

Riverside County Desert Region

Service Directory

Second Release: July, 2018

Dear Service Directory recipients,

We would like to thank you for your efforts in providing services (either directly or indirectly) throughout the Desert Region of Riverside County that are designed to improve the lives of our youth. The Riverside County Department of Mental Health (RCDMH) believes that our ability to collaborate with one another allows for the augmentation of services to the youth through improved communication, referrals, and comradery. Accordingly, the RCDMH has commissioned the creation of the Desert Region Service Directory.

The Directory contains program information from many providers throughout the Desert Region (and beyond), and we hope that it proves to be a valuable and often utilized resource for yourself and your program. Its electronic release allows for modifications as needed and further allows for easy distribution amongst colleagues. We encourage you to provide a copy to those with whom you work in addition to anyone you believe could and would benefit from the information contained within. The electronic format will also allow for increased ease in searching for services and or organizations.

We would like to thank the Department of Mental Health for their belief in the idea that together, we are more likely to touch the lives of our youth in a way that leads to their prosperity and happiness. Additionally, we would like to thank you for your continued efforts. We're proud to be members of our Desert Region "team."

Sincerely,

Roberto Lopez, LCSW
Oasis Community Services Director

Kraig Johnson
Community Capacity Coordinator

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ABC Recovery Center, Inc.

Description: Located in Indio, CA, ABC Recovery Center offers all levels in the continuum of care for substance dependence including detoxification, residential, outpatient and transitional living. Our center provides two distinct models of residential treatment including social model and clinical care. We use a multi-systemic approach to care created from the best evidence-based methods available. Clients learn about the disease of addiction, recovery and relapse prevention while they slowly and methodically transition back into the community as productive members.

Site Name: ABC Recovery Center

Site Address: 44359 Palm Street, Indio, CA 92201

Program Phone(s): (760) 342-6616; FAX (760) 347-8276

Agency Hours: Administration, Monday – Friday, 8:00 am to 5:00 pm

Program Hours: Outpatient, 6:00 – 8:00 pm; Partial Hospitalization Program, 8:00 am – 5:00 pm, Monday – Friday

Area Served: All

Eligibility: Applicants must present with a primary diagnosis of substance abuse or substance dependence. Clients will receive a physical and psychological health screening prior to admission to determine suitability for the program.

Languages: English, limited Spanish services available.

Active Minds @ COD

Description: Active Minds @ COD is a club that is part of a national organization and movement on college campuses that is working towards de-stigmatizing mental health disorders by promoting an open discussion of mental health. The mission of the club is to “Change the Conversation” about mental health and to use the energy and dedication of young adults in the fight against the stigma that surrounds mental health disorders. Members of the club work to educate, enlighten, and empower all young adults to ensure their own positive mental health.

This campus based club works to increase students’ awareness of mental health issues, provide information and resources regarding mental health and mental illness, encourage students to seek help as soon as it is needed, and serve as liaison between students and the mental health community.

The club works closely with Student Psychological Services at College of the Desert to provide accurate community resource information. Active Minds at COD also participates, when possible, in national Active Minds programming, such as National No Stress Out Day and No Stigma Day.

Site Name: Active Minds @ COD

Site Address: College of the Desert, 43500 Monterey Avenue, Palm Desert, CA 92260

Agency Hours: 9.00 am – 5:00 pm

Program Hours: Varies

Areas Served: Desert Region, Riverside County. College of the Desert, Palm Desert. Eastern Valley Center and Mecca-Thermal Center.

Eligibility: Enrollment at College of the Desert

Languages: English

American Foundation for Suicide Prevention (AFSP)

Description: The American Foundation for Suicide Prevention (AFSP) is the leading national not-for-profit organization exclusively dedicated to understanding and preventing suicide through research, education and advocacy, and to reaching out to people with mental disorders and those impacted by suicide.

RESEARCH: fund scientific research on suicide causation, prevention and treatment;

AFSP encourages established investigators to undertake innovative approaches and explore new directions in suicide research. AFSP also encourages talented new investigators to enter the field of suicide research through grants that provide training support and mentoring. Since 2000, AFSP has given grant support totaling over \$20 million to scientists throughout the country and abroad for studies on neurobiological, genetic, epidemiological, clinical, psychological and sociological aspects of suicide.

EDUCATION and INTERVENTION: offer educational programs and trainings for professionals and educate the public about mood disorders and suicide prevention;

AFSP offers educational programs focused on reducing the stigma associated with suicide and increasing awareness about prevention, warning signs and the psychiatric illnesses most often responsible for suicide. Standardized presentations are available to community groups, schools, parents, students, and concerned individuals. Gatekeeper trainings are also available to educators, physicians, mental health professionals, and the media (as well as the general community) to help them better understand, identify and bring to treatment depressed and suicidal individuals.

- [More Than Sad](#): Program to help teachers and other school personnel learn more about teen suicide and how they can play a role in its prevention; designed to comply with state requirements/recommendations for teacher education in suicide prevention, and can be used for group trainings or individual study
- [After a Suicide: A Toolkit for Schools](#): Printed resource to assist schools in the aftermath of a suicide (or other death) in a school community
- [Interactive Screening Program](#): Interactive, web-based method of reaching out to students (or other individuals) at risk of suicide, and encouraging them to get help
- [Physician Depression and Suicide Prevention Project](#): Works with a range of other groups and professional organizations to address the disproportionately high rates of suicide among physicians and physicians in training
- [Media Project](#): Printed resource to encourage responsible reporting of suicide by news media
- [LGBT Depression and Suicide Prevention Project](#): An initiative aimed at reducing suicide among lesbian, gay, bisexual and transgender populations
- [Billboard Campaign](#): Educates Americans through mass media about the serious nature of depression, and to urge those clinically depressed to see a medical doctor

American Foundation for Suicide Prevention (AFSP) (continued)

ADVOCACY: Promote policies and legislation that impact suicide and prevention;

The **Suicide Prevention Action Network USA (SPAN USA)** merged with AFSP in 2009 to create a public policy program. This program is dedicated to preventing suicide through public education and awareness, community engagement, and federal, state and local grassroots advocacy.

- Field Advocate Program: Provides individuals with the information and resources necessary to become a successful advocate for suicide prevention; offers webinars on suicide prevention policy and information

OUTREACH and SUPPORT: Provide programs and resources for survivors of suicide loss and people at risk, and involve them in the work of the Foundation

AFSP provides referrals and resources to help survivors cope with their loss, their pain, their questions and their journey of healing. AFSP also provides trainings for support group facilitators, first responders, clergy members, mental health professionals and others in the community, to better assist individuals when a death by suicide occurs.

- Out of the Darkness Community Walks: Free community event which takes place annually in over 300 cities across the nation; helps to raise awareness of suicide, break the stigma of mental illness, honor loved one lost, and raise vital funds to support local and national suicide prevention efforts (www.outofthedarkness.org)
- International Survivors of Suicide Day: Community event which takes place annually in locations around the world; provides **survivors of suicide loss the opportunity to gather together to grieve, heal, and honor the person they lost** (www.afsp.org/survivorday)

Site Name: N/A

Site Address: N/A

Program Phone(s): Contact: Jessica van der Stad, Area Director

Email: jvanderstad@afsp.org

Main Office: (760) 459-9959

FAX: (888) 505-5675

Agency Hours: Monday - Friday, 8:00 am – 5:00 pm

Program Hours: Programs are offered and available 7 days a week.

Areas Served: AFSP is a national organization with community-based Chapters across the nation. The AFSP Coachella Valley serves the greater desert region area.

Eligibility: No requirements are necessary.

Languages: English and Spanish

Al-Anon Family Groups

Description: A fellowship of men, women and children of all ages and backgrounds whose lives have been affected by the compulsive drinking of a family member or friend.

Site Name: Al-Anon in the Desert

Site Address: 73-441 Fred Waring #2, Palm Desert, CA 92260

Program Phone(s): (760) 674-9554

Agency Hours: Monday, Tuesday, and Thursday, 10:00 am – 4:00 pm

Program Hours: See above.

Area Served: Coachella Valley and High Desert

Eligibility: Anyone affected by someone else's drinking is eligible.

Languages: English and some designated Spanish

All-Desert Wellness Centers

Description: All-Desert Wellness Centers (ADWC) is a 501(c)3 non-profit provider of mental and behavioral health services focusing on the needs of individuals, children, adolescents, adults, seniors, and their families in the desert communities of Coachella Valley and outlying high desert areas. Our aim is to empower individuals and families to build and maintain healthy lives that enable them to cultivate better relationships and pursue meaningful work/education and leisure activities. Additionally, with a respect for diversity, we aim to strengthen the entire community and its individuals, contributing to better well-being and healthy lifestyles now and throughout their lives.

General Services: ADWC provides individual, couple, family and group counseling to all ages (child-senior) at an often very low-cost, based on a sliding scale reliant on income and number of dependents, so that uninsured people can get the services and resources they need. Scholarships are sometimes available. Dependent on the circumstances or program, ADWC provides services in-office, as well as in the community, in-home, and in-school.

Operation S.A.V.E. Our Youth Program: Experiential program aimed at changing the effects of trauma, abuse, and neglect for at-risk youth (ages 12-18). Services are encompassed by several different programs.

Teen Empowerment Program: Community-based program for 12-18 year-olds.

Various Groups and workshops:

- Alcoholics Anonymous (young adults or “young at heart”)
- Trauma & Crisis Recovery (adult women)
- Teen Girls Group
- Teen Boys Group
- Strength-Based Parenting
- Kids Empowerment Group
- Women’s Support Group
- Men’s Support group
- Family Support of the Incarcerated
- New Beginnings: Support for Parolees
- Art Workshops for Adults & for Kids (free to SELMA members & ADWC clients)
- Meditation & Creativity Art Workshop

**We are always adding new groups and workshops & will try to fill gaps in the community where services are needed.

Site Name: All-Desert Wellness Centers

Site Address: 74-200 Highway 111, Palm Desert, CA 92260

Program Phone(s): (760) 797-5151

Agency Hours: By Appointment Only

All-Desert Wellness Centers
(continued)

Program Hours: Hours vary. Please contact for current schedules and to make an appointment.

Areas Served: Desert Region of Riverside County – includes some mountain regions & high desert areas (including some areas in San Bernardino County), as well.

Eligibility: All persons eligible. No requirements necessary.

Languages: English and Spanish

Alliance Human Services, Inc.

Description: Alliance Human Services is a not-for-profit social services agency that holds several contracts with public purchasers, including the Departments of Social Services, Juvenile Justice, and Developmental Services for the provision of treatment foster care services in seven states. These include: North and South Carolina, Ohio, Illinois, Indiana, Texas, and Massachusetts. Approximately 1,750 children and youth are provided services via a treatment foster care program design. Similar programs are now being launched in the District of Columbia, Florida and California.

Alliance Human Services employs a strength-based approach to treatment planning, implementation, and oversight. At Alliance Human Services the staff firmly believe that positive outcomes are a direct result of the relationship between the Certified Parent and the child.

Alliance's Foster Family Agency serves children age 0-19 years who are dependents of the court, AB 12 as well as children maybe children of the Regional Center who are diagnosed with:

- Mental Retardation (mild, moderate, severe, profound);
- Autism;
- Epilepsy;
- Cerebral Palsy;
- Conditions closely related to mental retardation that requires similar treatment; and
- Emotional and/or Behavioral Problems.

Site Name: Alliance Human Services, Inc.

Site Address: 9166 Anaheim Place, ste. 225, Rancho Cucamonga, CA 91730

Program Phone(s): (909) 476-1185

Agency Hours: Monday – Friday, 9:00 am – 5:00 pm

Program Hours: 9:00 am – 5:00 pm. Open to having evening and Saturday appointments based on needs.

Areas Served: Riverside and San Bernardino Counties

Eligibility: Contracted through the Counties and Regional Center. Can also do private placements.

Languages: English and Spanish

Alternatives to Domestic Violence

Description: Alternatives to Domestic Violence (ADV) offers a multitude of comprehensive services and programs that are working to reduce domestic violence in western Riverside County.

24-Hour Crisis line – Provides crisis intervention counseling and ongoing support, information on domestic violence and referrals to other ADV programs and community support services.

Casa De Paz – Emergency shelter and transitional living facility for women and their children. Comprehensive services include counseling, life skill training and other programs designed for personal empowerment, self-reliance and economic independence.

Children's Shelter Program – Licensed child development program for children of shelter clients designed to break the inter-generational cycle of violence by building self-esteem and teaching non-violent problem solving skills in a family-focused, safe environment.

OutReach Services – Paraprofessional one-on-one and crisis counseling, advocacy, support groups, temporary restraining order assistance and referrals through regional centers in Corona, Riverside, Hemet, and a satellite site in Beaumont.

Batterer's Treatment Program – Providing Anger Management for perpetrators of domestic violence referred by CPS because they are at risk of losing custody of their children. The program is also available to those mandated by the courts, probation/parole and the self-referred.

Corona Counseling Connection – CCC is a division of ADV providing fee-based therapy to individuals, couples, children and families. Psychotherapists are able to treat a full range of mental and emotional disorders. The service fee is based on the client's ability to pay.

Military Families Initiative- Serving those who serve. A comprehensive program developed to address the unique issues faced by military personnel, their spouses and children. The MFI program provides counseling and support to help strengthen and heal the families of the men and women who serve our country.

Site Name: Alternatives to Domestic Violence

Site Address: Beaumont, Hemet, Riverside, and Corona

Program Phone(s): 24-hour Crisis Line: (800) 339-7233; (951)-679-8365 TTY

ADV Administrative Offices: (951) 320-1370

Riverside: (951) 320-1374

Beaumont (Located at Police Department): (951) 769-8500

Corona: (951) 737-8410

Hemet: (951) 929-3079

Alternatives to Domestic Violence
(continued)

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Casa De Paz – 24 hours/day, 7 days/week

Areas Served: Western Riverside County; Banning/Beaumont

Eligibility: Referrals by CPS, Court, Law Enforcement, Medical, etc., and self-referrals

Languages: English and Spanish

Alzheimer's Association Coachella Valley Regional Service Center

Description: The Alzheimer's Association Coachella Valley Regional Service Center offers the following services/programs:

- **Toll Free Help-Line:** Our 24-hr helpline provides emotional support, caregiving advice and referrals to local healthcare, financial, legal and community resources.
- **Facilitated Support Groups:** Peer and professionally led meetings for people living with dementia, family caregivers and others affected by the disease.
- **Care Consultation:** Individual sessions, by phone and face to face, help families with care planning issues and offer practical methods for coping with the disease.
- **Education:** Informative presentations, professional speakers, and library of books, journals, tapes, DVD's, and a comprehensive website.
- **Early Stage Services:** Education, family consultation and support groups for individuals in the early stages of the disease or with younger onset Alzheimer's.
- **Professional Training:** Quality on-site and web-based training for healthcare professionals: www.alzceu.org
- **Advocacy:** Public policy activities to encourage legislative reform that improves care and increases funding for research.
- **Medic Alert + Safe Return:** A nationwide service that helps Identify, locate and return people who are lost.

Site Name: Alzheimer's Association Coachella Valley Regional Service Center

Site Address: 69730 Highway 111, Ste. 202, Rancho Mirage, CA 92270

Program Phone(s): (760) 328-6767, (800) 272-3900 Help-line

Agency Hours: 8:30 am – 5:00 pm

Program Hours: 8:30 am – 5:00 pm

Areas Served: Coachella Valley/Morongo Basin

Eligibility: Anyone Impacted by Alzheimer's and related diseases

Languages: English/Spanish

Angel Light Academy **Youth Leadership Training Institute**

Description: Angel Light Academy (ALA) is a 501 (c) (3) nonprofit Arizona and California corporation that teaches leadership, team building, problem solving, and conflict resolution and communication skills to youth and adults. The organization believes that every person has their own innate leadership ability and is a caring resource for people of all ages who seek to change their lives.

Angel Light Academy's Mission is to enhance the health, happiness and well-being of individuals through the practice and demonstration of unconditional love. This is accomplished through Education, Service and Research. The reputation and success of this training organization has created trusted relationships with teachers, school districts and community professionals resulting in increased requests for all of our programs. ALA creates inspiring leaders who provide exceptional service to others and to their communities through training, mentoring and nurturing.

Each March ALA begins its year of programming with the Annual Youth Leadership Kick-off Conference. This intense 2-day leadership program teaches leadership traits, communication skills, problem solving, teamwork, and community service. The first Conference was in 1998. Students spend two days with highly trained and qualified facilitators experiencing leadership in such a way that they can take the learning and apply it to real-life situations. The use of skits, games, and workbooks keep students engaged with the learning. Students learn to solve their everyday problems, build self-confidence, and learn to become role-models for their friends and families. They identify and solve real-life school, community and personal problems that they face. Students create action plans that are safe, doable and can be enacted upon leaving the conference.

After the Youth Leadership "Kick-off" Conference, young leaders are invited to train with the **Youth Leadership Training Institute's** year-round Junior Leader Program. This in-depth training gives the leaders further experience in practicing leadership traits, improving communication skills, and giving in service to the community. Junior Leaders are responsible for attending service projects in their community and many Junior Leaders are challenged to organize and conduct their own service projects. These projects have opened the door for the new structure of the program.

The Junior Leader Program is facilitated by a dedicated group of volunteers, each with their own strengths and experiences. They are now able to use their personal expertise to more closely guide the Junior Leaders in their training. They are taught leadership, communication, and teambuilding skills. They have a schedule of activities, service, and field trips to help leaders become more aware of current issues and needs in the community. Junior Leaders put their leadership into action. They learn important lessons about citizenship, respect for all people, and making the most of their lives. They are also trained to assist at the "Kick-off" Conference where they put on skits portraying real-life problems, help new leaders learn to solve problems, and act as student mentors. Their experience in the year-round training gives them the skills, confidence, and compassion to make a difference in the lives of new leaders each year.

The Levels of Excellence Pin Program was initiated last year. Each student completes the requirements for each level and receives a recognition pin upon completion.

Angel Light Academy
Youth Leadership Training Institute
(continued)

Site Name: Angel Light Academy

Site Address: 78-365 Highway 111 #342, La Quinta, CA 92253

Program Phone(s): (866) 302-6435

Agency Hours: N/A

Program Hours: Call the number above for Program Schedules.

Areas Served: The Coachella Valley and Orange County

Eligibility: Services are available to children who request them. Volunteers are encouraged to call for training information.

Languages: Spanish speaking volunteers are available to assist students.

Banning Unified School District

Description: Comprehensive public education grades Kinder – 12th

Site Name: Banning Unified School District

Site Address: 161 W. Williams, Banning, CA 92220

Program Phone(s): (951) 922-2706

Agency Hours: 8:00 am – 4:30 pm

Program Hours: Same as above

Areas Served: Banning, Cabazon, Whitewater

Eligibility: Live within Banning, Cabazon or Whitewater

Languages: English and at some sites Spanish

Barbara Sinatra Children's Center

Description: The Mission of the non-profit center is to counsel sexually, physically and emotionally abused children and to break the generational cycle of abuse. Counseling services include: Psychosocial assessment, Sexual Abuse Assessment, Individual Psychotherapy, Family Therapy, Art/Play Therapy, Group Therapy, Self-Esteem Program, Girls' Teen Group, Anger management, Conflict Resolution, Communication Skills, Sexual Abuse Therapy Group, Mothers of Abused Children, Adults Molested as Children Bosley the Bear: Good Touch/Bad Touch Education, Psychiatric Evaluation, Psychological Testing, Adult counseling for Parents of clients, Forensic Exams. We are a 12,500 square foot outpatient state-of-the-art facility located on the grounds of Eisenhower Medical Center, Rancho Mirage, CA.

Site Name: Barbara Sinatra Children's Center, Eisenhower Medical Center

Site Address: 39000 Bob Hope Drive, Rancho Mirage, CA 92270

Program Phone(s): (760) 340-2336

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Same as above

Areas Served: The entire Coachella Valley including the cities of: Palm Springs, Desert Hot Springs, Palm Desert, Rancho Mirage, Bermuda Dunes, Cathedral City, Coachella, Indio, Thousand Palms, Twenty-Nine Palms, La Quinta, Indian Wells, Thermal and Mecca.

Eligibility: No Referral required

Languages: English and Spanish

Betty Ford Center Children's Program

Description: Addiction is a disease that affects the entire family. Research clearly shows that it also tends to run in families, so children from alcoholic and other drug addicted families are at high risk. Empowering these youngsters with healthy living skills is prevention at its best. Helping children learn that their loved one's addiction is not their fault and that they are not to blame allows them to become kids again.

The Children's Program is a unique prevention program for children, parents and families to begin the healing process. The program offers a balanced blend of learning, playing and growing for children of alcoholics and addicts, ages 7-12. Youngsters learn basic facts about addiction in an age-appropriate way, learn that it's not their fault, share feelings and develop a variety of coping and self-care skills. Through their artwork, stories and letters to "Dear Addiction," the children share with their parents about what it's been like for them living with the disease. This is a very powerful and moving experience. Parents respond the next day by often asking for forgiveness and letting their children know how much they love them. On the last day they work together on how the family will proceed with its recovery.

- Ages served – 7 to 12 year olds.
- Population served – Children of patients at the Betty Ford Center, other treatment facilities and the general public.
- Cost – The cost is \$400 per child. No child is turned away due to an inability to pay. Scholarships are available.
- Frequency - Programs occur 2-3 times monthly on campus, running Thursday through Sunday. Programs also take place in local schools, Texas and Colorado.

Upon completion of the four-day program, aftercare recommendations are provided to each family. The Betty Ford Center Children's Program also provides a weekly Continuing Care group for any child who has completed the program. This group occurs every Wednesday evening from 5:30 – 6:30 pm at the Daniel's Children's Pavilion, "Kid Zone".

Site Name: Betty Ford Center

Site Address: 39000 Bob Hope Dr., Rancho Mirage, CA 92203
www.bettyfordcenter.org

Program Phone(s): Toll free – (800) 854-9211; Direct – (760) 773-4291;
FAX – (760) 773-2950

Agency Hours: Monday – Friday, 8:00 am – 4:30 pm

Program Hours: Offer twice per month; Thursday – Sunday, 8:00 am – 3:15 pm
Call for program dates and availability.

Areas Served: Children from all locations are welcome.

Eligibility: Open to all children ages 7-12 who have been affected by a loved one's alcoholism or other drug addiction.

Languages: English

Bienestar

Description: Bienestar is a non-profit social service organization dedicated to positively impacting the health and well-being of the Latino community and other underserved communities in Riverside County. Bienestar provides HIV testing, case management and support groups for the community. Food services and transportation services are also available to those who qualify. Bienestar offers services to clients and non-clients (walk-ins).

Mano a Mano Support Group

Men & Women Living With or Affected by HIV/AIDS: Provides peer support in a peer run support group that address issues relating to HIV/AIDS. Servicing ages 18 & up, location in Coachella.

Site Name: D.A.C.E. – Desert Alliance for Community Empowerment

Site Address: 53-990 Enterprise Way Suite #6B, Coachella, CA 92236

Program Phone(s): (760) 398-3166, (760) 398-3009 FAX

Areas Served: Desert Region, Riverside County

Eligibility: Be infected with HIV/AIDS; walk-ins accepted for peer support groups.

Languages: English & Spanish

Birth Choice of the Desert

Description: Birth Choice is an abortion alternative organization staffed with trained and compassionate volunteers who lovingly help any pregnant woman or girl, no matter what her situation may be. All of our services are free and confidential and include:

- Pregnancy Test
- Community Resources Information
- Adoption Information & Referrals
- Medical Care Referrals
- Post-Abortion Healing
- Professional Counseling Referrals
- Shelter Homes
- Maternity Clothes/Layettees
- Educational Guidance
- Speakers to Schools or Club Groups

Birth Choice is a friendly refuge for a woman of any age who thinks she may be pregnant, and it's a safe place where women can take all the time they need to work through their own situation without pressure. Birth Choice is here to listen and care; it's one of the things we do best! We offer not only our friendship, but also the emotional support and material resources a woman or girl may need.

Site Name: Birth Choice of the Desert

Site Address:

79-440 Corporate Center Drive, Suite 106, La Quinta, CA 92253 AND
51-335 Harrison Street, Suite 105, Coachella, CA 92236
E-mail: j.caballero@desertbirthchoice.org
www.desertbirthchoice.org

Program Phone(s):

La Quinta office, (760) 775-LOVE (5683)
Coachella office, (760) 398-3355
24/7 Helpline, (800) 395-4357

Agency Hours: Monday – Friday, 11:00 am – 3:00 pm

Area Served: Coachella Valley

Eligibility: Everyone is eligible.

Languages: English and Spanish

Boys & Girls Clubs of the Coachella Valley

Description: The Boys & Girls Clubs help youth become responsible, caring citizens and acquire skills necessary to make a positive impact on their communities. Clubs provide a safe, affordable place for young people during non-school hours and during the summer and are led by paid, trained youth development professionals. In addition to providing a chance to play, have fun, laugh, and learn, they also offer opportunities to build new skills that raise each child's belief that he or she can succeed and receive recognition for personal accomplishments. The Clubs provide an opportunity to develop ongoing relationships with caring adults and connections to new friends in a positive environment, reinforcing a sense of belonging, personal accountability, civility and civic responsibility. The Clubs offer a safe place to spend time and are an alternative to the streets or being home alone.

Site Name: Boys & Girls Clubs of the Coachella Valley

Site Address:

- Coachella: The Frank Foster & Palmer Powell Family Clubhouse, 85-350 Bagdad Avenue, Coachella, CA 92236
- Desert Hot Springs: Desert Hot Springs Clubhouse, 66-150 8th Street, Desert Hot Springs, CA 92240
- Indio: The John Carroll & Jim O'Brien Boys & Girls Club, 83-100 Date Avenue, Indio, CA 92201
- La Quinta: President Gerald R. Ford Boys & Girls Club, 49-995 Park Avenue, La Quinta, CA 92253
- Mecca: Joel E. Smilow Clubhouse, 91-391 Avenue 66, Mecca, CA 92254

Program Phone(s):

- Coachella: (760) 398-5287
- Desert Hot Springs: (760) 329-1312
- Indio: (760) 347-5712
- La Quinta: (760) 564-5555
- Mecca: (760) 396-2380

Agency Hours:

School days: 2:00 – 6:00 pm (8:00 pm for teens)
Summer session: 7:30 am – 5:30 pm

Program Hours: As above

Areas Served: The Coachella Valley

Eligibility: All youth between the ages of 7-18 are eligible.

Languages: English and Spanish (at select sites)

Braille Institute of America

Description: Braille Institute is a nonprofit organization whose mission is to eliminate barriers to a fulfilling life caused by blindness and severe sight loss. We offer a variety of free programs, classes and services at five Centers and 220 Community Outreach locations throughout Southern California. Each year Braille Institute serves more than 75,000 people. We provide an environment of hope and encouragement through integrated educational, social, and recreational programs, services, classes, and seminars. Our rich history dates back nearly a century. We are operated and funded almost entirely through private individual and foundation sources. Generous donors and dedicated efforts by more than 4,000 volunteers enable staff to provide training, programs and services without charge.

Adult Education: Each year more than 2,500 adults benefit from a wide variety of teaching and skill-building programs that are available free of charge. Core focus areas include independent living skills, orientation and mobility, sensory awareness, adaptive cooking, home management, braille reading and writing, and enrichment courses that provide each participant with meaningful social and recreational opportunities. And, Braille Institute's Community Outreach efforts assist more than 3,200 people each year.

Support Services: Trained counselors help students adjust to impaired eyesight, also working with each family to help build an effective support network. Upon admission, adult clients receive counseling and assistance in selecting classes that will be of greatest benefit to them.

Youth & Career Services: Programs are available for children between the ages of 6 and 18, as well as young adults ages 19 to 30, that help emphasize independent living skills and employment preparation through internships, job counseling and referrals. An assistive technology equipment loan program supports study skills and academic performance.

Library Services: Serving more than 33,000 patrons annually in 10 Southern California counties, Braille Institute's library collection features 1.2 million books and nearly 100,000 individual titles covering an extensive range of topics. Reading materials are provided in braille and on cassette.

Low Vision Rehabilitation Services and Access Technology: Braille Institute provides more than 5,000 personal consultations each year to demonstrate a wide variety of available equipment and adaptive devices to help maximize remaining vision. These devices range from magnifiers and desk lamps to closed-circuit televisions (CCTVs) and talking computers. Can't make it to one of our regional centers? We'll bring Braille Institute's free services closer to you with our specially equipped Mobile Solutions vehicles.

Site Name: Braille Institute Desert Center

Site Address: 70251 Ramon Road, Rancho Mirage, CA 92271

Program Phone(s): (760) 321-1111, (760) 321-9715 FAX

Agency Hours: Monday – Friday, 8:30 am – 5:00 pm

Braille Institute of America
(continued)

Program Hours: Same as above

Areas Served: Riverside, San Bernardino and Imperial counties

Eligibility: Physician referral or self-referral

Languages: English, Spanish

Building Healthy Communities – Eastern Coachella Valley

Description: Building Healthy Communities (BHC) is a 10-year, \$1 billion program of The California Endowment. Fourteen communities across the state are taking action to make themselves and their living environments healthier. They are doing this by improving employment opportunities; access to education, affordable housing, and healthy foods; ensuring neighborhood safety; doing away with unhealthy environmental conditions; and building resident and youth power. Through this Building Healthy Communities initiative, the Endowment and those involved have come to understand that health happens not just in doctors' offices, but health happens in neighborhoods, schools, and with prevention. The goal: to create places where children are healthy, safe and ready to learn.

BHC's immediate role in the Eastern Coachella is to provide a collaborative space for all youth, residents, organizations, and agencies working and serving the East Valley.

Site Name: Building Healthy Communities/The Boys and Girls Club

Site Address: 85350 Bagdad Avenue Coachella, CA 92236

Program Phone(s): Main Office (760) 972-4628; FAX (760) 674-9923

Agency Hours: Monday – Thursday, 8:00 am – 6:00 pm

Program Hours: 24 hours, 7 days a week

Areas Served: Eastern Coachella Valley: Coachella, Mecca, Thermal, and North Shore

Eligibility: Partners and residents must live, serve, or work in the Eastern Coachella Valley, including the communities of Coachella, Mecca, Thermal, and North Shore.

Languages: English and Spanish

Building Resilience in African-American Families

Description: The primary program goals of this project are to reduce the risk of developing mental health problems and to increase resiliency and skill development for the African-American population of the Desert Region. The program provides services in culturally appropriate settings, incorporating African-American philosophies and traditions. Services are designed to work together in a unique approach to prevention and early intervention services. The target population to be served is African-American children and their parents/guardians (including teen parents and grandparents) that live in communities with high rates of poverty and community violence and who also meet the minimum criteria for the identified programs. All programs are free and include following components:

- Effective Black Parenting Classes
- Afrecentric Youth & Family Rites of Passage – African-American males ages 11-15
- Cognitive Behavioral Intervention for Trauma in Schools – AA youth ages 10-15

Site Name: Family Health & Support Network, Inc.

Site Address: 74410 Hwy 111, Suite D, Palm Desert, CA 92260

Program Phone(s): (760) 340-2442

Agency Hours: Monday – Thursday, 9:00 am – 5:00 pm; Fridays, 9:00 am – 1:00 pm

Program Hours: Same as above

Areas Served: Riverside County and San Bernardino County

Eligibility:

Effective Black Parenting – Parenting and African-American child ages 2-18

Afrecentric Rites of Passage – African-American males ages 11-15

Cognitive Behavioral Intervention for Trauma in Schools – African-American youth 10-15

Languages: English

California Family Life Center – Youth Opportunity Centers

Description: California Family Life Center (CFLC) is a non-profit agency incorporated in California in 1982 with 30 years of experience working with vulnerable youth. CFLC has residential treatment facilities in the Hemet area housing 32 adolescent girls (12-18 years of age) and two residential treatment homes housing 12 boys (12-18 years of age) in the Escondido area. CFLC is a private Foster Family Agency provider with Certified Foster Homes for children who are Dependents or Wards of the Court. We have 125 youth (ages 0-18) placed in homes throughout Riverside County. CFLC is also a kinship service provider for relative caregivers. Our Kin Care program serves ages 0-18 in Riverside County. CFLC also provides job training and education through Riverside County Economic Development Agency Workforce Investment Act funding for low-income youth (ages 16-21) at our three Youth Opportunity Center's located at the Empower Youth (Hemet), Planet Youth (Lake Elsinore) and Rubidoux Youth (Rubidoux). A project, called My LIFE (Living Independently Fostering Excellence) was designed to assist youth aging out of the foster care system to prepare transitional age youth for independent living and provides housing, life skills, education, and employment.

California Family Life Center operates three Youth Opportunity Center's in Riverside County that help establish a baseline of career aptitude for each youth, followed by connections to education, job training, and job placement. Work readiness training is created to provide youth and young adults with work readiness and work experience to help prepare them for a successful entry into the workforce. Work readiness skills is only the first step in preparing youth for success in high demand, high wage, high skilled jobs and careers. All youth complete the work readiness training and then shortly thereafter are placed in work experience, which corresponds with the student's future occupational interest. Focus of this program is on high school dropouts. Through a strong partnership with our local Community College's we continue to be successful in connecting dropouts to education then transitioning them into college or vocational training. The program is one to three years and based on the needs of the youth.

Site Name:

Empower Youth Opportunity Center
Planet Youth Opportunity Center
Rubidoux Youth Opportunity Center

Site Address:

Empower Youth, 930 N. State Street, Hemet, CA 92543
Planet Youth, 400 W. Graham Ave., Lake Elsinore, CA 92530
Rubidoux Youth, 5656 Mission Blvd., Riverside, CA 92509

Program Phone(s):

Empower Youth (951) 765-0197
Planet Youth (951) 471-8415
Rubidoux Youth (951) 683-9622

California Family Life Center – Youth Opportunity Centers **(continued)**

Agency Hours:

Empower Youth, Monday – Thursday, 8:00 am – 6:00 pm; Friday, 8:00 am – 5:00 pm

Planet Youth, Monday – Thursday, 8:00 am – 6:00 pm; Friday, 8:00 am – 5:00 pm

Rubidoux Youth, Monday – Thursday, 8:00 am – 6:00 pm; Friday, 8:00 am – 5:00 pm

Program Hours: Same as Agency Hours

Areas Served: Riverside County

Eligibility: Eligibility Requirements

- Low Income
- Ages 16-21
- Riverside County Resident
- Has one or more of the following barriers:
 - Basic Skills Deficient
 - High School Dropout
 - Homeless, runaway, or foster youth
 - Pregnant or Parenting
 - Offender
 - Individuals who require additional assistance. Those that require additional assistance are defined as: special needs youth (disabled), limited English speaking, affiliated with a gang, work readiness skills deficient; or a high school graduate who is basic skills deficient, underemployed or unemployed.

Languages: English and Spanish

CASA (Court Appointed Special Advocates) for Riverside County

Description: Court Appointed Special Advocates (CASA) is a 501 (c)(3) non-profit organization whose mission is to speak for the best interests of abused, neglected and abandoned children in the courts of Riverside County. We promote and support quality volunteer representation for each child to secure a safe, permanent and nurturing home. We are diligent advocates for the services needed to help each child become a healthy and productive adult, able to break the chain of abuse, neglect or abandonment.

CASA volunteers provide advocacy for children in the foster care system. CASAs visit their assigned child frequently, submit written reports for all the child's hearings, and attend court with the child. CASAs ensure that the child's essential needs are met, that all court orders are carried out and that any violations of the court's orders are brought to the attention of the court.

Site Name: Workforce Development Center

Site Address: 44-199 Monroe St., Indio, CA 92201

Program Phone(s): (760) 863-7424, (760) 863-7431 FAX

Agency Hours: Monday – Thursday, 8:00 am – 5:00 pm. Some Friday's (every other week) from 8:00 am – 5:00 pm.

Program Hours: Same as above

Areas Served: Riverside County (including Desert Region)

Eligibility: Referral required from Riverside County Child Protective Services, Juvenile Defense Panel and/or Riverside County Juvenile Court Judge.

Languages: English and Spanish

Catholic Charities San Bernardino/Riverside

Description: Catholic Charities San Bernardino/Riverside is a non-profit, outpatient mental health provider. Catholic Charities provides a number of programs to serve individuals, children, and families throughout both Riverside and San Bernardino counties.

Counseling Services: The Agency provides affordable counseling services that address a range of problems impacting the lives of individuals and families. Counseling services are available for individuals, couples, children, and families.

Triple P (Positive Parenting Program) is an evidenced-based parenting education program run in Riverside County. The program is an 8 week group aimed at providing simple strategies for parents to use to improve their relationship with their child, increase desirable behaviors, and manage misbehavior.

Why Try is an 11 week interactive program that motivates teens to try to succeed at school, home, and within the community. Catholic Charities facilitates the Why Try program to foster youth in group homes and community schools.

Call to Care: a non-denominational program aimed at improving the practical skills and broadening the awareness and understanding of those in informal helping relationships so they might be more effective and knowledgeable.

Head Start Program: Head Start and Early Head Start (EHS) are child development programs serving children and their families in Riverside. Both programs promote school readiness by enhancing the social and cognitive development of children of low income families through the provision of health, educational, transportation, nutritional, social and other services based on family needs assessments.

Set 4 School: a program to provide early intervention services to families with children 0-5 living in Riverside County. Facilitators can provide individual/family counseling services, parenting groups, pro-social groups for children, and guidance for teachers/school staff to help work with children exhibiting undesirable behaviors.

Cognitive Behavioral Intervention for Trauma in Schools (CBITS): This program addresses the need for early intervention for trauma related symptoms for youth (ages 10-15) through the use of an evidence-based practice. The program is provided in schools, a natural gathering place for youth and families, and a de-stigmatizing location for mental health services.

School Counseling: Individual parochial schools throughout San Bernardino and Riverside counties contract with Catholic Charities to have a therapist on-site during the school year. Services are provided September through May. The number of hours per week varies depending on the school's preferences and needs.

Late Life Depression Program: The primary goals of this program are to reduce the duration and harmful effects of depression and to reduce the re-occurrence of depression within the older adult population through the use of an evidence-based early intervention program.

Catholic Charities San Bernardino/Riverside
(continued)

Psycho Education Groups (Parenting, Adult Anger Management, Teen Social Skills): Each group meets for 2 hours, once per week, for up to 16 weeks (number of sessions varies by course type). Services are offered at no cost to participants who are referred by CPS and to those who “self-refer”. All participants must complete a phone intake to ensure they qualify for the group program. Participants are issued a “Certificate of Completion”.

Site Name: Catholic Charities San Bernardino/Riverside

Site Address: 1441 North D Street (Administrative Office) San Bernardino, CA 92405
Various service sites available throughout San Bernardino/Riverside Counties.

Program Phone(s): (909) 763-4970 or (760) 989-4090

Agency Hours: Monday – Friday, 9:00 am – 5:00 pm

Program Hours: Program hours vary; contact office for more information.

Areas Served: Riverside County, Desert Regions, and San Bernardino County

Eligibility: Eligibility requirements vary based on service type. Please contact our intake department for more information. Services are generally offered at low cost or no-cost.

Languages: English and Spanish

CBITS and DTQI in the Desert Hot Springs and Blythe Communities

Description: **Cognitive Behavioral Intervention for Trauma in Schools** is a skills-based group intervention that is aimed at relieving symptoms of Post Traumatic Stress Disorder (PTSD), depression, and general anxiety among children exposed to community violence and trauma. Designed for use in schools by school based mental health professionals.

Depression Treatment Quality Improvement TAY-Transition Age Youth (16-25) who:

- Reside in Desert Hot Springs or Runaway or Homeless;
- Currently in or transitioning out of Foster-care;
- Transitioning into College;
- LGBTQI (Lesbian, Gay, Bisexual, Transgender, Questioning, or Inter-sex);
- Must be experiencing early on-set of depression symptoms with no formal diagnosis within the previous year.

Site Name: Family Services of the Desert

Site Address: 14080 Palm Drive Ste E, Desert Hot Springs, CA 92240

Program Phone(s): (760) 288-7878

Agency Hours: Monday – Friday, 8:30 am – 5:00 pm

Program Hours: Call for more information.

Areas Served: Desert Hot Springs (CBITS & DTQI); Blythe (CBITS)

Eligibility: Please see above description section.

Languages: English and Spanish

Center for Employment Training

Description: Center For Employment Training is a community based, national organization, operating in 12 states, and has 22 training centers. An additional 12 centers operate independently. Funding for CET centers comes from both government and the private sector. CET trains and places in jobs unemployed, low-income, and underserved students of all ethnic backgrounds. Students range in age from 17 to over 50. Many students are disadvantaged youth, single mothers, teenage mothers, and farmworkers. CET strives to help each student secure permanent, unsubsidized employment with good benefits and potential. The CET Coachella Center provides the following training skills:

- Business Office Technology (office skills, computer skills, & GED)
- HVAC (heating, ventilation and air conditioning, EPA Certificate, and GED)
- GBCS (green building construction skills, electrical, carpentry, plumbing, solar panels installation, repair, & maintenance and GED)

We also provide ESL (English as a Second Language) classes for those who need them.

Site Name: Center for Employment Training (CET Coachella Center)

Site Address: 49-111 Highway 111 Ste. 5, Coachella, CA 92236

Program Phone(s): (760) 398-8889, (760) 398-9711 FAX

Agency Hours: The CET Coachella Office is open Monday through Friday (except holidays) from 8:00 am to 5:00pm.

Program Hours:

Business Office Technology (B.O.T.) full-time schedule: Monday – Friday, 8:00 am – 3:00 pm.
Part-time Schedule: Monday – Friday, 8:00 am – 12:00 pm.

Heating, Ventilation & Air Conditioning (HVAC) day schedule: Monday – Thursday, 11:00 am – 3:00 pm. Night Schedule: Monday – Thursday, 5:00 – 9:00 pm.

Green Building Construction Skills (GBCS) full-time schedule: Monday – Friday, 8:00 am – 5:00 pm. Part-time Schedule: Monday – Friday, 8:00 am – 12:00 pm. Night Schedule: Monday – Thursday, 5:00 am – 9:00 pm.

Areas Served: Center for Employment Training Coachella Center serves the entire Coachella Valley up to and including North Shore, Salton City, Palm Springs, Desert Hot Springs, and Banning.

Eligibility: CET requires the following documents to determine eligibility: Current Income Tax Returns, Proof of Citizenship or Legal Status (birth certificate or Alien Registration Card), Social Security Card, California I. D. or California Driver License. Beginning on July the 1st 2012 High School Diploma or GED will also be required for financial aid.

Languages: English and Spanish. We also provide English as a Second Language (ESL) classes which are included in the training programs.

Christopher's Clubhouse

Description: Comprehensive community safety and education programs for children and families includes:

- **Family Safety Camp** – A 6 hour day camp for children and parents to participate together, learning all aspects of staying safe, inside and outside the home. For children ages 5-12. Curriculum includes home & vehicle safety, out and about safety, bullying prevention, good, bad, unwanted touch, resistance against abduction and more.
- **RAD for Women (Rape Aggression Defense)** – A 9 hour course taught in 3, three hour segments to teach women ages 13 and up how to be safe and provides basic physical defense skills.
- **Teen Groups in Focus (T.G.I.F.)** – A safety program for teens to learn how to be safe on and off line. This program teaches teens how to be safe, includes a dating bill of rights as well as social networking safety and basic defense skills.
- **Family Internet Safety Seminars** – Parents and kids participate together to learn how to be safe online. We teach families the pros and cons of the internet and ways to ensure their safety and avoidance of internet predators.
- **Fingerprinting and IDs** – State of the art technology that provides all 10 fingerprints, picture, description and video of the child that is burned on to a CD for the parent's safe keeping.

Site Address: 74854 Velie Way, Suite 6, Palm Desert, CA 92260

Program Phone(s): (760) 989-2182

Agency Hours: varies – depending on classes requested.

Program Hours: varies – depending on classes requested.

Areas Served: Coachella Valley

Eligibility: No requirements are necessary.

Languages: English

Clinicas de Salud del Pueblo, Inc.

Description: Clinicas de Salud del Pueblo is a private, non-profit corporation providing array of comprehensive primary care services to residents throughout Imperial and Riverside County. Established in 1970, Clinicas de Salud del Pueblo has expanded from two original clinics to eleven clinics, three dental centers, and three Women, Infant and Children Nutrition Education Center and six WIC voucher distribution sites. All clinics have bilingual and bicultural staff to assist patients. Clinicas de Salud del Pueblo is dedicated to providing excellent care, committed to contributing high level of customer service and promises to uphold services with uncompromising adherence to the highest standard of moral and ethical conduct. Our Mission Statement is to provide direct access to comprehensive quality primary and preventive health care for high risk and other underserved valley residents, in a manner consistent with their dignity and identity and at a reasonable cost through strategically situated health centers.

Services & Programs Offered: Basic Medical Services, OB-GYN Care, Specialty & Referral Services, Family Planning, Behavioral Health & Counseling, Dental & Oral Care, Women, Infant & Children Program, Immunizations, Child Health & Disability Prevention, Community Health & Outreach, Pharmacy Services, Radiology Services, Laboratory Services, Social Services Referrals & Counseling, Transportation, and Telemedicine.

Site Name:

Clinicas de Salud del Pueblo, Coachella Health Clinic
Clinicas de Salud del Pueblo, Mecca Health Clinic

Site Address:

49-111 Hwy 111, Suite 4, Coachella, CA 92236
91-275 66th Street, Suite 500, Mecca, CA 92254

Program Phone(s):

Coachella: (760) 393-0522
Mecca: (760)396-1249

Agency Hours:

Coachella: Monday – Thursday, 7:00 am – 6:00 pm; Friday, 7:30 am – 5:30 pm;
Saturday, 8:00 am – 12:00 pm
Mecca: Monday – Friday, 7:00 am – 6:00 pm; Saturday, 7:30 am – 12:00 PM

Areas Served: Clinicas de Salud del Pueblo serves the Eastern Coachella Valley, Blythe and the entire Imperial Valley Region.

Eligibility: Services are available to everyone. Our fees for medical and dental services are based on family size and income for patients without insurance. No one, regardless of race, creed, sex or physical disability is denied services because of their inability to pay. Due to our participation in Medi-Cal and Medicare programs, we are able to keep our fees at a minimum. Clinicas welcomes you and your family to avail yourself of our services. Call the number from your corresponding area for an appointment or more information.

Languages: English and Spanish

Coachella Valley Health Collaborative

Description: The Coachella Valley Health Collaborative is under the leadership of Dean Fred Jandt at California State University, San Bernardino, the Palm Desert Campus. Our purpose is to provide a forum to bring local community based groups, governmental agencies, service providers and interested community members together to improve the health and wellbeing of Eastern Riverside County resident.

Site Name: California State University, San Bernardino, the Palm Desert Campus

Site Address: 37-500 Cook Street, Palm Desert, CA 92211-2900

Program Phone(s): (760) 341-2883 ext 78163

Agency Hours: Varies

Program Hours: Varies

Areas Served: Eastern Riverside County, Coachella Valley

Eligibility: No requirement necessary.

Languages: English

Coachella Valley Housing Coalition

Description:

MUTUAL SELF-HELP HOUSING PROGRAM is to help very low and low-income households construct their own homes. Families participating in a mutual self-help project perform approximately 65% of the construction labor on each other's homes under qualified supervision.

LEASE-TO-OWN HOUSING PROGRAM is for hopeful buyers, who may be struggling with poor credit or a recent foreclosure and is a way to rebuild credit worthiness and start on the path to homeownership.

RENTAL HOUSING is provided at 32 affordable rental housing sites throughout the Coachella Valley, Moreno Valley, Temecula and Blythe.

COMMUNITY SERVICES PROGRAMS

JFM Scholarship Fund
After School Programs
STEM-Infused Lego Robotics Program
Ballet Folklorico Dance Program
Mariachi Music Ensemble Program

Site Name: Coachella Valley Housing Coalition (CVHC)

Site Address: 45701 Monroe Street, Suite G, Indio, CA 92201

Program Phone(s):

(760) 347-3157 Main
(760) 342-6466 FAX
(800) 689-4663 Toll Free

Agency Hours: Monday – Friday, 8:30 am – 12:00 pm; 1:00 pm – 5:00 pm

Program Hours: Monday – Friday, 8:30 am – 12:00 pm; 1:00 pm – 5:00 pm

Areas Served: Riverside and Imperial Counties

Eligibility: CVHC housing developments serve farmworkers, migrant farmworkers, low and very low income families, and adults with special needs such as developmental disabilities, HIV/AIDS and/or other chronic illnesses.

Languages: English and Spanish

Coachella Valley Rescue Mission

Description: Coachella Valley Rescue Mission is a faith-based non-profit 501 (c)(3) homeless shelter which was founded in 1971, and has been providing a safe haven, a place of rest for the weary, and a place where the daily physical, spiritual, and emotional needs of the valley's hurting men, women, and children are met.

A dedicated staff and an army of volunteers serve more than 200,000 hot meals annually and provide shelter to thousands of individuals. Every day at 4:00 pm Overnight Services begin with showers, fresh clothing, and a hot meal served prior to bedding down at 8:00 pm. Breakfast is served at 6:00 am, and case management is available to anyone interested in pursuing more permanent shelter arrangements. Coachella Valley Rescue Mission houses up to 150 men, women, and children in the facility and provides shelter and training from 3 months to one year depending on the program which the individual pursues.

The Gateway Program is a 9 month, three phase program designed to assist clients with individual needs. Seven assessments are conducted in the first three months of the program. The next two phases are designed to enhance education, employment opportunities, and become independent.

The New Life Program is a 12 month four phase discipleship program, requiring a strong commitment from the participants. New Life clients attend counseling sessions, mentoring fellowship, work therapy, Bible classes, and daily chapel services. We believe that "all things are possible through Christ who strengthens us."

The Family Program is for women with children who are homeless for multiple reasons. The program provides crisis intervention, housing, and training, parenting classes, social services support, and mentoring.

Graduations for the clients are held 3 times per year for those who have successfully completed their program.

Site Name: Coachella Valley Rescue Mission

Site Address: 47-470 Van Buren, Indio, CA 92202

Program Phone(s): (760) 347-3512, (760) 347-8073 FAX

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: 24 hours a day, 7 days per week

Areas Served: Desert Region, Riverside County

Eligibility: No eligibility requirements

Languages: English and Spanish

Coachella Valley Sexual Assault Services

Description: Coachella Valley Sexual Assault Services provides education and prevention services to the community in a variety of ways. We offer programs on awareness and prevention to civic groups, schools, clubs, organizations and businesses'. Date/Acquaintance Rape is the most common and least reported type of sexual assault, and young people between 14 and 24 are a high-risk population. Our Acquaintance Rape series targets this group. We offer training to medical professionals to be more sensitive to rape victim's needs. Such training expands our referral network with other services. In addition, C.V.S.A.S. provides outreach advocates going to the hospital and/or police station if a person is sexually assaulted. Outreach counselors are available to accompany victims through the legal processes as well as Individual counseling to victims, spouses, and family members and finally networking with other social services makes it possible for us to provide information and referrals.

Site Name: Coachella Valley Sexual Assault Services

Site Address: 74-333 Hwy 111 Suite #103, Palm Desert, CA 92260

Program Phone(s):

Office: (760) 568-9071

FAX: (760) 568-0124

24Hour Hotline: (800) 656-4673

Agency Hours: Monday – Thursday, 8:00 am – 5:00 pm; Friday, 8:00 am – 2:00 pm

Program Hours: 24 Hours

Areas Served: Riverside County

Eligibility: Sexual Assault Victims ages 5 and up

Languages: Bilingual Spanish

Community Partnerships, Riverside County Workforce Development

Description: The Workforce Development Centers (WDC) is a division of the Economic Development Agency of Riverside County. Our WDC mission is providing businesses with their greatest resource. Whether you are a business looking for qualified employees or a job seeker looking for employment, we can help.

For businesses, the WDC is prepared to provide comprehensive business services that will save you time and money hiring and training employees.

For Job Seekers, the WDC provides education, job training, and employment programs services, and information to help with your employment preparation needs.

Youth Services: Helping today's youth prepare for tomorrow's success is a pivotal part of the Workforce Development Center's mission. The Workforce Development Center offers specialized services to young people between the ages of 16 and 21 through our Youth Opportunity Centers (YOCs) of Riverside County. By providing young people with access to core skills such as resume and interview preparation, the YOCs help Riverside County youth make their entry into the workplace and realize their full potential. These young people often become leaders in their schools and communities. Centers are located in Riverside, Perris, Hemet, Lake Elsinore, Moreno Valley and Indio.

The YOCs offer work-readiness training, access to computers, telephones and other tools necessary for successful job searches; assistance preparing for interviews, tutoring, work experience/internship training programs and volunteer opportunities.

Young people who are looking for a job, who want to upgrade their skills or who would like work experience can find detailed information at www.myiecareer.com. In addition, myiecareer.com will provide young people with academic and career advisement and have access to labor market trends.

The services for youth provided at the YOCs are authorized under the Workforce Investment Act (WIA). To be eligible for these services, youth must meet certain age requirements, considered low-income and meet at least one of six specific barriers to employment.

A year-round youth program teaches young people basic skills, provides opportunities for occupational and academic training and offers more information about the job market. The program, which concentrates on out-of-school youth, provides tutoring, work experience, counseling and other important services that will help young people become successful members of the community.

Site Name: Workforce Development Center

Site Address: 1325 Spruce St, Suite 111, Riverside, CA 92507

Program Phone(s): (951) 955-3100

Agency Hours: Monday – Thursday, 7:00 am – 6:00 pm

Community Partnerships, Riverside County Workforce Development (continued)

Program Hours: Monday – Thursday, 8:00 am – 5:30 pm

Areas Served: All of Riverside County, including Desert Region

Eligibility:

- Right to Work such as State ID/Driver's License ([List of Acceptable Documents](#))
- Verification of Social Security Number
- Unemployment Insurance Verification/Stub (Only if you are receiving or exhausted UI and are not working)
- DD-214 (Only if you are a Veteran)
- Proof of Income for yourself and your family (Only if you are currently employed)
- Resume' or Work History, if available

Languages: English/Spanish

Cup of Happy Program

Description: The Cup of Happy Program is a program under SafeHouse of the Desert. We work with the TAY community, ages 16-25. Our main goal is to de-stigmatize mental health issues. Stigma refers to the negative effects of a label placed on any group including those who have been diagnosed as having mental health problems. It also refers to a severe social disapproval of personal characteristics or beliefs that are against cultural norms. We focus on PEI (Prevention and Early Intervention) and provide healthy lifestyles and emotional wellness for youth and young adults by offering FREE Mental Health Services and positive outlets in the Coachella Valley and Banning/Beaumont area. We host open mic nights, arts and crafts workshops, movie nights and discussions, and support groups that are LGBTQI based. We provide confidential facilities where TAY can talk openly about everyday stressors and feelings. Some of those stressors may include: anxiety, stress, depression, suicide, or anger. They vary from person to person. Some symptoms may include: sleep changes (insomnia/oversleeping), appetite changes, and loss of interest in daily activities or feelings of helplessness/hopelessness. When these symptoms get overwhelming or uncontrollable, we encourage the TAY to seek help.

Site Name: SafeHouse of the Desert

Site Address: 72-710 E. Lynn Street, Thousand Palms, CA 92276

Program Phone(s): Contact Jen @ (760) 343-3211 Ext. 39, (760) 534-9560, or (760) 668-8801

Agency Hours: Hours vary, but usually Monday – Friday, 8:00 am – 5:00 pm; sometimes available on Saturday's from 9:00 am – 3:00 pm.

Program Hours: The same as the agency hours. We are out and about every single day at different locations doing different activities. (I can send a calendar of our weekly events if that helps).

Areas Served: Desert Hot Springs, College of the Desert, Coachella, Mecca, Thermal, and Banning

Eligibility: Our events/activities are FREE, open and available to All 16-25 year olds everywhere, but must reside in the above mentioned target areas to receive the FREE counseling from our Stress and Your Mood Program.

Languages: English and Spanish

Desert AIDS Project

Description:

Primary Care – Wells Fargo HIV Health Center

- Comprehensive, caring primary care
- Board Certified, multi-specialty medical providers (Internal Medicine, Infectious Disease, Psychiatry, Nurse Practitioners)
- Leaders in HIV/AIDS specialty care, certified by the American Academy of HIV Medicine
- Referrals to oncology, pulmonary services, dermatology, urology, podiatry, general surgery, obstetrics and gynecology, gastroenterology, pain management and drug trials
- Most insurances accepted – call 760-323-2118, ext. 295, for a list
- Low cost or free medical care available for qualified patients
- Cutting-edge, quality care, regardless of ability to pay

Medical Case Management

(Team composed of RN and Social Worker)

Available for Eligible Clients

- Programs
- In Home Assessment
- Guidelines
- Sub-Contracted Home Health Agencies

Social Services

Available for Eligible Clients

- Housing
- Mental Health
- Substance Abuse
- Food Programs
- Transportation
- Dental

Education/Prevention

- HIV 101/STD education
- POZ Speaker's Bureau provides education in schools, prisons, substance abuse programs, juvenile hall detention facilities, domestic violence shelters, youth pregnancy programs and faith communities
- Education booths at local health fairs and public events
- Free anonymous HIV testing

Wellness

- A Stitch in Time
- Quilting with Helen
 - Meets weekly to work on quilts for auction or their own enjoyment
- Yoga
 - Emphasizes breathing to build energy. Exercises include stretching and posturing the body
 - \$5.00 co-payment for each weekly visit

Desert AIDS Project

(continued)

Site Name: Desert AIDS Project

Site Address: 1695 North Sunrise Way, Palm Springs, CA 92262

Program Phone(s): (760) 323-2118

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Monday – Friday, 8:00 am – 5:00 pm

Areas Served: Riverside County, Coachella Valley

Eligibility: HIV positive for most services. Anyone for HIV testing or education.

Languages: English, Spanish, ASL

Desert Alliance for Community Empowerment & Rancho Housing Alliance, Inc.

Description: Housing, low income to moderate income rentals. Housing- Purchase Program for low income to moderate income credit qualifying families. Credit counseling and First Time Home Buyer classes.

Site Name: DACE Resource Center

Site Address: 53-990 Enterprise Way, Coachella, CA 92236

Program Phone(s): (760) 391-5050

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Monday – Friday, 8:00 am – 5:00 pm, Special Events vary

Areas Served: Eastern Riverside County – Coachella Valley/ Blythe

Eligibility: Low income to moderate income families that reside in the Eastern Riverside – Coachella Valley areas.

Languages: English and Spanish

Desert Arc

Description: At Desert Arc, we are committed to enhancing the quality of life and creating opportunities for people with disabilities. Serving more than 600 clients in the Coachella Valley and Morongo Basin, Desert Arc provides vocational training, job placement and employment, independent living support and more. Desert Arc offers a broad array of services tailored to the unique needs of each client with the goal of helping them live as independently as possible. Programs and services include: vocational training; job development; job placement and employment; independent living support and 24 hour emergency assistance; hot meals and nutrition; transportation; support and training for self-help and independent living; case management and personalized coordination of client services; advocacy for client needs and community integration.

Site Name: Desert Arc

Site Address:

73-255 Country Club Drive, Palm Desert, CA 92260
6540 La Contenta Road, Suite 500, Yucca Valley, CA 92284

Program Phone: (760) 346-1611

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Monday – Friday, 8:00 am – 3:00 pm
Respite, Supported Employment and Supported Living Programs operate on an as needed basis – 24/7 – solely depending on when support is needed.

Areas Served: Desert Arc's primary service area is the greater Coachella Valley and the Morongo Basin. It also serves people as far east as Blythe and as far west as Temecula. Further geographic expansion is possible in the future.

Eligibility: Programs are open to any person over the age of 18 (Respite Program Exception) who has a documented diagnosis of developmental disability who is able to obtain support through the Regional Center System or the Department of Rehabilitation.

Languages: English / Spanish

Desert Divorce Solutions

Description: Mediation services available for adults/parents going through divorce or in need of help with on-going issues after the divorce. Issues could include: conflicts related to co-parenting, visitation, child support, coping skills, breakdown in communication, family disputes and healing the emotional wounds of divorce.

Site Name: Desert Divorce Solutions

Site Address: 225 S. Civic Dr., Ste 1-3, Palm Springs, CA 92262

Program Phone(s): (760) 778-0044

Agency Hours: Monday – Thursday, 8:00 am – 6:00 pm; Friday, 9:00 am – 2:00 pm

Program Hours: Monday – Friday by appointment only

Areas Served: Palm Springs, Desert Hot Springs, Cathedral City, Rancho Mirage, Palm Desert, and La Quinta

Eligibility: Sliding scale/private pay; no insurance accepted.

Languages: English

Desert Horizon Transitional Housing

Description: Desert Horizon (DH) Transitional Housing is a six (6) month program, for individuals who are homeless and have a source of income and Case management is mandatory. DH has a scattered-site residential component located in the Western Coachella Valley, which includes completely furnished multi-bedroom residential units housing a total of thirty-two (32) individuals. All housing units provided to participants include semi-private sleeping accommodations (two clients per bedroom resulting in four clients per housing unit), kitchen facilities, dining areas, laundry facilities, living/recreation areas, and bathrooms. Additional items offered to DH clients are personal supplies, food, bus passes and cleaning supplies. All clients will be charged 30% of their income based on HUD guidelines, which will cover the costs of housing as well as most of the client's daily needs while residing in DH. Case Management structure consists of: a) outreach and transportation; b) client living skills and budgeting instruction; c) case management, referrals and advocacy; d) re-employment and education services; e) mainstream benefit assistance; f) housing placement assistance; g) coordinated mental health services; h) substance abuse services; and i) on-going client follow-up to ensure that they remain stably housed.

Site Name: Jewish Family Service of San Diego

Site Address: 400 South Farrell Ste B205, Palm Springs, CA 92262

Program Phone(s): (760) 327-4394, (760) 327-4516 FAX

Agency Hours: Monday – Friday, 8:00 am – 4:30 pm

Program Hours: Monday – Friday, 8:00 am – 4:30 pm

Areas Served: Riverside County

Eligibility: Referrals only; must be homeless and have a source of income.

Languages: English and Spanish

Desert Recovery Learning Center

Description: The Recovery Learning Center (RLC) is an innovation project designed to create a new service delivery model, one that is “peer-driven” not just peer enhanced. The Recovery Learning Center will offer choices to Recovery developed and implemented through a Wellness Recovery Action Plan (WRAP). At the Recovery Learning Center, you will have the opportunity to work with a Peer Support Specialist (we call them Recovery Coaches) who work just like any coach would – mentoring, inspiring, and empowering you to be the best you can be. And the great thing about it is that Recovery Coaching can take place anywhere you want it to, not just in the clinic – in your home, at the park, or wherever.

When you join the Recovery Learning Center, you start by creating a Wellness Recovery Action Plan (WRAP) with your Recovery Coach. The WRAP plan identifies what your strengths are, what resources you have, who are on your support team, and what your goals are. It also identifies what your triggers are, what are your early warning signs that things aren't going well, and what to do when that happens. People say that having a WRAP and using it helps them feel more in control, and more successful. Once your WRAP is complete, you'll take a look at the things you want to do that support your wellness. Once you've identified your skills and talents, with your Recovery Coach by your side, anything is possible!

Site Name: Riverside County Department of Mental Health Desert Region – Adult Services

Site Address: 47-825 Oasis St., Indio, CA 92201

Program Phone(s): (760) 863-8455, (760) 863-8587 FAX

Agency Hours: Riverside County Department of Mental Health Desert Region, Monday – Thursday, 8:00 am – 5:30 pm; Friday, 8:00 am – 4:30 pm

Program Hours: Desert Recovery Learning Center, Monday – Thursday, 8:00 am – 5:30 pm; Friday, 8:00 am – 4:30 pm

Area Served: Desert Region, Riverside County

Eligibility: Adult individuals (ages 18 and over) must meet eligibility criteria for services through Riverside County Department of Mental Health and are referred by staff at RCMHD.

Languages: English and Spanish

Desert Sands Unified School District – Student Assistance Program

Description: Student Assistance Program helps students and their families overcome any barriers to achieving their academic excellence. Confidential, respectful 90 minute Family Conferences are held in a safe and nurturing environment. We help One Student and One Family at a time through a variety of programs:

- Pre K -12 School Counseling
- Family Conferences
- Conflict Resolution and Mediation
- Drug and Alcohol Prevention
- Friday Night Live Program Support
- Tobacco Prevention, Intervention, and Cessation Referrals and Education
- LGBTQIA Workshops
- Homeless Resources
- School Achievement, Assessment and Planning
- District Crisis Team Member
- Parenting Workshops
- Community Workshops
- Student Insight – Drug and Alcohol Education Classes
- Suicide Intervention

Site Name: Desert Sands Unified School District – Student Assistance Program – Building C

Site Address: 47950 Dune Palms Road, La Quinta, CA 92253

Program Phone(s): (760) 238-9770

Agency Hours: 7:30 am – 4:30 pm

Program Hours: 7:30 am – 4:30 pm

Areas Served: Within the Desert Sands Unified School District Boundaries – Rancho Mirage, Palm Desert, Bermuda Dunes, La Quinta, Indio, and Indian Wells.

Eligibility: Student Assistance is available to all district students and their families.

Languages: English and Spanish. For other languages a culturally competent interpreter will be provided.

Desert Vista Permanent Supportive Housing

Description: Desert Vista Permanent Supportive Housing (DV-PSH) Program has a scattered-site residential component located in the Western Coachella Valley, which includes completely furnished multi-bedroom, single bedroom or studio residential units housing a total of forty (40) individuals. All housing units provided to participants include private sleeping accommodations (one client per bedroom), kitchen facilities, dining areas, and bathrooms. Many of the units are in complexes that also include laundry facilities and recreation areas. Additional items offered to DV-PSH clients are personal supplies, food, bus passes and cleaning supplies. All clients will be charged 30% of their income based on HUD guidelines, which will cover the costs of housing as well as most of the client's daily needs. DV-PSH also has a non-residential supportive service component. The non-residential component's basic structure consists of: a) outreach and transportation; b) client living skills and budgeting instruction; c) case management, referrals and advocacy; d) re-employment and education services; e) mainstream benefit assistance; f) housing placement assistance if indicated; g) coordinated mental health services; h) substance abuse services; and i) on-going client follow-up to ensure that they remain stably housed.

Site Name: Jewish Family Service of San Diego

Site Address: 400 South Farrell, Ste B205, Palm Springs, CA 92262

Program Phone(s): (760) 327-1483; (760) 327-1527 FAX

Agency Hours: Monday – Friday, 8:00 am – 4:30 pm

Program Hours: Monday – Friday, 8:00 am – 4:30 pm

Areas Served: Riverside County

Eligibility: Referrals only; must be chronically homeless or disabled individual with a source of income. There are three categories of eligibility:

1. The client is sleeping in places not meant for human habitation, such as cars, parks, sidewalks, abandoned buildings (on the street).
2. The client is staying in an emergency shelter.
3. The client is currently enrolled in transitional or supportive housing for homeless persons who originally came from the streets or emergency shelter.

Languages: English and Spanish

Diabetes Among Friends

Description: Diabetes among Friends is a seven-week program where you can find all the support that you need it, and all the answers to your questions regarding diabetes. Also, we try to help you to find all the supplies (treatment) that you need. It is a free program for the whole family. Come and join us, each class is a different topic and different activities.

Site Name: Centro Medico Coachella

Site Address: 55557 Campus Rd, Thermal, CA 92274 (Van Buren & Airport Blvd. – inside CVHS at the transportation department)

Program Phone(s): (760) 262-6197

Agency Hours: Monday – Friday, 7:00 am – 4:00 pm

Program Hours: Please call for consult a classes schedule.

Areas Served: Desert Hot Springs, Cathedral City, Coachella, Oasis, Borrego Springs

Eligibility: Program services are available to anyone who requests them.

Languages: English and Spanish

El Sol Promotores de Salud Mental (El Sol Mental Health Promoters)

Description: Mental Health Promotores also known as community health advocates, lay health educators, community health representatives, community health outreach workers, and in Spanish, promotores de salud — are community members who work or volunteer exclusively in communities. They serve as a bridge between the department of mental health and the communities in which they live to promote mental health education. They serve primarily the Latino community due to this community's historically poor access to mental health education. The Promotores de Salud provide literature and education on mental health and mental illness as well as community resource information.

Site Name: Desert Alliance for Community Empowerment (DACE)

Site Address: 53-990 Enterprise Way, Suite 1, Coachella, CA 92236

Program Phone(s): (760) 398-8758 or (760) 863-8661

Agency Hours: Monday – Friday, 9:00 am – 5:00 pm

Program Hours: Monday – Friday, 9:00 am – 3:00 pm. Call for weekend services.

Areas Served: Desert Region, Riverside County

Eligibility: Desire to access mental health education

Languages: Spanish/ English

Esperanza Youth and Family Center, Inc.

Description:

After School Drop-in Center:

- Tutoring /Computer Lab
- Arts & Crafts
- Community Science Workshop

Drug & Alcohol Prevention & Intervention Services:

- Community Services
- AA/NA groups - Tuesday's 7:00 pm
- Youth Development Group – Ages 13-8; 4:00 – 6:00 pm
- HIV/AIDS/STD – Prevention, Education, and Outreach
- Environmental Youth Alliance Council – Youth Council ages 13-22; 4:00 – 5:00 pm

Community Action Program:

- Summer Jobs for Youth

P.R.I.C.E. Parenting Classes:

- Call for dates & times

Family Counseling:

- Appointment Only

Site Name: Esperanza Youth & Family Center, Inc.

Site Address: 1536 7th Street, Coachella, CA 92236

Program Phone(s): (760) 398-0711, (760) 398-3280 FAX

Email: eyfc@aol.com

Program Hours: Monday – Thursday, 8:30 am – 5:00 pm

Eligibility: Services are available to anyone who requests them.

EXCEED – A Division of Valley Resource Center

Description: Our mission is to provide service and advocacy, which creates choices and opportunities, for adults with disabilities to reach their maximum potential. Our programs include:

The Adult Developmental Center (ADC) provides basic living skills training, which assists clients in reaching their maximum level of independence and access into the community. Our curriculum includes self-advocacy, mobility training, money management, functional reading and writing, pre-vocational and daily living skills training.

The Senior Component is designed for persons 50 plus years of age and focuses on leisure activities, special interests (hobbies, and activities that are appropriate to participant's age and physical abilities.

The Work Activity Center (WAC) provides vocational training for persons that wish to develop marketable work skills. Clients have the opportunity to work on a variety of contracts including packaging, assembly, labeling, light manufacturing, and mailers. A Maintenance Training Program provides instruction in janitorial and lawn maintenance. Our crews work at various residences and businesses in the community, and State Highway Rest Areas. In addition to specific work skills, the WAC program stresses the development of appropriate work habits and attitudes. Some of our contract companies include: Cal Trans, California Highway Patrol, Riverside County municipalities, nationwide and worldwide retailers and distributors. Clients in this program spend their time in paid work and vocational skills training. Over the past year, more than 25 clients have transitioned from WAC to community placement.

The Supported Employment Program offers job matching and individual placements within the community. When an individual enters the program, a match of the client's skills to the appropriate work environment is made. Initially, a Job Coach is assigned to the individual to provide training. Clients receive on-going support as needed in order to maintain or enhance employment. Clients usually work 20 or more hours per week and earn competitive wages. Supervised Work Teams (enclaves) are an extension of the Supported Employment Program. Clients are placed in industry, in small groups with an on-site supervisor. These clients learn and perform various jobs within industry in a competitive employment environment. Clients enhance work and social skills to go on to Individual Placement or competitive employment., Clients are referred to enclaves from other EXCEED program, or from outside referral sources.

The Casa del Valle Residential Program provides long-term housing, care and training to 14 adults with developmental disabilities in a 4,400 square foot, 8-bedroom facility on approximately 0.9 acres.

Site Name: EXCEED – A Division of Valley Resource Center

Site Address: 78-150 Tampico, suite 214, La Quinta, CA 92253

Program Phone(s): (760) 345-3830, (760) 345-7634 FAX

Program Hours: Monday – Friday, 8:00 am – 5:00 pm

EXCEED – A Division of Valley Resource Center
(continued)

Areas Served: Desert Region, Riverside and San Bernardino County

Eligibility: Referral required from Department of Rehabilitation and/or Inland Regional Center.

Languages: English and Spanish

Father's Heart Ranch

Description: Father's Heart Ranch is a group home for abused and neglected boys. We care for children by providing a safe and stable home environment for them so that they can heal from the abuse they have endured. These children have been removed from their homes by Child Protective Services and placed with us. Each child's circumstance is different. Some are waiting for a parent to complete court required programs before the child can return, other parents are incarcerated or plainly, nowhere to be found. Either way, our goal is to provide skills that each child can take with them on their journey through life through therapy, community involvement, spiritual development, exposure to new things and above all LOVE. We provide holistic development for our children and in this way we look forward to seeing that each child's journey is a success. The mission of Father's Heart Ranch Group Home is to receive, restore and revive children whose lives have been offended by abuse and neglect of adults who have betrayed their roles to care and nurture these children.

The first objective is to receive these children. The open embrace and caring heart of the Father is to accept without judgment or qualification damaged children whose conduct and behaviors, though distasteful and difficult, have been distorted by the abuse they have experienced. This kind of acceptance is key to our children knowing the unconditional love many of us have known and experienced of our heavenly Father. This acceptance is a powerful platform on which all future change will occur.

At this point, it is important for all those involved to be committed to care. Being met with resistance, rejection and betrayal, these are many of the same things these children have experienced themselves. To maintain our purpose of seeing these children restored and revived we will need to see beyond their behaviors and into their need. Through experience, faith and daily renewal, this is possible. The environment of acceptance (reception) created is the key to their future progress.

The second objective is to restore. Much has been taken from these children: their innocence, their desire to please, their openness, their curiosity, and their trust of themselves and others. These take time to restore. One action alone will not make up for the many traumas and abuses these children have experienced. Daily structure, support, nurturing and a loving environment are needed to bring about restoration. Most children, in a non-abused state, grow learning to trust adults and their surroundings. These children have had these basic things robbed from them. They need time and space to be restored. The role of FHR staff is to act (not react) and present themselves as ones that truly care for them: many times steady and daily nurturing is needed just to re-learn basic lessons of trust and responsibility. Care must be exercised not to manipulate them but to steadily care and affirm them in learning to control what is uncontrolled in their lives. Spiritual values are important but they will best learn and understand them by our actions: God's love is proven by how much we love our brother.

The third objective is to revive. The spirit of these children have been crushed, damaged and taken away. By creative treatment, on-on-one care, counseling, and play therapies, children are provided with opportunities to trust again. These children need the opportunity to make choices not have them made for them. We know a heavenly Father who has knowledge of what we need before we even ask. In many cases, our being there for these children is more powerful than specific break-thru therapy, spiritual or otherwise. The role of the child-care staff is to expect the miraculous while performing the daily, mundane actions of love and support.

Father's Heart Ranch
(continued)

Site Name: Father's Heart Ranch

Site Address: 71175 Aurora Rd, Desert Hot Springs, CA 92241

Program Phone(s): (760) 251-8850, (760) 329-8889 FAX

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: 24/7 Facility

Areas Served: Riverside County, San Bernardino County, Imperial County

Eligibility: Males ages 6-17

Languages: English

FIND Food Bank (Food in Need of Distribution, Inc.)

Description: FIND Food Bank is eastern Riverside and southern San Bernardino County's only USDA regional and Feeding America-affiliated food bank. We partner with more than 100 community-based programs across our large service area to distribute needed food assistance to more than 80,000 individuals each month; in 2012, we distributed 8.5 million pounds of food through our distribution network.

In addition to distributing food assistance, FIND outreach and case management staff connect food-insecure individuals and families to other resources for which they might be eligible and interested, including *CalFresh* benefits (formerly food stamps), rental and utility assistance, and free- and reduced-price health programs.

Our goal is to increase individual and family self-sufficiency; our mission is to mobilize community resources through education and awareness, to relieve hunger, the causes of hunger, and the problems associated with hunger.

Site Name: FIND food-distribution sites vary by community; please contact FIND at (760) 775-3663 to get information on food-assistance programs in your specific area.

Site Address: FIND food-distribution sites vary by community; please contact FIND at (760) 775-3663 to get information on food-assistance programs in your specific area.

Program Phone(s): (760) 775-FOOD (3663)

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: FIND food-distribution sites vary by community; please contact FIND at (760) 775-3663 to get information on food-assistance programs in your specific area.

Areas Served:

Eastern Riverside County: Anza, Banning, Cabazon, Desert Hot Springs, North Palm Springs, Palm Springs, Cathedral City, Rancho Mirage, Thousand Palms, Bermuda Dunes, Palm Desert, Indian Wells, La Quinta, Indio, Coachella, Thermal, Mecca, Oasis, Thermal, North Shore, Salton City, Mountain Center, Eagle Mountain, and Blythe.

Southern San Bernardino County: Morongo Valley, Yucca Valley, 29 Palms, Joshua Tree, and Landers.

Eligibility: You must simply be hungry, unsure of where your next meal will come from, or unable to provide for your/your family's nutrition to be eligible to receive food assistance from FIND or our community-based distribution partners. Minor paperwork is required for most food distributions.

Languages: Bilingual, English & Spanish, spoken and written.

Food and Social Services

Description: Hot nutritious meals 6 days a week; sack lunches 7 days. Food distribution one day a week. Emergency food boxes, home deliveries to those homebound, phone service, mail service, free notary public, clothes, furniture, some housing, referral services for housing, medical.

Site Name: The Well in the Desert

Site Address:

Main office and services: 555 Commercial Road, #10, Palm Springs, CA 92263
Emergency food, sack lunches: 181 N. Indian Canyon, Palm Springs, CA 92263
Hot meals: Churches Monday through Friday (call for site)
Sundays, at Sunrise Park in Palm Springs

Program Phone(s):

Office: (760) 327-8577
Indian Canyon facility: (760) 327-4580
Emergency contact, Charles Wells (Administrator): (760) 567-8397

Agency Hours: 8:00 am – 3:00 pm

Program Hours: 11:00 am – 1:00 pm, daily hot meals

Areas Served: Palm Springs, North Palm Springs, Desert Hot Springs, Cathedral City, Thousand Palms, and Garnet

Eligibility: Hot meals available to all who need a meal. Same with sack lunches. Food distribution requires proof of residency and recipients need to be economically challenged.

Languages: English & Spanish

Food Now Food Pantry

Description: FOOD NOW is a non-profit food assistance program located in and serving the residents of Desert Hot Springs. At Food Now, we provide healthy and nutritious food to those in need on a weekly basis. We turn no one away. We also provide assistance to residents of:

- North Palm Springs
- Sky Valley
- Thousand Palms
- Surround County areas
- Homeless

Service referrals, mental health referrals to our counseling agency Family Services of the Desert, regular health screenings provided by Borrego Health, SNAP application assistance, health and nutrition education.

We turn no one away.

Site Name: Food Now

Site Address: 14080 Palm Drive, Desert Hot Springs, CA 92240, next to Desert Springs Middle School (enter from Two Bunch Palms driveway)

Program Phone(s): (760) 288-7878

Agency Hours:

Tuesday – Thursday, 8:30 am – 1:00 pm; registration required.

Tuesdays and Wednesdays at 12:30 pm; bring proof of residence in area served and indication of income (e.g., benefit statement) and Social Security cards or medical cards for each child if applicable.

Program Hours: See above

Areas Served: See above

Eligibility: Residing in Desert Hot Springs and surrounding areas and expressing a need for food assistance.

Languages: English/Spanish

For the Children (Foster/Adoptive Parent Support Group)

Description: We are dedicated to bringing together and providing support for foster, resource, adoptive, and relative care providers. We strive to develop a better understanding of the issue and challenges of foster care by working together, recruiting, promoting, special projects, advocacy, mentoring, educating, training, developing and strengthening the bonds between the children, the members, the community and organizations in the Coachella Valley.

Site Name: <http://forthechildrenfapa.org>

Site Address: Second Monday of each month: 833 E. Mesquite, Palm Springs, CA 92264;
6:00 – 8:00 pm

Agency Phone: Silvia Signoret, (760) 567-7954

Agency Hours: Monday – Friday, 9:00 am – 5:00 pm

Program Hours: Monday – Friday, 9:00 am – 5:00 pm

Area Served: Riverside County/Coachella Valley

Eligibility: No requirements necessary. Group primarily foster/adoptive parent(s) relative placements. Support group.

Languages: English and Spanish

Foster Care Program

Description: Recruit, train and certify individuals and couples to become state certified foster parents with the Family Health & Support Network, Inc. Place children who have been removed from their homes as victims of abuse and neglect in the homes we certify in Riverside and San Bernardino counties. Provide Treatment case management and administrative oversight to the children in our care until permanency goal of reunification, legal guardianship or adoption is achieved. All services are free.

Site Name: Family Health & Support Network, Inc.

Site Address: 74410 Hwy 111, Suite D, Palm Desert, CA 92260

Program Phone(s): (760) 340-2442

Agency Hours: Monday – Thursday, 9:00 am – 5:00 pm; Fridays, 9:00 am – 1:00 pm

Program Hours: Monday – Thursday, 9:00 am – 5:00 pm; Fridays, 9:00 am – 1:00 pm

Areas Served: Riverside County, San Bernardino County

Eligibility:

- Criminal Background Clearance
- Child Abuse Index Check
- FBI Clearance
- First Aid/CPR
- P.R.I.D.E. Training (free)

Languages: English

Fred Young Farm Labor Center Kids Club

Description: Desert Recreation District, Coachella Valley Housing Coalition & Indio Youth Task Force partner in offering “Kids Club” Program at Fred Young Farm Labor Center.

Kids Club offers youth ages 5 to 17 years of age opportunities to grow through physical fitness, art, and character building activities. This program will enhance self-esteem, communication skills, problem solving abilities, and community involvement. The fundamental objective of Kids Club is to encourage youth to take a pro-active role toward leading healthy and active lifestyles.

Site Name: Fred Young Farm Labor Camp Kids Club

Site Address: Fred Young Farm Labor Center, 47155 Van Buren St., Indio, CA 92201

Mailing Address: Desert Recreation District, 45305 Oasis St., Indio, CA 92201

Program Phone(s):

Fred Young Farm Labor Center Kids Club: (760) 347-6349

Desert Recreation District: (760) 347-3484

Agency Hours: Desert Recreation District, Monday – Friday, 8:00 am – 5:00 pm

Program Hours:

Kids Club: Monday – Friday, 3:00 – 6:00 pm

Summer Hours: Monday – Friday, 1:00 – 4:00 pm

Closed Winter & Spring Breaks and School Holidays

Areas Served: Indio

Eligibility: Youth who attend this program must live at Fred Young Farm Labor Camp or be referred by the Desert Sands Unified School District Student Assistance Program.

Languages: English and Spanish

FSA Center for Family and Community Resources: **Family Resource Center**

Description: Families are offered the opportunity to work with a Case Manager who assesses the family need and develops a care plan to best meet those needs. This may involve coordination, assessing, and following up with the families on the best options and services required to meet their family needs. Again, this will be done based on the case plan need and it will be time limited. The goal of our case management services is to advocate for the client, educate them on how to best serve and meet their family needs and empowering them to be able to seek assistance on their own.

Site Name: FSA Center for Family and Community Resources

Site Address: 7245 Joshua Lane, Yucca Valley, CA 92284

Program Phone(s): (760) 820-1430

Agency Hours:

Monday, Wednesday, and Thursday, 8:00 am – 5:00 pm

Tuesday, 11:30 am – 9:00 pm

Friday, 9:00 am – 12:00 pm

Program Hours: Same as above

Areas Served: Morongo Basin

Eligibility: Any family member where there is a child 5 or younger in the home, or anyone who is pregnant

Languages: English; Spanish and Tagalog pending.

FSA Center for Family and Community Resources: Nurturing Parenting

Description: In the Nurturing Parenting program, we offer a 16 Week FREE Parenting Class. Parents learn nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices. The long term goals are to prevent recidivism in families receiving social services and lower the rate of multi-parent teenage pregnancies. Other long term goals include reducing the rate of juvenile delinquency and alcohol abuse, and stopping the intergenerational cycle of child abuse by teaching positive parenting behaviors. FSA was granted funding by First 5 to provide a high quality, court-approved parenting class to Morongo Basin Families that have children 0-5 or have one on the way. The parenting classes are taught by Master level clinicians so should there be some heavy stuff come up in the class, the facilitators are experienced in managing this. The parents are encouraged to bring their children and they receive a similar class as the parents at the same time. The children's class is also facilitated by a Master's level clinician. The parents and children come together and have a snack and do an activity together halfway through the group.

Site Name: FSA Center for Family and Community Resources

Site Address: 7245 Joshua Lane, Yucca Valley, CA 92284

Program Phone(s): (760) 820-1430

Agency Hours:

Monday, Wednesday, and Thursday, 8:00 am – 5:00 pm

Tuesday, 11:30 am – 9:00 pm

Friday, 9:00 am – 12:00 pm

Program Hours: Same as above

Areas Served: Morongo Basin

Eligibility: Any family member where there is a child 5 or younger in the home, or anyone who is pregnant.

Languages: English; Spanish and Tagalog pending.

Gabriel's House

Description: We are Yucca Valley's premiere sober living home. A member of the Sober Living Network, NARR and CARR our sober living home has served Inland Empire area women and men for over 6 years now, with results worth boasting about. We are known locally as the "Poor Man's, Betty Ford" thanks to our exclusive housing model and excellent support from a network of Social Service Agencies throughout San Bernardino County.

Gabriel's House is privately owned and operated and is considered the premiere sober living house in the Yucca Valley. We are the only house certified by the Sober Housing Coalition of San Bernardino County in the Yucca Valley.

When we opened our doors in June 2005 we were prepared to provide a safe, clean and legal environment for men and women to re-discover their sobriety.

Site Name: www.gabrielshouse.org

Site Address:

56851 Mountain View Trail Yucca Valley, CA 92284

53645 Penland Rd Whitewater, CA 92282

Program Phone(s): (909) 910-8422

Agency Hours: Monday – Saturday, 8:00 am – 5:00 pm

Program Hours: 8:00 am – 5:00 pm, 365 days a year

Areas Served: All of the Inland Empire

Eligibility: Must be clean and sober 30 days minimum (verifiable), must have stable doctor/patient relationship as well as compliance with probation, parole or drug courts.

Languages: English and Spanish

Galilee Center, Inc.

Description: Galilee Center provides food baskets to 250 families once a week, every week to the low-income and impoverished families of the Eastern Coachella Valley areas of Thermal, Mecca and Oasis. Every week, families can also get clothing, shoes, household items etc. Distribution is at San Felipe de Jesus Mission in Thermal, CA. Galilee Center's office is located in Coachella. People in need of utility assistance, rental assistance, baby items (food, formula, diapers, etc.) and other resources, can visit Galilee's office. All services are free of charge.

Site Name: Galilee Center - Food Distribution Program

Site Address:

Food Distribution: 67305 Harrison Street, Thermal, CA 92274
Office: 1030 6th Street, Suite 8, Coachella, CA 92236

Program Phone(s): (760) 398-2100

Agency Hours: Monday – Friday, 9:00 am – 4:00 pm

Program Hours

Food Distribution is every Thursday
Summer hours: 5:00 – 6:30 pm
Winter hours: 3:00 – 4:30 pm

Areas Served: Galilee Center serves people/families from anywhere of the Coachella Valley. However, services are aimed to help the people of the Eastern Coachella Valley areas of Coachella, Thermal, Mecca and Oasis.

Eligibility: Low-Income families

Languages: English and Spanish

Grace Church – Celebrate Gratitude

Description: A weekly support and recovery group that allows participants to examine their hurts, habits, and hang-ups in a safe environment. The focus is on addictive behaviors of all kinds. This is a Christian based program which uses scripture combined with the 12-Steps. No cost.

Site Name: Grace Church

Site Address: 17400 Bubbling Wells Road, Desert Hot Springs, CA 92240

Program Phone(s): (760) 251-2416

Agency Hours: Monday – Thursday, 8:00 am – 5:00 pm

Program Hours:

Tuesdays, 5:00 – 6:30 pm for English speakers

Thursdays, 6:00 – 7:30 pm for Spanish speakers

Areas Served: Coachella Valley: most from Desert Hot Springs, Cathedral City, Thousand Palms, and North Palm Springs

Eligibility: A desire to want to recover from addictions. Presence or absence of faith is not relevant to attend.

Languages:

Tuesdays at 5:00 pm, English

Thursdays at 6:00 pm, Spanish

Grace Church – Grief Share

Description: This is a weekly support and recovery group that allows participants to examine their reactions and behavior after the loss of a loved one regardless of the time elapsed. It is a 12 week discussion and video format. It covers the topics that most prevent growth through stage of life where grief is present. Practical suggestions from a Biblical perspective are given along with proven scientific findings that will asset participants in growing through grief. All teachers have had to experience the loss of a loved one personally. A website is available as well as reading materials.

Site Name: Grace Church
www.GriefShare.org

Site Address: 17400 Bubbling Wells Road, Desert Hot Springs, CA 92240

Program Phone(s): (760) 251-2416; (562) 212-9102 cell

Agency Hours: 8:00 am – 4:00 pm

Meetings are for 12 weeks from 10:30 am – 12:00 pm on Wednesdays. When a series of meetings are not scheduled, we meet on the FIRST TUESDAY OF EACH MONTH from 10:30 am – 12:00 pm. This meeting is focused on providing immediate temporary support.

Program Hours: Wednesdays from 10:30 am – 12:00 pm for 12 weeks. Please call one of the numbers above for information on the current program schedule. Church hours are Monday – Thursday, 8:00 am – 4:00 pm.

Areas Served: Coachella Valley: most from Desert Hot Springs, Cathedral City, Thousand Palms, and North Palm Springs

Eligibility: Anyone suffering from the loss of a loved one. Divorce or pet loss is not covered in this program. A materials fee of \$18 will be charged, but no one will be turned away for lack of resources. Although this is a Christian based program, it is beneficial and open to secular participants also.

Languages: English

Greater Palm Springs Pride

Description: The Greater Palm Springs Pride organization (pspride.org) is a 501(c) (3) non-profit community enhancement organization founded to promote the public education and awareness of individual rights and civil liberties of the lesbian, gay, bisexual and transgender community and to promote the history, diversity and future prosperity of the Greater Palm Springs LGBT community. Palm Springs Pride has been an advocate for equality and diversity since 1986.

Site Name: Palm Springs Pride

Site Address: 777 N. Palm Canyon Dr., #102, Palm Springs, CA 92262

Program Phone(s): (760) 416-8711

Agency Hours: Vary by season; please call for information.

Program Hours: Vary by season; please call for information.

Areas Served: The Coachella Valley

Eligibility: No requirements to participate in Pride programs.

Languages: English

Harrison House Transitional Living Program

Description: Harrison House Transitional Living Program is an 18-month journey under Operation SafeHouse of the Desert for homeless young adults ages 18-22, which provides clients with housing, case management, counseling, education, and employment assistance. Young adults live a real life, and have the opportunity to establish financial support for themselves, develop and maintain positive relationships, and become self-sufficient. Harrison House offers young adults a safe and supportive environment for positive opportunities, personal and professional growth and guidance into adulthood. The goal of this journey is to reach an independent life by acquiring permanent housing.

Site Name: Harrison House

Site Address: 72-695 La Canada Way, Thousand Palms, CA 92276

Program Phone(s): (760) 636-4799 or (760) 343-3211, ext. 39; by email, Angie at abeltran@operationsafehouse.org or Nicole at nduarte@operationsafehouse.org

Agency Hours: 24 hours a day, 7 days a week

Program Hours: Monday – Friday, 9:00 am – 5:00 pm. Applications are to be submitted during program hours.

Areas Served: Serves entire Riverside County

Eligibility: Verifiably homeless young adult age 18-22 yrs.

Language: English and Spanish

HealthCorps

Description: HealthCorps® (www.healthcorps.org), is a 501 (C) 3 co-founded by Dr. Mehmet Oz and his wife, Lisa Oz. HealthCorps is building a nationwide movement to shape a new generation. The HealthCorps program is in 66 schools across 14 states and the District of Columbia, one of which is Desert Mirage High School. Hector Sanchez is the HealthCorps coordinator for Desert Mirage High School and helps carry out unique in-school and community programming targeting high-need populations. Using peer mentoring to deliver a progressive curriculum in nutrition, fitness and mental strength, HealthCorps coordinators including Sanchez give teens purpose, help develop human character, and inspire an interest in health and culinary arts careers. HealthCorps also serves as a unique research laboratory - exploring the complex, underlying causes of the obesity crisis and discovering and communicating solutions. HealthCorps is bringing many initiatives together to address the whole child and activate the students' mind, body and spirit.

Site Name: Desert Mirage High School

Site Address: 86-150 Avenue 66, Thermal, CA 92274

Program Phone(s): (916) 919-8100

Agency Hours: 9:00 am – 5:00 pm

Program Hours: 8:00 am – 3:00 pm

Areas Served: Desert Mirage High School Students and Community

Eligibility: The HealthCorps program is primarily focused on high school students in the areas that they serve. However, some activities and programs may be open to the surrounding communities. Upon invitation, a HealthCorps coordinator may be available to attend or host events with local partners to lead an activity or a booth based on the HealthCorps curriculum that highlights healthy living. HealthCorps tries to make nutrition and physical fitness relevant by participating in fun events that highlight how little activities can help build up and maintain mental strength.

Languages: English

HHOPE Program

Description: The HHOPE Program assists clients who are actively enrolled into a Full Service Partnership such as TAY, Desert Adult FSP, and the SMART Team find housing. The following housing options are available in the Desert Region:

The Path: This facility houses 25 single individuals, and each resident shares a room with one other person. Much like a dormitory, persons share a living room, laundry room, and a kitchen area. It is staffed 24 hours/day, 7 days/week and provides 3 meals a day. It has a drop-in center for potential residents.

Legacy Apartments: There are 15 units assigned to the HHOPE Program for mental health clients who are funded and enrolled in a Full Service Partnership. The 15 units are spread throughout the complex, and clients pay 30% of their income toward their rent. These units are furnished, and the HHOPE Program meets with clients twice a year to monitor progress, address any housing issues or concerns, etc. There is an on-site case manager to provide services to clients 5 days a week.

Shelter Plus Care Housing: This program is offered through the Housing Authority for HHOPE clients, and clients are asked to find their own apartment. If the client is funded, the client is asked to pay 30% of their income towards rent. If the client is not funded, he or she is asked to find an apartment that includes utilities, and the Housing Authority will pay 100% of their rent. There is a cap on what the Housing Authority will pay for rent. Client needs to meet homeless criteria and be actively enrolled with a Full Service Partnership

Motel Assistance: For clients who are not enrolled in a Full Service Partnership Program, the HHOPE Program can provide emergency housing utilizing two motels in Indio, one motel in Blythe, one motel in Palm Springs, and one motel in Banning for desert area residents. Case Managers should contact HHOPE for motel assistance placement, and there needs to be a strong exit plan when a client is placed in the motel assistance program. Case managers commit to weekly meetings with the clients and submitting a weekly renewal for motel assistance. HHOPE can provide up to 28 days of motel assistance. Clients do not need to be enrolled in a FSP we can also service any outpatient MH clinic.

Site Name: See above

Site Address:

The Path: 19-531 McLane Street, Suite B, Palm Springs, CA 92258

Legacy Apartments: 72490 El Centro Way, Thousand Palms, CA 92276

Program Phone(s):

HHOPE Program administration: (951) 358-5370

After hours emergency contact: (888) 712-7606 (primarily used for vendors and case managers)

HHOPE Program **(continued)**

Agency Hours:

Monday – Thursday, 8:00 am – 5:30 pm

Fridays, 8:00 am – 4:30 pm

Program Hours: Same as Agency Hours

Area Served: All of Riverside County. Desert Region covers Blythe to Beaumont.

Eligibility:

The Path: Clients must have a history of at least 4 episodes of homelessness in the last 3 years or 12 months continuous.

Legacy Apartments: Clients need to be funded and enrolled in a Full Service Partnership program, but they do not need a history of homelessness.

Shelter Plus Care Housing: Clients must be enrolled in a Full Service Partnership program and must have a history of at least 4 episodes of homelessness within the last 3 years or 12 months continuous.

Languages: English and Spanish

Incight

Description: Incight is dedicated to the education, employment, independence and networking of transitional aged youth and youth adults with disabilities to increase the number who attend college and the number who are employed.

EDUCATION: Scholarship program for full time students with disabilities. Scholarships are renewable up to four years and range from \$500 to \$1000. Availability of Pathways to Success/Incight partnership scholars. Awarded up to two years max, \$2,500 for community college level, \$5,000 for university level.

EMPLOYMENT: Pre employment training offered to organizations serving at risk youth and youth with disabilities. This is a fee based program.

INDEPENDENCE: Recreational sports for children, youth, young adults and their families that meet the needs of those with disabilities. Assistive technology lending library for students with disabilities.

NETWORKING: Facebook pages for both Incight California and Incight Portland. Training webinars related to disability issues. Quarterly newsletter (sent electronically and upon request).

Site Name: Incight

Site Address: 73-754 Highway 111, Suite C, Palm Desert, CA 92260

Program Phone(s): (760) 674-2473, (760) 674-2499 FAX

Agency Hours: 9:00 am – 5:00 pm, by appointment only

Program Hours: As Needed

Areas Served: Inland Empire with major focus on the Coachella Valley

Eligibility: Any TAY (transitional age youth) or young adult with a disability.

Languages: English, Spanish (by appointment) and sign language

Indio Children's Outpatient Services – Riverside County Department of Mental Health

Description: Indio Children's Services provides the following modalities: Crisis Intervention, Psychiatry, Individual Therapy, Group Therapy; Parent Orientation, Education and Support. Specializing in the following evidenced-based practices: Aggression Replacement Training (ART), Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Parent- Child Interactive Therapy (PCIT/English Only), and Educate-Equip & Support (EES) Parenting Program. We also offer individual, group and family Substance Abuse Counseling for Co-occurring treatment. We are an integrated multidisciplinary staff.

Site Name: Indio Children's Services

Site Address: 47-825 Oasis Street, Indio, CA 92201

Program Phone(s): (760) 863-8455

Agency Hours: Monday – Thursday, 8:00 am – 5:30 pm; Fridays, 8:00 am – 4:30 pm

Program Hours: Same as above

Areas Served: The Coachella Valley

Eligibility: Requirements for services: a screening for eligibility and specific insurance. Medi-Cal, Healthy Kids, and Healthy Families are accepted. Crisis Intervention for the general public, regardless of funding is available during business hours.

Languages: English and Spanish

Indio Family Justice Center – Riverside County

Description: **Indio Family Justice Center** is a safe place for victims of domestic violence, sexual assault (adult and child), child abuse and elder abuse. We are here, when you need to discuss your options about safety, emotional well-being and your legal rights as a victim of crime. You can expect a one-on-one private consultation with an experienced advocate who will serve as your guide to getting connected with a variety of available resources.

Ensuring Safety...Personalized safety planning, restraining order assistance, relocations assistance, emergency shelter, housing, food and gas.

Protecting families...Family Law legal assistance, counseling for you and/or your children, referrals to immigration assistance agencies, help applying for CalVCP – a victim compensation program.

Seeking Justice...prosecution of the offender, guidance through the criminal justice system, information on your rights as a crime victim, court support, restitution assistance.

Site Name: Indio County Administration Center

Site Address: 82-675 Highway 111, First Floor, Indio, CA 92201

Program Phone(s): (760) 863-8363

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Monday – Friday, 8:00 am – 5:00 pm

Areas Served: Coachella Valley to Blythe
(Palm Springs, Desert Hot Springs, Cathedral City, 1000 Palms, Rancho Mirage, Palm Desert, Bermuda Dunes, Indian Wells, La Quinta, Indio, Coachella, Mecca, Thermal, Blythe area cities)

Eligibility: none, other than to be a victim of crime

Languages: English, Spanish, sign-language available upon request

Indio Win Youth Opportunity Center

Description: The Indio Win Center helps young people, ages 16-21, overcome barriers which prohibit them from completing their education or getting a job. Participation in the Youth Services program will help you find a job or finish your education. There are people and resources available to help you. The services are easy to use and available at no-cost to you.

All participants take our Project C.E.O. work readiness class. In addition we offer support services, follow-up services, alternative secondary school services, work experience, occupational skills training, leadership development, career displays, volunteer opportunities, field trips, holiday celebrations, award ceremonies, guidance & counseling, anger management, drug and alcohol awareness classes, and more.

Site Name: Indio Win Youth Opportunity Center

Site Address: 45-570 Grace Street, Suite 1, Indio, CA 92201

Program Phone(s): (760) 775-2887, (760) 775-1388 FAX

Agency Hours:

Monday and Friday, 8:30 am – 5:30 pm

Tuesday, Wednesday, and Thursday, 8:30 am – 7:00 pm

Program Hours: Monday – Friday, 8:30 am – 7:00 pm

Areas Served: Desert Region, Riverside County

Eligibility: There are three requirements:

1. You must be 16-21 years old
2. You must identify with a barrier
3. You must meet one of the following criteria:
 - a. Income based, low income
 - b. Foster Youth
 - c. Special Needs Youth
 - d. Recipient of TANF

Languages: English

Inland Empire Health Plan (IEHP)

Description: Inland Empire Health Plan (IEHP) is a not-for-profit public health plan that provides medical services for seniors, people with disabilities, adults, children and anyone who has Medi-Cal. IEHP also provides a number of services such as:

Fast, Friendly Member Services

Our team picks up most calls in less than a minute. For Extra help, we have nurses to work with you and your Doctor to get the care you need.

24 Hour Nurse Advice Line

When you can't reach your Doctor after-hours, you can call one of our nurses 24 hours a day and get the help you need, so you can feel better until you can see your doctor.

Medications

IEHP has thousands of pre-approved brand name and generic medicines.

Medical Services Near You

IEHP has a large choice of health care providers. IEHP has hundreds of Doctors, Specialists, Hospitals, and Pharmacies that can be accessed.

Wellness Programs

IEHP has various wellness programs to help our members feel healthy and prevent illness like Blood Pressure, Healthy Heart, Diabetes, Living Well with a Disability and many more.

Sign Language Interpreter Services

We offer you Sign Language Interpreter Services for Doctor Visits.

Bus Stop and Accessibility Information

Our Doctor Directory Includes the bus routes and stops closest to our Doctor's offices. IEHP also rates the accessibility during site reviews of each office.

Site Name: Inland Empire Health Plan (IEHP)

Site Address: 303 East Vanderbilt Lane, San Bernardino, CA 92408

Program Phone(s): (866) 294-4347, (909) 890-2000

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Monday – Friday, 8:00 am – 5:00 pm

Areas Served: Riverside and San Bernardino County

Eligibility: Must be eligible for Medi-Cal. Call for more program specific eligibility requirements.

Languages: We provide services in various languages.

Inland Empire Perinatal Mental Health Collaborative

Description: Community outreach and advocacy for women with a maternal mental health disorder (e.g., postpartum depression, anxiety in pregnancy, postpartum psychosis, etc.). Provide free education and outreach to the community regarding assessment, intervention, and resource and referral to appropriate treatment centers.

Site Name: The Wylie Center

Site Address: 4164 Brockton Avenue, Riverside, California 92501

Program Phone(s): (951) 683-5193

Agency Hours: Monday – Thursday, 8:00 am – 9:00 pm; Friday, 8:00 am – 5:00 pm

Program Hours: Monday – Thursday, 8:00 am – 5:00 pm. Flexible hours, though. Can provide after-hour and weekend education on this topic to professionals, groups and other individuals.

Areas Served: County-wide (Riverside County)

Eligibility: No eligibility requirements; services are free.

Languages: English

It Happens to Boys Creative Change Conferences

Description: Free group for men abused as children. A yearly conference “It Happens to Boys”; we also provide educational talks for recovery facilities, schools and non-profit organizations.

Site Name: CreativeChangeConferences.com

Site Address: 41750 Rancho Las Palms Drive #D2, Rancho Mirage, CA 92270

Program Phone(s): (760) 346-4606

Agency Hours: Monday – Friday, 8:00 am – 6:00 pm

Program Hours: Third Tuesday, 7:00 pm Group and Individual Therapy, Monday – Friday

Areas Served: Male abuse survivors

Languages: English

Jewish Family Service of the Desert

Description: Jewish Family Service of the Desert (JFS) is a professional resource for people of all denominations. JFS provides counseling, emergency services, information and referrals, case management and education to seniors, youth and families throughout the Coachella valley.

Youth Programs:

KidsFirst Counseling is a school-based counseling program for children 5-17 years of age. Counseling provided at the participating local schools.

Intensive Outpatient Drug & Alcohol Program: No-cost, intensive group therapy for local teens ages 12-18 who are abusing substances.

Camp Scholarships: JFS awards scholarships based on financial need for local youth to attend overnight camp.

Senior Programs (These services are provided at the home of the individual):

Solutions for Seniors: Helping older adults enjoy a higher quality of life and independence through advocacy with healthcare providers, transportation, volunteer visits, and assistance obtaining benefits.

JFS Express Transportation: Volunteers drive homebound individuals to medical and other appointments.

Friendly Visitors: Volunteers provide companionship and support to isolated seniors.

Community Services:

Mental Health Counseling: Licensed professionals provide counseling and therapy sessions to children, families and couples.

Bereavement Counseling Group meets weekly and is open to the community free of charge.

Food Assistance: Grocery store vouchers are provided to those who might otherwise go hungry.

Positive Life Series: Educational series featuring expert speakers on pertinent issues related to HIV/AIDS.

JFS Speakers' Bureau: Health professionals speak to the public on critical social and mental health issues.

Emergency Assistance: Resources, referrals and tools for those facing unexpected financial challenges.

Tzedakah Gift Program: JFS joins with other community agencies to provide Chanukah and Christmas gifts to local needy residents.

Jewish Family Service of the Desert **(continued)**

Services for the Jewish Community:

Café Europa/Next Generation: Support group for local Holocaust survivors and their children. Group meets at the Tolerance Education Center in Rancho Mirage.

Shabbat in a Bag: Volunteers visit seniors who are alone or homebound during Shabbat bringing traditional foods to celebrate the holiday with them.

Jewish Community Speakers' Bureau: JFS speakers lead discussion groups geared towards issues important to the Jewish community.

Desert Hot Springs Jewish Community Outreach: By offering Friday night Shabbat, Saturday evening Havdallah and holiday services volunteers help residents connect with their heritage.

Jewish Holiday Programs: Partnering with local synagogues and organizations to celebrate Chanukah, Passover, Rosh Hashanah and other holidays with those who are without family.

Site Name: Jewish Family Services of the Desert

Site Address: 801 E. Tahquitz Canyon Way, Ste. 202, Palm Springs, CA 92262
Palm Desert Office: 73750 Catalina Way, Ste. A, Palm Desert, CA 92260

Agency Phone: (760) 325-4088, (760) 778-3781 FAX

Agency Hours: Monday – Friday, 8:30 am – 5:00 pm

Area Served: Desert Region

Eligibility: Sliding scale for services; no eligibility required

Languages: English and Spanish

Kaplan College

Description: Career focused programming, designed to give you hands on experience. We provide professional development and career placement assistance with all programs: Medical Assisting, Medical Office Specialist, Dental Assisting, Massage Therapy, and Criminal Justice.

Site Name: Kaplan College

Site Address: 2475 E Tahquitz Canyon Way, Palm Springs, CA 92262

Program Phone(s): (760) 778-3540

Agency Hours: Monday – Thursday, 8:00 am – 7:00 pm; Friday, 8:00 am – 5:00 pm

Program Hours: Monday – Thursday, 8:00 am – 10:00 pm; Friday, 8:00 am – 5:00 pm

Areas Served: Coachella Valley

Eligibility: High School Diploma or GED

Languages: Programs are taught in English

Kimco Staffing Services, Inc.

Description: We offer numerous staffing solutions to help our clients maximize productivity while controlling costs: [temporary](#), [temp-to-hire](#), [contract](#), [project](#), [direct-hire](#), [managed staffing](#), and [payroll service](#) options are offered by all Kimco Staffing Services practices. In addition, our sister company [KimstaffHR](#) has the capability of handling all employer-related administrative tasks, including human resources, payroll processing, benefits administration, workers' compensation, and safety/risk management. Over the past 20+ years, Kimco's clients and associates have helped us move from a small, single-practice office, to one of the largest private staffing firms in the state – with 24 branch offices in both Northern and Southern California. But in the midst of expansion, we've maintained our focus – integrating exceptional people with the industry's most innovative technology, connecting companies and careers throughout California.

Site Name: Kimco Staffing

Site Address: 44-100 Monterey Ave, Suite 202, Palm Desert, CA 92260

Program Phone(s): (760) 836-3766

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Tuesday & Thursday, 10:00 am – 2:00 pm

Areas Served: Coachella Valley

Eligibility: Must be 18 years of age

Languages: English

Kiwanis Club of Palm Springs

Description: Kiwanis clubs are based on the following objectives: To give primacy to the human and spiritual rather than to the material values of life; to encourage the daily living of the Golden Rule in all human relationships; to promote the adoption and the application of higher social, business, and professional standards; to develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship; to provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities; and to cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and goodwill.

The Kiwanis Club of Palm Springs is a group of men and women who make a serious impact on the Palm Springs community. Some members are leaders of local business, others retired. All of them carry a concern for our community.

Their impact can be seen with programs that support young children's literacy, such as Reading is Fundamental where a group of Kiwanians read to pre-school children at a local school. Older youth feel the Kiwanis touch through Key Clubs in their local high schools. Palm Springs, Cathedral City, and La Quinta High School Key Clubs provide countless hours of service to the community through group projects, as well as developing the leadership skills needed to succeed in college.

The Kiwanis Club of Palm Springs also supports a number of Community Service Agencies. Among these are Mizell Senior Center, Palm Springs Police Department, The Boys and Girls Club of Palm Springs, and many others.

Site Name: Kiwanis Club of Palm Springs

Site Address: The Kiwanis Club of Palm Springs meets at the Hilton Hotel in Palm Springs located at: 400 East Tahquitz Canyon Way, Palm Springs, CA 92262. We invite you to attend one of our weekly meetings to find out more about the club. Lunch cost varies from \$5 to \$14.

The mailing address for correspondence is:

Kiwanis Club of Palm Springs
PO Box 1524
Palm Springs, CA 92263

Web address: www.palmspringskiwanis.com

Program Phone(s):

Tony Lopes, President: (909) 260-0433
Larry Levine, Vice President: (760) 321-2051
Club Phone: (760) 770-0498

Agency Hours: Tuesdays, 12:00 – 1:30 pm

Program Hours: Tuesdays, 12:00 – 1:30 pm

Kiwanis Club of Palm Springs **(continued)**

Areas Served: Palm Springs, Cathedral City, Desert Hot Springs, Rancho Mirage, Palm Desert, Thousand Palms, Bermuda Dunes, Indian Wells, La Quinta, and Indio.

Eligibility: There are no requirements; however, the club's service emphasis is on helping children in the community through reading programs, sponsoring civic service clubs in middle and high schools, as well as providing scholarships to college bound seniors in Key Clubs.

Languages: English

La Hacienda Apartments

Description: Low income housing for special needs clients. We provide 35 single person occupancy studio units for clients receiving services from Riverside County Department of Mental Health.

Site Name: La Hacienda Apartments

Site Address: 82495 Miles Avenue, Indio, CA 92201

Program Phone(s): (760) 342-8660, (760) 342-7347 FAX

Agency Hours: Monday – Thursday, 9:00 am – 5:00 pm

Program Hours: Same as above

Areas Served: Coachella Valley

Eligibility: Must pass criminal and credit checks as well as having qualifying income

Languages: English/Spanish

L.I.F.E. Vocational Academy

Description: The L.I.F.E. Vocational Academy will offer students the opportunity to participate in a 12-week course where they will receive technical training in the following skilled trades: masonry, plumbing, electrical, dry wall, painting, carpentry, roofing, solar panel installation, and heating & air conditioning. The students will also have the opportunity of learning how to operate the following construction equipment: backhoe, skip loader, bobtail, and water truck.

Site Name: To Be Determined

Site Address: To Be Determined

Program Phone(s): (760) 851-8904

Agency Hours: Monday – Friday, 9:00 am – 5:00 pm

Program Hours: Monday – Friday, 9:00 am – 5:00 pm

Areas Served: (Coachella Valley) Desert Hot Springs, Palm Springs, Cathedral City, Rancho Mirage, Thousand Palms, Palm Desert, La Quinta, Indio, and Coachella

Eligibility: Students must be between 16-25 years old.

Languages: English and Spanish

Lisa Axelrod, MFT

Description: Provides psychotherapy for children, families, and individuals; gambling addiction counseling, resources, referrals, and early intervention/prevention. Services offered in the following cities: Indio, Palm Desert, Desert Hot Springs, Banning, and San Jacinto.

Site Name: N/A

Site Address: N/A

Program Phone(s): (760) 772-6745, (760) 218-0927 (cell)

Agency Hours: Call to arrange

Program Hours: Wednesday – Saturday, 9:00 am – 5:00 pm; Monday, 7:00 – 9:00 pm

Areas Served: Coachella Valley, Banning, San Jacinto

Eligibility: Funding sources: Medi-Cal, Gambling Treatment Program (state), and managed care companies. Please call to discuss.

Languages: English, French, and some Spanish

Martha's Village & Kitchen

Description: We are a 120 bed Transitional Housing Program for the homeless. Resident clients receive intensive case management and educational courses that guide them on a path to self-sufficiency. 24 hour security presence.

A licensed Children's Services Program for ages 0-5 is provided to our resident children and low income families who qualify.

We have a food services program that prepares three hot meals daily for our resident clients and offers a public lunch from 11 am to 12pm.

During the summer months we provide public shower and laundry services on Tuesdays and Fridays.

Adult Education and GED preparedness is available to both public and resident clients.

Those in need can get emergency food from our Emergency assistance program Monday-Friday.

There's a free clinic on site that serves the homeless uninsured population of the valley.

Site Name: Martha's Village & Kitchen, Dan Dunlap Building

Site Address: 83791 Date Ave, Indio, CA 92201

Program Phone(s): (760) 347-4741

Agency Hours: Monday – Friday, 8:00 am – 4:30 pm

Program Hours: Transitional Program is a 24 hour program; all other programs are open during business hours.

Areas Served: Coachella Valley and surrounding Riverside County

Eligibility: All in need are eligible.

Languages: English and Spanish

Mental Health, Consumer Affairs

Description: This program promotes the consumer perspective in all aspects of the Department, from policy and planning to direct services. It seeks to further recovery through training and support for consumers who are employed as Peer Support Specialists in the Department. These Peer Specialists, having attained a level of personal recovery, assist and support consumers who receive services from the Department. Through this peer-to-peer support, consumers experience hope and are assisted in moving forward on their personal recovery journey.

Site Name: MHSA Administration

Site Address: 3801 University Avenue, Riverside, CA 92501

Program Phone(s): (951) 955-7161

Agency Hours: 8:00 am – 5:00 pm

Program Hours: 8:00 am – 5:00 pm

Areas Served: All regions of Riverside County

Eligibility: N/A

Languages: English; Se Hablo Espanol

Mental Health Systems, Inc.
Indio Center for Change/Family Preservation Court

Description: Our Indio Center for Change is one of our highly successful Family Preservation Court Programs, which offer intensive, outpatient court supervised services. Working in collaboration with Family Preservation Court, we help Parents overcome drug and/or alcohol dependency. This permits children to be safely returned to their homes, keeping the family together. Our program promotes healthy families by creating a safe environment for parents to receive treatment for their substance dependence. This encourages parents to create a safe environment in their homes so their families are able to thrive.

Program Services

Our Center for Change services include:

- Short Term Solution Focused Therapy (provided by MFT)
- In Home and Office visitation with MFT
- 12 week Nurturing Families Parenting Program
- Gender Responsive Groups
- Relapse Prevention Groups
- Anger Management and Domestic Violence Groups
- Life Skills Groups
- Gorski Groups
- 12 Step Education
- Early Recovery Groups
- Process Groups
- Relationship Groups
- Family Support Groups
- Birth Control/Prevention Presentations
- Voluntary HIV/AIDS Testing and Groups Onsite (provided by Community Partners)

Eligibility Requirements

Our services are available to parents who have been identified by Children's Services as having substance abuse and dependency issues, families who are assessed by Children's Services to have risk factors, and parents with at risk children ages 0-18. In addition, program participation is subject to the approval of the Family Preservation Court and Family Law Court Teams.

More Information

To find out more information about Indio Center for Change, please call (760) 321-0870.

Site Name: Indio Center for Change

Site Address: 68-100 Ramon Road, Suite B-10, Cathedral City, CA 92234

Program Phone(s): (760) 321-0870 or (800) 276-1198, (760) 321-0916 FAX

Agency Hours: Monday – Friday, 8:00 am – 5:30 pm

Program Hours: Sunday – Saturday, 8:00 am – 5:30 pm

Mental Health Systems, Inc.

Indio Center for Change/Family Preservation Court
(continued)

Areas Served: Desert Region – Riverside County/Entire Coachella Valley

Eligibility: Clients can be referred by Child Protective Services (CPS), Attorneys, and Family Law Court. Parents with substance abuse and dependence issues may also walk in and request services. Also, see above Eligibility Requirements.

Languages: English & Spanish

MFI Recovery Center

Description:

Outpatient Program:

This is a co-educational program for substance abusers. Two to four days per week ranging from one and a half hours to three hours per day. Program length is determined by the funding source. These services are designed for those who are able to function in the community but have problems at work and/or at home connected with substance abuse. Group therapy, individual counseling, and lectures are held in the afternoon and evenings.

Multi-Dimensional Family Therapy:

Multidimensional Family Therapy (MDFT) is a family-based treatment developed for adolescents with drug and behavior problems and for substance abuse prevention with early adolescents. The treatment seeks to significantly reduce or eliminate the adolescent's substance abuse and other problem behavior, and to improve overall family functioning.

Residential Treatment:

MFI Recovery Center has gender-specific residential substance abuse treatment for adults which includes a specialized program for women with children. Typically residential treatment is for 30-45 days depending on the funding source. Residential programs are designed to be a primary treatment model beginning with an introduction to the disease model of addiction, the 12 Steps of Recovery, Motivational Enhancement, and Relapse Prevention. It is the goal of treatment that each client understands the implications of the diseases of addiction, begin work on the first 3 Steps of the 12 Steps of Recovery, and have a formal Relapse Prevention Plan at discharge.

Other:

Anger Management (low-cost) & Parenting Classes (no cost) are offered.

Site Name: Banning Clinic (Outpatient & MDFT Only)

Site Address: 2781 W. Ramsey Street, Suite 1, Banning, CA 92220

Program Phone(s): (951) 849-3896, (951) 849-0506 FAX

Agency Hours: Monday – Thursday, 9:00 am – 9:00 pm

Program Hours: Same as above

Areas Served: Pass Area and Western Riverside County

Eligibility: Referral or walk-in

Funding: Insurance, Medi-Cal, Private and Riverside County Substance Abuse

Languages: English and Spanish

Migrant Education Program, Region VII, Out-of-School Youth

Description: The Out of School Youth, or OSY, refers to 14-21 year old migrant youth who have not graduated from high school, have not received a high school equivalency diploma, and/or have not passed the GED examination.

This population includes new immigrant students who fit the profile of "Here-to-Work". Here-to-Work OSY are youth who have immigrated to the United States in order to work, usually without the intention to enroll in the U.S. educational system. Although many Here-to-Work OSY are underage, many of them are unaccompanied by a guardian, and some have received very little formal education in their native country.

Needs: Migrant students may receive supplemental services funded by Migrant Education, up to age 21, if they have not graduated from high school or received a High School Equivalency Diploma.

Out-of-School Youth (OSY), usually 14-21 years of age, who are not participating in any educational services in a K-12 institution (e.g., comprehensive high school, continuation school, school districts' adult education program) are serviced via the Region VII Migrant Education Program or high schools receiving additional Migrant Education monies.

Migrant young adults usually have many obstacles to overcome in order for them to continue their education. They may need support services such as medical, dental, transportation to an education site, and/or help in securing child care (if they are also parents of young children).

Non-Attending migrant young adults may be difficult to locate if they do not have younger brothers and sisters in the school system. Some have not had the opportunity to attend school or have very little schooling and do not speak English (Here-to-Work). Many migrant young adults who have attended school in the United States, dropped out because of frequent moves due to work, poverty, and feelings of isolation in the schools they did attend.

Academic Programs and Services: The major goal of Region VII Migrant Education for these young adults, is to assist them in continuing their education (which includes graduation from high school or earning a High School Equivalency Diploma "GED"). If a student is under the age of 18 and is not attending school, a "reentry program" to get them into school is coordinated with the student's local high school. Migrant students over the age of 18 are offered a variety of choices based on their educational goals, work schedules, educational levels, languages and support service needs.

Site Name: Riverside County Office of Education, Indio Office

Site Address: 47-110 Calhoun Street, Indio, CA 92201

Program Phone(s):

Main Office: (760) 863-3363

FAX: (760) 863-3393

Cell: (760) 578-2168

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Migrant Education Program, Region VII, Out-of-School Youth (continued)

Program Hours: Monday – Friday, 8:00 am – 5:00 pm

Areas Served: Any school district within Riverside County and San Bernardino County.

Eligibility: Children of migrant farm workers and declared independent individuals who are farm workers, between the ages of two and twenty one who travel across state and school district lines in search of work in agriculture or fishing. Specifically, out of school youth are individuals who are not enrolled in school, have not graduated from high school, and are not in school pursuing a high school diploma. Both will be interviewed by a Migrant Community Assistant for determination of eligibility into the migrant education program.

Languages: Spanish, English

Milestones Board and Care

Description: A licensed Adult Residential Facility serving individuals from 18 to 59, designed as a transitional placement for those who receive psychiatric services from Riverside County Department of Mental Health.

Site Name: Milestones

Site Address: 82485 Miles Ave., Indio, CA 92201

Program Phone(s): (760) 347-4347

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: 24 hours, 7 days a week

Areas Served: Desert Region

Eligibility: Referral required from Riverside County Department of Mental Health.

Languages: English/Spanish

Molina Healthcare of California

Description: At Molina healthcare, our focus has been on helping mothers, children, families and seniors gain access to quality care for over three decades. We help members navigate the health care system and build community partnerships to develop solutions to the challenges they face. Today, Molina Healthcare serves the diverse needs of 1.8 million plan members and beneficiaries across the United States through government-funded programs such as Medicaid (Medi-Cal) and Medicare programs.

Health Education Programs: Our Health Education Department is committed to helping you stay well. ***The programs listed are available to members at no cost.***

- ◊ *Healthy Living with Diabetes Program* – for adults 18 years and older with a diagnosis of diabetes. Our Care Managers will work with you over the phone to help you manage your diabetes. You will learn about meal planning, exercise, diabetes medicines, and much more!
- ◊ *Breathe with Ease Asthma Program* – for children and adults ages 2 and older with a diagnosis of asthma. You will learn about triggers, early warning signs, proper use of medicines, preventing flare ups and how to use a peak flow meter.
- ◊ *Motherhood Matter Pregnancy Program* – Care managers will help you get the education and services for a healthy pregnancy; our trained staff will answer your questions help you get the care you need. Plus, learning materials, community resources, and support before, during, and after your delivery.
- ◊ *Smoking Cessation* – for adults, teens, tobacco chewers and pregnant smokers (with doctor's approval). This program is done over the telephone.
- ◊ *Bridge2Access Program* – health and wellness is the same for persons with or without disabilities and activity limitations. The Bridge2Access program is designed to improve access to healthcare services.

Molina Healthcare Information Center – Molina Healthcare is bringing healthcare information to the neighborhood. The accessible Information Center offers health education information and materials from many of the local community based organizations. Located at the Inland Center Mall in San Bernardino, 1-855-MOLINA-1.

Call Center – Molina Healthcare participates in low-cost/no-cost health insurance programs through government sponsored programs. Molina Healthcare has been helping families stay healthy for 30 years. Call Molina Healthcare at 1-800-643-7276 for assistance.

Site Name: Molina Healthcare of California

Site Address: 887 E. Second St. Suite B, Pomona, CA 91766

Program Phone(s):

Member Services Department, (888) 665-4621

Enrollment Call Center, (800) 643-7276

www.Molinahealthcare.com

Molina Healthcare of California
(continued)

Agency Hours: Monday – Friday, 7:00 am – 7:00 pm

Areas Served: Counties of Riverside, San Bernardino, San Diego, Los Angeles and Sacramento

Eligibility: Be Medi-Cal and/or Medi-Care eligible

Languages: English/Spanish

Multidimensional Family Therapy (MDFT) – Mental Health Department, County of Riverside

Description: Multidimensional Family Therapy (MDFT) is an outpatient/intensive in home, family –based approach to the treatment of adolescent substance abuse and related mental health and behavioral problems. It is an intensive therapeutic program targeting adolescents and their family. Therapeutic services focus heavily on the individual, family, parents, and extra familial areas.

- MDFT integrates the clinical and theoretical traditions of developmental psychology and psychopathology, the ecological perspective and family therapy.
- MDFT team has 6-8 contact hours per week with each family.
- MDFT used research-derived knowledge about risk and protective factors for adolescents as the basis for assessment and intervention in four domains: (1) the adolescent as an individual and as a member of a family and peer group; (2) the parent, both as an individual adult and in his/her role as parent; (3) the family environment and family relationships, as evidenced by transactional patterns; (4) extra familial sources of positive and negative influence.

Site Name: Mental Health Department – Multidimensional Family Therapy; Riverside County

Site Address: 47825 Oasis St., Indio, CA 92201

Program Phone(s): (760) 863-8550, (760) 863-8353 FAX

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Monday – Friday, 8:00 am – 5:00 pm, after hour's crisis line available

Areas Served: Desert Region, Riverside County

Eligibility: Adolescents ages 12-17 years old with dual diagnosis (or at risk for drug abuse) and externalizing behaviors (e.g., Conduct Disorder, Oppositional Defiant, Disruptive Behaviors, etc.)

*Medi-Cal recipients

Languages: English and Spanish

National Alliance on Mental Illness (NAMI) – Coachella Valley

Description: The National Alliance on Mental Illness (NAMI) is the nation's largest mental health organization dedicated to improving the lives of persons living with mental illness and their families. NAMI is a non-profit 501 (c)(3) charitable organization.

NAMI's goal is Informing, Educating, Advocating, and Supporting people with mental illness and their families.

NAMI Signature Programs

- NAMI Family Support Group designed for family caregivers to support their loved ones while maintaining their own wellbeing.
- NAMI Connection is a recovery support group for people living with mental illness.
- NAMI Family-to-Family Education Program is a free, 12-week course for family caregivers of individuals with severe mental illnesses.

In collaboration with the Riverside County Department of Mental Health, Oasis Rehabilitation Center and NAMI Coachella Valley the following community programs are funded by MHSA-PEI:

- *In Our Own Voice* – Who better to talk about mental illness than people in recovery.
- *Parents & Teachers as Allies* – Helps school professionals identify the early warning signs of early-onset mental illness in children and adolescents in schools.
- *Breaking the Silence* – Classroom lesson plans for grades 4th – 12th that are designed to destigmatize mental illnesses.

Site Meetings Held:

Hope Lutheran Church, 45-900 Portola Avenue, Palm Desert, CA 92260
Harmony Center, 81-840 Avenue 46, Indio, CA 92201

Program Phone(s): (888) 881-NAMI

Agency Hours: 9:00 am – 9:00 pm

Program Hours: 9:00 am – 9:00 pm

Areas Served: Riverside County; Banning, Palm Springs, Cathedral City, Rancho Mirage, Indian Wells, Palm Desert, Bermuda Dunes, La Quinta, Indio, Coachella, Mecca, Thermal

Eligibility: Family, Spouses, Caregivers & Peers of mental health programs

Languages: English & Spanish

New Beginnings Addiction & Recovery Center

Description: New Beginnings Addiction & Recovery Center, Inc. (NBARC) is a subsidiary of Group Home Support Services, Inc. (GHSS), a non-profit organization which specializes in providing mental health services, social work services, psycho-educational programs and substance abuse services to at risk youth in residential placements. GHSS has been established for the past 15 years in Rancho Cucamonga and three years ago branched out to Banning. We are grateful to our dedicated mental health professionals who are licensed marriage and family therapists and clinical social workers. Our Trainees are in the last semester of their Masters' Program and our Interns are awaiting state licensure. All of our Alcohol and Drug Counselors are Registered or Certified through the seven State Approved Agencies. It is through their compassion and dedication that we are able to offer the community the following services:

Mental Health Services: Assessment, Treatment Planning and Counseling: Individual, Family, Couple, Crisis Counseling and Assessment, Psychological Testing

Alcohol & Drug Services: Adolescents and Adult Programs

Out Patient, State Certified, Evidenced Based Programs
Intake, Assessment, Treatment Planning, Goals, Interventions and Discharge Planning
Individual, Group, Family and Collateral Counseling
Case Management
Random Drug Testing
Perinatal Program for Pregnant and Postpartum (60 days after the birth) Women
Early Recovery Skills Group
Relapse Prevention Group
Social Support and Continuing Care (12 Step Programs)

Court Approved Programs: Alternative to Sentencing

Domestic Violence
Child Batters
Anger Management
Parenting
Truancy
Petty Theft

Court Approved Services

Child Custody Evaluations
3190-3192 Counseling
Bonding and Attachment Assessments
Psychological Assessments
Reunification Recommendations
Mediation Counseling
Co-Parenting Counseling and Plan Development

New Beginnings Addiction & Recovery Center
(continued)

Psycho-Educational Programs

- Career Counseling
- Communication Skills
- Coping Skills
- Gang DeAffiliation
- Independent Living Skills

Trauma and Grief Counseling – The Courage to Remember Program
Seeking Safety – Trauma and Substance Abuse Counseling
Community Service Hours Provider
Planned Parenthood Satellite Site

Site Name: New Beginnings Addiction & Recovery Counseling Center

Program Phone(s): (951) 663-8366, (951) 755-8915 FAX

Agency Hours: Monday – Friday, 10:00 am – 10:00 pm; Saturday, 10:00 am – 3:00 pm

Program Hours: 24 hours, 7 days a week

Areas Served: Banning and surrounding areas

Eligibility: Mental Health requires Riverside County Mental Health Authorization. Substance Abuse and all other Programs: Walk Ins/Eligibility determined through NBARC assessment

Languages: English and Spanish

Oasis Community Services

Description: Oasis Community Services is the “out-patient” service arm of Oasis Rehabilitation Center and provides a number of programs for clients and non-clients (walk-ins):

Full Service Partnership for Transitional Age Youth (FSP-TAY): Provides intensive mental health treatment and case management services for young persons ages 16-25 who have persistent severe mental illness and at least one of the following: frequent use of crisis services, hospitalization, incarceration, out of home placement, at risk of homelessness, or homeless. FSP-TAY serves young persons from Banning to Blythe. Staff consists of a psychiatrist, an LVN, therapists, Personal Services Coordinators, a Family Specialist, and a Vocational Specialist. The FSP-TAY partners with the California Department of Rehabilitation (Employment) to provide vocational assessments and direct employment services.

Oasis Peer Support and Resource Center (PSRC): Provides peer support in a peer-run recovery environment utilizing certified peer support specialists, recovery coaches, WRAP facilitators, ART facilitators, and DBT Skills facilitators. Serves ages 16 & up (TAY & Adult) with locations in Banning, Indio, and Blythe. Referrals are generally made via a letter of introduction.

Mentoring Program: Provides mentoring services to young persons ages 11-18 from Riverside to Blythe. Mentors are non-clinical staff that have a direct and lasting effect on the lives of young people through one-on-one relationships in the community. Activities may include going to the park, walking around the mall, going out to eat, just “hanging out”, etc. Mentees are referred by RCDMH, and mentors provide feedback to the referring clinicians.

Seeking Safety Program: Provides services in the community to persons (TAY & Adult) with an identified history of trauma and self-harming behavior resulting from that trauma such as substance abuse, depression, anger issues, cutting, etc. Staff consists of trained persons in the EBP – Seeking Safety model. This program partners with other community-based organizations (e.g., public schools, shelters, churches, etc.) to conduct groups in the community. Age groups of persons served are dependent upon the partnering agency.

National Alliance on Mental Illness (NAMI) Signature Programs: Three programs that share the primary goal to increase community awareness within target populations regarding mental health information and resources and to expand mental health stigma reducing activities to youth, transitional age youth, adults, and older adults:

- **Parents & Teachers as Allies** is designed to help families and school professionals identify the key warning signs of early-onset mental illness in children and adolescents in school. Two hour presentations are conducted in school settings and focus on the specific, age related symptoms of mental illness in young people. Presentations are conducted by an educator, a facilitator, a parent of a child with mental illness, and a Transition Age Youth consumer.
- **In Our Own Voice** is an interactive, public education program with two trained consumer speakers sharing their personal stories about living with mental illness and achieving recovery. Presentations will be given to consumer groups, students, faith-based community members, interested civic groups, providers, politicians, law enforcement, and the public at large. Speakers will be reflective of the audience according to age groups.

Oasis Community Services **(continued)**

- **Breaking the Silence** is an educational package that teaches students in upper elementary, middle or high school about serious mental illness. The program humanizes mental illness through the use of stories. Students learn that mental illnesses are real illnesses that can be treated and are not character flaws. Another primary goal is to teach youth about stigma and how to overcome it. Lesson plans are easily implemented within a classroom setting. In addition to outreach to teachers in elementary, middle and high schools, outreach will be made to teacher education programs in order to provide presentations to future teachers about how to implement “Breaking the Silence” in classrooms.

Site Name: Oasis Community Services/The Harmony Center

Site Address: 81-840 Avenue 46, suite 201, Indio, CA 92201

Program Phone(s): (760) 391-6999, (760) 391-6998 FAX

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: 24 hours, 7 days a week

Areas Served: Desert Region, Riverside County

Eligibility: Referral required from Riverside County Department of Mental Health for FSP participation; walk-in accepted for Peer Support Resource Center.

Languages: English and Spanish

Oasis Rehabilitation Center

Description: Oasis Rehabilitation Center provides 24 hours services for crisis and inpatient mental health evaluation and treatment.

Oasis Crisis Services (OCS): Provides crisis stabilization, in a 24 hours period, under the direct supervision of a psychiatrist, and other mental health professionals including nurses, social workers, marriage and family therapists and other paraprofessionals. This interdisciplinary team works with patients to reduce the acute nature of the crises in order to return or refer the patient to a less intensive level of care. Services are provided to voluntary and involuntary (5150) patients 24 hours per day, 7 days a week.

Psychiatric Health Facility (PHF): 16 bed acute inpatient psychiatric facility for Riverside County residents who have no insurance or Medi-Cal who cannot be treated in a less restrictive setting or at a lower level of psychiatric care. Under the direct supervision of a psychiatrist, patients are admitted for danger to self, danger to others or grave disability. A multidisciplinary team made up of nurses, social workers, and paraprofessionals provide assessments, individual and group therapy, medication therapy, and activities.

Site Name: Oasis Rehabilitation Center

Site Address: 47-915 Oasis Street, Indio, CA 92201

Program Phone(s): (760) 863-8600, (760) 863-8603 FAX

Agency Hours: 24 hours a day, 7 days a week

Program Hours: 24 hours a day, 7 days a week

Areas Served: Desert Region, Riverside County

Languages: Can accommodate all languages

Olive Crest Academy

Description: Olive Crest Academy Early College High School (ECHS) is dedicated to the vision of creating a learning environment where students are empowered to develop self-sufficiency and a sense of pride in their academic success. There are many benefits of attending Olive Crest Academy (ECHS) which is designed to promote a culture of high academic performance and encourages logical and critical thinking.

Olive Crest Academy ECHS is a tuition-free charter school offering students an academically rigorous alternative to “traditional classes,” based on the Early College High School Initiative supported by the Bill and Melinda Gates Foundation and the Foundation for California Community Colleges. Qualified students will be concurrently enrolled in courses at local community colleges and Olive Crest Academy ECHS, earning both high school and college credits in an effort to secure a successful transition into higher education after high school. Click here to read more about the educational programs at Olive Crest Academy ECHS and admission requirements. All educational programs are available without regard to race, color, religion, national origin, gender or disability.

Students can earn a vocational certificate or college credits transferable to a four-year university. Program features include:

- All college fees, books and instructional materials are paid for by Olive Crest Academy ECHS.
- A small, personalized learning environment, with a "college culture" that encourages success and independence.
- A means to facilitate the transition of motivated students to higher academics and success after completion of high school.
- A comprehensive support structure, including mentoring and individualized instruction.
- Dedicated, experienced teachers devoted to making Olive Crest Academy students successful.
- Students are taught to understand they are participants in the larger world and are responsible for the betterment of others.

Site Name: Olive Crest Academy-Early College High School

Site Address: 52780 Frederick St, Coachella, CA 92236

Program Phone(s): (760) 398-9806

Agency Hours: 7:30 am – 4:00 pm

Program Hours: 7:30 am – 4:00 pm

Areas Served: Entire Coachella Valley

Eligibility: High School Aged students

Languages: English and Spanish

Operation SafeHouse

Description: 21 day Crisis Intervention shelter for runaway, homeless and youth in family crisis. SafeHouse provides individual family and group counseling. SafeHouse has a 28 day substance abuse program for teen ages 13 to 17 years of age.

Human Trafficking Program

SafeHouse offers case management services to all victims of trafficking which include: shelter, medical, counseling, legal, job readiness, and education. Some services to victims may be in-house at one of our facilities or may be through other agency partners.

Site Name: SafeHouse of the Desert

Site Address: 72-710 E. Lynn Street, Thousand Palms, CA 92276

Program Phone(s): (760) 343-3211

Agency Hours: 24 hours a day, 7 days a week

Program Hours: 9:00 am – 5:00 pm

Areas Served: Serves entire Riverside County

Eligibility: Any Youth between the ages of 11 to 17 years old can receive services.

Languages: English and Spanish

Parent Support and Training Program

Description: The Riverside County Department of Mental Health Parent Support Program was established in 1994 to develop and promote client and family directed nontraditional supportive mental health services for children and their families. The Parent Support and Training Staff consist of Parents that have navigated the Mental Health system for the children they care for. The purpose of our position is to have a voice for parents who are struggling with raising children with emotional and behavioral challenges, who may not have all the proper resources. We are open to the community and to those clinics that do not have access to a Parent Partner. We are able to provide an array of trainings for parents on mental health and the system. Trainings for mental health staff, community agencies and schools on the importance of “Parent Professional Partnerships” as well as support groups for parents county wide all at **no cost**.

Site Name: Children’s Services Building

Site Address: 3125 Myers Street, Riverside, CA 92503

Program Phone(s): (951) 358-5862

Agency Hours: Monday – Thursday, 8:00 am – 5:30 pm; Fridays, 8:00 am – 4:30 pm

Program Hours: Monday – Thursday, 8:00 am – 5:30 pm; Fridays 8:00 am – 4:30 pm

Areas Served: The Parent Support and Training Program is a countywide program.

Eligibility: This program is for parents/caregivers that are raising a child that has or may have mental health challenges.

Languages: English; Spanish speaking staff available.

Parents in Education/Padres en Educación

Description: The mission of the *Council of Mexican Federations* (COFEM) promotes the advancement of the Latino community in North America through public policy advocacy, community organizing, leadership and organizational development, educational and cultural programs, and bi-national economic development.

COFEM is comprised of parents, families, and members of the community. We work to liberate the potential and development of families to create vibrant communities based on equality, action, collaboration, and justice. We bring the community to the table to empower the community to become a vehicle for social change. Our focus is in creating partnerships with school districts to engage parents and families in the decision-making process.

La misión del *Consejo de Federaciones Mexicanas en Norteamérica* (COFEM) promueve el avance de la comunidad latina en Norteamérica a través de la abogacía en políticas públicas, organización comunitaria, desarrollo de liderazgo y organizacional, programas educativos y culturales, y desarrollo económico binacional.

COFEM está compuesto de padres, familias y miembros de la comunidad. Liberamos la potencial y el desarrollo de familias para crear comunidades vibrantes basadas en valores de igualdad, la acción, la colaboración y la justicia. Traemos miembros de la comunidad a la mesa para empoderar a la comunidad a ser un poderoso vehículo para el cambio social. Nuestro enfoque es en creando asociaciones con distritos escolares para involucrar a padres y familias en la toma de decisiones.

Site Name: Council of Mexican Federations of North America / Consejo de Federaciones Mexicanas en Norteamérica (COFEM)

Site Address: 53462 Enterprise Way Coachella, CA 92236

Program Phone(s): (760) 501-8150; (760) 398-1630 FAX

Agency Hours: Monday – Friday, 9:00 am – 6:00 pm; by appointment

Areas Served: Coachella Valley, Riverside County and Los Angeles, Southeast LA, Valley Regions, Los Angeles County

Eligibility: No eligibility requirements / No hay requisitos de elegibilidad

Languages: English and Spanish

Planned Parenthood of the Pacific Southwest

Description: Planned Parenthood of the Pacific Southwest (PPPSW) has been providing comprehensive reproductive and sexual health care services since 1963. We assure quality and educational programs, affordability and confidentiality with multilingual and culturally sensitive staff.

Medical Services

Birth Control Methods: birth control pills, the shot, vaginal ring, the patch, IUD, Implanon, condoms & spermicides, diaphragm, natural family planning, and permanent birth control like vasectomy and female sterilization including Essure.

Reproductive and Sexual health Services: Pregnancy testing and options counseling, STI testing and treatment, cervical cancer screening, testicular cancer screening, well-woman(PAP/GYN) exams, medication and surgical abortion, emergency contraception, breast exams, rapid HIV testing, HPV vaccinations, hepatitis B vaccinations, menopausal services, colposcopy, cryotherapy and LEEP.

Education

Planned Parenthood's Community Engagement team provides a variety of community-based education and training programs for parents, youth, professionals, schools and others. We also provide education and assistance accessing health services for non-English speaking communities through our Promotoras Program.

Reproductive Health Classes:

- **Anatomy & Physiology** provides basic information about female and male reproductive anatomy and physiology. It identifies the physical and emotional changes of puberty, the process of fertilization and pregnancy, and a review of the menstrual cycle.
- **Birth Control** presentation on accurate information about different methods, correct use, resources and basic information about the laws related to family planning care for minors.
- **Sexually Transmissible Infections (STIs)** provides information about sexually transmissible infections in order to protect their own bodies and health as well as others. This class discusses the eight most common STIs. Emphasis is placed on methods of transmission, prevention, signs and symptoms. Abstinence is discussed as the only 100% effective method of preventing STIs.
- **Healthy Relationships** presentation discusses different types of relationships, including friendships and romantic, and what behaviors may constitute a healthy versus unhealthy relationship.

*** All of our presentations and programs follow the California Sexual Health and HIV/AIDS Prevention Guidelines, as well as the California Education Codes.**

Parenting Programs: Provide valuable information and tools to help parents and caregivers effectively communicate their values while providing the information young people need to make healthy decisions.

Other presentations include: menopause, and cervical and breast cancer.

Advocacy: Members of Planned Parenthood work with community leaders and elected representatives to protect your rights and access to reproductive health care.

Planned Parenthood of the Pacific Southwest
(continued)

Site Name: Planned Parenthood of the Pacific Southwest

Site Address: 49-111 Highway 111 Unit 6 A/B, Coachella, CA 92236

Program Phone(s):

(888) 743-PLAN (7526) for appointments & prescription refills, or online at www.planned.org
www.tuplannedparenthood.org

Main Office, (760) 398-6499; (760) 398-5701 FAX

Educational Presentations, (619) 881-4501 or (619) 881-5039

Agency Hours:

Coachella Education Office, Monday – Friday, 8:00 am – 5:00 pm

Coachella Clinic, Monday, Wednesday, and Friday, 8:00 am – 4:30 pm

Tuesday and Thursday, 10:00 am – 6:30 pm

Rancho Mirage Clinic, Monday – Thursday, 8:00 am – 6:30 pm; Friday, 7:30 am – 4:00 pm;

Saturday, 8:00 am – 4:30 pm

Areas Served: The Coachella Valley, Riverside County, San Diego County & Imperial County

Eligibility: Anyone of reproductive age. We accept Family PACT, Medi-Cal, and many health insurance plans. We offer low-to-no-cost services on a sliding scale.

Languages: English and Spanish

Pregnant and Postpartum Support Group Program

Description: Provide free support groups in English and Spanish for women with perinatal mood and anxiety disorders such as: depression and/or anxiety during pregnancy, postpartum depression and anxiety, and obsessive compulsive disorders during pregnancy/postpartum. Clients are provided a mental health assessment and referred to mental health treatment as needed. Free childcare provided. Transportation is available upon request.

Site Name: Riverside County Public Health Nursing

Site Address: 4065 County Circle Drive Riverside, CA 92503

Program Phone(s): (951) 358-5438

Agency Hours: Monday – Thursday, 7:00 am – 5:30 pm

Program Hours: Vary

Areas Served: County-wide (Riverside)

Eligibility: All in need are eligible; services are free

Languages: English and Spanish

Project Safe Neighborhoods (District Attorney's Office)

Description: Project Safe Neighborhoods (PSN) is the Riverside County District Attorney's Office gang prevention and community outreach program that seeks to demystify the gang lifestyle for our students, and educate parents and concerned adults about the warning signs associated with gang membership. PSN is conducted via student and parents presentations given by Deputy District Attorney Michael Tripp. These presentations are augmented with "real world" life experiences shared with men and women who fell prey to the gang culture as young people, and who wish to steer our youth away from a similar violent childhood.

Presentations are given at schools, Boys and Girls Clubs, places of religious worship, and any other locations that serve to assist our youth and their families, and are available every day of the week and evenings.

PSN is also offered as a training course for those dedicated to working with our local youth. Collaboration with our local Coachella Valley Violent Gang Task Force allows for educational seminars for professionals in the Coachella Valley.

The program is presented free of charge.

Site Name: Indio District Attorney's Office

Site Address: County Administrative Center, 82675 Highway 111, 4th Floor, Indio, CA 92201

Program Phone(s): (760) 863-8705

Agency Hours: Call to make an appointment

Program Hours: Call to make an appointment

Areas Served: PSN is available to any organization in the Coachella Valley, and as far as Blythe, and to every school in the Coachella Valley, Desert Sands and Palm Springs Unified School District.

Eligibility: PSN is free to every student, parent, and interested persons who work with our young people on a regular basis, or who simply wish to educate themselves on local gang awareness.

Languages: English; PSN is also available in Spanish via interpretation.

Purposely Chosen

Description: Hosts baby showers for displaced pregnant teens, ages 13-19 years old.

Nurturing Parenting Prenatal Program, a nine/eighteen session group/home-based program:

The Prenatal program addresses the current issues faced by couples expecting a child including the use of prescription drugs, alcohol and tobacco during pregnancy; the relationship between healthy pregnancies and proper nutrition; the effects of stress on the baby; abstinence; and issues of body image, weight gain, dieting and brain development during pregnancy.

Nurturing Skills for Teen Parents Program, number of session vary:

Nurturing Skills for Teen Parents is a comprehensive curriculum containing 59 Individual lessons. Core lessons are identified that represent the basic skills of teen parenting. Curriculum offers opportunities to educate teens on issues critical to adolescence including future pregnancy prevention, date rape, peer pressure, dating, violent relationships and other health related skills.

Weekly home visits and follow-up phones calls

Site Name: Purposely Chosen, Inc.

Site Address: 1045 N. Palm Canyon Ave., Palm Springs, CA 92262

Program Phone(s): (760) 322-7600

Agency Hours: Monday, Friday, and Saturday, 9:00 am – 5:00 pm

Program Hours: 24 hours a day/7 days a week

Areas Served: Riverside County

Eligibility: Displaced and/or at-risk pregnant & parenting teens, ages 13-21 years old

Languages: English

RAD for Women

Description: Basic Physical Defense for teen girls and women that teaches risk reduction and risk awareness techniques. The course includes lecture, discussion and self-defense techniques suitable for women of all ages and abilities.

Site Name: Christopher's Clubhouse

Site Address: 74854 Velie Way, Suite 6, Palm Desert, CA 92260

Program Phone(s): (760) 989-2182

Agency Hours: Vary

Program Hours: Vary

Areas Served: Coachella Valley

Eligibility: No requirements necessary, other than women only, ages 13 and up.

Languages: English

Raices Youth Participatory Action Research Project and Programming

Description: Raices Cultura's mission is to create a space for artistic and cultural expression, to promote healthy communities, and to strengthen the voice of the Eastern Coachella Valley. Through our Youth Participatory Action Research project we engage youth in the research process in order to gather data that will help them effectively address issues faced in their communities. Youth are able to gain leadership skills through their participation in our project that will help them be leaders in their schools or communities.

Raices Cultura's annual Dia de los Muertos event brings together community organizations and community members to remember our loved ones as well as pay tribute to different members who have had an impact on our communities. The event is preceded by the Dia de los Muertos Art workshops that focus on creating the event's larger art projects such as the procession's masks and billboards. The workshops also develop insight on the traditional art of altars and printmaking.

Raices also has its summer Arts Lab series in which various art workshops are developed based on youth's interest. In the past we have had printmaking, stenciling, and poetry workshops. In addition many of the youth involved with Raices are also involved with the community event, The Hue, which showcases many of the Eastern Coachella Valley's musical and artistic talents.

Raices Cultura not only supports the community through the arts but also emphasizes the need for higher education in our communities. Every year Raices works with the local high schools to develop the Higher Education Initiative, which brings together career professionals and students to discuss how to get to college, different career paths and financial aid. The goal of the initiative is to empower the community through higher education. It is through all of these events that Raices Cultura works towards developing youth voice and empower the community at large.

Site Name: Raices Cultura

Site Address: 1494 Sixth Street, Coachella, CA 92236

Program Phone(s): (760) 398-6165

Agency Hours: Monday – Friday, 3:00 – 7:00 pm

Program Hours: Hours vary.

Area Served: Activities are opened to anyone interested in the Coachella Valley.

Eligibility: Youth under the age of 18 need to fill out permission forms.

Languages: English, Spanish

Recovery Innovations

Description: Not-for-Profit Mental Health Services that provide support, resources and wellness classes to individuals with lived mental health experience. Services provided include information and referrals where participants can access housing options, employment opportunities, and educational possibilities. We support individuals with achieving a greater level of independence and involvement within the community through outreach and engagement activities that include sporting events, concerts, museums, farmers markets, etc. Education classes are offered daily where participants can practice wellness in all its dimensions: Social, Financial, Emotional, Occupational, Physical, Spiritual, Intellectual, Recreation, and Home and Community Living. We are a Peer Support Community where those who come for services and those who work at the center are people in recovery. We support one another as equals, encourage one another to find our own answers and collaborate on ways to achieve our hopes and dreams.

Site Name:

- Riverside location has “Locke Building” listed on the Brockton side of the building.
- Perris location says “Jefferson Transitional Programs” on the 215 freeway side of the building.
- Temecula location is co-located with “Temecula Mental Health.”

Site Address:

- Riverside: 3839 Brockton Avenue, Riverside, CA 92501
- Perris: 351 Wilkerson, Suite W, Perris, CA 92571
- Temecula: 41002 County Center Drive #320, Temecula, CA 92591

Program Phone(s):

Riverside: (951) 686-5484 phone, (951) 686-6630 FAX
Perris: (951) 345-1193 phone, (951) 345-1197 FAX
Temecula: (951) 600-6373 phone, (951) 686-6630 FAX

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm (all locations)

Program Hours: Monday – Friday, 8:00 am – 5:00 pm (all locations)

Recovery Support Line (enrolled participants only)
Monday and Tuesday, 8:00 am – 9:00 pm; Friday – Sunday, 8:00 am – 8:00 pm
Evening and weekend outings; see program calendars.

Areas Served:

Western: Moreno Valley west to Corona
Mid-County: Temecula, Lake Elsinore, Hemet, Perris, San Jacinto

Eligibility: Residents of Riverside County who have either received in the past or who are currently receiving services through Riverside County Department of Mental Health are eligible for services.

Languages: Spanish and English

Refuge Pregnancy Center

Description: We are a pregnancy resource center helping women who face unplanned pregnancies. We will be offering parenting classes, childbirth classes, and a pregnancy prevention program that assists youth with goal setting and life skills.

Site Name: Refuge Pregnancy Center

Site Address: www.refugepregnancycenter.org

Program Phone(s):

Office, (760) 347-7072

Helpline, (760) 574-1758

Agency Hours: Tuesdays – Thursdays, 12:00 – 4:00 pm

Program Hours Above the Influence (pregnancy prevention program) is available by appointment.

Areas Served: East Coachella Valley areas

Eligibility: All are eligible.

Languages: English

Riverside County Department of Public Health Teen Clinics

Description: Teens ages 12-19 can access services for reproductive health. Teens will be assisted in enrolling for the Family PACT program which will cover the cost of their services. Teens can receive Clinic Services including, condoms, birth control, screening and treatment for sexually transmitted infections, pelvic exams, Pap smear and breast exam, male and female exams and pregnancy testing and counseling. No parent consent; services are confidential.

Site Name: Indio Family Care Center and Palm Springs Family Care Center

Site Address:

47-923 Oasis Street, Indio, CA 92201
1515 North Sunrise Way, Palm Springs, CA 92262

Program Phone(s):

Indio, (760) 863-8283 or (800) 720-9553
Palm Springs, (760) 778-2210

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Indio Teen Clinic every Tuesday, 12:30 – 4:00 pm

Areas Served: Coachella Valley

Eligibility: Teens ages 12-19

Languages: English and Spanish

Riverside County Department of Public Social Services Family Resource Center (Desert Hot Springs)

Description: Riverside County's Family Resource Centers are a collaborative Partnership of public and non-profit organizations to bring together services and activities that educate, develop skills and promote healthier lifestyles for families.

Child Abuse Prevention: Shelter From the Storm representative is available to assist with Domestic Abuse Restraining Orders. Catholic Charities provides Cooperative Parenting Classes, Anger Management Classes and Counseling Services to promote the well-being of children, youth and families.

Literacy: Riverside County Office of Education provides outreach program for children of migrant workers including assistance with reading by access to the Bookmobile.

Employment Search: We provide a "Job Board" where the public can search for available jobs in the area.

Basic Needs Information: We provide various applications for Department of Social Services, including, Food Stamp, Calworks and Medi-Cal. We also provide information and applications for Utility and Rental assistance, and Health services providers, and we offer assistance with business related copies and FAX.

Family Support Services: Community Access Center assists Seniors and Persons with Disabilities to access services available. The Corona Veteran's Center provides individual counseling for veterans as well as a support group every week.

California State Assembly Office: Provides constituent services once a week.

Site Name: Desert Hot Springs Family Resource Center

Site Address: 14201 Palm Drive, Suite 108, Desert Hot Springs, CA 92240

Program Phone(s): (760) 288-3313, (760) 288-2854 FAX

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Areas Served: The Riverside County communities of Desert Hot Springs, Palm Springs, Palm Desert, Cathedral City and surrounding desert areas

Eligibility: No requirements are necessary.

Languages: Spanish and English

Riverside County Department of Public Social Services Family Resource Center (Mecca)

Description: Riverside County's Family Resource Centers are a collaborative Partnership of public and non-profit organizations to bring together services and activities that educate, develop skills and promote healthier lifestyles for families.

Parenting skills: Triple "P" parenting class is provided by Catholic Charities to enable parents to develop and engage families in their problem solving process.

Literacy: Coachella Valley Adult School provides an ESL class to Spanish speaking adults who want to become fluent in the English language.

Employment Search: We provide a "Job Board" where the public can search for available jobs in the area. In addition, we provide an open line, once a week, to the Employment Development Department so people can ask questions or open a new unemployment claim.

Basic Needs Information: We provide various applications for Department of Social Services, including, Food Stamp, Calworks and Medi-Cal. We also provide information and applications for Utility and Rental assistance, Health services providers, Family support services and we offer assistance with business related copies and FAX.

Family Support Services: Planned Parenthood and Birth Choice of the Desert provide Pregnancy Resource information. Office on Aging provides information on programs for the disabled and aging and their caregivers. Braille Institute offers an exercise class, "Fit After 50" and also information of services for the visually impaired.

Site Name: Mecca Family & Farmworkers Service Center

Site Address: 91-275 66th Ave., Ste. 100, Mecca, CA 92254

Program Phone(s): (760) 863-7860, (760) 863-7802 FAX

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Areas Served: The Riverside County communities of Mecca, North Shore, Oasis, Thermal, Coachella and surrounding cities of La Quinta and Indio

Eligibility: No requirements are necessary.

Languages: Spanish and English

Riverside County Office of Education – Migrant Head Start

Description: The Riverside County Office of Education – Migrant Head Start (RCOE-MHS) serves 620 children for children six weeks to 5 years of age.

Services Include Placements in Licensed Family Child Care Homes and family day care homes in Imperial and Riverside Counties. We provide free and full day services in a holistic approach including child development, health nutrition, mental health, family and community engagement and children with disabilities.

Site Name: Migrant Head Start

Site Address:

62-900 Lincoln Street, Suite P, Mecca, CA 92254

Site Manager: Christina Rodriguez

87-220 Church Street, Thermal, CA 92274

Site Manager: Maria E. Reynoso

Program Phone(s): El Centro main office, (760) 337-1555

Mecca, (760) 396-9194

Thermal, (760) 399-1820

Agency Hours: 8:00 am – 5:00 pm

Program Hours: 7:00 am – 5:00 pm

Areas Served: Riverside County; Coachella Valley

Eligibility: Those eligible include:

- Majority of income in the last 12 months from agricultural work
- Family has traveled out of the county or state in the last 24 months for the purpose of engaging in agricultural work.
- Family meets Head Start Income Guidelines

Languages: Spanish and English

**Riverside County Office of Education: School of Career Education
and Regional Occupational Programs**

Description: Career training programs for SCE (adults, fee-based) and ROP (high school students) Acute Care for Nursing, Banking & Financial Services, Child Care Occupations, Dental Assisting, Emergency Medical Responder, Home Health Aide, Medical Assisting Administrative, Medical Assisting Clinical, Medical Billing & Coding, Nursing Assistant.

Site Name: Don F. Kenny Learning Center

Site Address: 47-336 Oasis St., Indio, CA 92201

Program Phone(s):

SCE, (760) 863-3333

ROP, (760) 863-3300

Agency Hours: 7:30 am – 5:00 pm

Program Hours: 7:30 am – 9:30 pm

Areas Served: Coachella Valley

Eligibility: 16 yrs and older; diploma not required

Languages: All instruction in English.

Riverside County Office on Aging, Grandparents Raising Grandchildren

Description: The Grandparents Raising Grandchildren Program can assist in the problem-solving process, offering links to supportive resources and services:

- Social worker in the program that provides care management which involves an in-depth intake and assessment of each client to insure that all needs are addressed
- Multi-Disciplinary Team (MDT) brings together key county professional staff to address complex cases
- Identifying possible financial assistance: (Cal-Works, food stamps, WIC)
- Parenting classes through community and county partners to help grandparents be more successful
- Support groups provide resources and a time for companionship with peers
- Senior Services through the Office on Aging / target the specific needs of grandparents
- Quarterly Newsletter that focuses on key issues and priorities facing grandparents raising their grandchildren, information on health and nutrition tips, upcoming Task Force meetings and support group meetings, as well as local resources
- Child care and respite assistance for income eligible grandparents raising grandchildren ages 0-5, this funding provided by First 5 Riverside

Site Name: Hemet Service Center

Site Address: 749 N State Street, Hemet CA 92543

Program Phone(s): (800) 303-0001, (951) 791-3573

Agency Hours: 7:30 am – 5:00 pm

Program Hours: 7:30 am – 5:00 pm

Areas Served: Riverside County

Eligibility:

Care Management: Age 55+, grandparent, primary caregiver to grandchildren & parent not living in the home.

Child Care subsidy: Age 50+, grandparent, primary caregiver to grandchildren & parent not living in the home.

Support Groups & education: no age limit, kinship caregiver, primary caregiver to grandchildren & parent not living in the home.

Languages: English, Spanish

Riverside County Substance Abuse Program

Description: The Substance Abuse Program is comprised of a variety of accessible, high quality prevention and treatment services for alcohol and substance abuse. This program offers a wide range of county-wide treatment, intervention, and prevention services that include substance abuse and problem gambling assessment, Individualized Prevention Services, group and individual counseling, orientation to 12-step programs and sobriety, maintenance through support groups, overall case management, and referral to outside services.

IPS (Individualized Prevention Services)

- DO YOU LIVE IN RIVERSIDE COUNTY? The program is open to all residents of Riverside County.
- NO AGE LIMITATIONS. Whether you are school age or a Senior citizen, you can walk into any of the clinics ask for Individual Prevention Services.
- ACTIVELY ABUSING SUBSTANCES NOW? Even if you are actively abusing substances now you are welcome and hopefully you will become motivated to seek treatment.
- CURRENTLY OR HAVE BEEN IN TREATMENT? If so, Individual Prevention Services is not the right program for you. Individual Prevention Services is designed to help people WHO HAVE NOT PARTICIPATED in a Substance Abuse treatment program.

ODF (Outpatient Drug-Free)

- 16 Week Outpatient Treatment Modality
- Relapse Prevention Model
- Groups twice weekly
- Hour and a half duration
- GROUPS AVAILABLE morning, afternoon, and evening
- Case Management
- Individual Treatment Planning
- Referrals
- HIV Testing/Education

Mom's Intensive Outpatient

- 16 Week Day Treatment Modality
- Groups Three Days A Week
- Relapse Prevention Techniques
- Education
- Parenting

Child Lab

- Hands on supervised parenting techniques
- Individual treatment planning
- Case Management
- Referrals
- Random drug testing

Riverside County Substance Abuse Program

(continued)

Problem Gambling Services: Outpatient services are also available for Problem Gamblers or those concerned with their gambling behaviors.

Site Name: Indio Substance Abuse and Problem Gambling Program

Site Address: 83-912 Avenue 45, Suite 9, Indio, CA 92201

Program Phone(s): (760) 347-0754, (760) 347-8507 FAX

Agency Hours: Monday – Thursday, 7:30 am – 5:00 pm

Program Hours: Same as above

Areas Served: Eastern Coachella Valley to Palm Desert

Eligibility: 12 and Over

Languages: English, Spanish, and Filipino (Tagalog)

Riverside County Youth Accountability Team (YAT)

Description: The Riverside County Youth Accountability Team “YAT” is a first time juvenile offender diversion program. The program focuses on minors that have committed misdemeanors, as well as non-serious and non-violent felonies. The minor is monitored and supervised by a multi-agency team comprised of a probation officer, deputy district attorney, sheriff or police officer, school district representative and a counselor. In lieu of prosecution, the minor is placed on a 6 month YAT contract that generally requires the minor to attend school, obey their parents and team member directives, perform community service, submit to drug testing and searches of their person and residence, attend problem specific counseling or programming such as anger management or life skills, and also write a letter of apology. The team members conduct weekly home and/or school visits and provide mentoring and support services. If the minor completes the contract, the case is not filed. If they fail to complete the contract, then the case is filed and the minor is prosecuted in juvenile court.

Site Name: Indio District Attorney’s Office, Palm Springs Probation Office

Site Address:

County Administrative Center, 82675 Highway 111, 4th Floor, Indio, CA 92201
Palm Springs Probation Office, 3255 East Tahquitz Canyon Way, Room 101, Palm Springs, CA
92262-6958

Program Phone(s):

District Attorney’s Office, (760) 863-8216
Probation Office, (760) 778-2120

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Monday – Friday, 8:00 am – 5:00 pm

Areas Served: The Eastern Division of YAT serves middle school and high school students in the Coachella Valley, including all schools in the Coachella Valley, Desert Sands and Palm Springs Unified School Districts. There are also Western and Southwestern Divisions that address the other parts of Riverside County.

Eligibility: YAT services are free to middle school and high school students faced with low level criminal behavior.

Languages: English; YAT is available in Spanish via interpretation.

Riverside County's 4th District Youth Advisory Council (YAC)

Description: The mission of the Youth Advisory Council (YAC) is to serve as a forum for young people to come together and take greater control and responsibility toward improving their lives and well-being of all youth in the Riverside County. YAC members meet monthly to discuss issues facing teens locally and organize monthly community service projects. Applications and a list of past projects can be found at www.rivco4.org.

Site Name: Supervisor John J. Benoit's Palm Desert & Blythe Offices

Site Address:

Palm Desert: 73-710 Fred Waring Drive, Suite 222, Palm Desert, CA 92260

Blythe: 460 N. Broadway, Blythe, CA 92225

Program Phone(s): (760) 863-8211

Agency Hours: Monday – Thursday, 7:00 am – 6:00 pm

Program Hours: Varies

Areas Served: Desert Hot Springs to Blythe

Eligibility: Must currently be enrolled in High School

Languages: N/A

Roy's Desert Resource Center

Description: Emergency Overnight Shelter for Men, Women & Families. Clients are able to stay up to 90 days. Clients are provided with assigned beds, lockers, case management, public health nurse onsite, laundry services one time weekly and access to service providers.

Site Name: Roy's Desert Resource Center

Site Address: 19531 McLane Street, North Palm Springs, CA 92258

Program Phone(s): (760) 676-5200

Agency Hours: Shelter operates 24 hours a day.

Program Hours: Clients are able to be onsite from 5:30 pm – 8:00 am.

Areas Served: Coachella Valley

Eligibility: Any person who is homeless and meets the following criteria:

- Must not have been convicted of a violent crime in the past ten years
- Cannot be a registered sex offender
- Must be able to care for their own needs
- Must not be in a mental health crisis

Languages: English, Spanish

Safe Families for Children

Description: When crisis strikes, many of us rely on relatives and friends for support. But for some families there is no safety net. Often, a straightforward problem such as domestic crisis or unemployment can be debilitating. Crisis of this nature can temporarily jeopardize parents' ability to provide safety and stability for their children.

But now an exciting collaboration between Olive Crest and local churches gives parents experiencing crisis, hope.

Through Safe Families for Children (SFFC), parents can arrange for their children to stay with a pre-screened family while they focus on resolving crisis situations and work to bring stability back to their home. The program is designed to extend and strengthen the community safety net for at-risk families. SFFC is a positive alternative to the state welfare system, giving parents freedom to work through their problems without the worry of losing child custody.

Site Name: Olive Crest

Site Address: 555 Technology Court, Riverside, CA 92507

Program Phone(s): (800) 550-CHILD (ext 1234)

Agency Hours: 9:00 am – 5:00 pm

Program Hours: 24 hours a day, 7 days a week

Areas Served: Southern California

Eligibility: Children from birth to 18 years old

Languages: English; some Spanish

Shelter From The Storm

Description: Shelter From The Storm is dedicated to providing a safe haven for victims of domestic violence, offering them protection from their abusers, as well as empowering them through counseling, training and education to create safe and healthy lives for themselves and their children.

The agency encompasses five (5) distinct program locations:

- Emergency Shelter (72 bed) that houses the on-site IW Medical Clinic
- Long Term Transitional Housing Program (120 beds)
- Outreach Centers in the cities of Cathedral City, Palm Desert, Desert Hot Springs and Indio
- Community Counseling Center
- Administration/Business Office (located in our Community Counseling Center)

We continue to provide services to battered women who are hearing impaired and to women needing ADA accommodations. Additionally, we provide on-going community education services to professionals, law enforcement and to the lay community; as well as Coachella Valley's only Teen Dating Violence Prevention Program in our local schools.

The Long Term Transitional Housing Program, our two-bedroom campus, offers up to two years of housing and supportive services to women and children who have resided in an emergency shelter and who require additional time to attain emotional and financial self-sufficiency.

The Community Counseling Center/Business Office located in the City of Palm Desert is providing clinical and case management services to women and children who have completed their stay in our emergency shelter and to the community at large.

The Indian Wells Medical Clinic at the Emergency Shelter provides treatment for the all too prevalent injuries that our women and children suffer and provides primary health care, acute and preventative pediatric care, adult medical care, and gynecological and pre-natal care for our residents.

Site Name: Shelter From The Storm, Inc.

Site Address: 73555 Alessandro Drive, Palm Desert, CA 92260

Program Phone(s):

Admin/Business, (760) 674-0400

24 hour crisis hotline, (760) 328-7233, (760) 328-SAFE

Toll Free, (800) 775-6055

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Emergency Shelter, 24 hours a day, 7 days a week

Areas Served: The underserved areas of the Coachella Valley and throughout Eastern Riverside County

Shelter From The Storm
(continued)

Eligibility: Victim of intimate partner domestic violence

Languages: English, Spanish

Smooth Transition, Inc.

Description: Our WASC Accredited certification program benefits all within the Inland Empire and will assist low and moderate-income persons by expanding economic opportunities through community service. These services are in the form of youth activities, educational and job training services through our Pre-Employment Job Readiness, Financial Literacy, and Life Skills Program. Our program principally benefits low and moderate income persons, and meets the urgent needs mentioned because we go to the communities where the problem exists and work with participants individually and collectively. We believe the best way to address these social ills is through education. The major goal of the Pre-Employment Job Readiness, Financial Literacy, and Life Skills Program is to promote self-sufficiency and independence among low income participants in order to produce contributing citizens back into the community. Smooth Transition provides continued learning and growth opportunities to participants and intends to use learner-centered, culturally appropriate, community and gender-based approaches in which the learners will identify their own aspirations and collaborate with their instructors. We will offer a multicultural environment to gain the trust of our clients. The program is flexible, assessing the needs of the clients on a regular basis and designed to address the transitional needs of the clients by helping reduce the perceived and real barriers that hinder them from achieving their goals. Based on historical data, our Pre-Employment Job Readiness, Financial Literacy, and Life Skills Program directly responds to specific needs of low-income, at-risk high school students, single mothers, and displaced adults with a focus on employment and an education plan, to give our clients a self-motivated pathway, action oriented trajectory for self-sufficiency and confidence for meeting goals. It will also be flexible enough to recognize the individual's abilities, experiences, interests, challenges and goals. The program's primary target population will be participants of 15 years and above who are multi-lingual, many of whom are minorities from low income homes or unemployed. Additionally, the program is also open to all populations from other communities living in the County who are either interested in and need to enhance their English language or seeking employment skills, need employment, face barriers to employment.

Site Name: Vecino Building and locations throughout the Inland Empire

Site Address: 19310 Jesse Lane, Riverside, CA 92508

Program Phone(s): (951) 263-9392, (951) 870-1996 (Mobile)

Agency Hours: Monday – Friday, 9:00 am – 5:00 pm

Program Hours: Varies by class offered

Areas Served: Inland Empire

Eligibility: Open to all, but grant funded programs are for low-income youth and adults. Income verification is required.

Languages: All

Soroptimist House of Hope, Inc.

Description: 45-Day Residential Treatment Facility for females (18+) with Substance Use Disorders. Our 12-Step based philosophy and therapeutic community curriculum includes working all 12 Steps, Parenting Class, Art Therapy Expression Class, Relapse Prevention Class, Healthy Relationships Group, Anger Management Group, Meditation Group and Drug and Alcohol Education Classes. Families are invited once a month to visit and referrals are available for family members seeking help handling their loved ones entry into treatment. All clients receive weekly one-to-one counseling from our Certified Addiction Specialists along with individualized treatment and aftercare planning. Our social model modality also provides basic living skills, transportation to doctor appointments and court dates and works closely with Child Protection Services to help women and children reunite for a healthier lifestyle. We are a private, non-profit corporation and receive funding through the Riverside County Department of Mental Health Substance Abuse Program along with enormous support from a minimum of 10 Soroptimist International Service Clubs that make up the Soroptimist House of Hope, Inc. organization. Our board works to raise money and write grants to ensure our sustainability to provide quality services to our target population.

Site Name: Soroptimist House of Hope #1

Site Address: 13525 Cielo Azul Way, Desert Hot Springs, CA 92240

Program Phone(s): (760) 329-4673, (760) 329-7311 FAX

Agency Hours: 8:00 am – 4:00 pm

Program Hours: 24 hours a day, 7 days a week

Areas Served: Riverside/San Bernardino Counties

Eligibility: Must be 18 years or older. Female. No Detox available so must be able to test clean for alcohol and drugs prior to admission. County beds require that you be a resident of Riverside County. Private pay has no resident requirement.

Languages: English and Spanish

State of California Department of Rehabilitation

Description: State of California Department of Rehabilitation works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities.

If you are a person with a disability, the Department of Rehabilitation (DOR) may assist you to fulfill your employment goals and achieve independence. As a consumer of the DOR, your rehabilitation program will be tailored to your particular employment goals and developed in collaboration between you and your counselor.

Services Provided: The DOR offers many services to assist consumers to reach their employment goals. Not all available services are needed by all consumers. The DOR's services are individualized and include, but are not limited to:

- Counseling and guidance
- Referrals and assistance to get services from other agencies
- Job search and placement assistance
- Vocational and other training services
- Evaluation of physical and mental impairments
- On-the-job or personal assistance services
- Interpreter services
- Rehabilitation and orientation/mobility services for the deaf and blind
- Occupational licenses, tools, equipment, initial stocks and supplies
- Technical assistance for self-employment
- Rehabilitation assistive technology
- Supported employment services
- Services to family
- Transportation as required, such as travel and related expenses, that is necessary to enable you to participate in a vocational rehabilitation service.

Site Name: State of California Department of Rehabilitation

Site Address: 73-720 Fred Waring Drive, Suite 102, Palm Desert, CA 92260

Website: www.rehab.cahwnet.gov

Program Phone(s): (760) 674-0262, (760) 674-0268 FAX

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm (closed state observed holidays)

Program Hours: Monday – Friday, 8:00 am – 5:00 pm

Areas Served: Desert Region, High-Desert

Eligibility:

1. You have a physical or mental impairment
2. Your impediment constitutes or results in a significant impediment to employment for you
3. You require and can benefit from vocational rehabilitation services to prepare you to obtain, retain, or regain employment.

State of California Department of Rehabilitation
(continued)

Languages: English, Spanish, and American Sign Language (ASL)

Stress and Your Mood Program

Description: The Stress and Your Mood program is an umbrella program under SafeHouse of the Desert, and funded by Riverside County Department of Mental Health Prevention and Early Intervention Program. Stress and Your Mood is an early intervention counseling program that has been proven to reduce symptoms of depression caused by stress, to improve the general functioning of youth and young adults ages 16-25. Some of the areas the program covers includes changing negative, dysfunctional thinking, how to incorporate pleasant activities into daily life, improve social skills, emotional regulation, and gain tools for how to reduce stress and improve the overall quality of life. Clients who qualify receive 10-20 sessions of counseling in group or individual form (client choice) for FREE. Some of the target populations the program serves are homeless and runaway youth; youth who are in or have been in the foster care system; youth transitioning into college; and the LGBTQ (lesbian, gay, bisexual, transgendered, questioning) population.

Site Name: SafeHouse of the Desert

Site Address: 72-710 E. Lynn St., Thousand Palms, CA 92276

Program Phones: Contact Janell at (760) 343-3211 ext. 38 or cell phone (760) 285-1740

Agency Hours: SafeHouse of the Desert's hours are 24 hours a day, 365 days a year. Stress and Your Mood hours are more limited.

Program Hours: Generally counseling sessions can be scheduled Monday – Friday from 9:00 am – 5:00 pm. Hours can vary; call to make arrangements.

Areas Served: SafeHouse of the Desert Stress and Your Mood Program covers the areas of Banning, Mecca, Thermal and Coachella, Desert Hot Springs, Indio, Cathedral City, North Palm Springs and Thousand Palms.

Eligibility: Must live in Banning, Mecca, Thermal, Coachella, Desert Hot Springs, Indio, Cathedral City, North Palm Springs, or Thousand Palms. Must be between the ages of 16-25 years old. Must be experiencing recent symptoms of depression within one year.

Languages: English

Student Health Services, College of the Desert

Description: College of the Desert (COD) is a two-year college in the Coachella Valley. Student Health Services is a service provided to students enrolled in classes that have paid a health fee out of their tuition for that specific semester. Services include basic first aid, assessment, referrals, health education and outreach, access to a physician for acute illnesses, testing for certain illnesses, psychological services, including short term one to one counseling, and other mental health activities. The purpose of COD is to assist and support a student, pursue their educational goals by keeping them as mentally and physically healthy as possible. Services are constantly expanding so call for more information if you plan to be a student at College of the Desert. All services are free with the exception of x-rays or prescriptions.

Site Name: College of the Desert

Site Address: 43-500 Monterey Avenue, Palm Desert, CA 92260

Program Phone(s): (760) 776-7211

Agency Hours: Varied. General business hours are around 8:00 am – 5:30 pm. Classes are offered all day starting early in the morning and ending late in the evening.

Program Hours: Call for hours as they change regularly, but, in general, we are open during the weekdays for about 8 hours.

Areas Served: Coachella Valley

Eligibility: Students must have paid the health services fee for the semester they are enrolled. Services are not offered in between semesters. At this time the health services fee at College of the Desert is \$14 per semester.

Languages: English

SunLine Transit Agency

Description: SunLine Transit Agency is a joint powers authority formed in 1977 to operate the Coachella Valley's public transportation system. Its vehicles travel more than 21 million passenger miles per year, covering 536 bus stops located throughout a 1,120 mile-service area. SunLine offers fixed route bus service and curb-to-curb paratransit for the mobility impaired.

Half-Fare Program: SunLine Transit Agency has established a Half-Fare Program based on the Federal Transit Administration's guidelines. This program is for seniors 60 years or older, or persons with disabilities who are able to ride SunLine's fixed routes on SunBus. To qualify for the Senior Half-Fare I.D. card, the applicant must present current (not expired) government-issued photo identification as proof of age. Acceptable photo identification includes Department of Motor Vehicle Driver's License, Department of Motor Vehicle Senior I.D., or photo identification that verifies birth date.

To qualify for the Disabled/Medicare Half-Fare I.D. card, the applicant must present current (not expired) government-issued photo identification and one of the following: Medicare Card, SunLine ADA Certification Card, SSI Award Letter, SSDI Award Letter, Veterans Administration Letter for minimum 50% disability, or a Physician Verification of Disability Form (this form must be completed and signed by your doctor). **Please note: proof of residency such as a driver's license, utility bill, property tax, or lease agreement is required.** To apply for this program, submit a completed Half Fare Program Application in person by visiting our Thousand Palms Administrative Office, Monday through Friday, 9:00 am – 5:00 pm. You must bring current proof of age or disability. A photo will be taken. Applicants may also call Customer Service at (800) 347-8628 to inquire about our Community Outreach dates and locations.

If you meet the eligibility requirements for the program, your I.D. card will be mailed to you at the address provided on the application. If you are determined to be ineligible, a letter stating that determination will be mailed to you. **Cost: The Half-Fare I.D. card is FREE. Should you lose your card there will be a \$10.00 replacement fee.** The Half-Fare I.D. card is valid for:

- Five years – seniors 60+ years
- Three years – persons with permanent disabilities
- One year – persons with disabilities

Be prepared to show your SunLine Half-Fare I.D. to buy passes or pay to ride SunBus at the discounted rate.

Taxi Voucher Program: The Taxi Voucher Program provides taxi services at a reduced price for those who qualify. Taxi Vouchers are used as taxicab fare only. This program is for seniors 60 years or older or persons with disabilities. To apply to the Taxi Voucher Program, submit a completed Taxi Voucher Program Application in person to our Thousand Palms Administrative Office, Monday – Friday, 9:00 am – 5:00 pm. You must bring current proof of age or disability. A photo will be taken. For more information call (760) 343-3456, ext. 161.

SunLine Transit Agency **(continued)**

To qualify for this program, the applicant must provide current (not expired) government-issued photo identification and one of the following as proof of age or disability: Medicare Card, Sunline ADA Certification Card, SunLine Half-Fare I.D., SSI Award Letter, SSDI Award Letter, Veterans Administration Letter for minimum 50% disability, or a Physician Verification of Disability Form (this form must be completed and signed by your doctor). **Please note: proof of residency such as a driver's license, utility bill, property tax, or lease agreement is required.**

To get your vouchers by mail, please complete the Taxi Voucher Program Order Form. Mail the completed form along with your payment to the address below. Allow 7 to 10 working days to receive your vouchers. Please do not send cash and be sure to include your name and return address.

SunDial: SunDial provides on-demand curb-to-curb paratransit service to qualifying clients within $\frac{3}{4}$ of a mile on either side of SunBus routes. This program is available to those who are ADA certified, and eligibility will be made available on conditional or unconditional basis. Conditional means that the SunDial service can be used only under specific conditions, while unconditional means one has unlimited access to SunDial. Neither status restricts the use of SunBus services.

Travel by SunDial is offered on a space availability basis, and you must always inform the reservationist if your reservation is for more than one person. Sun Dial clients who have acknowledge the need for a Personal Care Attendant during the ADA certification process may bring one attendant with them free of charge. Children 4 years old or younger that are traveling with eligible clients are not charged a fare. If a child of 5 years old or younger is traveling on SunDial as a client, an adult attendant must accompany the child at all times. It is the responsibility of the parent or companion to secure children in safety seats as required by California law enforcement. SunDial does not provide child safety seats.

SunDial Reservations can be made by calling (866) 311-7433, seven days a week between 8:00 am – 5:00 pm.

Site Name: SunLine Transit Agency

Site Address: 32-505 Harry Oliver Trail, Thousand Palms, CA 92276

Program Phone(s): (800) 347-8628; see separate program information

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Varies – Bus schedule information can be found on www.sunline.org

Area Served: SunBus and SunDial serve Desert Hot Springs, Palm Springs, Cathedral City, Rancho Mirage, Palm Desert, Bermuda Dunes, Indian Wells, La Quinta, Indio, Coachella, Thermal, Oasis, and Mecca.

SunLine Transit Agency
(continued)

Commuter Link 220 serves Palm Desert, Rancho Mirage, Cabazon, Beaumont, Moreno Valley, University of California-Riverside, Riverside Metrolink Station, and Riverside Downtown Terminal.

Eligibility: See information above.

Languages: Ridership information is in English and Spanish.

Susan Rigney, LMFT

Description: Confidential counseling services for individuals and couples include:

- Recovery from addiction (drugs, alcohol, gambling)
- Post trauma support
- Life transition
- Anxiety and grief
- Anger management

Websites:

www.susanrigney.com

www.addiction180.com

Site Name: Private Practice

Site Address: 41865 Boardwalk, suite 219, Palm Desert, CA 92211

Program Phone(s): (760) 341-3144

Agency Hours: By Appointment

Program Hours: By Appointment

Areas Served: Coachella Valley

Eligibility: Sliding scale and referrals available

Languages: English

Temecula Mental Health Outpatient Clinic – Riverside County Mental Health

Description: Outpatient clinic serving Children, TAY and Adult populations. Services include Recovery Management, Co-Occurring Recovery, TF-CBT, Teen Substance abuse/ Co-Occurring Disorders Education/support, WRAP Groups (Wellness Recovery Action Plan), Psychiatric Assessment, Clinical Assessment, Crisis Intervention, Family Therapy, Medication prescribing and monitoring, including IM medications, Parent Support Specialist, Adult Peer Specialist, RCHC enrollment assistance, Resources/Referrals, Family and Parent Support groups.

We are also co-housed with the Riverside County Substance Abuse Program and the peer run Jefferson Transition Program (JTP), the latter offering peer run support groups and educational/informational groups/classes and activities, computer lab, art /projects classes, community outings, resume writing assistance, job search support.

Site Name: Temecula Mental Health Outpatient Clinic at Walter P. Abrahms Building

Site Address: 41002 County Center Drive, Ste. # 320, Temecula, CA 92591

Program Phone(s): (951) 600-6355, (951) 600-6365 FAX

Agency Hours: Monday – Thursday, 8:00 am – 5:30 pm; Friday, 8:00 am – 4:30 pm

Program Hours: Monday – Thursday, 8:00 am – 5:30 pm; Friday, 8:00 am – 4:30 pm

Areas Served: Temecula, Murrieta, and Wildomar

Eligibility: Riverside County resident, Medi-Cal or RCHC, Medi-Medi. (For JTP, must be Riverside County Mental health client presently or in the past received RCMH services). Children criterion differs slightly from Adult program criterion. For any questions, please contact our office.

Call Riverside County Substance Abuse for their eligibility criteria (951) 600-6363.

Languages: English, Spanish

The Family Advocate Program, Riverside County Department of Mental Health

Description: Having a family member with a serious mental illness places an enormous burden on families and affects all of its members-parents, siblings, children and spouses, the psychological, financial, and physical well-being of family members is often negatively affected. Due to the stigma society places on mental illness, families often feel isolated and deprived of support in the community.

The primary function of the Family Advocate Program is to assist family members in coping with the illness of their **ADULT** family member through the provision of information, education, and support. In addition, the Family Advocate Program provides information and assistance to family members in their interactions with service providers and the mental health system in an effort to improve and facilitate relationships between family members, service providers and the mental health system in general.

Family Advocate Program staff are themselves family members so families may feel confident that they will be dealing with individuals who are sensitive to their concerns.

Support Groups

The Family Advocate Program provides weekly support groups in both English and Spanish throughout the County. Please contact your Family Advocate for information regarding additional support groups in your area.

What Family Advocates **CAN** Do For The Family Members:

1. Listen to the concerns of family members and treat them with dignity and respect
2. Clarify family members' role in the treatment process
3. Provide information to family members regarding the mental health system including availability, access, and limits to mental health services
4. Meet with family members and ill family member (with the consent of all parties) when appropriate
5. Inform family members of various service options and provide assistance in locating resources
6. Provide information to family members on community family support groups such as NAMI (National Alliance on Mental Illness) which has affiliates in Riverside County
7. Assist family members in the development of coping and adaptation skills for coping with the mental illness of their relative
8. Advocate for families as a group within the mental health system and encourage individual and group advocacy efforts
9. Convey family members' needs and concerns to mental health administrators and staff to enhance staff awareness and sensitivity
10. Provide Information to family members on proposed legislation relation to mental health services, especially as it relates to the needs of families

***Decisions regarding clinical and/or treatment issues are the responsibility of the client's treatment team which may include family members.**

**The Family Advocate Program, Riverside County Department of
Mental Health
(continued)**

What Family Advocates CANNOT Do for Family Members:

1. Assume responsibility for a more appropriate service provider.
2. Force the ill family member to do something against his/her will.
3. Take the place of family members regarding the ill member without his/her written consent.
4. Divulge confidential information to family members regarding the ill member without his/her consent.
5. Obtain preferential treatment/services for family members or their ill family member.
6. Decisions regarding clinical and/or treatment issues are the responsibility of the client's treatment team which may include family members.

Site Name:

Family Advocate, Western Region:

Serving cities of: Riverside, Norco, Moreno Valley, and Corona
(951) 358-7655

Family Advocate, Mid-County Region:

Serving cities of: Perris, San Jacinto, Lake Elsinore, Hemet, Temecula
(951) 791-3715

Family Advocate, Desert Region:

Serving cities of: Banning, Blythe, Indio, Coachella, Cathedral City, Desert Hot Springs
(760) 863-8516

Site Address: See above.

Program Phone(s): (800) 330-4522

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Same as above

Eligibility: Must have family member between the ages of 18-59 who is in need of mental health services.

Languages: Most of the Family Advocates speak in English and Spanish.

The LGBT Community Center of the Desert **Low Cost Counseling Clinic**

Description: The Counseling Department at The Center provides specialized mental health services to the LGBT Community of Coachella Valley. Through client-centered, resiliency-based interventions, we work with clients to help them lead healthier and more enriching lives. We offer a low cost outpatient counseling clinic, based on a sliding scale. Providers have specializations in depression, anxiety, stress management, relationship problems, chronic health issues, and trauma. The Counseling staff at The Center is proud to provide accessible and affordable counseling to the Desert's lesbian, gay, bisexual, and transgendered community.

Site Name: The LGBT Community Center of the Desert

Site Address: 611 S. Palm Canyon Dr. #201, Palm Springs, CA 92264

Program Phone(s): (760) 416-7899

Agency Hours: Monday – Friday, 9:00 am – 5:00 pm

Program Hours: Monday – Friday, 9:00 am – 5:00 pm

Areas Served: Coachella Valley

Eligibility: self-identify as LGBTQIA, or family member, age 12 or older

Languages: English

The Mourning Star Center

Description: The Mourning Star Center is a free nationally acclaimed support center for grieving children, teens and their families. The Center serves as a preventive early intervention program to identify the difficult feelings children and teens are coping with and to provide a safe healthy outlet for these feelings. The Mourning Star Center is based on a peer support model so that children and teens realize that they are not alone in their grief and they are able to work through their grief in a safe environment through grief related activities. Children, teens and their families gain grief education and coping skills in addition to receiving grief and loss support. The Mourning Star Center offers a Little's group (ages 3-6), Elementary group (ages 6-12), Middle's group (ages 11-14), Teen group (ages 13-18) and a Bilingual group where the children speak English and the adult/guardian speaks Spanish (ages 6-18).

The Mourning Star Center offers groups that occur twice a month from September till May. During the school year The Mourning Star Center also conducts school based groups to schools that express interest or need, attends on-site crises, provides resources and referrals, and conducts various presentations and trainings on childhood bereavement.

The Mourning Star Center also offers a free weekend grief camp. During the summer Camp Erin is held up in Big Bear, California. Camp Erin serves Riverside and San Bernardino Counties taking around 70 grieving children and teens from ages 6-18. The goal of Camp Erin is to provide a supportive and caring environment for children and teens affected by the loss of a loved one. Fun, recreational activities are designed to help campers deal with their grief and develop coping skills.

Site Name: The Berger Foundation Building

Site Address: 42-600 Cook Street Ste. 205A, Palm Desert, CA 92211

Program Phone(s): (760) 836-0360

Agency Hours: Due to our evening group schedule our hours vary. We are available Monday through Friday. Please call in advance to make sure someone is available to meet with you.

Program Hours: Most of our groups meet from 6:00 pm until 7:30 pm on week nights. However, our Little's group meets from 4:30 pm until 5:30 pm. **(We do not allow drop-ins. All participants must complete a new family orientation before attending groups)**

Areas Served:

Palm Desert location – All surrounding areas

Banning location – All surrounding areas

Murrieta – All surrounding areas

Riverside – All surrounding areas

Victorville – All surrounding areas

Barstow – All surrounding areas

*coming soon to Yucca Valley

The Mourning Star Center (continued)

Eligibility: All participants must have been affected by the death of someone significant in their lives. Participants can enter into our program 3-6 months after the death of a loved one.
(We do not accept families whose loss is sooner than 3 months)

Languages:

English

Spanish – part-time volunteer (return call may take up to 5 business days)

The Painted Brain

Description: The Painted Brain is an alternative mental health services organization dedicated to giving voice to people with mental health concerns, creating media projects and developing our community through the common languages of art and expression. In the Los Angeles area we offer two types of peer-driven outreach: educational outreach and art group outreach. We publish and distribute our magazine, *The Painted Brain*, every six months and we are expanding our web presence with new art, writing and other creative works from members of our community. We are also building a base for writers and artists who are interested in making a weekly contribution to our website. Contact us by email at thepaintedbrain.org.

Site Name: www.thepaintedbrain.org

Site Address: 605 W. Olympic Blvd. Suite 600, Los Angeles, CA 90015

Program Phone(s): Director – Dave Leon, LCSW, (626) 354-1584

Agency Hours: Variable

Program Hours: Variable

Areas Served: World-Wide, emphasis on Los Angeles

Eligibility: We are looking for artists and writers of all types who live with or have been labeled with a psychiatric diagnosis. To submit work to our website or magazine, visit our website at www.thepaintedbrain.org and go to the 'submit art' page. You can submit your work there and download our release form, which also needs to be completed and mailed or emailed back to us prior to our publishing your work.

Languages: Primarily English though we are open to submissions in all languages.

The Pass Collaborative

Description: The Pass Collaborative is an organization that meets monthly to network and share information regarding services available to children and families living in the Banning/Beaumont area.

Site Name: We meet at the DPSS building in Banning.

Site Address: 901 E. Ramsey, Banning, CA 92220

Program Phone(s): You may contact our Chairman, Philip Takacs at his office at Coombs Intermediate School by dialing (951) 922-0268.

Agency Hours: Monday – Friday, 8:00 am – 2:30 pm

Program Hours: We meet on the first Wednesday of the month 8 to 9 months a year from Noon to 1:00 pm.

Areas Served: Primarily Banning/Beaumont

Eligibility: We welcome anyone who would like to join, especially if you work for an organization that provides some kind of service to students and/or families in the Banning/Beaumont area or if you are a parent or resident of the Banning/Beaumont area.

Languages: We conduct our meetings in English but serve children and families regardless of Language.

The Ranch Recovery Centers, Inc.

Description: We are a Drug and Alcohol Treatment Center for men and women.

Site Name:

The Ranch – Men’s Program
Hacienda Valdez – Women’s Program

Site Address:

The Ranch, 7885 Annandale Ave., Desert Hot Springs, CA 92240
Hacienda Valdez, 12890 Quinta Way, Desert Hot Springs, CA 92240

Program Phone(s):

The Ranch, (760) 329-2924
Hacienda Valdez, (760) 329-2959

Agency Hours: 24 hours a day, 7 days a week

Program Hours: 24 hours a day, 7 days a week (residential treatment)

Areas Served: Primarily Riverside County; we serve all areas.

Eligibility: To be chemically dependent

Languages: English

The Riverside County Latino Commission on Alcohol and Drug Abuse Services, Inc.

Description: Our skilled and caring staff overseen by a physician and a multidisciplinary team of Psychiatrist, license therapist and substance abuse counselors can help with: Individual and confidential assessment, family and individual therapy, substance abuse counseling, treatment planning, relapse prevention, educational groups, anger management, family support and life skills. We offer the following programs:

- Residential Services Men and women
- Outpatient services adolescent and adult substance abuse program
- Mental health services (individual, family, and couples)
- Psychiatric services (children, adolescents and adults)
- Kids First – Children 0-5 yr. parenting classes, child therapy, parent child interactive therapy

Site Name: Riverside County Latino Commission, Casa Las Palmas Recovery Home, Casa Cecilia Recovery Home, Latino Commission's Counseling Center

Site Address:

Residential Treatment Services (Indio), 83844 Hopi Avenue, Indio, CA 92203
Outpatient (Coachella), 1612 First Street, Coachella, CA 92236

Program Phones:

Main Office, (760) 347-9442, (760) 342-8022 FAX
Outpatient Main Office, (760) 398-9000, (760) 398-9790 FAX

Agency Hours:

Residential Treatment Program, 24 hours a day, 7 days a week
Outpatient Services, Monday – Saturday, 9:00 am – 9:30 pm

Areas Served: Desert Region, Riverside County

Eligibility: DPSS referral, County mental health referral, various free programs eligibility required. Walk-in accepted. Sliding scale program fees.

Languages: Spanish, English, Portuguese, Arabic, French

The Stroke Recovery Center

Description: The Stroke Recovery Center provides state-of-the-art rehabilitation for stroke survivors, and Traumatic Brain Injury (TBI) support for their families, for the past 34 years, always ***free of charge***. Our therapeutic rehabilitation programs address the physical, behavioral, emotional and resocialization needs of the Stroke Survivor and Traumatic Brain Injury.

Our Community based organization is designed to significantly improve quality of life and potentially lower medical costs through proactive care for clients.

We offer recreation, speech and exercise therapy to help clients regain independence and improved quality of life.

Site Name: Stroke Recovery Center

Site Address: 2800 East Alejo Road, Palm Springs, CA 92262-6253

Program Phone(s): (760) 323-7676

Agency Hours: Monday – Friday, 8:00 am -4:00 pm

Program Hours: Monday – Friday, 8:30 am – 2:30 pm

Areas Served: Riverside and surrounding countries

Eligibility: A 30-45 minute evaluation is conducted by our therapy staff to assess each stroke survivor's rehabilitation needs.

Town and Country Dental Specialty Group

Description: Town and Country Dental is a dental clinic for the whole family. We have a Specialty Group that offers an Orthodontist (braces), Pediatric Dentist (babies – 18 yrs. of age) also sees and works with disabled kids. Anesthesiologist (puts patients to sleep for a stress free dentistry), Oral Surgeon (extracts wisdom teeth, removes cysts, supernumeraries [extra teeth], anything surgical, puts them to sleep as well).

Site Name: Town and Country Dental Specialty Group

Site Address: 81-637 Hwy 111 suite 1, Indio, CA 92201

Program Phone(s): (760) 342-1448, (760) 342-2778 FAX

Agency Hours:

Monday, 9:00 am – 6:00 pm

Tuesday, 10:00 am – 6:00 pm

Wednesday, 10:00 am – 6:00 pm

Thursday, 9:00 am – 6:00 pm

Friday, 9:00 am – 6:00 pm

Program Hours: For our Pediatric Dentist and our Oral Surgeon we open at 8:00 am on Fridays only. For our Orthodontist we are open on Mondays from 9:00 am – 6:00 pm only. We also offer Saturday appointments for consultations only, starting at 8:00 am – 1:00 pm.

Area Served: From El Centro all the way to Beaumont, including Blythe and Hemet California

Eligibility: Everyone is eligible. We accept all major insurances including Medi-Cal, PPO Plans, HMO Plans, and private patients. We offer different payment options like Care Credit for any patient that qualifies.

Languages: English, Spanish, Armenian, Russian, Tagalog (Philipino)

United Cerebral Palsy of the Inland Empire (UCPIE)

Description: *IN-HOME RESPITE:* In-Home Respite Care is a service offered to individuals with disabilities throughout the Inland Empire. United Cerebral Palsy sends qualified, pre-screened Respite Caregivers to homes to care for individuals with special needs. Caregivers are certified in CPR and First Aid. This service allows usual caregivers the opportunity to take a much needed rest or attend to other tasks, knowing that their loved one is well cared for.

SKILL BUILDERS/COMMUNITY INTEGRATION: Skill builders is an after school community integration and social recreation program for youth ages 7 thru 22. This program will allow participants to enhance their social skill while being involve in the community. This program will also assist with the transition from school into the workplace. This program is currently located in the City of Indio, at the Indio Teen Center (only middle school thru high school), City of Palm Springs, at Palm Springs High School, and in the City of La Quinta at the La Quinta Boys and Girls Club. You can contact our office for days and hours each program operation.

RESOURCE AND REFERRALS: UCPIE continues to expand and develop our information and referral services, understanding that these services are vital to the health and well-being of our families and their children with disabilities.

Site Name: United Cerebral Palsy of the Inland Empire

Site Address: 35-325 Date Palm Drive #139, Cathedral City, CA 92234

Program Phone(s):

Main Office, (760) 321-8184

FAX, (760) 321-8184

Skill Builders Program, (760) 321-8284, Ext. 105

Agency Hours: Monday – Friday, 9:00 am – 5:00 pm

Program Hours: Please contact Office for Skill Builders Programs Days and Hours of operation.

Areas Served: IN-HOME RESPITE, Riverside County and San Bernardino County

Eligibility: Referrals and Authorization requested through Inland Regional Center.

Languages: English and Spanish

U.S. Department of Labor, Wage & Hour Division

Description: The Wage and Hour Division (WHD) of the U.S. Department of Labor administers and enforces several laws:

- (1) The Fair Labor Standards Act (FLSA) with respect to private employment, State and local government employment, and Federal employees of the U.S. Postal Service. The FLSA covers the minimum wage (Federal = \$7.25/hour); overtime; child labor; record keeping; and exemptions (employees exempt from overtime).
- (2) The Family Medical Leave Act (FMLA), which is job protection when an employee needs to take leave due to a serious health condition or the birth of a child, either for themselves, spouse, child, or parent; certain requirements must be met to qualify. It is leave without pay.
- (3) Migrant and Seasonal Agricultural Worker Protection Act (MSPA), which includes the protection of the migrant workers and their wages; adequate housing; adequate transportation; and adequate field sanitation. The working VISA's (H-2A, H2B, H1B, H-2B) also fall under Agricultural.
- (4) Davis-Bacon and Related Acts (DBA & DBRA), which covers construction work performed by laborers and mechanics employed on direct federal contracts in excess of \$2,000. The Act requires payment of locally prevailing wages.
- (5) Service Contract Act (SCA), which covers most contracts entered into by the United States that are principally for the furnishing of services through the use of service employees. This Act requires payment of prevailing wages & fringes.
- (6) Employee Polygraph Protection Act (EPPA), which protects workers against polygraph.

We also cover local state and government employees, special rules apply to fire protection and law enforcement activities.

Site Name: The San Diego District Office

Site Address: 550 West C Street, Ste #990, San Diego, CA 92101

Program Phone(s): Public Line, (619) 557-5110, (619) 557-5146 FAX

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: Same as Agency Hours

Areas Served: The geographic jurisdiction includes the following counties: San Diego County, Orange County, Imperial County, and parts of Riverside County.

Eligibility: Program services are available to anyone who requests them; call the office to determine eligibility.

Languages: English and Spanish, and other languages may be available; call to verify.

Valley Star Children and Family Services' Inter-Agency Youth Resiliency Team

Description: The Inter-Agency Youth Resiliency Team (I.Y.R.T.) is the mentoring program at Valley Star Children and Family Services. The I.Y.R.T. Mentoring Program serves current and former system-involved youth (foster-care, probation, and county schools) age 13 to 21 years of age. Most of the I.Y.R.T. mentors are former system-involved youth and all are positive role-models. The I.Y.R.T. Mentoring Program provides mentees individual mentoring sessions with an assigned mentor and group mentoring sessions with a combination of I.Y.R.T. staff. The I.Y.R.T. Mentors work with the mentees on goals for independence, education, employment, physical & mental well-being, and forming enduring relationships.

Site Name: Valley Star Children and Family Services

Site Address: 1585 South D Street, Suite 101, San Bernardino, CA 92408

Program Phone(s): (909) 388-2222, (909) 388-2220 FAX

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm

Program Hours: 24 hours a day, 7 days a week

Areas Served: Currently, the Valley Star I.Y.R.T. program is serving the cities of Colton, Grand Terrace, Highland, Loma Linda, Redlands, Yucaipa, Bloomington, Mentone, Patton, Forest Falls, Angelus Oaks, and Bryn Mawr. But, other San Bernardino cities are covered by the other I.Y.R.T. program at different agencies.

Eligibility: Referrals are made through the DCFS social workers, Probation Officers, County School employees, and self-referrals.

Languages: English and Spanish

Vantage

Description: Vantage exists to help teens ages 12-19 prevent regret, heartbreak, and lifelong consequences due to poor decision making. It exposes every teen in the 4-week class helpful information and inspiration that will lead them to make great decisions in their teen years, that will in turn give them a promising, and limitless future.

Site Address: 79733 Country Club Dr., Suite 300, Bermuda Dunes, CA 92203

Program Phone(s): (760) 571-9171

Agency Hours: Available by phone, Monday – Friday, 9:00 am – 5:00 pm and for meetings by appointment Monday – Friday.

Program Hours Sundays. Middle School, 2:30 – 3:30 pm and High School, 4:00 – 5:30 pm

Areas Served: Coachella Valley

Eligibility: Ages 12-19

Languages: English

Victor Community Support Services, Perris Transition Age Youth Program

Description: Victor Community Support Services, Perris Transition Age Youth Program is a Full Service Partnership that provides services which are intended to reduce, limit or break the cycle of homelessness, institutionalization and/or incarceration for youth and young adults who have been involved in the foster care system.

Each client identified as a Full Service Partner will develop an individualized service and support plan, which is client/family driven. The Perris Transition Age Youth Program serves youth and young adults between the ages of 16 and 25. All services are provided in an environment that is strength-based, culturally competent, purposeful and teaching-centered. The program's array of services includes:

- Mental Health Counseling/Support
- Community Integration
- Vocational Assessment
- Employment Assistance
- Skill Building
- Psychiatric Care
- Crisis Intervention
- Co-occurring Disorders

Each TAY member receives individualized attention from our program staff. Services are presented with a focus on supporting our members in fully utilizing our individual and group program offerings. Transition to Independence Process (TIP) prepares transition age youth for independent living. It focuses on employment, educational opportunities, and community life. Our program services focus on providing the highest level of support utilizing a unique self-directed approach for our members.

Our family inclusion services are highlighted and prioritized through the implementation of a highly collaborative process that integrates Parent Support Services. Focus is on participant and family strengths with an involvement of all supportive members and stakeholders. The system addresses the family needs 7 days a week, 24 hours a day.

The VCSS Perris Transitional Age Youth program also includes highly innovative services based in the creative arts, with opportunity for the participants to create and display their individual works of art. The center has an art gallery dedicated to honoring the poetry, paintings, drawings, photographs, and other wonderful pieces of art created by the participants of this much needed program. A wonderful additional aspect of this portion of the program is that of repeated opportunities for these talented but often troubled youth and young adults to express their life experiences in a cathartic manner that contributes to their overall recovery and resiliency.

Site Name: Perris TAY

Site Address: 555 North Perris Blvd Bldg. A, Perris, CA 92503

Program Phone(s): (951) 436-5300, (951) 436-5350 FAX

**Victor Community Support Services, Perris Transition Age Youth
Program
(continued)**

Agency Hours: Monday – Friday, 8:00 am – 5:00 pm; 24/7 crisis support line

Program Hours: Same as above

Areas Served: Mid-County Riverside (San Jacinto, Hemet, Lake Elsinore, Temecula, Perris, Menifee, Romoland, Homeland, Wildomar)

Eligibility: Chronic and severe mental illness, multiple psychiatric hospitalizations and/or multiple incarcerations and/or homelessness and/or “aging out” of foster care

We do not serve those convicted of a sex crime, those on parole, or violent offenders.

Languages: English and Spanish

Wraparound – Desert Region

Description: We serve children from 12-18 who are on probation and at-risk for out of home placement. We utilize the highly effective, researched Wraparound approach which literally “wraps” support around the family. We have a multi-disciplinary team which provides intensive in home treatment. The program is “strengths” based and the approach has a “do whatever it takes” motto to help these children and their families.

Site Name: Riverside County Mental Health

Site Address: 47-825 Oasis Street, Indio, CA 92201

Program Phone(s): (760) 863-8557

Agency Hours: Monday – Thursday, 7:30 am – 5:00 pm; Friday, 7:30 am – 4:00 pm

Program Hours: Monday – Thursday, 7:30 am – 5:00 pm; Friday, 7:30 am – 4:00 pm

Areas Served: Indio, Coachella, La Quinta, Cathedral City, Thousand Palms, Mecca

Eligibility: Child must be on probation OR at risk for out of home placement.

Languages: We serve Spanish and English speaking families.

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