

Our Services

Our main focus areas are:-

- ◆ Domestic Violence Issues
- ◆ Parenting & Children's Services
- ◆ Family Support

We offer:-

- ◆ Domestic Violence Counselling
- ◆ General Counselling (Individual)
- ◆ Supported Playgroup Service
- ◆ Parenting Advice & Support
- ◆ Education
- ◆ Information
- ◆ Advocacy
- ◆ Referrals
- ◆ Resources
- ◆ Assessments
- ◆ Casework
- ◆ Groups/Workshops
- ◆ Court Support
- ◆ Professional Clinical Supervision for Workers (DV Specialist)

The Deli has been established since 1979 providing services to the community. The Deli Women & Children's Centre Inc. is a non-profit community based organisation funded by Family and Community Services and is managed by members from the local community

The Deli Women & Children's Centre

STAFF AT THE DELI

Manager-Vicki
E: manager@thedeli.org.au

Centre Administration-Jennifer
E: admin@thedeli.org.au

Counselling & Casework Services

Monday-Friday 9am-4.30pm
Counsellor/Caseworker-
Juliette, Meg, Suzan & Karen
E: counselling@thedeli.org.au
New Intakes-
E: admin2@thedeli.org.au

Family & Parenting Support Services

Monday-Wednesday 9am-3pm
Family Support Team-
Jennifer & Nicky
E: childservices@thedeli.org.au



**Program for
Term 3, 2021
12/7/21-17/9/21**

**Monday- Friday
9.00am- 3.00pm**

**T: (02) 9667- 4664
F: (02) 9669 - 5538**

**W: www.thedeli.org.au
E: admin@thedeli.org.au**

GROUPS AT THE DELI—TERM 3, 2021

SUPPORTED PLAYGROUP

Looking for something to do with your children/grandchildren? Come along to our Supported Playgroup run by qualified Early Childhood Educators on Monday, Tuesday and Wednesday mornings 10am-11.30am. Engage, interact and make new friends in a fun, educational, supportive and family friendly environment. For more information please contact us on 9667 4664 or childservices@thedeli.org.au



Parenting Support Appointments for Parents/Carers with children 0-16 years

If you have any concerns with parenting, child development and behaviour, parenting support appointments are available on Monday, Tuesday and Wednesday afternoons. Bookings essential for appointment and free childminding, please contact us on 9667-4664 or admin@thedeli.org.au

TUESDAYS

Women's Sewing Group

Commencing 13/7/21-14/9/21 (10 weeks)
9.45am (10am-12pm)

This Sewing Group is a chance to make new friends and find some time for you. Learn to sew and make a quilt in a safe and friendly environment with other women. Free materials and guidance provided so you can take home your creation. UNFORTUNATELY NO CHILDMINDING IS PROVIDED FOR THIS GROUP. Bookings essential for free group, please contact us on 9667-4664 or admin@thedeli.org.au

WEDNESDAYS

Domestic Violence Group (specifically for women in residential treatment)

Commencing 21/7/21-25/8/21 (6 weeks)
12.15pm (12.30pm-2.30pm)

This is a 6 week program for women who are currently attending therapeutic residential drug and alcohol treatment and who have experienced domestic violence/abuse in their lives. Individual counselling appointments are offered to women who need extra support during the group work process. The aim is to educate, validate and support women in a positive, safe and empowering group environment. Unfortunately NO CHILDMINDING is offered. **ENTRY CRITERIA APPLY.** Bookings essential for group ,please contact us on 9667-4664 or admin@thedeli.org.au

THURSDAYS

No Scaredy Cats (Anxiety) Parenting Group (build resilience in children aged 4-12 years)

Commencing 26/8/21-9/9/21(3 weeks)
9.45am (10am-12pm)

Understand how fear and anxiety develop, how children's brains work and how to manage anxiety and build resilience in children. Bookings essential for group and free childminding, please contact us on 9667-4664 or admin@thedeli.org.au

FREE Family Law advice at The Deli provided by Legal Aid Early Intervention Unit

When: every Thursday
Clinic times: 12.30pm to 3.00pm
For appointments please contact 1800 551 589

The solicitors can help you with:

- *What to do when you separate
- *Sorting out where children live and time they spend with other family members
- *Making the most of family law mediation services
- *Cases involving your children and DCJ
- *Child support matters
- *Linking you to other services