



## 1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

A 3-week Group to support parents/carers  
(of children 2-12 years) to manage their child's behaviour and  
build their child's resourcefulness

### Learn:

- ✓ To increase your knowledge about what works in managing behavior and what doesn't
- ✓ To set clear expectations
- ✓ The skills to take action in difficult to manage parenting situations
- ✓ To lessen your feelings of frustration
- ✓ Some simple strategies to practise being a calm parent
- ✓ To get better results with less effort and stress when dealing with your child's behaviour

**DATE: Friday 13, 20 and 27 March 2020 (3 weeks)**

**TIME: 11.30am-1.30pm**

**WHERE: Kooloora Community Centre**

**167 Bilga Crescent Malabar 2036**

**COST: FREE Group with limited childminding**

**BOOKINGS: Please contact us on 9667 4664 or  
admin@thedeli.org.au**

This Group is proudly supported by Randwick City Council and is a partnership between The Deli Women & Children's Centre and Kooloora Community Centre. This Group is proudly sponsored by The Juniors, Maroubra and Maroubra Seals and Sports Clubs.

