

Frostbite River Run
Riverview Community Club
January 27, 2019

5 MILE OVERALL RESULTS

PLACE	NAME	GENDER	AGE GROUP	PLACE IN AGE GROUP	FINISH TIME	CHIP TIME
1	Andrew Lawler	M	M20-24	1/2	31:02	31:01
2	Jonathan McGavock	M	M40-44	1/5	32:18	32:16
3	Darcey Harder	M	M45-49	1/3	32:51	32:49
4	Melanie Morris	F	F40-44	1/5	34:54	34:53
5	Max Freihammer	M	M20-24	2/2	35:16	35:15
6	Kristina Legay	F	F25-29	1/6	35:18	35:17
7	Deon Schouman	M	M25-29	1/2	35:29	35:26
8	Darryl Stewart	M	M50-54	1/7	36:22	36:20
9	Bob Cox	M	M55-59	1/8	36:25	36:23
10	Jonas Eastcott	M	M25-29	2/2	36:38	36:36
11	Alan Hopkins	M	M55-59	2/8	36:51	36:49
12	Daryl Croft	M	M30-34	1/4	36:53	36:48
13	Wilton Vivas	M	M30-34	2/4	37:16	37:14
14	Michael Brischuk	M	M35-39	1/4	37:35	37:32
15	Ian Lawrence	M	M50-54	2/7	37:53	37:46
16	Vanessa Geswein	F	F40-44	2/5	38:03	37:48
17	Michael Hamson	M	M45-49	2/3	38:06	38:02
18	Courtney Gilchrist	F	F30-34	1/5	38:48	38:42
19	Aaron Letts	M	M35-39	2/4	38:52	38:33
20	Natalie Lovetri	F	F35-39	1/5	38:57	38:51
21	Gordon Flett	M	M55-59	3/8	38:59	38:57
22	Edward Willmott	M	M55-59	4/8	39:08	39:06
23	Glenn Oleksuk	M	M50-54	3/7	40:02	39:58
24	David Lawler	M	M60-64	1/1	40:18	40:15
25	Derek Sims	M	M50-54	4/7	41:05	40:43
26	Marianela Lopez	F	F50-54	1/5	41:21	41:17
27	David Hooper	M	M0000	1/1	41:47	41:44
28	David Liebl	M	M35-39	3/4	41:51	41:42
29	Christopher Struhan	M	M40-44	2/5	41:54	41:34
30	William Trossel	M	M40-44	3/5	41:57	41:46
31	Pam Lawrence	F	F50-54	2/5	42:23	42:14
32	Till Freihammer	M	M55-59	5/8	43:18	42:56
33	Marla Watt	F	F25-29	2/6	43:49	43:44
34	Lynn Glowach	F	F55-59	1/2	44:27	44:23
35	Fern Doucet	M	M50-54	5/7	44:31	44:29
36	Nicole Roach	F	F20-24	1/2	45:08	45:05
37	Sherry Seymour	F	F0000	1/1	45:43	45:37
38	Quinn Lawrence	F	F25-29	3/6	45:46	45:36
39	Suzete Moniz	F	F40-44	3/5	45:49	45:37
40	Stephen Terichow Parrott	M	M55-59	6/8	46:13	46:05
41	Alexa Dettman	F	F30-34	2/5	46:14	46:06

42	Nancy Gilchrist	F	F60-64	1/2	15/36	46:39	46:32
43	Michelle MacMillan	F	F35-39	2/5	16/36	46:46	46:39
44	Lauren MacMillan	F	F35-39	3/5	17/36	46:47	46:40
45	Bryan Mintenko	M	M40-44	4/5	28/37	47:06	47:01
46	Basem Shaker	M	M30-34	3/4	29/37	47:32	47:28
47	Chrissy Tournier Croft	F	F30-34	3/5	18/36	47:39	47:31
48	Julie Simpson	F	F35-39	4/5	19/36	47:48	47:36
49	Harold Kluger	M	M55-59	7/8	30/37	48:12	48:03
50	Rachael Moran	F	F25-29	4/6	20/36	48:14	47:59
51	Michael Kelly	M	M30-34	4/4	31/37	48:22	48:06
52	Brenda Krueger	F	F60-64	2/2	21/36	48:31	48:23
53	Kathy Pragnell	F	F50-54	3/5	22/36	48:35	48:26
54	Jennefer Larsen	F	F35-39	5/5	23/36	48:48	48:34
55	Susan McMurrich	F	F55-59	2/2	24/36	49:16	49:12
56	Trevor Sims	M	M55-59	8/8	32/37	49:36	49:30
57	Ernie Remillard	M	M40-44	5/5	33/37	49:55	49:42
58	Rhian Christie	F	F45-49	1/3	25/36	49:56	49:45
59	Rob Elder	M	M50-54	6/7	34/37	50:02	49:50
60	Paige Zentner	F	F45-49	2/3	26/36	50:24	50:17
61	Christy Miyanishi	F	F40-44	4/5	27/36	50:39	50:39
62	Jamila Rempel	F	F20-24	2/2	28/36	50:46	50:39
63	Holly Sommer	F	F50-54	4/5	29/36	51:23	51:18
64	Jason Oliver	M	M35-39	4/4	35/37	52:09	51:59
65	Amanda Macrae	F	F45-49	3/3	30/36	53:29	53:16
66	Dave Shearer	M	M50-54	7/7	36/37	53:29	53:25
67	Kurt Friesen	M	M45-49	3/3	37/37	54:13	53:55
68	Katie Gilbert	F	F25-29	5/6	31/36	54:24	54:07
69	Amanda Arch	F	F30-34	4/5	32/36	54:33	54:16
70	Kassy Bouchard	F	F30-34	5/5	33/36	57:25	57:11
71	Vicky Gielas	F	F40-44	5/5	34/36	1:01:36	1:01:29
72	Brenna Dixon	F	F25-29	6/6	35/36	1:01:46	1:01:40
73	Jill Saunders	F	F50-54	5/5	36/36	1:03:18	1:03:07

AGE-GROUP RESULTS
STATISTICAL PURPOSES ONLY, NO AWARDS GIVEN OUT
Frostbite River Run
Riverview Community Club
January 27, 2019

***** MALE OVERALL RESULTS FOR Frostbite River Run 5 Mile *****

1	Andrew Lawler	31:02
2	Jonathan McGavock	32:18
3	Darcey Harder	32:51

***** FEMALE OVERALL RESULTS FOR Frostbite River Run 5 Mile *****

1	Melanie Morris	34:54
2	Kristina Legay	35:18
3	Vanessa Geswein	38:03

FEMALE AGE GROUP: 20 to 24

1	Nicole Roach	45:08
2	Jamila Rempel	50:46

FEMALE AGE GROUP: 25 to 29

1	Kristina Legay	35:18
2	Marla Watt	43:49
3	Quinn Lawrence	45:46
4	Rachael Moran	48:14
5	Katie Gilbert	54:24
6	Brenna Dixon	1:01:46

FEMALE AGE GROUP: 30 to 34

1	Courtney Gilchrist	38:48
2	Alexa Dettman	46:14
3	Chrissy Tournier Croft	47:39
4	Amanda Arch	54:33
5	Kassy Bouchard	57:25

FEMALE AGE GROUP: 35 to 39

1	Natalie Lovetri	38:57
2	Michelle MacMillan	46:46
3	Lauren MacMillan	46:47
4	Julie Simpson	47:48
5	Jennefer Larsen	48:48

FEMALE AGE GROUP: 40 to 44

1	Melanie Morris	34:54
2	Vanessa Geswein	38:03
3	Suzete Moniz	45:49
4	Christy Miyanishi	50:39
5	Vicky Gielas	1:01:36

FEMALE AGE GROUP: 45 to 49

1	Rhian Christie	49:56
2	Paige Zentner	50:24
3	Amanda Macrae	53:29

FEMALE AGE GROUP: 50 to 54

1	Marianela Lopez	41:21
2	Pam Lawrence	42:23
3	Kathy Pragnell	48:35
4	Holly Sommer	51:23
5	Jill Saunders	1:03:18

FEMALE AGE GROUP: 55 to 59

1	Lynn Glowach	44:27
2	Susan McMurrich	49:16

FEMALE AGE GROUP: 60 to 64

1	Nancy Gilchrist	46:39
2	Brenda Krueger	48:31

FEMALE AGE GROUP: No Age Given

1	Sherry Seymour	45:43
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MALE AGE GROUP: 20 to 24

1	Andrew Lawler	31:02
2	Max Freihammer	35:16

MALE AGE GROUP: 25 to 29

1	Deon Schouman	35:29
2	Jonas Eastcott	36:38

MALE AGE GROUP: 30 to 34

1	Daryl Croft	36:53
2	Wilton Vivas	37:16
3	Basem Shaker	47:32
4	Michael Kelly	48:22

MALE AGE GROUP: 35 to 39

1	Michael Brischuk	37:35
2	Aaron Letts	38:52
3	David Liebl	41:51
4	Jason Oliver	52:09

MALE AGE GROUP: 40 to 44

1	Jonathan McGavock	32:18
2	Christopher Struhan	41:54
3	William Trossel	41:57
4	Bryan Mintenko	47:06
5	Ernie Remillard	49:55

MALE AGE GROUP: 45 to 49

1 Darcey Harder	32:51
2 Michael Hamson	38:06
3 Kurt Friesen	54:13

MALE AGE GROUP: 50 to 54

1 Darryl Stewart	36:22
2 Ian Lawrence	37:53
3 Glenn Oleksuk	40:02
4 Derek Sims	41:05
5 Fern Doucet	44:31
6 Rob Elder	50:02
7 Dave Shearer	53:29

MALE AGE GROUP: 55 to 59

1 Bob Cox	36:25
2 Alan Hopkins	36:51
3 Gordon Flett	38:59
4 Edward Willmott	39:08
5 Till Freihammer	43:18
6 Stephen Terichow Parrott	46:13
7 Harold Kluger	48:12
8 Trevor Sims	49:36

MALE AGE GROUP: 60 to 64

1 David Lawler	40:18
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MALE AGE GROUP: No Age Given

1 David Hooper	41:47
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