

U16 Tryouts

Date: November 10, 2019

Place: Mead High School
302 W Hastings Rd.
Spokane, WA 99218

Tryout Time:

Registration: 10:15 a.m.—11:00 a.m.
Tryouts: 11:00 a.m.—1:00 p.m.
Parent Meeting: 11:15 a.m.

Please Bring:

- \$18 if not pre-registered with the Region
- \$10 if pre-registered with the Region
- A signed USAV tryout form and completed Concussion Waiver form (mandatory forms)
- Completed Sideout Tryout form

Sideout Fees

Regular Season Estimated Fees \$1,500
(Based on 10 players)

- Payment #1 - Due November 20, 2019
\$700
- Payment #2 - Due January 1, 2020
\$400
- Payment #3 - Due February 1, 2020
\$400

(Visa/MC accepted with a 3% processing fee)

Fees include team registration, insurance, uniform shirts, volleyball shorts, warm-up shirt, volleyball equipment, tournament entry fees, coaching fees through the Evergreen Region Championships tournament, coaches' travel expenses (if applicable), gym rental and miscellaneous expenses. Players pay their own actual travel expenses. Fees do not include team warm-ups or sweats which are available for an additional fee, but not mandatory.

Additional information and forms available at
www.Sideoutvolleyball.com



Tournaments

8 or 9 Tournaments, including:

Power League 1/12/20
Power League 1/26/20
Power League 2/9/20
Power League 3/8/20
Pacific NW Qualifier 3/21/20 -3/23/20
Evergreen Regionals 4/18/20 &
4/19/20
Emerald Classic 5/23—5/25/20

U16 Practices

Monday & Wednesday nights
At Salk Middle School

Sideout reserves the right to make practice and/or coaching changes, if necessary.

Sideout Volleyball is a 501(c)(3) Non-Profit Organization

Philosophy and Goals

The Sideout Volleyball Club strives to provide an environment that allows young women athletes to learn, improve and develop their individual and team volleyball skills. This occurs through coaching instruction, practice and competition. We teach sound fundamentals as well as age appropriate skills, strategy and game tactics. It is also our goal to field consistently competitive teams. Sideout has sent many athletes to the collegiate level where they have played at the NCAA Division I, II, & III levels, in addition to NAIA and Community College programs.

U16 Coaches

Emma Ariyo—Head Coach

A native of Uganda, Emma brings an extensive academic, coaching and playing background to the Sideout VBC.

Education Highlights:

- MS Kinesiology— Sport Management and Policy (2015) University of Georgia
- MBA—Marketing & Management (2010) University of Bridgeport, CT
- Diploma in Sport Education & Coaching (2006) Leipzig University, Germany
- BA Industrial & Fine Arts (2005) Makerere University, Kampala, Uganda

Coaching/Teaching Highlights:

- Valley Christian Head Coach (2019)
- Monsignor Donovan Catholic HS Head Coach, Athens, GA 2016-17)
- Olympus VBC, Atlanta GA Coach (2015-18)
- St. Joseph Catholic HS, Athens GA, Head Coach 2014-15)
- PE Instructor, U of Georgia (2013-2015)
- Volleyball Coach, Various clubs (2009-14)

Playing Experience/Awards:

University of Bridgeport, CT 3 yrs

- East Coast VB Champions, NCAA DII
- Conference 1st & 2nd Team Honors
- AVCA Scholar Athlete Award

Uganda National Volleyball Team Member
Makerere University, Uganda

Anna Hull—Assistant Coach

Anna is a recent Gonzaga University graduate. She played club volleyball for Team Yakima for eight seasons before transitioning to Central Washington Elite. Anna was the setter for the West Valley Yakima Varsity team and was a part of their two consecutive State Champion teams. She has helped coach and run kid's camps and developmental clinics. Anna will be continuing her education with Gonzaga through their Master's in Organizational Leadership.