

January 2021		Dardanelle Senior Center			Congregate Menu
Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Chef Salads Are Available Each Day. Your Choice Of Ham, Chicken Or Turkey.</b>				<b>1</b> <b>Closed For New Years</b>	
<b>4</b> <b>Cheesy Manicotti</b> <b>Tuscan Vegetables</b> <b>Garlic Cheese Biscuit</b> <b>Mocha Cake</b>	<b>5</b> <b>Hot Ham &amp; Cheese</b> <b>On White</b> <b>Lettuce/ Tom / Pickles</b> <b>Ruffles Potato Chips</b> <b>Deana's Tomato Soup</b> <b>Fresh Grapes</b>	<b>6</b> <b>Homemade Chili</b> <b>Frito's Or Crackers</b> <b>Side Salad</b> <b>Apple Crisp</b>	<b>7</b> <b>Chicken Pot Pie</b> <b>Broccoli Sauté</b> <b>Wheat Roll</b> <b>Banana Pudding</b>	<b>8</b> <b>Tender Roast Beef</b> <b>Mashed Potatoes/Gravy</b> <b>Green Beans W/ Onions</b> <b>White Roll</b> <b>Chocolate Pudding</b>	
<b>11</b> <b>Chicken Fried Steak</b> <b>Mashed Potatoes</b> <b>Country Gravy</b> <b>Buttery Carrots</b> <b>Wheat Roll</b> <b>Tropical Fruit</b>	<b>12</b> <b>Slow Cooked Pork Roast</b> <b>Mashed Potatoes/ Gravy</b> <b>Antigua Vegetables</b> <b>Wheat Roll</b> <b>Spiced Apples</b>	<b>13</b> <b>Oven Roasted Turkey</b> <b>Cornbread Dressing</b> <b>California Vegetables</b> <b>Texas Toast</b> <b>Pear Cranberry Crisp</b>	<b>14</b> <b>Our Famous Meatloaf</b> <b>Mashed Potatoes</b> <b>Brown Gravy</b> <b>Mixed Vegetables</b> <b>Wheat Roll</b> <b>Tinted Pears</b>	<b>15</b> <b>Beef Taco Salad</b> <b>Chili Beans</b> <b>Chips &amp; Dip</b> <b>Sour Cream/ Guacamole</b> <b>Pineapple Fluff</b>	
<b>18</b> <b>Chicken Livers Or</b> <b>Chicken Strips</b> <b>Mashed Potatoes/ Gravy</b> <b>Turnip Greens</b> <b>Wheat Roll</b> <b>Peaches &amp; Cream</b>	<b>19</b> <b>Pineapple Baked Ham</b> <b>Sweet Potato</b> <b>Black Eyed Peas</b> <b>Cornbread</b> <b>Bread Pudding</b>	<b>20</b> <b>Fried Fish</b> <b>French Fries</b> <b>Creamy Cole Slaw</b> <b>Hush Puppies</b> <b>Blackberry Cobbler</b>	<b>21</b> <b>Pinto Beans W/ Ham</b> <b>Sautéed Cabbage</b> <b>Oven Fried Potatoes</b> <b>Regular Or Mexican</b> <b>Cornbread</b> <b>Chocolate Cake</b>	<b>22</b> <b>Cheeseburger</b> <b>Lettuce/ Tom/ Pickle</b> <b>Potato Salad</b> <b>Creamy Cole Slaw</b> <b>Strawberry Short Cake</b>	
<b>25</b> <b>Oven Fried Chicken</b> <b>Mashed Potatoes/ Gravy</b> <b>English Peas</b> <b>Wheat Roll</b> <b>Ambrosia</b>	<b>26</b> <b>Hardy Beef Stew</b> <b>Seasoned Spinach</b> <b>Cornbread</b> <b>Butterscotch Pudding</b>	<b>27</b> <b>Chicken Spaghetti</b> <b>Italian Breen Beans</b> <b>Garlic Bread</b> <b>Golden Fruit</b>	<b>28</b> <b>Chicken Fried Steak</b> <b>Mashed Potatoes</b> <b>Country Gravy</b> <b>Chuck Wagon Corn</b> <b>Wheat Roll</b> <b>Orange Sherbet</b>	<b>29</b> <b>Sausage Patty</b> <b>Scrambled Eggs</b> <b>Diced Hash Browns</b> <b>Biscuit &amp; Gravy</b> <b>Orange Juice</b>	