

ACUPUNCTURE

Collaborative Natural Health Partners

Nick Edgerton, ND, LAC
& Diana Zitserman, ND, LAC
315 E. Center St., Manchester, CT 06040
860.533.0179 • www.ctnaturalhhealth.com
See ad on page 20.

HEALTH FOOD STORES

Parkade Health Shoppe

Manchester Parkade, 378 West Middle Tpke,
Manchester, CT • 860.646.8178
M-Sat 8am-9pm • Sun 9am-6pm
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FINANCIAL PLANNING

Dana Mascolo CFP®, RLP®, AAMS®, C(k)P®

Managing Partner, TrinityPoint Wealth
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Office: 203.693.8521 | Fax: 203.693.8524
dana@trinitypointwealth.com
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Caroline Wetzel, CFP®, AWMA®

Procyon Private Wealth Partners, LLC
1 Corporate Drive Suite 225 Shelton, CT 06484
475.232.2713 • cwetzel@procyonpartners.net
www.linkedin.com/in/caroline-wetzel/
www.procyonpartners.net
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HOLISTIC CENTERS

Bridge Healing Arts Center

304 Main Street, Farmington, CT 06032
860.404.2578 • BridgeHAC@aol.com
www.BridgeHAC.com.

HOLISTIC COUNSELING



James Osborne, MS, LPC, BCPC ProNatural Physicians Group, LLC

Berlin, CT • 860.829.0707
pronaturalphysicians.com

James Osborne is a Licensed Professional Counselor, Board Certified Professional Counselor, Board Certified PTSD Clinician and a Fellow in the American Psychotherapy Association with over 40 years of clinical experience. I am honored and grateful to receive this recognition for a second year. I thank all who have shared their lives and stories with me.
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HOLISTIC DENTIST



Dr. Mark A. Breiner, DDS, FAGD, FIAOMT

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Dr. Steven F Hinchey, DMD

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David London, MD

544 Riverside Avenue, Westport, CT 06880
Ph: 203.557.6574 Fax: 860.973.1655

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Michele P. Rousseau, MA, CH

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www.micheleprousseau.com

INTEGRATED MEDICINE

Collaborative Natural Health Partners

Kate Zachau, DO, Julia Vitali, DO, Brad Brooks, DO, Amy Smith-Bassett, nurse practitioner
315 E. Center St., Manchester, CT 06040
860.533.0179 • www.ctnaturalhhealth.com
See ad on page 20.

ProNatural Physicians Group

120 Webster Sqr Rd. Berlin, CT 06037
860.829.0707 • www.ProNaturalPhysicians.com
See ad on page 33.

Sophia Natural Health Center

31 Old Route 7, Brookfield, CT 06804.
203.740.9300 • SophiaNaturalHealth.com



Tamara Sachs, MD

Functional Medicine &
Integrative Care LLC
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Dr. Sonia Manganello, DM, DD, CNC Enlightened Health Partners, LLC

Glastonbury, CT • 860.966.8747
soniamanganello.com

Sonia is a Certified Integrative Nutrition Health Coach, Life, and Spiritual Coach, as well as a 4th generation clairvoyant/medium/healer. She is the author of the Amazon Best Seller, The Perseverance Diet: 12 Steps to Mind Body Nutrition, teacher, successful entrepreneur, and motivational speaker.
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Dr. Adam Breiner, ND

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Collaborative Natural Health Partners

Dr. Lauren Young, Dr. Ashley Burkman, Dr. Tonya Pasternak, Dr. Craig Fasullo, Dr. Carolina Padilla, ND, Dr. Carissa Fioritto, ND
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860.533.0179 • www.ctnaturalhhealth.com

Other locations:

107 Wilcox Road, Ste 103, Stonington, CT 06378
74 Park Road, West Hartford, CT 06119
See ad on page 20.

Jill Kenney, ND

Integrative Medicine and Support Services
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61 Sherman Street, Fairfield, CT 06825
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781.507.1319 • drkenney360@gmail.com
See ad on page 29.

Naturopathic & Acupuncture Health Center

Dr. Marie Mammone, Dr. Renee Mammone, NDs
John Mammone, Licensed Acupuncturist
274 Silas Deane Hwy., Wethersfield, CT 06109
860.529.1200 • www.NAHcenter.com

New England Naturopathic Medical Center, LLC

Lesa Werner, ND
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The Wellness Institute

Marvin Schweitzer, ND
1 Westport Ave, Norwalk, CT • 203.847.2788
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West Hartford Naturopathic Medicine

Frank Aieta, ND
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See ad on page 19.

ProNatural Physicians Group

Dr. Ann Aresco, Dr. Cora Stover,
& Dr. Martin Opoku
120 Webster Sqr Rd. Berlin, CT 06037
P: 860.829.0707 • F: 860.829.0606
ProNaturalPhysicians@comcast.net
www.ProNaturalPhysicians.com
See ad on page 33.

NUTRITION

Holcare Nutrition

Vicki Kobliner MS RD
3 Hollyhock Lane, Suite 2A, Wilton, CT 06897
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See ad on page 20.



Grant's Nutrition and Wellness

Jane Grant, RD CD-N
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