



# PARENTING SUPPORT APPOINTMENTS

## FOR PARENTS/CARERS WITH CHILDREN 0-16 YEARS

We can provide you with answers to questions no matter how big or small. If you have concerns with parenting, your child's behaviour or development, our Early Childhood specialists are available for tailored individual support appointments.

We may assist you with:

- Behaviour guidance strategies
- Routine and settling
- Transition to school
- Welcoming a new sibling
- Effects of family separation
- Understanding teenagers
- Enhancing communication and connection with your child
- Responding to children's emotions

The Deli Women & Children's Centre  
72 Maloney Street  
Eastlakes, 2018

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APPOINTMENTS AVAILABLE  
Monday afternoons from 12.30pm at  
the Centre OR  
Tuesdays and Wednesdays- phone  
appointments

FREE SERVICE WITH LIMITED  
CHILDMINDING. BOOKINGS ESSENTIAL

