The Problems Our Communities Face:
Over 60 percent of LGBQ youth report experiencing symptoms of depression and have an increased suicide risk.¹ And trans youth are nearly four times the risk of non-transgender peers to experience depression.² LGBTQ young people are at a significantly higher risk of suicide and more likely to attempt suicide.³ Research indicates that supportive environments, within families, schools and communities significantly lower these risks. Unfortunately, 4 in 10 LGBT youth report living in a community which is not accepting of their identities⁴. Because of this persistent rejection and bias, LGBTQ adults are also more likely to experience mental health problems, including depression, suicidality, and substance use.⁵

What We Do:
As a non-profit organization, the Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling (ALGBTIC) is a division of the American Counseling Association. We work to better prepare counselors and other mental health specialists to work with Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) youth and adults by providing education. We also provide advocacy to work towards gaining acceptance and inclusion in state and national legislation, community, schools, and mental health agencies.

Our Annual Rainbow Run:
Now celebrating its seventh year, ALGBTIC sponsors an annual Rainbow Run 5K and Walk held each year at the annual American Counseling Association conference. The Rainbow Run 5K and Walk was formed to provide an engaging and healthy way for people to come together, support ALGBTIC, and also help out a local LGBTQ organization, which receives a portion of our proceeds. Information on our past race’s can be found here: WEBSITE.

¹ Kann, 2016
² Reisner, 2015
³ Reisner, 2015
⁵ Medley, 2016; James, 2016
This year’s Rainbow Run 5K and Walk will be held on Sunday, April 19, 2020 at 7:30am in San Diego, California. We will be donating to The Center (The San Diego LGBT Community Center). The San Diego Lesbian, Gay, Bisexual, and Transgender Community Center, Inc., (d.b.a., The Center) is one of the largest and most vibrant LGBT community centers in the nation. The Center provides targeted programs and services to the full diversity of the San Diego LGBT community, including men, women, youth, seniors, transgender and non-binary individuals, families, LGBT Latino community members and their families, and those living with HIV. Last year, The Center provided more than 82,000 direct service visits to San Diego community members, and through its events, activities and advocacy, touched the lives of thousands more. More information about the organization can be found at: [https://thecentersd.org/](https://thecentersd.org/).

How You Can Help:
ALGBTIC cannot cover the cost of this race alone – we need ACA divisions and organizations like yours to partner with us so that we can support LGBTQ teens and young adults find a safe, secure, and professional environment that provides quality services to deal with issues such as homelessness, drug abuse, mental health issues, and to help these teens find the comfort and support they need to lead healthy lives. Below are the various sponsorship levels for this year’s race. We recognize that each organization has different fiscal resources, so whatever way your organization can help is GREATLY appreciated. Sponsorships are listed on the following page. Please select which level of benefits and donation is right for your organization

ALGBTIC Contact: Michael Kocet, mkocet@thechicagoschool.edu
ALGBTIC Website: [http://www.algbtic.org/](http://www.algbtic.org/)

On behalf of the entire race planning committee and the ALGBTIC board, we thank you for your time and we hope to have you as a co-sponsor of the 2020 Rainbow Run.

Sincerely,

Pete Finnerty, Ph.D. Michael Kocet, Ph.D.
Rainbow Run Race Director & Rainbow Run Sponsorship Coordinator &
ALGBTIC Past President ALGBTIC Past President
Peter.finnerty@ursuline.edu mkocet@thechicagoschool.edu

Amanda Brace, Ed.S. Misty Ginicola, Ph.D., LPC, CA-RYT-200
Rainbow Run Committee Chair ALGBTIC President
ABrace@counselingforwellness.com ginicolam2@southernct.edu
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<thead>
<tr>
<th>SPONSORSHIP LEVELS</th>
<th>CONTRIBUTION RANGE</th>
<th>DONOR BENEFIT</th>
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<tr>
<td><strong>PURPLE LEVEL</strong></td>
<td>$2,000 or more *</td>
<td>Logo Printed on Race T-shirt, Full Page Ad in ALGBTIC Magazine, Article in our Magazine, &amp; Website Acknowledgement &amp; Link to Organization</td>
</tr>
<tr>
<td><strong>BLUE LEVEL</strong></td>
<td>$700-$1999 *</td>
<td>Logo Printed on Race T-shirt, Half Page Ad in ALGBTIC Magazine, Article in Our Magazine, &amp; Website Acknowledgement &amp; Link to Organization</td>
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<td><strong>GREEN LEVEL</strong></td>
<td>$300-$699*</td>
<td>Logo Printed on Race T-shirt, Choice of Magazine Half Page Ad OR Article, &amp; Website Acknowledgement &amp; Link to Organization</td>
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<td>$150-$299</td>
<td>Logo Printed on Race T-shirt, Website Acknowledgement &amp; Link to Organization</td>
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<td><strong>ORANGE LEVEL</strong></td>
<td>$50-$149</td>
<td>Website Acknowledgement &amp; Link to Organization</td>
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<tr>
<td><strong>RED LEVEL</strong></td>
<td>$5-$49</td>
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