

**FREE
WORK
SHOP**

Supporting adolescents with challenging behaviour training



**9 February
9.30am – 4pm (RAGE)**

**16 February
9.30am – 4pm (MAAD)**

Prince Henry Centre
2 Coast Hospital Road
Little Bay

REGISTER YOUR INTEREST

bit.ly/32vAHgT or email Brenna at projects@thedeli.org.au for an EOI form.
Applications close 15 December 2020

This workshop is funded by the Central and Eastern Sydney PHN.

Two FREE workshops for Youth Service Workers in the Eastern Suburbs working with adolescents impacted by domestic violence and their families.

Do you work with adolescents 11 to 17 and/or their families in the Eastern Suburbs?

Do you want to better support these young people and their families to understand and manage challenging and aggressive behaviour?

On behalf of the Eastern Suburbs Domestic Violence Network, 30 funded places are being offered at award-winning anger management course Re-navigating Anger and Guilty Emotions (RAGE) and Managing Angry Adolescents Differently (MAAD) in February 2021.



Re-navigating Anger and Guilty Emotions (RAGE)

RAGE is a one-day course in how to deliver a strengths based solutions focussed anger management course for adolescents aged 11 to 17. The course uses a hands-on and concept-based approach to help adolescents develop self-awareness of their triggers, and understand the physiological signs of anger. All knowledge and resources to deliver the training is provided in the session.

For more information visit:
interventionsplus.com.au/rage-re-navigating-anger-and-guilty-emotions/

Managing Angry Adolescents Differently (MAAD)

MAAD is a one-day course on how to provide parents, carers, services providers and teachers with the skills and knowledge to support angry and violent adolescents. The two core focuses are understanding the drivers of adolescent anger, and

developing skills to engage with, manage, de-escalate, and support angry and violent 11 to 17 year olds.

For more information visit:
interventionsplus.com.au/maad/

Training is FREE and open to 30 service providers working with young people, children, and families in the Eastern Suburbs (Woollahra, Waverley, Randwick, Bayside council areas). Each organisation is eligible for up to 2 funded places in each workshop.

Service providers will need to commit to providing MAAD or RAGE program/s to their clients in the Eastern Suburbs by June 2021. We encourage partnerships with other organisations in the delivery of the program. A Community of Practice will be formed to assist participants to support the rollout to clients/community. Limited financial support for organisations to commence the roll out may be available on a case by case basis.

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