

Our Services

Our main focus areas are:-

- ◆ Domestic Violence Issues
- ◆ Parenting & Children's Services
- ◆ Family Support

We offer:-

- ◆ Domestic Violence Counselling
- ◆ General Counselling (Individual)
- ◆ Supported Playgroup Service
- ◆ Parenting Advice & Support
- ◆ Education
- ◆ Information
- ◆ Advocacy
- ◆ Referrals
- ◆ Resources
- ◆ Assessments
- ◆ Casework
- ◆ Groups/Workshops
- ◆ Court Support
- ◆ Professional Clinical Supervision for Workers (DV Specialist)

The Deli has been established since 1979 providing services to the community. The Deli Women & Children's Centre Inc. is a non-profit community based organisation funded by Family and Community Services and is managed by members from the local community

The Deli Women & Children's Centre

STAFF AT THE DELI

Manager-Vicki

Email: manager@thedeli.org.au

Centre Administration-Jennifer

Email: admin@thedeli.org.au

Counselling & Casework Services

Monday-Friday 9am-4.30pm

Counsellor/Caseworker-

Juliette, Meg, and Suzan

Email: counselling@thedeli.org.au

Family & Parenting Support Services

Monday-Wednesday 9am-2.30pm

Family Support Team-

Jennifer & Nicky

Email: childservices@thedeli.org.au



The Deli



Women & Children's Centre

Program for Term 1, 2021

11/1/21– 1/4/21

Office Hours:

Monday—Friday

9.00am—4.00pm

Telephone: (02) 9667- 4664

Facsimile: (02) 9669 - 5538

Website: www.thedeli.org.au

Email: admin@thedeli.org.au

GROUPS AT THE DELI—TERM 1, 2021

THURSDAYS

Domestic Violence Group

Commencing 11/2/21– 18/3/21 (6 weeks)
12.15pm (12.30pm-2.30pm)

This is a 6 week program for women who are currently living with or have experienced Domestic Violence/abuse in their lives. Individual counselling appointments are offered to women who need extra support during the group work process. The aim is to educate, validate and support women in a positive, safe and empowering group environment. Bookings essential for group and free childminding, please contact us on 9667-4664 or admin@thedeli.org.au



**FREE Family Law advice at The Deli provided by
Legal Aid Early Intervention Unit**

When: every Thursday
Clinic times: 12.30pm to 3.30pm
For appointments please contact 1800 551 589

The solicitors can help you with:

- *What to do when you separate
- *Sorting out where children live and time they spend with other family members
- *Making the most of family law mediation services
- *Cases involving your children and DCJ
- *Child support matters
- *Linking you to other services

Parenting Support Appointments for Parents/Carers with children 0-16 years

If you have any concerns with parenting, child development and behaviour, parenting support appointments are available on Monday, Tuesday and Wednesday afternoons. Bookings essential for appointment and free childminding, please contact us on 9667-4664 or admin@thedeli.org.au

SUPPORTED PLAYGROUP

*Looking for something to do with your children/
grandchildren? Come along to our Supported
Playgroup run by Early Childhood Educators on
Monday, Tuesdays and Wednesday mornings
10am-11.30am. Engage, interact and make new
friends in a fun, educational, supportive and
family friendly environment. Due to COVID and
social distancing requirements, families have been
placed on a fortnightly roster. For more
Information and to secure your spot, please contact
us on 9667 4664 or admin@thedeli.org.au*



OUTREACH OFFICES

Our counselling and casework services are offered at our 2 offices in Eastlakes as well as several outreach venues to make them more accessible to the community. Our outreach venue locations include Maroubra and Randwick.

Further information about our locations can be made available on referral or when booking an appointment. Please contact us on 9677 4664 or admin2@thedeli.org.au



The Deli is an officially registered COVID Safe Business. The safety, health and wellbeing of our clients and staff are our highest priority. For the latest health information on COVID 19 please refer to www.health.nsw.gov.au.