




September

2020

Pope County Senior Wellness & Activity Center

Daytime

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7 	8 WELCOME HOME!!!! 9:00 Exercise Group	9 11:00 Strong Women 10:00 Social Distancing Beanbag Baseball	10 9:00 Exercise Group 9:00 Crochet Club	11 11:00 Strong Women
14 9:45 Bingo 11:00 Strong Women	15 9:00 Exercise Group 9:45 Bingo	16 11:00 Strong Women 10:00 Social Distancing Beanbag Baseball	17 9:00 Exercise Group 9:00 Crochet Club 9:45 Bingo	18 9:45 Bingo 11:00 Strong Women
21 9:45 Bingo 11:00 Strong Women	22 9:00 Exercise Group 9:45 Bingo	23 10:00 Social Distancing Beanbag Baseball 11:00 Strong Women	24 9:00 Exercise Group 9:00 Crochet Club 9:45 Bingo	25 9:45 Bingo 11:00 Strong Women
28 9:45 Bingo 11:00 Strong Women	29 9:00 Exercise Group 9:45 Bingo	30 10:00 Social Distancing Beanbag Baseball 11:00 Strong Women	<p>We are so excited to welcome you back to the center. Activities are limited. Pool and exercise room are available by appointment only. Please call the day before or the day you wish to use that room!</p> <p>MASKS ARE MANDATORY</p>	