

## **YAVAPAI COUNTY RESOURCES TO SUPPORT THOSE LIVING WITH DEMENTIA AND THEIR FAMILIES/CAREGIVERS**

### **24/7 HELP LINES:**

#### **Alzheimer's Associations 24/7 Helpline**

(800)272-3900

<https://www.alz.org/help-support/resources/helpline>

Master's level clinicians and social workers available to support patients, caregivers 24 hours a day with concerns, questions, and frustrations.

#### **Crisis Response Network**

(877) 756-4090

<https://www.crisisnetwork.org/about/services/>

24/7 Behavioral Health Crisis line, can also dispatch Terros Health and Spectrum mobile crisis units

### **CASE/CARE MANAGMENT:**

#### **NACOG/Area Agency on Aging**

(928) 774-1895

<https://nacog.org/departments/AAA.html>

1. Benefits Counseling program
2. Case Management
  - a. Care Coordinators conduct a comprehensive assessment on clients
  - b. Clients are qualified for services based on Activities of Daily Living (ADL's) and Instrumental Activities of Daily Living (IADL's)
  - c. Home and Community based services to provide assistance with activities of daily living including adult day center, attendant care, home delivered meals, housekeeping, and respite.
3. Family Caregiver Support Program
  - a. Free caregiver trainings, support groups, referrals, and resources.
  - b. Respite for caregivers.
4. Information and referral
5. Legal Advocacy limited to civil and administrative law for individuals 60 years or older.  
No criminal law.
6. Ombudsman Program

## **Arizona Care Management Solutions**

(928) 300-0172

1759 E Villa Drive, Suite 111, Cottonwood, AZ

<https://azcaremanagement.com/> :

Elder Care Management: As care managers, our top priority at Arizona Care Management Solutions is to help your loved one live as independently as possible while still being safe and secure. We can tailor a personalized solution uniquely designed to meet your family's needs. Our familiarity with local resources saves you time, and often money. Our compassionate understanding of the aging process saves you distress.

## **EDUCATION/RESOURCES:**

### **AARP Arizona**

(928)273-7601

Education, outreach, and resources.

Caregiver resource guide tailored to Yavapai County: [aarp-yavapaicoconino-caregivers-resource-guide-final.pdf \(brightspotcdn.com\)](https://brightspotcdn.com/aarp-yavapaicoconino-caregivers-resource-guide-final.pdf)

Community Resource Finder: [Carelike - Provider Search \(communityresourcefinder.org\)](https://communityresourcefinder.org)

Prepare to Care: A Caregiving Planning Guide for Families: [Easy to Download Caregiving Prepare to Care Guide \(aarp.org\)](https://aarp.org/easy-to-download-caregiving-prepare-to-care-guide)

### **AARP Training Opportunity: Dementia Friends Workshop**

Dementia Friends is a global movement with the goal to help members in a community understand five key messages about dementia, how it affects people, and how we each can make a difference in the lives of people living with the disease. You can help by becoming a Dementia Friend.

Contact Ms. Shawn Trobia (928)273-7601

### **Alzheimer's Association Care and Support Services**

(800) 272-3900

[www.alz.org/dsw](http://www.alz.org/dsw)

[www.alz.org/dsw/education](http://www.alz.org/dsw/education)

[www.alz.org/dsw/supportgroups](http://www.alz.org/dsw/supportgroups)

Provides information about Alzheimer's and all other dementias through education presentations, caregiver and early stage support groups and resource referral support

### **AZ Attorney General Life Care Planning**

Life Care Planning is an important task for all of us, whether young or old, healthy or facing challenges. Through increased awareness and access to information, Arizonans of all ages can make their choices known about who will manage their medical affairs in the event of an emergency. [www.azag.gov/seniors/life-care-planning](http://www.azag.gov/seniors/life-care-planning)

The Attorney General offers the forms, at no cost to you, as follows:

- Click on the buttons below to download a complete packet or individual forms.

- Visit the Phoenix and Tucson offices, or one of several [Satellite Offices](#) for copies.
- Complete a [Life Care Planning request form](#) or call (602) 542-2123 or (800) 352-8431 to have them mailed to you.

### **COMMUNITY/DAY CENTERS:**

#### **The Susan J. Rheem Adult Day Center**

(928) 775-3563

3407 N. Windsong Dr. Prescott Valley, AZ

<https://adultcareservices.org/>:

Known for exceptional care of individuals 18 years and older and their families living with memory loss, illnesses, disabilities, Alzheimer's disease and dementias. Located in Prescott Valley, SJRC serves all surrounding areas of Prescott, Chino Valley, Paulden, Dewey-Humboldt, Spring Valley and Cordes Lakes.

#### **Verde Valley Senior Center**

(928) 634-5450

500 E. Cherry Street Cottonwood, AZ 86326

<http://verdevalleyseniorcenter.org>

Provides good, hot, nutritious meals in a congregate setting in their unique dining room and delivers Meals-on-Wheels to the homebound. Other services include social activities, interaction with youth and special events, health and wellness programs, blood pressure checks, Veteran Counseling, grief and loss seminars, and many more services.

#### **Central Arizona Seniors Association (CASA)**

(928) 772-3337

9360 Manzanita Circle Prescott Valley, AZ 86314

[www.casapv.net](http://www.casapv.net):

Provides opportunities & resources with focus for active seniors in the greater Prescott Valley area through the promotion of skills, continuing growth in education, physical & mental health, and the participation in community services and social activities. The enhancement of independent living with an emphasis on fixed or low-income participants is supported through the provision of surplus food distribution and daily nourishing meals for in-house diners.

#### **Adult Community Center of Sedona DBA: Sedona Community Center**

(928) 282-2834

2615 Melody Lane Sedona, AZ 86336

[www.sccsedona.org](http://www.sccsedona.org)

Enhances quality of life for people of the greater Sedona community through award winning food programs, outstanding exercise and educational activities, compassionate supportive services, and by providing a venue for meetings, social, and cultural events. Services include Meals on Wheels, Community Lunch, Telecare, Grief Support, and Educational and Fitness Programs.

**Chino Valley Senior Center**

(928) 636-9114

1021 Butterfield Road Chino Valley, AZ 86323

Provides daily lunches, activities, information, and referral services as well as an active Meals on Wheels program for the home bound.

**MEALS ON WHEELS:****Prescott Meals On Wheels |**

(928 )445-7630

1280 E. Rosser Street Prescott, AZ 86301

[www.prescottmealsonwheels.com](http://www.prescottmealsonwheels.com)

Prescott Meals On Wheels provides three things: a nutritious, freshly prepared meal daily, a wellness check with each meal delivery, precious moments of conversation and socialization. Combined, these three things allow an individual to live in their own home with a sense of safety and dignity for as long as possible. We proudly serve or deliver one hot nourishing meal per day, both in a congregate setting and to our homebound clients. Patrons are served cafeteria style by our volunteer staff from 11:15 am to 12:45 pm Monday through Friday. EVERYONE IS WELCOME. In addition, volunteers deliver meals daily to those who are homebound to ensure the opportunity of one healthy meal for those who need it the most.

**ASSISTED LIVING FACILITIES:** housing facility for people with disabilities or for adults who cannot or who choose not to live independently. The following facilities offer dementia care services:

**The Margaret T. Morris Center**

(928) 445-6633

878 Sunset Avenue, Prescott, AZ

<https://adultcareservices.org>

Offers an innovative neighborhood style living design that helps prevent isolation and depression, fosters relationships, and provides better oversight by care partners.

**Granite Gate Senior Living**

(866) 771-8664

3850 N State Route 89, Prescott, AZ 86301

[granitegateseniorliving.com](http://granitegateseniorliving.com)

Granite Gate Senior Living offers Five Star's award-winning Bridge to Rediscovery Alzheimer's and dementia care program. That provides individualized attention for each resident, including recreational and occupational therapy and activities that keep residents engaged.

**Highgate Senior Living of Prescott Lakes**

(928) 442-7046

1600 Petroglyph Pointe Drive, Prescott, AZ 86301

[highgateseniorliving.com](http://highgateseniorliving.com)

At our Memory Care at the Cottage, we provide engaging, comfortable and safe care for our residents with memory loss.

**The Landings of Prescott Valley (Opening March 2021)**

(928) 445-3669

3500 Windsong Drive

Prescott Valley, AZ 86327

<https://prescottvalleyseniors.com/>

The Landings of Prescott Valley is a brand new, outstanding senior living community in stunning Prescott Valley, Arizona. Life at our exceptional senior setting is all-inclusive and includes a senior care or memory care option.

**Glassford Place**

(928) 772-3690

7509 E. Long Look Drive, Prescott Valley, AZ 86314

[enlivant.com](http://enlivant.com)

Our communities offer a full range of assisted living services and advanced levels of care in the comfort of a warm, friendly community.

**Circle of Life Alzheimer's and Dementia Homes**

928-237-4795

Locations throughout Yavapai County

[CircleOfLifeCare.com](http://CircleOfLifeCare.com)

We specialize in late-stage Alzheimer's/Dementia care with all the familiar behavioral tendencies in small, non-institutional settings. We have 5 homes in Prescott, and also in Clarkdale and Cottonwood.

**Cottonwood Village**

928-634-2956

201 E, Mingus Avenue, Cottonwood, AZ 86326

[capitalsenior.com](http://capitalsenior.com)

For seniors living with dementia who would benefit from a secure, calming environment, specialized care, dining and programming and trained staff.

**Sedona Winds**

(928) 284-1021

405 Jacks Canyon Rd, Sedona, AZ 86351

[sedonawinds.com](http://sedonawinds.com)

All caregivers are specifically trained to provide the personal attention required by our special residents. Continuous, stimulating activities designed to enhance the quality of life for our residents are offered each day in a nurturing, safe environment.

**Austin House**

(928) 634-4278

195 S Willard St, Cottonwood, AZ 86326

[windsorcares.com](http://windsorcares.com)

Windsor centers have a mission to consistently deliver high quality, person-centered care with dignity, respect, compassion, and integrity. We strive to enrich and enhance every life we touch.

**HOME CARE:** any professional support services that allow a person to live safely in their home. In-home care services can help someone who is aging and needs assistance to live independently; is managing chronic health issues; is recovering from a medical setback; or has special needs or a disability.

**Visiting Angels of Northern AZ:**

(877) 618-4748 (877-61-VISIT)

3615 Crossings Dr #A Prescott AZ 86305

[https://www.visitingangels.com/assisted-senior-care-prescott-arizona-86305\\_1142](https://www.visitingangels.com/assisted-senior-care-prescott-arizona-86305_1142) :

*Serving the Prescott Area and the Verde Valley*

Visiting Angels Senior Care and In Home Assisted Living Services can assist elderly people located in Serving the Prescott Area and the Verde Valley and surrounding areas in Yavapai County, Arizona. Because we are an essential personal home care services franchised agency and not a nursing agency, Visiting Angels Senior Care and In Home Assisted Living Services does not dictate to you what your schedule is to be. It is our job to assist people in Serving the Prescott Area and the Verde Valley and surrounding areas in Arizona by adjusting our schedules to keep your loved one comfortable in their homes.

**Home Care Assistance**

(928) 771-0105

377 N. Montezuma St. Ste. 110

Prescott, AZ 86301

<https://www.homecareassistanceprescott.com>

**Kindred at Home**

(928) 445-2522

3107 Clearwater Dr.

Prescott, AZ 86305

<https://www.kindredathome.com>

**Abrio Care**

1.877.712.2746

928-772-8866

2485 N. Great Western, Ste. G2

Prescott Valley, AZ 86314

<https://www.abriocare.com>

**Home Instead**

928-708-9960

240 S. Montezuma St. Ste. 206

Prescott, AZ 86303

<https://www.homeinstead.com>

**Synergy Homecare**

928-515-3318

7762 E. Florentine Rd, Ste. D

Prescott Valley, AZ 86314

<https://www.synergyhomecare.com>

**Angels Care Home Health**

928-649-8890

2301 S. Willard

Cottonwood, AZ 86326

**Angels Care Home Health**

928-800-5374

1575 Plaza West Dr. Ste C

Prescott, AZ 86303

**ResCare Home Care**

928-634-5448

709 E. Mingus Ave.

Cottonwood, AZ 86326

**Comfort Keeper**

928-541-0888

1101 N. Old Chrisholm Trail, Ste. H

Dewey, AZ 86327

**Harmony Home Care**

928-282-1901

P.O. Box 3896

Sedona, AZ 86326

## **TRANSPORTATION:**

### **People Who Care**

(928)445-2480

505 W. Gurley Street Prescott, AZ 86301

<http://prescottpeoplewhocare.com>

Provides assistance to adults who are unable to drive because of physical limitations. Enrolled clients receive caring non-medical assistance from volunteers who help residents in the community where they live—in Chino Valley, Prescott, and Prescott Valley/ Dewey. Throughout the year, more than 500 enrolled clients receive assistance to help them stay in their homes and continue living in their communities. It may be a visit to the grocery store, a ride to the doctor's office or the bank, help with paperwork, or maybe just a friendly visit from a volunteer, or phone calls during the week. People Who Care volunteers are truly the hearts and hands of a caring community.

### **Servant's Heart**

928-777-5512

Ambulatory

Wheelchair

Stretchers

In-state and out of state transportation

Oxygen provided as needed

### **Verde Valley Caregivers Coalition**

(928) 204-1238

1210 S Western Dr. Suite D

Cornville, AZ

Verde Valley Caregivers Coalition provides accessible transportation and programs, through volunteer services, to support adults in need of assistance to maintain their independence and quality of life at home.

## **LEGAL SUPPORT:**

### **Adult Protective Services**

(928) 649-6894

3274 Bob Dr, Prescott Valley, AZ 86314

[www.azdes.gov/daas/aps](http://www.azdes.gov/daas/aps)

Provides education about and investigates allegations of elder abuse and neglect. Forms of abuse include physical, sexual abuse, financial exploitation, and emotional and verbal abuse.



### **Community Legal Services**

(928) 445-9240

141 South McCormick Street, Suite 200, Prescott, AZ,

<https://clsaz.org/>

Legal representation for low-income persons, New applications now being taken by phone.

### **Jackson White Law Firm**

(480)464-1111

<https://www.jacksonwhitelaw.com/altcs/>

Elder Law Attorneys who can help with ALTCS, Miller's Trust, Power of Attorneys and Guardianships.

### **Yavapai County Courts Petition for guardianship**

<https://courts.yavapai.us/selfservicecenter/probate-and-guardianship>

### **MEDICAL:**

#### **Yavapai Regional Medical Center's Alzheimer's and Dementia Caregivers' Program**

*In process, to be opened this spring:*

Comprehensive geriatric assessment clinic focusing on cognitive impairment:

- Physician assessment
- Pharmacist assessment
- Neuro psychological assessment

Social worker engaging with patients and their families.

**Neuro-Psychiatric Hospital/Medical Behavioral Hospital of Northern AZ** 181 Whipple St, Prescott, AZ (877)398-4186 [www.neuropsychiatric hospitals.net](http://www.neuropsychiatric hospitals.net)

Inpatient facility serving individuals age 50+ that are experiencing Dementia/Alzheimer's; Anxiety/Depression; Stroke/TBI; Other Psychiatric and Mental Health Disorders.

**Community Health Center of Yavapai** Locations: 1090 Commerce Dr., Prescott, 86305; 2nd Floor, 3212 N. Windsong Dr., Prescott Valley, 86314; 10 South Sixth St., Cottonwood; (928) 583-1000 <http://chcy.org/> :

Primary Care Practitioners, some dental health care, mental healthcare, and immunizations.

### **INSURANCE BENEFITS:**

#### **AHCCCS (Arizona Health Care Cost Containment System):**

(928) 277-2800

DES: 1519 W. Gurley St., #11, Prescott, AZ

<https://des.az.gov/services/basic-needs/apply-medical-assistance-ahcccs-health-insurance>

Health care eligibility

**Arizona Long Term Care System (ALTCS)**

855-432-7587

1500 East Cherry Street, Suite I, Cottonwood;

3262 Bob Drive, Suite 11, Prescott Valley

[https://www.azahcccs.gov/Members/Downloads/Publications/DE-828\\_english.pdf](https://www.azahcccs.gov/Members/Downloads/Publications/DE-828_english.pdf)

Medicaid program designed to help fixed income seniors and other disabled individuals afford the care that they need.

**MEMORY CARE ARIZONA INFORMATION:**

**Senior Advice**

800-334-9427

[Memory Care in Arizona | SeniorAdvice.com](http://MemoryCareinArizona.com)

This guide provides an overview of memory care costs in and around Arizona, as well as a summary of the financial assistance programs that are available, the rules and regulations that govern memory care facilities and free state-based memory care resources.