



November 2020		POPE COUNTY SENIOR WELLNESS & ACTIVITY CENTER			CONGREGATE MENU	
Monday	Tuesday	Wednesday	Thursday	Friday		
2 Chicken Fried Chicken Mashed Potatoes Country Gravy Green Beans w/Onion Wheat Roll Tropical Fruit Salad	3 Baked Pitt Ham Loaded Sweet Potato Black-Eyed-Peas Cornbread Brown Sugar Apples	4 Pot Roast Stuffed Baked Potato Steamed Broccoli Garlic Bread Sticks Blueberry Cobbler	5 Chicken Livers or Chicken Tenders Mashed Potatoes Country Gravy Peas & Carrots Wheat Roll Jell-O w/Fruit	6 Pork & Sauerkraut Baby Bakers Mixed Vegetables Wheat Roll Cinnamon Cake w/Glaze		
9 Hamburger Steak w/Mushrooms, Onions & Peppers Mashed Potatoes/Gravy Sweet Corn Wheat Roll Lemon Pudding Cup	10 Ham & Cheese on Wheat Lettuce, Tomato 3 Bean Salad Creamy Tomato Soup Coconut Cream Pie	11 Great Northern Beans w/Ham Potatoes O'Brien Louisiana Cabbage Cornbread Mississippi Mud Cake	12 Homemade Chili w/Beans, Onions & Cheese Side Salad Crackers Tropical Fruit	13 Apricot Glazed Pork Roast Over Rice Pilaf Sweet Baby Carrots Bread Pudding White Roll		
16 Parmesan Chicken over Garlic Herbed Pasta Steamed Broccoli Garlic Roll Applesauce	17 Homemade Beef Stew Seasoned Spinach Regular or Mexican Cornbread Spiced Hot Peaches	18 Taco Salad Frito Corn Salad Tortilla Chips Sour Cream Guacamole Strawberries & Bananas	19 Chicken Fried Steak Mashed Potatoes Country Gravy Garden Vegetables Tinted Pears Wheat Roll	20 THANKSGIVING Turkey & Dressing Mashed Potato/Gravy Green Beans / Corn White Roll Cranberry Sauce Fruit Salad / Pumpkin Pie <u>No Chef Salad Available</u>		
23 Chicken & Rice Casserole Green Beans w/Onion Buttery Biscuit Strawberry Shortcake	24 Homemade Meatloaf Mashed Potatoes Brown Gravy Corn Casserole Chocolate Chip Brownies Wheat Roll	25 Sweet & Sour Chicken White Rice Egg Roll Oriental Vegetables Wheat Roll Mandarin Oranges	26 	27 		
30 Cheeseburger Lettuce, Tomato, Pickle Pringles Potato Chips KFC Copycat Coleslaw Chocolate Mousse	<p style="text-align: center;"><i>Your choice of ham, chicken or turkey chef salad available daily. Call before 11 to reserve yours.</i></p> <p style="text-align: center;">968-5039</p>	<p style="text-align: center;">Remember, Thanksgiving Dinner is fundraiser. Please give what you can. Meal is drive through only and reservations must be made by Monday, November 16. No chef salad's available on that day. Cost is \$10 and all ages invited.</p>				