

Professional Consultation Groups



Amy C. Bryant, EdS, LPC

I use brain savvy and trauma sensitive interventions in my work with children, adolescents, mothers and families. Using a combination of clinical hypnotherapy, therapeutic movement, neurobiological response education, child development, & nonviolent parenting principles, I help people struggling with anxiety, depression, phobias, insomnia, chronic pain, strained relationships, and explosive behavior. Together we explore the underlying roots of their challenges, practice research-based tools to ease the struggle, and discover innate wisdom and strengths.

Current Consultation Groups for Counseling Professionals

In addition to my private practice, I also enjoy working with clinical professionals in developing their skills and confidence in clinical hypnotherapy, and supporting their knowledge base and skill development in working with families struggling with explosive behaviors.

To join a group or learn more, please email me at amy@WildChildCounseling.com

90-minutes/\$90 session * 2nd Tuesdays 10-11:30a (CH) * 4th Tuesdays 10-11:30a (EB)

Clinical Hypnotherapy

A clinical hypnotherapy consultation group to help you

- Develop skills
- Build confidence
- Ask questions
- Engage in introspective discussions

As clinicians, we will discuss current cases, practice clinical hypnotherapy skills, and build trust in your inner wisdom.

Explosive Behaviors

A clinical consultation group to understand challenging behaviors in the context of the client's needs, skills, and nervous system.

- Impact of neurodevelopment & trauma
- Assess needs, skills, & available support
- Explore implicit & systemic bias
- Engage in introspective discussions

As clinicians, we will explore research-based supports & interventions, engage in introspection, & provide clinical feedback.