – Wednesday, October 16; 10 a.m. Try your hand at a Mason Jar Fall Luminary. We’ll be using our inner artist to create a lovely Fall centerpiece. Sign up in the Lobby to participate. Jars and art supplies will be provided.

Prayer Group/Bible Study – Thursday, October 17; 9:15 a.m. Paster Allison Bowlan of St. Paul’s Lutheran Church in Spring Group will lead the group this morning.

Family Feud – Thursday, October 17; 10 a.m. Join us to play this classic game. It's a favorite with our members.

CENTER HOURS
Monday - Friday
8:30 am - 2:30 pm
DONATIONS

A special thank you for donations in the month of August. Donations included food, supplies and other items to our center.

Carolyn Abel
Bob & Maryann Brenneman
Gladys Curry
Jim & Sandy Decker
Lori DePorter
Pauline Diehl
Ethel Donner
Mike & Amanda Forry
Glenda Funkhouser
Nova Gingerich
Margaret Harrison
Paul & Grace Harrold
Jerry Henning
Susan Howes
Ellen Johnson
Bob & Gloria Kramer
Larry Kress
Harlyn & Grace Laughman
Joann Rohrbaugh
Darlene Leib
Gloria Luckenbaugh
Ken & Pat McCannon
Doris & Ward Meckley
Betty Mitchell
Janis Mitchell
Kass Moubrey
Ella Murphy
Dawn Ness
Jim & Linda Pentz
Anna Peterson
Byron & Pat Pomraning
Leo & Sand yReaver
Gen Reed
Shirley Shearer
Elaine Smeigh
Pat Stone
Jack & Linda Trimmer
Nancy Wagner
Elaine Walker
Gary & Linda Wildasin
Betty Yohe
Country Meadows
Kennie’s Markets

THANK YOU TO THESE ORGANIZATIONS AND INDIVIDUALS WHO MADE MONETARY DONATIONS IN THE MONTH OF AUGUST

VFW Post 5265 Spring Grove
Elvin Lauchman
Richard Hartsough
Marion Miller
Barry & Bonnie Riddle

Also, thank you to our anonymous donors.
We appreciate your continued support of Windy Hill.

Reminder – We have iPads for use in the building. Ask Nancy to check one out at the front desk.

WISH LIST

Sandwich Size Ziploc Bags*
Postage Stamps**
Canned Soda *(Pepsi, Diet Pepsi, Coke*,
   Diet Coke*, Mug Root beer, Orange Crush*)
Bottled Water****
Dessert Plates
Antibacterial Clorox Wipes
Antibacterial Liquid Hand Sanitizer NOT SOAP
Condiments (ketchup, mustard)
Salad Dressings (ranch, italian, blue cheese, etc)
Plastic Spoons and Forks
Paper Towels*
Styrofoam Soup Bowls
Chocolate Snacks for Vending Machine
Toilet Paper****

* Greater Need

PRAYER LIST

Mary Coulson
Harry Baer
Gloria Geesey
Larry Grothey
Pat Franklin
Larry Wolf
Philip Carlise
Alice Bortner
Fred Burns
Dolores Senft
James Senft
Dale Brillhart
Bonna Krout
Edith Brenneman
Grace Harrold
Ken Shaffer
Wayne Holt
“The Miracle of Christmas”

at Sight & Sound Theatre

Join us for this year’s Christmas Show, The Miracle of Christmas, at the Sight & Sound Theatre with Lunch at the Hershey Farms Restaurant on December 3, 2019. The cost for the show, lunch and a bag lunch is $95 per person. The bus will pick up from Windy Hill’s parking lot at 11 am and return around 7 pm. Included in the price is a bag lunch for the bus. Register with Nancy at the front desk, payment is required when registering.

NEW Windy Hill Logo wear in time for Christmas Gift Giving

Very soon there will be available a selection of logo embroidered apparel for you to show off your Windy Hill Spirit. Just in time for the holidays there will be tees, polos, sweatshirts, hats, sweaters and tote bags all embroidered with the Windy Hill logo in a variety of colors. Keep an eye out for the flyers and online store. Deadline for Christmas delivery is November 22nd.

Quilts for Kids Needs Your Help

The Quilts for Kids Group would welcome any donations of NEW cotton fabric and NEW cotton batting. This group provides quilts for hospitalized children in regional hospitals. Please be as generous with them as they are giving up their time and talent to make a sick child feel better. Donations can be brought to the main office. Cash donations will be accepted.

Sock It To Us

Again this year we are collecting socks, hats, scarves and gloves for the homeless. Boxes will be in the lobby from October 1 through October 31. Please bring new items.

Mark Your Calendars Now for Apple Dumplings

Our first big Apple Dumpling Fundraiser of the Fall Season will take place on Tuesday, October 1st beginning at 7 am. We need volunteers in all of the following areas: set up (after lunch on Monday, September 30th), peelers, corers, dough masters, kitchen help, baggers and clean up help. This will be a no Pre Order sale. Sign up sheets are in the Reception area beginning October 9th. Apple Dumplings will be available for purchase by Volunteers on October 1st, sale will open to the public on Tuesday, October 2nd.

Matter of Balance Class scheduled for the Fall

Mark your calendars now for the next Matter of Balance class scheduled to begin on Friday, October 11th. The class consists of 8 sessions and runs each Friday except the last class is Wednesday, November 27. All classes start at 9 a.m. and are 2 hours long with a break. Please plan to stay for lunch on these days. Look for more information in the October Newsletter.

Meals on Wheels News

*We always need drivers.* As our HDM consumers continue to increase, we need reliable drivers, even if you are only available for 1 or 2 days a month. If you are able to help, please see Jenna for more information.
OCTOBER BIRTHDAYS

10/1 - Sharon Holtzapple
10/2 - James Biery
   Benn Miller
10/3 - JoAnn Healy
10/4 - Edward Duttara
   Gregory Smith
   Thomas Uffelman
10/5 - Michael Salloom
   Richard Scott
   Marilyn Watson
   Charles Zinn
10/6 - Arlene Chesler
   Donna Eby
10/7 - Barbara Moore
   Ella Murphy
10/8 - Peggy Baublitz
   Ray Grogg
   Leroy Heiner
   Pamela Merrell
   Lisa Smith
   Geraldine Spangler
   Dean Zeigler
10/9 - Scott Michael
10/10 - Gerald Groves
   AnnaMary Nace
10/11 - Barry Anderson
   Evangeline DaCheux
   Pat Isch
   Janis Mitchell
   Jane Thomas
10/12 - Nancy McIntyre
   James Pressel
10/13 - Sandra Bosserman
   Caroline Grove
   Alice Jones
   John Knaub
   Robert Oberdick
10/14 - Barbara Hale
   Barbara Scott
   Doris W. White
10/15 - Jacqueline Good
   Carol Laughman
   Jerry Overby
10/16 - Patricia Smith
10/17 - Alice Hartman
   Marian Luther
   Betty McCoy
   Michael Robinson
   Bonnie Schweizer
10/18 - Jan Ruman
   Janice Smith
10/19 - Marie Chapman
   Donald Hoover
   Bonita Kern
10/20 - Rebecca Senft
   Jean Zorbaugh
10/21 - Kay Edris
   Arlene Landis
   Helen Ustinovich
10/22 - Dorothy McCurry
   Thomas Neiderer Jr
   Russell Snyder
10/23 - Jane Black
   Fred Burns
   James Haley
   James Harvey
   Beverly Jacobson
   Andrew Strausbaugh
10/24 - Elsie Wagner
   Elaine Walker
10/25 - Cordelia Harrold
   Pamela Morrison
10/26 - Dennis Myers
   Cheryl Yohe
10/27 - Steven Hudgins
   Sally Schill
10/28 - Margarita Adams
   Sherill Armstrong
   Darlene Bowman
   Sharon Myers
10/30 - Jackie Buchanan
   Kane Stambaugh
10/31 - Emory Altland, Jr
   Elizabeth Gladfelter
   Gabriele Shearer
   Sara Stauffer

ANNIVERSARIES

Clair & Kay Kessler
10/2/1971
Thomas & Marilynn Ream
10/4/1986
Thomas & Catharine Neiderer
10/8/1999
David & Tammy Miller
10/9/1982
Gerald & Estelle Rohrbough
10/13/1979
Donald & Dolores Hoover
10/13/1956
James & Linda Freed
10/18/1969
Robert & Lyn Overmiller
10/19/1968
William & Peggy Altland
10/20/1967
Wayne & Joanne Overmiller
10/20/1973
Daniel & Joann Seymore
10/21/1978
Rhonda Harrison & Grant Newby
10/22/2016

Our Celebration for Birthdays and Anniversaries in October will be held on Thursday, October 31st at 10:00 a.m. with entertainment by DJ Pebbles. Sign up for lunch by October 28th.

Birthday cupcakes are provided by Country Meadows.

If we missed your birthday or anniversary, please contact our office at 225-0733 so we can put you on our list!
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td><strong>October 1</strong></td>
<td><strong>October 2</strong></td>
<td><strong>October 3</strong></td>
<td><strong>October 4</strong></td>
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<tr>
<td>Country Fried Chicken (1 each) with 2 ounces Creamy Gravy</td>
<td>Sloppy Joe (1/2 cup)</td>
<td>Pumpkin Alfredo Chicken (1/2 cup) over 3/4 cup Bow Tie Noodles</td>
<td>Roasted Pork with Apples (1 each)</td>
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<tr>
<td>1/2 cup Whipped Potatoes with Chives</td>
<td>1/2 cup Ranch Seasoned Potatoes</td>
<td>1 cup Tossed Salad with Tomato and Dressing</td>
<td>1/2 cup Whipped Potatoes</td>
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<tr>
<td>1/2 cup Mixed Vegetables</td>
<td>Whole Grain Sandwich Roll</td>
<td>Italian Bread</td>
<td>1/2 cup Carrots</td>
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<tr>
<td>Wheat Bread</td>
<td>1/2 cup Mandarin Oranges</td>
<td>1/2 cup Pineapple Tidbits</td>
<td>Mini Biscuit with Apple Butter</td>
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<tr>
<td>Fresh Fruit</td>
<td>1/2 cup Whipped Potatoes with Chives</td>
<td>1/2 cup Green Beans</td>
<td>Cookie</td>
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<tr>
<td>Cake</td>
<td>1/2 cup Green Beans</td>
<td>1/2 cup Mandarin Oranges</td>
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<td><strong>October 7</strong></td>
<td><strong>October 8</strong></td>
<td><strong>October 9</strong></td>
<td><strong>October 10</strong></td>
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<tr>
<td>Creamy Chicken Divan (6 ounces) over 1/2 cup White Rice</td>
<td>Cottage Pie (4 ounces)</td>
<td>Greek Chicken Salad</td>
<td>Warm Roast Beef (3 ounces) Sandwich with Aulus</td>
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<tr>
<td>1/2 cup Mixed Vegetables Breadstick</td>
<td>Stewed Beef and Vegetables in Gravy Topped with 2 ounces Butter Mashed Potatoes</td>
<td>Diced Chicken (3 ounces), Black Olives, Red Onion, Tomato, Mozzarella Cheese</td>
<td>1/2 cup Ranch Potatoes</td>
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<tr>
<td>1/2 cup Peaches</td>
<td>1/2 cup Coleslaw</td>
<td>1 cup Mixed Greens with Dressing</td>
<td>1/2 cup Mixed Vegetables</td>
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<td><strong>October 14</strong></td>
<td><strong>October 15</strong></td>
<td><strong>October 16</strong></td>
<td><strong>October 17</strong></td>
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<tr>
<td>Chicken Caesar Club (1 each) with Lettuce, Tomato, and Cheese</td>
<td>Salisbury Steak (1 each)</td>
<td>BBQ Pulled Pork (1/2 cup)</td>
<td>Seafood Macaroni and Cheese (1 cup)</td>
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<tr>
<td>1 cup Creamy Broccoli Soup with Crackers</td>
<td>with 2 ounces Onion Gravy</td>
<td>1/2 cup Seasoned Potatoes</td>
<td>1/2 cup Stewed Tomatoes</td>
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<tr>
<td>Sandwich Roll</td>
<td>1/2 cup Cabbage and Noodles</td>
<td>1/2 cup Lima Beans</td>
<td>Whole Grain Dinner Roll</td>
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<tr>
<td>1/2 cup Blushed Pears Condiments</td>
<td>1/2 cup Diced Carrots</td>
<td>Sandwich Roll</td>
<td>Fresh Fruit</td>
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<tr>
<td><strong>October 21</strong></td>
<td><strong>October 22</strong></td>
<td><strong>October 23</strong></td>
<td><strong>October 24</strong></td>
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<tr>
<td>Smokey BBQ Burger (1 each) Topped with BBQ Sauce, Crispy Onions, and Cheddar Cheese</td>
<td>Sweet and Sour Roasted Pork Loin (1 each)</td>
<td>Open-Faced Hot Turkey (3 ounce slice) Sandwich with Gravy</td>
<td>Chicken and Biscuit (1 cup)</td>
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<tr>
<td>1 cup Creamy Cauliflower Soup with Crackers</td>
<td>1/2 cup Blended Rice Pilaf</td>
<td>with Mozzarella Cheese Topping</td>
<td>1/2 cup Pepper Slaw</td>
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<tr>
<td>Sandwich Roll</td>
<td>1/2 cup Green Beans</td>
<td>1/2 cup Mixed Vegetables</td>
<td>Whole Grain Buttermilk Biscuit</td>
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<tr>
<td>Fresh Seasonal Fruit</td>
<td>Whole Grain Dinner Roll</td>
<td>White Bread</td>
<td>1/2 cup Parmesan Corn</td>
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<tr>
<td><strong>October 28</strong></td>
<td><strong>October 29</strong></td>
<td><strong>October 30</strong></td>
<td><strong>October 31</strong></td>
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<tr>
<td>Lemon Pepper Chicken with Gravy (1 each)</td>
<td>County Training Center Closed</td>
<td>Ghostly Chili (1 cup)</td>
<td>Halloween Potion</td>
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<tr>
<td>1/2 cup Vegetable Rice Pilaf</td>
<td></td>
<td>1/2 cup Fingers and Ant Salad</td>
<td>1/2 cup Pumpkin Potion</td>
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<tr>
<td>1/2 cup Green Beans</td>
<td></td>
<td>4 ounces Hocus Pocus Juice</td>
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<tr>
<td>Wheat Bread</td>
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<td>Moldy Biscuit</td>
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<tr>
<td>Fresh Fruit</td>
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*** All meals are subject to change ***
*** Served daily: 8 ounces Milk and 1 teaspoon Margarine ***
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<td><strong>Mondays &amp; Wednesdays</strong></td>
<td><strong>Open Gym Basketball at Windy Hill Gym</strong></td>
<td><strong>Apple Dumplings Sale</strong></td>
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<tr>
<td><strong>Tuesdays &amp; Thursdays - Bowling at Colony Park</strong></td>
<td><strong>Silver Sneakers Classic</strong></td>
<td><strong>Breakfast in the Café</strong></td>
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<td><strong>Birthday/Anniversary Party with DJ Pebbles</strong></td>
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<tr>
<td><strong>Wednesdays @ 9 - Needlework &amp; Card Club</strong></td>
<td><strong>Dime Bingo</strong></td>
<td><strong>ZUMBA Gold</strong></td>
<td><strong>ZUMBA Gold</strong></td>
<td><strong>Blood Pressure</strong></td>
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<tr>
<td><strong>7 Delaware Park Trip</strong></td>
<td><strong>Dime Bingo</strong></td>
<td><strong>Party with DJ Pebbles</strong></td>
<td><strong>Party with DJ Pebbles</strong></td>
<td><strong>Blood Pressure</strong></td>
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<td><strong>Mondays &amp; Wednesdays</strong></td>
<td><strong>Silver Sneakers Classic</strong></td>
<td><strong>Pickleball</strong></td>
<td><strong>Pickleball</strong></td>
<td><strong>Dietician Visit/Presentation</strong></td>
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<tr>
<td><strong>Open Gym Basketball at Windy Hill Gym</strong></td>
<td><strong>Shuffleboard</strong></td>
<td><strong>Pickleball</strong></td>
<td><strong>Pickleball</strong></td>
<td><strong>Blood Pressure</strong></td>
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<td><strong>Tuesdays &amp; Thursdays - Bowling at Colony Park</strong></td>
<td><strong>iPad Class</strong></td>
<td><strong>Walking Club</strong></td>
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<tr>
<td><strong>Wednesdays @ 9 - Needlework &amp; Card Club</strong></td>
<td><strong>Line Dancing</strong></td>
<td><strong>Chair Exercise</strong></td>
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<td><strong>Open Gym Basketball at Windy Hill Gym</strong></td>
<td><strong>University of Maryland</strong></td>
<td><strong>Chair Exercise</strong></td>
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<td><strong>Blood Pressure</strong></td>
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<td><strong>Tuesdays &amp; Thursdays - Bowling at Colony Park</strong></td>
<td><strong>Beach Chair Volleyball</strong></td>
<td><strong>Chair Exercise</strong></td>
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<td><strong>Ballroom Dancing</strong></td>
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Pinochle Thursdays at Windy Hill

We have been playing “Auction Pinochle” games on Thursday at 1 p.m. This is for new and experienced players. For anyone interested in learning instruction will be given. The goal is to get enough people playing (at least 8) that we could invite other centers to compete with us. Spearheading this effort is Dale Seaks, he is happy to answer any questions you may have. Suggest having people sign up so others don’t show up and there not be enough players.

CoPilot Issues

We continue to have issues with members not checking into and out of the CoPilot correctly. It is very important that members are signed in properly and that all of the activities you participate in are checked. This information is used for grant writing and program planning. Additionally, the lunch information is uploaded to the York Co. Area Agency on Aging for funding. We have provided a check-in and check-out list on the wall adjacent to each CoPilot. Also, it is every member’s responsibility to sign themselves up for lunch while using the CoPilot. The staff is more than happy to assist you to ensure that you are doing it correctly. Additionally, please remember to bring your CoPilot cards to check in. A $2 charge will be incurred to check in without your card.

IMPORTANT: Update your Contact Information

Please remember to update your contact information with the front office. Please provide your cell phone number to the front desk so we can keep our records up to date. Also keep your emergency contacts current and make sure we have their cell phone number too. If your spouse is also a member it is recommended that you choose someone other than them to be your emergency contact.

Windy Hill on the Campus to Host Memory Support Program

Windy Hill Senior Center located at 1472 Roth’s Church Road in Spring Grove will be offering a free 8-week Memory Support Program beginning on October 2nd from 1:30-3:30 p.m. in partnership with the Alzheimer’s Association and Good News Consulting, Inc. This is a unique program for persons who are living with dementia and their care partners to join an early-stage support group where they can connect with others facing similar challenges. The first hour will be dedicated to education on various aspects of life with dementia, and during the second hour the group will be split in two where the persons living with the disease will meet with others who have, also, been diagnosed and the care partners will meet with other care givers for support. Funding for this program is provided by a grant through the PA Department of Aging.

Participation is limited to 30 individuals. Registration is required by calling 717-225-0733.
Fitness Programs at Windy Hill

**Mondays:**
10:00 Basketball (Free)
11:00 Chair Exercise (Free)
11:00 T’ai Chi Chih ($5)*
12:30 Yoga 101 ($5)*

**Tuesdays:**
9:00 Silver Sneakers Classic ($2, Free to Silver Sneakers)
10:00 Shuffleboard (Free)
11:00 Line Dancing ($2)
1:00 Pickleball (Free)

**Wednesdays:**
9:30 Zumba Gold ($5)
9:30 Parkinson’s Exercise Class ($10)
10:00 Walking Club (Free)
10:00 Basketball (Free)
11:00 Chair Exercise (Free)

**Thursday:**
10:00 Pickleball (Free)
11:00 Walking Club (Free)
12:30 Yoga 101 ($5)*
1:30 Yoga 102 ($5)*

**Friday:**
9:30 Beginner Tap Dance - ½ hr ($2)
10:00 Walking Club (Free)
10:00 Tap Dance ($5)
11:00 Chair Exercise (Free)

The fitness room is open everyday from 8:30 a.m.—2:30 p.m.
*These classes are covered under Silver & Fit and Silver Sneakers and are $2 for participating members.

Parkinson’s Exercise Activity
This exercise class is exclusively for Parkinson's patients and their caregivers. The instructors use proven exercise and stretching techniques to help patients improve strength, balance and stamina. These exercises have been proven and the instructors certified to help Parkinson's patients. Each class is $10 and caregivers are welcome and encouraged to attend for free. The instructors have extensive experience with this disease and can adjust and individualize for the individual patient's needs. Please encourage and spread the word for this worthwhile class.

If your insurance changes to or from Silver & Fit to or from Silver Sneakers, please let Nancy know to update our records.

For the Love of a Veteran, Inc
will be in the center on Tuesday, October 22nd at lunch time to talk about their mission and encourage the collection of items for our Veterans during this holiday season. Stop in, have lunch and find out what you can do to make a service man or woman's holiday more special.

Windy Hill Lunch Program
Lunch is served Monday through Friday at 12:00 Noon. The cost for the lunch for seniors 60 and older is by donation (recommended donation is $2.00). Those 59 and younger pay $3.75. Windy Hill receives funding through the York County Area Agency on Aging solely based on the members who join us for lunch each day. Please consider signing up for lunch so that we can be compensated by the Agency on Aging and, thus, support the daily operation of Windy Hill on the Campus. Please be advised that lunch reservations must be made on the Copilot by 9:30 a.m. the day before you desire to eat lunch. Please remember to cancel your lunch as soon as you realize that you are unable to attend. This will allow us to offer that lunch to someone who may not have ordered in advance. Take out containers are available for a $1 donation.
Next Book Club to be held on
Tuesday, October 17, 2019 at 11:00 a.m.
Anne of Green Gables (Lucy Maud Montgomery)
Matthew had taken the scrawny little hand awkwardly in his; then and there he decided what to do. He could not tell this child with the glowing eyes that there had been a mistake. . . .

When eleven-year-old Anne Shirley arrives at Green Gables with nothing but a carpetbag and an overactive imagination, she knows that she has found her home.

But first she must convince the Cuthberts to let her stay, even though she isn’t the boy they’d hoped for. The loquacious Anne quickly finds her way into their hearts, as she has with generations of readers, and her charming, ingenious adventures in Avonlea, filled with colorful characters and tender escapades, linger forever in our memories.

Windy Hill at Guthrie Library
Windy Hill will be providing programming and other services for seniors in Guthrie Memorial Library at 3 Library Place, Hanover. Programs will be provided each Wednesday from 10 a.m. until 1 p.m. A lunch will be provided at a minimal cost. Transportation is also available through RabbitTransit, but co-pay per trip will be charged. Please note that these activities will be held at the library location in Hanover.

*Check with the Guthrie Library for a weekly schedule with specific activities.

UPCOMING ACTIVITIES:

Monday, November 4 - Obituary Workshop
Thursday, November 7 - Veterans Day Program
Monday, November 11 - Center Closed – Veterans Day
Tuesday, November 12 - Council Meeting w/Leo Reaver
Thursday, November 21 - Thanksgiving Dinner w/John Pepsin
Tuesday, November 26 - Birthday/Anniversary Party w/Wayne & Gène
Wednesday, November 27 - Dessert Auction
Thursday & Friday, November 28 & 29 - Center Closed – Happy Thanksgiving
Bingo Bonanza – Friday, October 18; 9:15 – 11:15 a.m. In order to play the last ‘big bonanza’ game you must be signed up to eat lunch on this day. Please register for hot lunch by October 4; please register for Bag Lunch by October 16th.

Scrapbooking with Bev – Monday, October 21; 10 a.m. Bring your pictures and enthusiasm and Bev will help you turn your memories into beautiful works of art. Supplies are provided.

Watercolor Class – Tuesday, October 22; 12:30 – 2:30 p.m. $10 All abilities invited. Sign up in the lobby, payment due at sign up. Check with Nancy to see what materials you’ll need to bring with you.

Halloween-Themed Movie with Popcorn – Wednesday, October 23; 9:30 – 11 a.m. Join us in the auditorium to enjoy a classic Halloween themed movie. Popcorn will be provided. Bring a pillow or whatever makes you more comfortable! Sign up in the lobby!

Dietician Visit & Presentation – Thursday, October 24; 10 a.m.

Blood Pressure Check – Friday, October 25; 8:45 a.m. Screenings take place in the lunchroom. Please check “Blood Pressure” on the CoPilot when you sign in.

UPMC Hanover Hospital presents “Breast Cancer” – Monday, October 28; 10 a.m. Sign up for lunch by October 24th.

Center Closed – Staff Training – Tuesday, October 29

October Birthday and Anniversary Party with Entertainment by DJ Pebbles – Thursday, October 31; 10 a.m. This day is also our Halloween Meal. Register for lunch by October 28th. Costumes optional.

Quilts for Kids –Tuesday, October 15 & Monday, October 21 at 5 p.m.; Thursday, October 10 at 10 a.m. Join the Quilts for Kids group to help make quilts to give to ill or needy children. You don’t need to know how to sew. They can always use assistance cutting fabric, etc.

Lucky Bingo (no caller) – Tom Uffelman will play Lucky Bingo on Wednesdays; October 9 & October 30 at 10 a.m. in the Café.

Ballroom Dancing – Tuesdays; 1:00 pm in the Auditorium $2 per person.

Playing Cards Club – Wednesdays; 9 a.m. Anyone who is interested, just show up and the card games will be chosen based on the consensus of the attendees.

VFW NEWS

Dining Room is open to the public Wednesdays and Fridays; 4:30-8:00 p.m. (play Bingo for cash prizes – no caller)