

Sideout U-11 Youth (Developmental Program) Optional Tryout

Date: November 3, 2019

Place: Mead High School
302 W. Hastings Rd
Spokane, WA 99218

Optional Tryout:

Check-in: 10:15 a.m. — 11:00 a.m.
Optional Tryout: 11:00 a.m. – 1:00 p.m.
Parent Meeting: 11:15 a.m.

A tryout is not required for the U11 Youth Program, but some families choose to participate in the tryout to gain experience.

Please Bring:

- A completed Concussion Waiver form
- Completed Sideout Tryout form (for information purposes). Both forms are available online.
- Tryout fee of \$8 if not pre-registered with USA Volleyball

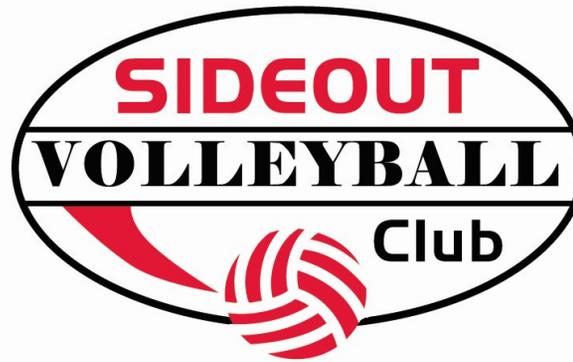
Sideout Fees

U11 Youth Fees \$225

- Due December 1, 2019
(Visa/MC accepted as payment with a 3% processing fee)

Fees include insurance, uniform shirt, volleyball equipment, coaching fees, gym rental, scrimmage fees and miscellaneous expenses.

Fees do not include team sweatshirts, t-shirts, etc.



Program Format Open to boys and girls

This program will run from early January thru early March. The program provides a strong emphasis on fundamental volleyball skills such as serving, passing, setting and hitting. Practices will include an introduction to 6 on 6 play, as well as a variety of other fun volleyball games and competitions.

The Sideout U-11 Youth participants will also play in scrimmages with other local U-11 developmental teams.

Practices

Monday & Wednesday nights

Sideout reserves the right to make practice and/or coaching changes, if necessary.

Sideout Volleyball is a 501(c)(3) Non-Profit Organization

Additional information and forms available at www.Sideoutvolleyball.com

U11 Coaches

Natalie (Kassa) Geiger

Natalie returns to the Sideout coaching staff to run the developmental program for her third year. Natalie played 4 years for Carroll College where she was a starting libero. Her team won the Frontier Conference in 2016 and competed in the NAIA National tournament. While attending Carroll, Natalie coached a U12 team for the Helena VBC. She has also worked for NBC Volleyball camps and coached at summer camps and clinics. Natalie played for Mead High School and played for Sideout for six seasons.

Bob Montgomery

Bob returns for his 7th season with the Sideout Volleyball coaching staff where he has assisted at the U11, U12 and U14 levels. He is a long-time youth volleyball coach and is currently coaching at Trinity Catholic School in Spokane. Bob still enjoys playing volleyball himself, in addition to attending many high school and college matches. Bob's daughter, a former Sideout player, was a starter at Carroll College in Helena, MT and is now an assistant coach there. Both Natalie and Bob bring a passion for volleyball and coaching young players.

Philosophy and Goals

The Sideout Volleyball Club strives to provide an environment that allows young women athletes to learn, improve and develop their individual and team volleyball skills. This occurs through coaching instruction, practice and competition. We teach sound fundamentals as well as age appropriate skills, strategy and game tactics. It is also our goal to field consistently competitive teams.