Hello and Happy Fall!

I hope that the new season has brought positive changes for you. At ALGBTIC, this fall has seen us grow with positive changes. First, I would like to report some exciting progress on my Presidential Initiative surrounding Research and Assessment. I am incredibly pleased to announce that the Executive Board of ALGBTIC recently approved a proposal to offer small research grants for the first time this year. In our inaugural offering, we will hold two competitions, one for professionals and one for graduate students. Please pay attention in the Spring semester for the request for proposals, and please do apply for these grants! Matter of fact, we even included a copy of the proposal in this issue (page 5). We want to gauge our membership’s interest this year, to see how sustainable it might be for our division, as well as the level of interest for future offerings. The more submissions, the better! We anticipate these small research grants serving dual purposes: (1) support for research for our members, in addition to (2) a plan to add to the empirical research about affirmative practices with LGBTQI persons.

In some other news our research task force, under the Direction of Professional Trustee Melissa Luke, has been very active in thinking about novel ways to engage the Division around research. They currently are exploring proposals to recognize outstanding LGBTQ research in the field, both in our journal, and in others, as well as ways to promote our division’s journal. I am excited to see the ideas and changes that might occur from this group’s work. Please stay tuned for future announcements coming from this group.
Fall Greetings from Kristopher Goodrich, ALGBTIC President, 2015-2016

(Continued from Page 1)

In addition, I have formed a Strategic Planning Committee, consisting of diverse members within our division, to explore our members’ thought and needs for ALGBTIC moving forward, as well as propose a changes that our division can explore for the future.

I’m thankful for its members, Tonya Hammer (President-Elect), Michael DeVoll (Professional Trustee), and Rafe McCullough (student member), who all bring great insight and love for our Division. I hope you all will look out for and participate in our processes when invited, as that will provide us the data we need to explore current and future membership benefits, as well as ways in which we can be of service to you all.

A host of other initiatives are also currently in the works. Professional Trustee Joel Filmore has agreed to serve as our ALGBTIC representative and co-chair on a joint taskforce with the Association for Multicultural Counseling and Development (AMCD) to explore issues of intersectionality, and how we can build bridges within our fields. This is very exciting work that I know will be hugely impactful for us and our field.

We have also seen an increase in membership, now around 925 persons; if my memory serves me well, I think this is more than a 100 person growth from last year. I am thrilled in the growth in our division and the opportunities that this holds for us. Now, more than ever, people recognize the importance of our work, and hold a willingness to provide us support and attention. I’m excited to join with you all on this very important journey, and the promise for this upcoming year.

Be well, and know you are loved,
Kris Goodrich

New ALGBTIC State Branch in Virginia

We are pleased to announce the approval of a new state branch of ALGBTIC in Virginia, called VA-ALGBTIC!

Please welcome our newest state branch members and fellow colleagues as they further the mission of ALGBTIC among Virginia counselors.

Laura Boyd Farmer, Virginia Tech, President
Jeffry Moe, Old Dominion University, President-Elect
Claudia Howell, Virginia Tech, Secretary
Christian Chan, George Washington University, Treasurer
David Ford, James Madison University, Membership Chair
Gerard Lawson, Virginia Tech, Division Representative
Amanda Friday, George Washington University, Technology Chair
Monica Band, Marymount University, Graduate Student Chair
Introducing New ALGBTIC Board Members

Miss Lugo, MSEd

Student Trustee

Miss Lugo, MSEd, PEL-School Counselor is a doctoral student in the Department of Counseling, Adult and Higher Education at Northern Illinois University. Missy has experience providing counseling to children, adolescents, and adults, as well as working in student affairs. She has provided individual and group counseling at the middle school level and has experience in academic advising. She completed her master’s degree in Counseling at Northern Illinois University with specializations in School Counseling. Missy is the 2016 President-Elect for IALGBTIC and is actively involved in professional organizations. Prior to returning to NIU, Missy worked for a company affiliated with DCFS providing supervised parental visits. She is a Student Success Specialist at NIU where she focuses on retention for the university. Missy is an adjunct professor in the Department of Counseling, Adult and Higher Education where she has taught and co-taught classes in clinical skills, counseling ethics, lesbian, gay, bisexual issues (LGBT), introduction to the counseling profession, school counseling curriculum, human sexuality and internship.

Michael M. Kocet, Ph.D., LMHC, NCC

Governing Council

Michael M. Kocet is Professor and Department Chair of the Counseling Department at The Chicago School of Professional Psychology in Chicago, Illinois. Dr. Kocet most recently served as department chair in the Department of Counselor Education at Bridgewater State University in Massachusetts where he served on faculty from 2002-2015 and was awarded the BSU Presidential Award for Diversity, Inclusion, and Social Justice. Dr. Kocet earned his Ph.D. in Counseling Education from the University of Arkansas and completed a graduate certificate in dispute resolution at University Massachusetts Boston. He is a licensed mental health counselor and National Certified Counselor. His professional areas of interest include: ethical issues in counseling; counseling gay, lesbian, bisexual and transgender clients; grief counseling, and is author of numerous journal articles and book chapters on ethics, LGBT and diversity issues. He is the editor of the recently released book, “Counseling Gay Men, Adolescents, and Boys: A Guide for Helping Professionals and Educators” published by Routledge Press and is co-author of the soon to be released text Ethical Decision Making for the 21st Century Counselor by SAGE Press which comes out in October 2015. Dr. Kocet served as member of the American Counseling Association Ethics Committee (2001-2007) and chaired the American Counseling Association Ethics Code Revision Taskforce (2002-2005).
Introducing New ALGBTIC Board Members (Cont’d)

Jared Rose, MA, LPCC, NCC
Secretary

Jared S. Rose is an Ohio licensed clinical counselor, national certified counselor, and assistant professor in Bowling Green State University’s mental health and school counseling program. In addition to being a counselor educator, Mr. Rose continues to provide counseling services at his private practice. In a variety of helping profession and educator roles he has over 23 years working with LGBTQ+ at the individual, community, and social justice/advocacy levels. Mr. Rose has produced over two dozen publications in books, peer-reviewed journals, statewide education curricula, and public media outlets; provided over 80 conference presentations and educational trainings at regional, state, national, and international arenas; and given two-dozen educational television and radio broadcasts. In the past five years alone Mr. Rose has received eight professional awards including the ALGBTIC Graduate Student Award, the ACES Emerging Leader Fellow Award, University of Toledo Rising Star Award, Human Trafficking & Social Justice Institute Social Justice through Anti-Trafficking Efforts Award, and CSI Newsletter Award (as Editor). Mr. Rose will defend his doctoral dissertation later this year in counselor education and supervision at the University of Toledo. He continues to teach and research in his areas of expertise including sex/sexuality/gender minorities, HIV/AIDS, human trafficking, sex/sexual health therapy, impact of culture on sexualization of children & the sexual exploitation of women/girls, and ethical issues in the counseling profession.

Call for Reviewers: ALGBTIC Research Grant

Seeking qualified individuals to serve as reviewers for the ALGBTIC Research Grant! Grant proposals will be submitted by February 1, 2016 with review procedures to follow. Reviewers must be ALGBTIC members and have a specific interest in LGBTQIA2P research, preferably with prior experience reviewing and evaluating grant proposals. If interested, please email Laura Farmer, lbfarmer@vt.edu, ALGBTIC Research Grant Committee Chair, with a brief description of relevant qualifications.
Deadline: To be considered, the submission email must be received by 11:59 p.m. EST, February 1, 2016. All submissions received by the deadline and that meet all requirements listed below will be considered.

Proposal Format: Proposals must adhere to each of the following requirements to be considered:

- Submit proposal to Laura Farmer, lbfarmer@vt.edu, by 11:59 p.m. EST, February 1, 2016;
- Email only, no paper or faxed proposals considered;
- Email subject line: ALGBTIC RESEARCH GRANT PROPOSAL;
- Attachment 1—Completed application form (copy page 3 of this document);
- Attachment 2—Blind copy of proposal (if any included information may be used to identify an applicant by name or location, application will be disqualified);
- Attachment 3—Copy of proposal including name(s) of applicant(s);
- Additional attachments will not be reviewed;

Proposal:

- Microsoft Word document only; other file formats will not be reviewed;
- 12-point font, double spaced, one-inch margins;
- five (5) pages maximum, not including application form or references;
- No title page; only the first five pages of a proposal will be reviewed.

Recommended outline for proposal:

- Rationale, including brief literature review;
- Methodology;
- Ethical considerations;
- Budget, including any other funding for the research (source and amount);
- Plan for dissemination;
- References.
Conditions of Award Acceptance:

- Funds may not be used for time compensation (including GA work) unless employee is provided with an IRS Form 1099 so that payment may be taxed appropriately.

- Funds may be used for time such as transcription or statistical consultation if receipts are provided. Primary researcher must maintain copies of receipts and make them available to ALGBTIC upon request.

- The proposed project may not be completed prior to grant being awarded.

- Within 24 months of the grant being awarded, the researcher(s) is required to submit to ALGBTIC a copy of either a proposal to present results at the ALGBTIC National Conference (as poster or education session), ACA World Conference (as poster or education session), or the manuscript that has been submitted to a refereed journal for publication consideration. Special preference will be provided to applicants who target the Journal of LGBT Issues in Counseling (JLGBTIC) as a potential dissemination source.

- The researcher will include an acknowledgment of ALGBTIC’s financial support in all reports, presentations, or publications related to the project.

Evaluation Criteria: Proposals will be evaluated by the research committee using the following criteria:

Qualifications of the researcher(s)—all research team members must be professional or student members of ALGBTIC, who are submitting only one proposal for this grant cycle. Applicant ACA ID numbers should be included in the application form and proposal title page in Attachment 3 (non-blinded information).

Quality of the proposed research

- Proposed research supports the ALGBTIC mission (25 points possible)

- Proposed research is relevant as evidenced by the literature review (25 points possible)

- Proposed research methodology is well detailed, appropriate for the research question, and follows accepted practice (25 points possible)

- Proposed research meets applicable ethical standards, is formatted correctly (APA 6th Edition), and presented in a professional manner (10 points possible)

Financial need—proposed budget is clear and itemized and meets the listed requirements for award acceptance (10 points possible)

Plan for dissemination—clear, feasible, and appropriate plan to disseminate research findings, including listed requirements for acceptance (5 points possible)

Grants Award Date: Recipients will be notified of awards by March 15, 2016.

For more information, contact Dr. Laura Farmer, lbfarmer@vt.edu, ALGBTIC Research Grant Committee Chair.
Welcome to Fall from the QPOC Committee! We are continuing our work in promoting the visibility of Queer People of Color with an active group of individuals committed to scholarship and outreach. Members of the Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC) QPOC committee will present at upcoming state and national counseling conferences about the experiences of Queer People of Color. We are proud to represent ALGBTIC and support its mission through our committee work.

A growing area of interest for the committee is the experience of Queer People of Color in higher education. As we continue to see social change and forward movement for LGBTQQIA-identified individuals, we often overlook our academic communities. Recently on the CESNET listserv, Past-President Michael Chaney shared a link to a video titled, ‘Ask Me: What LGBT Students Want Their Professors to Know’ (The Chronicle of Higher Education, n.d.). The diverse representation of students and the richness of their stories was overwhelmingly powerful. Students spoke about their identities related to sex, gender, gender identity, and sexual/affectional orientation as well as race, religion, and region of the country. They shared their experiences of invisibility, questions of safety, and frequent lack of administrative support. They expressed appreciation for those individuals who provided a safe space, but communicated concern with the pervasive inequity on their campuses.

After watching the video, I reflected on my own experiences. I thought about stories shared with me as a college counselor, coming out moments in the classroom, and experiences shared by friends and colleagues. In these, I find a common theme: people desire to be seen, heard and understood as the complex being they are. Being limited to person of Color or Queer truncates the narrative and dilutes the richness of our diverse experiences. As faculty, we offer phrases like “learning is questioning” and “knowledge is co-constructed.” In these statements, we communicate values of lifelong and collaborative learning. We encourage a curious stance to learning, but often fail to do within higher education.

As counselor educators, counselors-in-training, college counselors, etc., we have an opportunity to model this questioning in the academic environment. In particular, we have to ask questions and create environments in higher education for individuals to share their stories. We must create space for students, staff and faculty to be recognized and embraced for the multiple, intersecting identities that shapes each individual narrative. In doing so, we model curiosity, promote lifelong learning and create environments for diverse stories to be shared. My hope is that we take the lesson from this video and ask questions of ourselves, of others, and of our institutions of higher education.

The QPOC committee encourages you to ask with us! ALGBTIC is collaborating with the Association of Multicultural Counseling & Development. This effort will include ways to address disparities related to Queer People of Color and strengthen the alliance between our respective divisions, including a webinar in February. If you are interested in QPOC, please contact Committee Chair Joel Filmore at jfilmore@family-institute.org. We welcome all allies of diverse race/ethnicity, sexual/affectional orientation, sex and gender identities.

Reference

Idaho Association of LGBT Issues in Counseling: Providing LGBTQ+ Advocacy in Rural Communities

Jennifer M. Gess
Idaho State University

The Idaho Association of LGBT Issues in Counseling (IALGBTIC) became an official division on July 1st, 2015. IALGBTIC actively works to reduce discrimination impacting lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ+) communities through trainings, advocacy, and resources. IALGBTIC provides counselors and other helping professionals in Idaho the necessary competence to work with LGBTQ+ clients from a social justice perspective; eliminating long-standing barriers to equal access; promoting structural and institutional change; and assisting clients find inner courage, hope, and perseverance. IALGBTIC increases competent, affirming, and supportive care for LGBTQ+ clients by counselors and other helping professionals in Idaho.

Many counselors identify as not competent to work with LGBTQ+ clients, especially in rural settings and conservative regions (Bidell, 2014). Idaho is a rural state with 35 of 44 counties designated as frontier or rural (HRSA). Additionally, Idaho has a high density of traditional religions (Latter Day Saints and Evangelical Protestant; Pew Research Center, 2015), and conservative politics (third most Republican state in the country; Jones, 2009). In a rural, conservative state, LGBTQ+ competent health care is lacking. Due to these risk factors, Idaho presents a high need for education and training in competent and affirming work with LGBTQ+ clients.

Approximately 88% of counselors will work with a LGBTQ+ client within their career (Carroll & Gilroy, 2001; Graham, Carney & Kluck, 2012). While many counselors are not fully competent in addressing the specific needs of LGBTQ+ clients, LGBTQ+ individuals are still five times more likely to seek services due to experiences of discrimination, oppression, and stigma (Dillon et al., 2004; Matthews, 2005). The risk factors of large rural populations, traditional religions, and conservative politics increase the experienced oppression LGBTQ+ people in Idaho endure.

This is further compounded by the lack of protections in the current Idaho Human Rights Act which does not include “sexual orientation” and “gender identity” for protection from discrimination in the workplace, housing, public accommodations, and education disputes (Add the Words, 2015). This leads to higher experiences of oppression in Idaho and an increased need for competent counseling and advocacy. IALGBTIC provides helping professionals in Idaho the opportunity to increase LGBTQ+ competence through training, advocacy, and competent referrals.

In order to meet the need of increasing LGBTQ+ competence, IALGBTIC provides free continuing education LGBTQ+ competency trainings for counselors and helping professionals in Idaho. The trainings guide counselors and helping professionals to become ethical practitioners when working with LGBTQ+ clients to better serve the community. Trainings are offered throughout Idaho in order to reach as many individuals as possible in rural settings. Trainings address terminology, privilege and oppression, self-awareness, LGBTQ+ knowledge, and the ALGBTIC competencies. Once a counselor or helping professional completes the training successfully, they are listed on the IALGBTIC website as a potential resources for LGBTQ+ clients.

IALGBTIC is advocating on behalf of the LGBTQ+ Idaho community by improving counseling services through education, advocacy, and competent referrals. Despite the barriers the LGBTQ+ community in Idaho face, counselors and other helping professionals can provide support for LGBTQ+ people through competent, affirmative counseling services.
Important Reminders and Dates

ACA Conference and Expo
Montreal, Canada
March 31 – April 3, 2016

ALGBTIC hopes to see all of our members at Montreal’s ACA Conference and Expo. Below are just some reminders to prepare you for the conference:

- You will need to have (or renew) you passports if you wish to enter Canada. U.S. passports can take anywhere from 4 to 6 weeks to process.
- If anyone has international students who wish to attend, your students may need help accessing a visa (typically coordinated through the International Studies or Global Education office on their campus, but the process can take some time). Typically the government views travel like this as required professional development for students.
- Please make sure to look at ACA’s webpage to get more information about travel this year (http://www.counseling.org/conference/montreal-acca-2016/) and to check there for resources.

Time to THRIVE

The 3rd annual Time to THRIVE Conference will take place February 12-14, 2016 near Dallas, Texas!

This is an annual national conference aimed to promote safety, inclusion and well-being for LGBTQ youth.

For more information:
http://timetothrive.org/

Association for Counselor Education
and Supervision

Conference
Philadelphia, PA
October 7 - 11, 2015
The ALGBTIC Newsletter is Welcoming Submissions!

Please review our guidelines for submission. We would love to hear from professional counselors, counseling students, counselor educators, and counselors working in research settings. Contribute your voice to the next ALGBTIC newsletter. Please contact Franco Dispenza, Newsletter Editor at fdispenza1@gsu.edu with any questions.

Guidelines for Newsletter Submissions

All submissions must be electronic, written in Microsoft Word document formats (.doc or .docx) and included as an email attachment.
All submissions must be in 12- pt Times New Roman font with 1" margins.
All submissions must adhere to word limits for article category.
All submissions must include author's name, degree(s), academic or institutional affiliation, telephone number and email address in a cover email.
Any citations must follow APA Style Manual, 6th Edition, and language should be free of bias in accordance with APA's style guidelines.
Any articles not adhering to #1-5 above will be returned to the author for revision before review.

We welcome all submissions that would be of interest to our readership and ALGBTIC members. Information should be current and informative. Submissions that promote dialogue and opinion are especially encouraged.

Submission Categories

New and Noteworthy – this category is for upcoming social, political or advocacy current events. Events may be local, statewide, or national in scope. Also may include synopses of current news items or media (films, art, music) that may be of interest to our readers. 500 words or less.

State Chapter News – this category is for legislative and scope of practice updates from our state chapter leaders, and for any counseling-related or LGBT-affirmative events that the state wants to publicize. For example: rallies, benefit walks, legislative action days, etc. 500 words or less.

Fresh off the Presses – this section highlights chapters, books, and articles (peer-reviewed or not) written by ALGBTIC members and student members. Only 3 publications per member will be included in an issue of the newsletter. Full citations, please.

Practice Matters – this category is for practicing professional counselors, counseling interns or counseling psychologists to address topics of relevance to practitioners in agency or private practice settings. Examples include multicultural concerns, insurance involvement in client care, DSM-V impact, ethical issues. 1,000 words or less.

Major Contribution – this category is for academic articles on the theory or practice of counseling or counselor education. Submissions welcomed from faculty, graduate students, and LGBT scholars and allies. 1,500 words or less.

Difficult Dialogues – this category is for controversial topics of interest or discussions between professionals on two sides of an issue. For example, medically assisted hormone blockage for trans-identified children. 1,000 words or less.