

Dr. Elvira Lindwall

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Note: This is a TeleVisit not an on-demand visit. Once you login to your appointment you will be placed into a virtual waiting room until Dr. Lindwall finishes with current patients and joins your call. Expect wait times to be similar to visiting the office.

Accessing your TeleVisit via a computer

The computer **must have a webcam**. You will be visually connected with Dr. Lindwall

There are two methods for connecting to your visit with your computer.

1. You will receive an e-mail 1 hour before your scheduled appointment time. You can click the, “Join this Telemed Appointment Directly” button in the e-mail.
2. Or, you can login to the patient portal (directions below) and select Join TeleVisit on the appointment card on your dashboard.
3. Complete any Vitals you know on the questionnaire. You may leave any or all the information blank
4. You will be placed into the virtual waiting room.

Directions to login to the patient portal

1. Access the patient portal website [here](#)
 - a. Click Using Mobile Phone, Enter your first name, last name, and Date of Birth to be sent a text with a code to login

OR Enter

- b. Username: Your e-mail address
- c. Password: Your patient portal password
- d. Use the Trouble Logging in link if you don't know your patient portal login information.