


NOVEMBER 2020		JOHNSON COUNTY SENIOR ACTIVITY CENTER			CONGREGATE MENU
Monday	Tuesday	Wednesday	Thursday	Friday	
2 Sweet & Sour Chicken Over Rice Oriental Vegetables Egg Roll Rice Pudding	3 Tuna Sandwich on Wheat Bread Lettuce, Tomato, Pickle Macaroni Salad Broccoli Cheese Soup Pumpkin Fluff	4 Frito Chili Pie w/ Cheese & Onion Side Salad Saltine Crackers Bread Pudding w/Lemon Sauce	5 Baked Tilapia Over Garden Rice Tuscan Vegetables Wheat Roll Pudding Cup	6 Great Northern Beans w/ Ham Baby Baker Potatoes Seasoned Spinach Cornbread Chocolate Chip Brownies	
9 Chicken & Dumplings Buttery Carrots Fluffy Biscuit Angel Food w/ Peaches & Whipped Topping	10 Polish & Sauerkraut Baby Bakers Mixed Vegetables Wheat Roll Tapioca Pudding	11 Cheeseburger Lettuce, Tomato, Pickle Tater Babies Baked Beans Orange Sherbet	12 BBQ Rib Patty Macaroni & Cheese Okra & Tomatoes Wheat Roll Coconut Cream Pie	13 HOLIDAY DINNER TURKEY, DRESSING, MASHED POTATOES/GRAVY GREENBEAN CASSEROLE BUTTERY CORN, BROCCOLI MACCARONI SALAD, CRANBERRY SAUCE, WHITE ROLL, APPLE OR PECAN PIE	
16 Taco Salad Refried Beans Tortilla Chips w/ Salsa Sour Cream Warm Fruit Compote	17 Chicken Strips Baked Potato Broccoli Sauté Garlic Biscuit Pink Fluffy Stuff	18 Baked Pitt Ham Baked Sweet Potatoes Black-Eyed-Peas Cornbread Thomas Quinn Cake	19 Overnight Pork Roast Mashed Potatoes Homemade Gravy Black Eyed Peas Cornbread Brown Sugar Apples	20 Homemade Meatloaf Mashed Potatoes Brown Gravy Sweet Corn Wheat Roll Peach Cobbler	
23 Chicken Fried Steak Mashed Potatoes Country Gravy Lima Beans Cornbread Ice Cream Cup	24 Breaded Chicken Breast w/Gravy Rice Pilaf California Vegetables Wheat Roll Pineapple & Cherries	25 Hamburger Steak w/ Peppers, Onions & Mushrooms Mashed Potatoes w/ Brown Gravy Peas & Carrots Wheat Roll Deluxe Fruit	26 & 27 		
30 Homemade Beef Stew Seasoned Spinach Cornbread Cocoa Cola Cake			Thanksgiving Dinner is November 13 th the cost is \$10.00, and your tickets must be purchased before November 10 th so we can have a count. Thank you for your continued support. All meals on that day will be carry-out only		

