

GUIDING CHILDREN'S BEHAVIOUR



This **FREE** parenting course will give you the information and skills to:

- Understand your child's brain development and how it relates to their behaviour.
- Teach your child self-control, how to manage their emotions and control their behaviour.
- Effectively deal with your child's meltdowns quietly and calmly.
- Raise children who are resilient, connected, happy and kind.

DATE: Friday 28 May and 4, 11, 18 June 2021 (4 weeks)

TIME: 9.45am for 10.00am start - 12.00pm

WHERE: The Deli Women and Children's Centre,
72 Maloney Street, Eastlakes 2018

COST: FREE with limited childminding available

BOOKINGS ESSENTIAL

Please contact us on 9667 4664 or admin@thedeli.org.au

*This Group is proudly sponsored by
Ramsgate RSL, Brighton RSL, Earlwood Bardwell Park RSL,
Kingsgrove RSL and Bayside Council*

**Would you like to yell,
threaten and nag less?**

**Do you want to feel more
calm, connected and
confident as a parent?**

**Are you searching for a
way to use a "guidance
approach" to your
discipline style?**

ENROL NOW

(02) 96674664

admin@thedeli.org.au

The Deli



**Women & Children's
Centre**