

GUIDING CHILDREN'S BEHAVIOUR



This **FREE** parenting course will give you the information and skills to:

- Understand your child's brain development and how it relates to their behaviour.
- Teach your child self-control, how to manage their emotions and control their behaviour.
- Effectively deal with your child's meltdowns quietly and calmly.
- Raise children who are resilient, connected, happy and kind.

DATE: Friday 15, 22 and 29 May & 5 June 2020 (4 Weeks)

TIME: 9.45am for 10.00am start - 12.00pm

WHERE: The Deli Women and Children's Centre, 72 Maloney Street, Eastlakes

COST: FREE with limited childminding available

BOOKINGS ESSENTIAL

Please contact us on 9667 4664 or admin@thedeli.org.au

Would you like to yell, threaten and nag less?

Do you want to feel more calm, connected and confident as a parent?

Are you searching for a way to use a "guidance approach" to your discipline style?

ENROL NOW

(02) 96674664

admin@thedeli.org.au

The Deli



Women & Children's Centre

*This Group is proudly sponsored by
Ramsgate RSL, Brighton RSL, Earlwood Bardwell Park RSL,
Kingsgrove RSL and Bayside Council*