



October

2020

Pope County Senior Wellness & Activity Center

Daytime

Mon	Tue	Wed	Thu	Fri
<p>We are so excited to welcome you back to the center. Activities are limited. Pool and exercise room are available by appointment only. Please call the day before or the day you wish to use that room!</p> <p><b>MASKS ARE MANDATORY</b></p>				
			1	2
			<p>9:00 Exercise Group</p> <p>9:00 Crochet Club</p> <p>9:45 Bingo</p>	<p>9:45 Bingo</p> <p>11:00 Strong Women</p>
5	6	7	8	9
<p>9:45 Bingo</p> <p>11:00 Strong Women</p>	<p>9:00 Exercise Group</p> <p>9:45 Bingo</p>	<p>11:00 Strong Women</p> <p>10:00 Social Distancing Beanbag Baseball</p>	<p>9:00 Exercise Group</p> <p>9:00 Crochet Club</p> <p>9:45 Bingo</p>	<p>9:45 Bingo</p> <p>11:00 Strong Women</p>
12	13	14	15	16
<p>9:45 Bingo</p> <p>11:00 Strong Women</p>	<p>9:00 Exercise Group</p> <p>VR vs. Danville Here</p> <p>9:45 Bingo</p>	<p>11:00 Strong Women</p> <p>10:00 Social Distancing Beanbag Baseball</p>	<p>9:00 Exercise Group</p> <p>9:00 Crochet Club</p> <p>9:45 Bingo</p>	<p>9:45 Bingo</p> <p>11:00 Strong Women</p>
19	20	21	22	23
<p>9:45 Bingo</p> <p>11:00 Strong Women</p>	<p>9:00 Exercise Group</p> <p>9:45 Bingo</p>	<p>10:00 Social Distancing Beanbag Baseball</p> <p>11:00 Strong Women</p> <p>1:00 Fall Foliage Trip See newsletter for details</p>	<p>9:00 Exercise Group</p> <p>9:00 Crochet Club</p> <p>9:45 Bingo</p>	<p>9:45 Bingo</p> <p>11:00 Strong Women</p>
26	27	28	29	30
<p>9:45 Bingo</p> <p>11:00 Strong Women</p>	<p>9:00 Exercise Group</p> <p>9:45 Bingo</p>	<p>10:00 Social Distancing Beanbag Baseball</p> <p>11:00 Strong Women</p>	<p>9:00 Exercise Group</p> <p>9:00 Crochet Club</p> <p>9:45 Bingo</p>	<p>9:45 Bingo</p> <p>11:00 Strong Women</p>