

Standard Drink Conversion

ONE STANDARD DRINK IS EQUAL TO:

BEER (4% alcohol) 12 ounce can or bottle
 (1 pint/16oz = 1.3 standard drinks; 20oz = 1.6 standard drinks; 40oz = 3.3 standard drinks)

BEER/MALT LIQUOR (8% alcohol) 6 ounces
 (A 40oz bottle of 8% Malt Liquor = 6.4 standard drinks)
 (Smirnoff Ice is a "malt beverage" but only 5% alcohol, so counts as a standard beer)

WINE (10% alcohol) 5 ounce glass
 (12% alcohol) 4 ounce glass

WINE COOLERS (5-7% alcohol) 8-10 ounces
 (includes Bacardi Breezers, Skyy, ciders, etc.)
 (Three 12oz. bottles at 7% alcohol is equivalent to 4½ standard drinks)

LIQUOR (80-proof, 40% alcohol) 1½ ounce shot
 (100-proof, 50% alcohol) 1 ounce shot
 (grain alcohol-near 200% proof) ½ ounce (1 Tbs.)

NUMBER OF STANDARD DRINKS PER BOTTLE:

WINE:

Bottle (25.6oz @ 10% alcohol) 5 standard drinks
 Magnum (64oz @ 10% alcohol) 12.8 standard drinks
 (50.7oz = 10.14 standard drinks)

LIQUOR:

Half Pint (8oz) 5.3 drinks
 Pint (16oz / 473mL) 16 drinks (100 proof)
 10.6 drinks (80 proof)
 Fifth (25.6oz / 750mL) 25 drinks (100 proof)
 17 drinks (80 proof)
 Quart (32 ounces / 946mL) 32 drinks (100 proof)
 21 drinks (80 proof)
 Liter (33.8oz) 22.7 drinks
 "Handle" or 1.75 Liters (59oz) 39 drinks

Margarita = 2 or more SD
 Martini = 3 SD
 Manhattan = 3 SD
 L.I. Iced Tea = 4 SD

NUMBER OF STANDARD DRINKS PER KEG:

Pony Keg (7.75 gallons, 12 ounce cups) 102 drinks
 Half Keg (15.5 gallons, 12 ounce cups) 165 drinks
 Keg (31 gallons, 12 ounce cups) 330 drinks