



# PARENTING SUPPORT APPOINTMENTS

## FOR PARENTS/CARERS WITH CHILDREN 0-16 YEARS

**We can provide you with answers to questions no matter how big or small. If you have concerns with parenting, your child's behaviour or development, our Early Childhood specialists are available for tailored individual support appointments.**

We may assist you with:

- Behaviour guidance strategies
- Routine and settling
- Transition to school
- Welcoming a new sibling
- Effects of family separation
- Understanding teenagers
- Enhancing communication and connection with your child
- Responding to children's emotions

**The Deli Women & Children's Centre**  
72 Maloney Street  
Eastlakes, 2018

**P:9667 4664**  
**E: [admin@thedeli.org.au](mailto:admin@thedeli.org.au)**

**APPOINTMENTS AVAILABLE**  
Monday, Tuesday and Wednesday  
afternoons from 12.30pm.

**FREE SERVICE WITH LIMITED**  
**CHILDMINDING. BOOKINGS ESSENTIAL**

